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GRAHAM, N. C., April 26, 1917



PLANT FOOD CROPS.

In this week's issue we print two appeals to farmers by farmers. One is from Mr. Edgar Long, President of Alamance County Farmers' Union, and the other is from Mr. James P. Kerr, County Agent of Farmers' Co-Both gentlemen are well known throughout the county and are known as real farmers who do things. They food crops for man and beast and to conserve their live stock.

The State, with the Governor and the machinery of the State Agricultural Department working together, is urging the farmers to plant and grow for home consumption.

Some one has said "raise what you eat or go hungry." This is said to the South, for it is known that the South buys many millions worth of food products from the West. Plant is no hollow exhortation !

Representatives from the British and French governments are now in the United States to confer with this or States, says the bulletin, has movernment about the prosecution shown that about 50 percent of

RAISE MORE FOOD CROPS, Says President Farmers' Union of Ala-Forsake the House-Sleep on

You promised yourself last win-

ter when you were afraid to open the windows that when warn

mance, Edgar Long, to Aid in World-War Crisis.

Editor of The Gleaner: It is very apparent that during weather came again you were going

the crisis through which our counto get back some of the health giv try is about to pass that the farm-er is to play a most important part. It was Napoleon that said ing properties of fresh air you de nied yourself during the cold yourself during the cold her. You planned also to weather. an army travels on its belly." Woodrow Wilson says that fursleep out on the porch. Ary you doing it?

nishing the warriors in the simplest part of our task in this great world-war. Food for our own people and for our allies is the reatest problem before the American people. The present indica-tions are that the real farmers of

valuable from a monetary and health point of view, but it is the our republic are not going to be called to the front in actual batmost fashionable work a person can do. Front yards are being contle, but are going to be called upon in no uncertain terms to upon verted into vegetable gardens, and supply the sinews of war in the shape of foodstuff. The world's places that have been wont to grow grass and flowers for beauty supply of grain is very short. now being made to grow "greens" Prices are the highest ever known

for health and economy. If you are so unfortunate as not and still going higher. As President of the Farmers' to be able to work in either vegetable or flower garden, take long Union of Alamance couuty, I want to insist that every member of our and frequent walks in the fields or woods, or play some out door games, such as tennis, crouquet profession exert himself to raise nore food crops. Let us be equal to the occasion and show ourselves base ball or golf. What is still more essential for your good health

indoors.

gatives are not needed

Atlantic Coast Inventors.

every inch men. First. The world needs all we

can raise at good prices. Second. It is our patriotic duty to make the supreme effort of our Kerr, County Agent of Farmers' Co-operative Demonstration Work. great effort she is making to help humanity. I am glad to say that reports from different sections of the county seem to affirm my sinere belief, that the farmers can are appealing to the farmers to plant always be relied upon to do their

always be relied upon to do their part in any emergency. Finally, brethren, get real busy, and if the good Lord will only bless us with good seasons let us show to the world just what an honest effort can accomplish. EDGAR LONG. Graham, April 4th.

> HABITS AND GERMS. Only 2 Percent Die of Old Age.

That habits, bad habits of course, cause more deaths than germs is the statement made tolay by the State Board of Health in its latest bulletin. A study of the causes of death in a number

GET OUT INTO THE OPEN. SUNDAY SCHOOL. Porch-Work Out in the Air.

Lesson V.-Second Quarter, For April 29, 1917.

THE INTERNATIONAL SERIES.

ext of the Lesson, John xii, 12-28. Memory Verses, 12, 13—Golden Text, xii, 13-Commentary Prepared by Rev. D. M. Stearns.

Now is the time for everybody to forsake the house as far as pos-sible and get out in the open. The The first part of this lesson is the The erst part of the reample entry opened the exercises. The schools nto Jerusalem, but it was really one f the saddest days of His life, for as banners, on the Graha m Graded best plan is to find some out doo nto Jerusalem, but it was really one of the saddest days of His life, for as work to do, such as gardening. The He beheld the city He wept over it, school grounds, and the following because they knew not what He longed to do for them (Luke xix, 41-44). By shals, three in number, mounted on raising of vegetables is now not riding upon the ass' colt He literally fulfilled the prediction in Zech. ix, 9, and the time draws near when He will just as literally fulfill the next verse shall He make wars to cease in all the world, and the nations shall learn war no more (Ps. xivi, 9; Isa. ii, 4). Then shall Zeph. iii, 14-17. be literally fulfilled. "The king of Israel, even the Lord, is in the midst of thee; thou shalt hord see evil any more." Then shall all the world indeed go after Him (verse 19), for when the Lord shall make bare His holy arm in the eyes of all the nain the spring is sleeping in all the tions all the ends of the earth shall fresh air you can get. Move your bed out on the porch if you have one, if not build one. Too much see the salvation of our God and shall turn unto the Lord, and all nations shall worship before Him (Isa, Ili, 9, 10; Ps. xxii, 27. 28; Ixxxvi, 9). All that from Hawfields, time is spent in sleep for it not to He was prevented from accomplishing bring great returns to your health at His first coming shall surely be ful-

Sleep in the open air is far more valuable and refreshing than sleep filed at His coming again. The desire of the Greeks to see Jesu and His reply are all suggestive of the Spring fever is a myth. It be time of which we have just been speaklongs to the days of hobgoblins ing and of the age of suffering through The "tired feeling" which some people have when the first warm which we are still passing because of the rejection of Him and His kingdom days come is often due to poison and its consequent postponement. He is the wheat that had to die in order that have collected in the system from eating through the winter too to bear fruit, and His followers must content to travel the same road erses 20-26). Instead of praying to saved from the hour to which He heavy meals. Fresh vegetables fruit and cereals in the place o meat will help take it away. Purbe saved from the nour to which its had now come. His prayer was, "Fa-ther, glorify Thy name!" And the Fa-ther answered from heaven, "I have both glorified it and will glorify it again (verses 27, 28). To the people the voice sounded like thunder, but to his subject, "Suu A new featur." Him the words were clear (verses 29, 30). Put with this the other two testi-The following patents were jus issued to Atlantic Coast clients reported by D. Swift & Co., Patent Lawyers, Washington, D. C., who "This is my beloved Son, in whom I am well pleased," and, "This is my beloved Son, in whom I am well pleased; will furnish copies of any paten for ten cents apiece to our readers

loved Son, in whom I am well pleased; hear ye Him" (Matt. iii, 17; xvii, 5), and may we become so well pleased in Him that the Father may be well pleased in us. Then shall we glorify God, which is the one thing we are here to do (I Cor, x, 3); I Pet. iv, 11). Because the rightful King is rejected Virginia-J. T. Campbell, Nor folk, indicator; J. J. Farhney

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........................ BEWARE WHERE AND HOW YOU **Educational Column Conducted** ECONOMIZE. by Supt. J. B. Robertse

ider the Needs of Health First That the high cost of living

Bright skies, balmy breezes, large crowds, good speaking and a splendid parade were some of the main features of the sixth annual bears forcibly on the question of health, is admitted by all health main features of the sixth ann al workers, particularly by public conmencement of the public health nurses. Infant welfars work-schools of Alamance county held at Graham last Friday. Every school and district of the high baby death rate. Social county were represented in the ers will tell you that the general crowd, although all of the schools sickness rates are highest among did not march in the parade. This people who earn but little. With feature, one of the principal ones, these thoughts in mind the State Board of Health is giving the advice, "Beware where and how you nize.". A bulletin from the Board says:

"The high cost of living does send up death rates and sickness rates, too, points that they are afhandsome horses at the head; the Elmira band playing martial mufected from many angles and directions. High prices may mean cheap sic all the way; the publis school tions. High prices may mean cheap graduates, 65 in number ; the local dirty milk, or canned milk, or mill just as interany funni the next verse graduates, 55 in number; the local dirty mink, or canned milk, or milk and speak peace unto the nations and military company in uniform, who without ice in summer, which means have dominiou over all the arth. Then shall He make wars to cease in all the world, and the nations shall learn war or more (Ps. xivi, 9; iss. ii, 4). Then is shall Zeph. III, 14-17, be literally ful-tion to the shall Zeph. III, 14-17, be literally ful-tion to the shall Zeph. III, 14-17, be literally ful-tion to the shall Zeph. III, 14-17, be literally ful-tion to the shall Zeph. III, 14-17, be literally ful-tion to the shall Zeph. III, 14-17, be literally ful-tion to the shall Zeph. III, 14-17, be literally ful-tion to the shall Zeph. III, 14-17, be literally ful-tion to the shall Zeph. III, 14-17, be literally ful-tion to the shall Zeph. III, 14-17, be literally ful-tion to the shall Zeph. III, 14-17, be literally ful-tion to the shall Zeph. III, 14-17, be literally ful-tion to the shall zeph. III, 14-17, be lit by the Demonstrator, Miss Ezell; the floats and the schools on foot; and death perhaps; or it may mean the Graham Graded School b. inging up the rear, making a splendia ditions which means spread of con up the rear, making a splendia showing as they marched about 500 tagion, and various forms of health.

strong. The different floats were beautiful and original in design, "If there must be short cuts and showing much care and work in economies," says the their preparation. The judges them be made withou awarded first prize to the float the family's health. economies," says the Board, "let them be made without sacrifice of Clean, fresh which representea cool milk is essential to the baby health in summer. A home well screened from flics and mosquitoes the Red Cross nurses waiting on a ship, which was a huge gray bat-tle ship with smokestack and four is necessary to the family's health mounted guns with gunners tak- as well as to their confort. Pure drinking water, nourishing food cleanliness and regular rest are further essentials not to be over looked. Let the skimping be mad on non-essentials, such as expen sive dress, tobacco, cold drinks moving pictures and automobiles.

To the Rear Admiral Fiske! Glenhope, Fair Grounds and Eure-

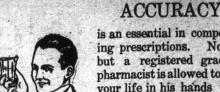
There's nothing casual about the casualties in Europe. The address of the day was de

livered by Dr. W. A. Harper, presi-dent of Elon College. He made a splendid talk of an hour, using as not so popular as once it was.

will also bear the Nation's good wishes.

be no great need for American cavalry in Europe.

In future ages civilization will not think-much of the quality of



is an essential in compounding prescriptions. No one but a registered graduate pharmacist is allowed to take your life in his hands when he puts up your medicines. We realize our responsibility

HAYES DRUG CO. GRAHAM, N.C.

to you.

Day 'Phone 97. Night 'Phone 399.

To Whom It May Concern:

This is to notify all users of automobile, bicycle and This is to notify all users of automobile, bleycle and motor cycle casings and tubes that they are doing their bank account a fearful injustice in not using Pennsyl-vania Rubber Company's goods. The best—no others sold here equal to them. A written guarantee. Should one go bad, then the most liberal settlement. Ask those using Pennsylvania Rubber Company's goods. See me or waste your money. Very truly,

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Burlington, N. C. . .



Seed Potatoes, Garden Seed. Fertilizer for Gardens. Fresh Fish Every Saturday, Gardner Famous Cake Always Fresh. Full line of canned goods---Prices are right. 'phone 496.

J. W. HOLT, - Graham, N. C.



Until December 24th, 1917

Any quantity, delivered at my mill near Graham Depot, or conveniently piled on any public road leading to Graham or Burlington where we can reload on truck. This service will extend for several miles around. Price high. Terms Cash. For in-formation 'phone 541-W

H. CURRIE WALKER, Agt. Graham, N. C.

Sale of Real Estate Re-Sale of Valuable Land in Pleasant Grove, Township.

Under and by virtue of an order of the Superior Court of Alamance county, made in the special pro-ing to which all the heirs-at-law of the late Mary J. Anderson were joined, the undersigned commis-sioner will, on MONDAY, MAY 14, 1917.

at 13 o'clock M., offer at public auction to the highest bidder, at the court house door, in Graham, Alamance county, North Carolina, the following described lands, ly-ing and being in Alamance county, North Carolina, and in Pleasant Grove Township, and more particu-larly bounded and described as fol-lows, to-wit:

The prize for

patient;; second prize to Friend-ship, which was a huge gray bating deliberate aim and firing occasionally; third place to Glencoe, which was a beautiful floral float representing summer, with four

pretty girls in airy dresses carrying huge bunches of flowers. Others deserving special mention were Stony Creek, Saxapahaw,

In Cuba the revolution game

Armed American merchantmen

A new feature in the commence ment was a contest in chorus sing-ing, and three schools competed for Indications are that there would this, Sylvan High School winning.

The prize for most community meetings went to Cross Roads.

Mecklenburg and Gaston commis-sioners have let contracts for three bridges to be built across the Cataw-ba, to connect the two counties, re-placing structures washed away last summer. Two of the bridges are to cost around \$30,000 each, and the third about \$50,000. cost around \$30,000 third about \$50,000.

With a production of 120 bushels with a production of 120 outshis on one acre and a net profit of \$93.18, Allison Overman of Wayne county, won the 1916 championship in the North Carolina corn clubs and last week received the gold medal offered by The Progressive Farmer.

Farmer. The Liggett & Myers Tobacco Co. of Durham will cultivate food crops on every bit of vacant ground own-ed in Durham, the work to be un-dert he supervision of the general manager of the company and in a scientific and up-to-date manner:

A. C. Miller, a postal clerk run-ning on the Norfolk Southern rail-way between Charlotte and Raleigh, was arrested in Charlotte last week on a charge of robbing the mails. It is said that marked bills, put in a decoy letter were found on Miller when he was arrested.

A special term of Court, Judge Whedbee presiding, is in session at Munroe, to try Bunk Maske, the negro who recently killed Police-man Edgar Williams at Wingate, Union county.

Lester Privett, formerly of Mon-roe fell from a dam at Badin, Stan-ly county, a few days ago and re-ceived fatal injuries.

Calomel Salivates

and Makes You Sick

Acts like dynamite on a sluggish liver and you lose a day's work.

There's no reason why a per-son should take sickening, salivat-ing calomel when 50 cents buys a large bottle of Dodson's Liver Tone

decoy letter were found on Millel
the jury failed to agree in this part of the second sec



If you ever in your life way set His seal upon it, for His me way set this seal upon it, for his mes-sage was not received by all, and He was despised and rejected. The devil is still blinding eyes and hardening hearts lest people should believe and be saved. The two quotations from Isa, iii, 1, and vi, 9, 10, in verses 38-41 did a mean thing to a dog, for it will not improve your opinion of yourself. But, if you care of our lesson chapter, the one from the last section of Isaish and the other from the first, with the connecting at all for the one animal in brute creation capable from the first, with the connecting phrase of verse 41, "Isaiah said again," of absolutely unselfish devotion, do read the are to me conclusive proof that the Spirit wrote, through one and the san story. It will call out all Isaiah, the whole of his prophecy.

the sympathy and love your nature holds. The picture of Kazan fighting alone through the arctic blizzard, dragging

an unconscious woman and baby on the heavy sledge behind him, is one that will stap with you for a while.

KAZAN is the title of our new serial and the first in-

stallment will appear in an early issue

Of This Paper

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<text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text> ther in Him (verses 49, 50; xiv, 10). We may not expect all people to be-lieve all we say, even though the mes-notorious hyphenate Senator, dis-sage be wholly of God and He in some graced himself, when he suggested

Catarrhal Deafness Cannot Be Cur

Catarrhal Deanness Canbot He Cured by local spejications, as they cânnot reach the diseased portion of the ear, There is only one way to cure catarrhal dearbest, and that is by a constitutional remedy. Catarrhal of the mucous listing of the Bustechten Tube. When this tube is minamed you have a run-bing sound or imperfect bearing, and when it is entirely closed, Dearbest is the result. Unless the inflamation can be reduced and this tube restored to its normal condition, cases of dearbest are caused by catarrh, which is an inflamation of the mucous surfaces. Hail's Catarrh Medicine acts thru he blood on the mucous surfaces of the sys-tem. tem. We will give One Hundred Dollars for any case of Catarrhai Deafnees that cannot be cured by Hai's Catarrh Medicine. Urounars free. All Druggista 75c. F.J. CHENEY & CO., Toledo, O.

Some of the examples of modern art show how very difficult it is to circumscribe the unfluence of war.

The German troops may be falling back toward the base of their "supplies" but it sounds to the folks at home like sarcasm.

The health of a member of Con gress has become so important as to give appendicitis an important standing in national affairs.

