

"There is as yet no certain way in which

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ly slow.

Midnight of October 5 191

were obtained for five year showed an increase of 52 per cent and more. Four articles increased 400 per

suitability of that camp for a larger garrison and to make recommenda tions as to character of troops to be ere and as to the c

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-NURSE WANTED-Female nurse or attendant for a Sanitarium for Nervous and Mental diseases. Pay \$24.00 a month with board and laundry. Address, S. Lord, Stam-ford, Conn. jul1814t

We shouldn't complain about pronouncing the names of towns along the hattle front. Just think days of Ancient Rome. Novon was called Noviomagus ermanduorum. It was changed afterwards probably because the railroad company wouldn't build a station large enough to accommodate the name.

CHRONIC CONSTIPATION.

It is by no means an easy matter to cure this disease, but it can be done in most instances by taking ting with the plain printed direc tions by it accompany each package. For sale by all dealers.

The German press hastens to admit that there is an American army in France, lest the German army beat the news by a lmitting the Americans to Germany.

ch a single case of 'Spanish influ-' can be recognized. On the other hand, recognition is easy where there is a group of cases. In contrast to the outbreaks of ordinary coughs and colds, which usually occur in the cold months, epidemics of influenza may occur at any season of the year. Thus the present colderate search mask

Thus the present epidemic raged most intensely in Europe in May, June and July. Moreover, in the case of ordianother person. July. Moreover, in the case of ordi-nary colds, the general symptoms (fever, pain, depression) are by no means as severe or as sudden in their onset as they are in influenza. Final-ly, ordinary colds do not spread

places as much as possible, keep homes, offices and workshops well ough the community so rapidly or so extensively as does influenza. "In most cases a person taken sick tith influenza feels sick rather sud-enly. He feels weak, has pains in the sired, spend some time out of doors each day, walk to work if at all prac eyes, ears, head or back, and may be

sore all over. Many patients feel dizzy, some vomit. Most of the pa-tients complain of feeling chilly, and possible. "In all health matters follow the adtients complain of feeling chilly, and with this comes a fever in which the temperature rises to 100 to 104. In vice of your doctor and obey the regulations of your local and state health most cases the pulse remains relative-

Cover up each cough and sneeze, If you don't you'll spread disease."

"In appearance one is struck by th fact that the patient looks sick. His eyes and the inner side of his eyelids may be slightly 'bloodshot,' or 'con-gested,' as the doctors say. There AMERICAN SOLDIERS may be running from the pose, or there may be some cough. These signs of a cold may not be marked; never-theless the patient looks and feels very

sick. "In addition to the appearance and the symptoms as already described, examination of the patient's blood may aid the physician in recognizing 'Span-ish' influenza,' for it has been found

that in this disease the number of white corpuscies shows little or no in-crease above the normal. It is possi-ble that the laboratory investigations

now being made through the National Research Council and the United States Hygienic Laboratory will fur-nish a more certain way in which indi-vidual cases of this disease can be recognized

What is the course of the disease? Do people die of it? "Ordinarily, the fever lasts from three to four days and the patient re-covers. But while the proportion of

not always possible, to avoid such times like the present, to avoid such overcrowding, people should consider the health danger and make every effort to reduce the home overcrowd. Ing to a minimum. The value of fresh air through open windows cannot be the best data and the state of the set overcoming only slight opposition. The British were well to the set of Honnechy and Trotsviller.

In street cars, care should be taken to keep the face so turned as not to in-hale directly the air breathed out by Germans in his section are offering hard oppositon with their rear guards

another person. "It is especially important to be ware of the person who coughs or sneezes without covering his mouth and nose. It also follows that one should keep out of crowds and stuffy SEEKING SEPARATE PEAC

SEEKING SEPARATE DEACE

Rome .- The impression in Italian diplomatic circles is that one of the effort to breathe as much pure air as Austrian movement in the direction of

peace was to prevent Turkey from seeking a separate peace. Turkey was told it is understood that following the new German chancellor's speech and armistice proposals that there would be formed in all entents countries, and especially in America, peace parties

FIRST GREAT AIR RAID IS MADE BY AMERICAN AIRMEN

ANXIOUS FOR BOOKS Washington-Word of the first great American air raid against the Ger man camps north of Verdun sent a American Library Association thrill through war department offi-

cials although no official report had been received to furnish details of the exploit. So far as could be learned, viding Reading Matter for Boys On Battle Fronts Despite the fact that the ocean however, the participation of 350 ma transportation facilities are being tar-ed to the utmost, the task of providchines in this one enterprise marks it as the greatest air offensive yet un dertaken on the western front in point ing reading matter for the boys is the trenches is being handled with of the air forces employed.

an efficiency and dispatch that is sur

prising even to those who are closely \$100-Dr. B Detchon's Anti-Diuin touch with the situation. The American Library Association retic may be worth more to you -more to you than \$100 if you have a child who soils the bedwhich has shouldered the responsibi which has should red the responsible ity of collecting books, magazines and newspapers by the millions in every city and town throughout the country, is distributing this huse guantity of reading matter to the men in France through the Y. M. C. ding from incontinence of water during sleep. Cures old and young alike. It arrests the trouble at once. \$1.00. Rold by Graham Drug Company. adv A., the Red Cross, the Knights Columbus and the Salvation Ar.7. Knights of

BUY WAR SAVING STAMPS

fixed by the United States attorney nxee by the other when regulations general as the time when regulations establishing a one-mile prohibited area around federal or state forts, camps, arsenals, aircraft stations, governmen or naval vessels, navy yards, factorie or workshops for the manufa

munitions of war, etc., shall be effec-tive as to German alien females. This date is fixed by the attorney general date is fixed by the attorney general under authority granted to him in the president's proclamation of April 19, 1918.

The effect of the attorney general's act in fixing this date is to make it unlawful for any German allen female of fourteen years of age and upwards to be found within one-half mile of any of the places mentioned (except on public carriers) without a permit from the United States marshal. Per mits to reside in or to enter the pro-hibited area must be obtained, and ap-plications for these must be made in the same manner as for similar permits in the case of German alien en

Salt producers have agreed with the United States food administration to pack their product in only a few standard sacks and when packed in wood the barrels where possible will be hooped with wood instead of steel. When packed in cotton, salt will hereafter be obtainable in only five, ten and after be obtainable in only five, ten and twenty-five pound or larger sacks. Pro-portionately, a one-pound sack will contain 50 per cent more cotton than a five-pound sack. The new arrange ment is expected to mave large guan-titles of cotton and steel and reduce the drain on labor.

Break your Cold or LaGrippe with few doses of 666.

emy males.

A soldier of the American army writes to his church folk in an Ohio town that when the American bombs do their work in a Hun town the survivors gather up the fragments of their relatives and thers and place them in a com

mon grave, inscribing on the stone above it "Rest in pieces."

ur, 106 per cent each, and h bas brai otatoes 105 per cent.

> With nearly all the stars of the geme in the army and navy, football will be one of the most popular sports in the various training camps this au-tumn, if reports to the war and navy departments' commission on training camp activities are dependable. Many solieges and preparatory schools have has not made its report to the secre tary of war. ounced that football will be aban

and so far as academic and college matches are concerned. Most

the college stars of previous years have entered the service, and the training commission's athletic directors are ng commission's athletic surectors and making plans to employ them in the formation of crack divisional, regime

tal and company elevens. Although many former college stars who played last season in the uniforms of the various naval station elevens that reply nor any other recent event have in any way diminished the vitu importance of the Liberty loan. R have in ferred to active se have been transferred to activ service, athletic directors are con inxation now, hesitation now, would mean defeat when victory seems that the teams will be even better be in sight." than a year ago. SIMMONS SAYS PRESIDENT

To assist in the campaign which the United States department of labor is conducting to train workers for service in war industries the Chicago board of education has donated a vacant school building and voted \$10,000 for ischool building and voted \$10,000 for preliminary expense in equipping it. Leading manufacturers of the city are installing training machines and ex-perts ip production from their facto-ries will outline the policies subject to the control of the board of education under the general supervision of the denartment of inbor.

ASK ANYONE WHO HAS USED IT.

It is time for even President

There are tamilies who always aim to keep a bottle of Chamber lain's Colic and Diarrhoea Remedy in the house for use in case it i needed, and find that it is not only a good investment but saves then no end of suffering. As t oits re liability, ask anyone who has use it. For sale by all dealers.



tent of training practicable. Upon completion of this duty the members of the board will return to their prop er stations. Such travel as may necessary to be performed by the is necessary in the military service. The board has returned here but

FASY TO GET. EASY TO KEEP-"DIGESTONEINE" AND WIN aich reich from heartburn, sour, sesy risanch, dizziness and other adigestion ith. Tone your entire indegestion ills. Tone your entire system, s.ir up your appetite by fol-lowing the lead of thousands-

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taken anything that is relief, and I have OLEMN WARNING ISSUED IN CONNECTION WITH LOAN bothered o was pronouns, food that I kn n my stomach, having to neine Washington .- President Wilson sued this statement on the fourth Lfb-

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LIVES OF CHRISTIAN MINISTERS

HAS SCORED ANOTHER HIT

ent German rulers. He demand

that the people of Germany act."

"The reply of the German govern

ment gives occasion for me to say

my fellow countryment that neithe

This book, entitled as above, Washington .- President Wilson has nade another hit in reply to Germany contains over 200 memoirs of Min isters in the Christian Church "The President is following the wise with historical references. course in dealing with the German interesting volume-niccly print-ed and bound. Price per copy: governmEnt," said Senator Simmon "He will let the generals in the fiel cloth, \$2.00; gilt top, \$2.50. mail 20c extra. Orders may dictate the terms of an armistice I had no idea the President would sent to agree to any peace parley with the

P. J. KERNOPLE, 1012 E. Marshall St. Richmond, Va. Orders may be left at this office.

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