

Helps Sick Women

Cardui, the woman's tonic, helped Mrs. William Eversole, of Hazel Patch, Ky. Read what she writes: "I had a general breaking-down of my health. I was in bed for weeks, unable to get up. I had such a weakness and dizziness... and the pains were very severe. A friend told me I had tried everything else, why not Cardui?... I did, and soon saw it was helping me... After 12 bottles, I am strong and well."

TAKE CARDUI

The Woman's Tonic

Do you feel weak, dizzy, worn-out? Is your lack of good health caused from any of the complaints so common to women? Then why not give Cardui a trial? It should surely do for you what it has done for so many thousands of other women who suffered—it should help you back to health.

Ask some lady friend who has taken Cardui. She will tell you how it helped her. Try Cardui.

All Druggists

LABOR QUESTIONS ANSWERED BY LAW

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ANOTHER LAW WITH "TEETH"

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DOULTRY NOTES

Don't figure why a black hen lays a white egg, but get the egg.

Root crops make excellent succulent food for hens where plenty of green grass or rye can not be had.

The Embden is probably the most beautiful of all domestic water fowl. It being a pure white, and like the Toulouse, very large.

Keep the drinking vessels clean. Put a little lime into the bottom of them twice a week. Don't forget to give the fowls a little salt, in some form, every day.

If hens are crowded too closely, the house soon gets foul and the birds cannot obtain sufficient exercise because they have not sufficient space to move around.

Barred Plymouth Rocks are good general purpose fowls and will lay well if bred for eggs and properly fed and cared for. White Leghorns are excellent where eggs are all that is wanted.

The China goose is a variety that might well be called the Leghorn of the goose family. They are small in size, of a hardy nature, easy to raise and mature quickly.

BOOKS AS MEDICINE



Books are frequently referred to as tools and as the key to the treasure trove of knowledge. The American Library is daily demonstrating in U. S. Public Health Service Hospitals that convalescent soldiers and sailors find returning health and increasing strength in good books.

ADJOURN CONGRESS IS FINAL DECISION

A CHANGE IN PRESENT PLANS HOWEVER MAY RESULT IN RECESS BEING TAKEN

MANY MEMBERS FOR RECESS

Washington.—Republican leaders of the house and senate agreed tentatively on a final adjournment of Congress. Many members of both the senate and house, however, have indicated that they prefer a recess for the political conventions to a sine die adjournment and this may cause a change in the plans as tentatively agreed on.

Final decision as between a recess or an adjournment, it was said might hang fire until the last moment. In a conference with the senate leaders however, Representative Mondell is understood to have suggested a recess ahead with his adjournment resolution under the assumption that it probably would be found satisfactory to the senate majority.

Only the Armenian mandate resolution and conference reports are on the list of important measures slated for passage before Congress quits.

BOOKS BRING AID TO SOLDIER SICK

American Library Association Serves Ten Thousand Men in Nation's Hospitals.

EFFORTS BRING RESULTS.

Works on Vocational Training Circulated Among Men Who Must Take Up New Callings Because of Their Injuries.

Hospital library service maintained by the American Library Association during the war was credited with great value in aiding in the recovery of many sick and disabled men.

There are still in our hospitals more than 10,000 former service men. Of these nearly 8,000 are in Public Health Service hospitals, the remainder in civilian hospitals. Books, magazines and newspapers are sent to these men from the American Library Association. In the larger hospitals, containing over 300 patients, special librarians are placed. To the smaller hospitals, through the co-operation of many public libraries, library visitors are sent to visit the wards once or twice a week and learn the book needs of the patients.

A special effort is made to supply to ex-service men in hospitals the books in demand as a result of the training given by the Federal Board for Vocational Education.

More Books for Blind.

The A. L. A., in co-operation with other agencies already interested in work for the blind, is printing books in the new Braille type. Because of the newness of the revised Braille adopted for teaching to the American war blind, literature printed in it is limited to fewer than 200 books. Though the total number of blinded soldiers is small, their need of books is great, and the "margin of profit" is much to restore hope and usefulness to them.

Not only for former service men who are sick or disabled in the association working. The value of books proved so great to men in camps that efforts are still being made to connect the discharged soldiers and sailors with libraries wherever they may be. Hundreds of letters have reached A. L. A. headquarters from former service men telling of the lack of library facilities in particular localities to which those men have returned.

Direct Service Provided.

In many cases there is a state library commission or a nearby library to which a man can be referred for the books he needs, but if there is no such organization through which he can be served, books for almost any serious purpose may be borrowed directly from the A. L. A. War Service, 24 West Thirty-ninth street, New York city. The only expense in connection with these loans is prepayment of return postage on books borrowed.

The A. L. A. has published lists of books to help ex-service men who are studying to advance themselves in their work. "Five Hundred Business Books," "One Thousand Technical Books" and reading courses on practical subjects are now in preparation.

Other Work Being Done.

Other branches of work which the A. L. A. War Service is carrying on include service to the Merchant Marine, Coast Guard and Lighthouse service. The service of the Merchant Marine department provides free library service to seamen on American merchant ships in the form of "crews" libraries, bookcase boxes, each containing about 80 books. These libraries are exchangeable at principal ports. Book and magazines are sent also to merchant coast guard stations, in lightships and lightships.

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Lift off Corns!

Doesn't hurt a bit and Frezzone costs only a few cents.



Don't suffer! A tiny bottle of Frezzone costs but a few cents at any drug store. Apply a few drops on the corn, calluses and "hard skin" on bottom of feet and then lift them off.

When Frezzone removes sores from the toes or calluses, from the bottom of the feet the skin beneath is left pink and healthy and never sore, tender or irritated.

Books Bring Aid to Soldier Sick

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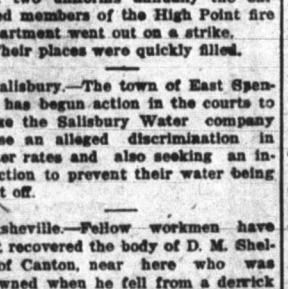
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Ratification Map of the Federal Suffrage Amendment.



The 35 White States Have Ratified. Make North Carolina the Perfect 38.

17,500,000 WOMEN WILL CAST VOTE FOR PRESIDENT THIS YEAR REGARDLESS OF RATIFICATION

Only 4,000,000 Voted in 1916. Women's Votes Give Election to the Democrats in 1916. What About 1920?

How can a Democratic state refuse to help women to vote for President this year? asks former State Senator Frank P. Hobgood of Greensboro, N. C. In 1916 it was frequently said that it was the women voters of the west who re-elected Woodrow Wilson. At that time there were less than 4,000,000 women of voting age living in the states which had enfranchised women. Now there are 17,500,000.

Even if the Federal Suffrage Amendment to the United States Constitution is not passed by 30 states, all these women can vote for President because they have gained either complete suffrage or presidential suffrage, or, in the case of Arkansas and Texas, full primary suffrage. If one looks on the suffrage ratification map, he will see that except for two little states, Vermont and Connecticut, all the states of the north, northeast, northwest and south have already ratified. The only states standing out against ratification are those of the southeast.

It is the men of the south who are blocking women's freedom. And what are they doing? They cannot keep the women of Wyoming, Colorado, Idaho, Utah, Washington, California, Arizona, Kansas, Oregon, Montana, Nevada, New York, Oklahoma, Michigan, Nebraska, Rhode Island, Indiana, Iowa, Kentucky, Maine, Minnesota, Missouri, Tennessee, Wisconsin, Ohio, Arkansas and Texas from voting for President.

They are holding back the vote from Democratic North Carolina women and letting the Republican women of Maine walk away with it. Is this good politics?

The states where women vote control 339 of the total 531 electoral votes. This means that North Carolina's twelve might be wiped out by California's 13. If the California women should this year feel that the Republican party, which has defeated the suffrage amendment 29 ratifications, is a better party for women than the Democratic party, which has rejected the amendment in six states.

The refusal of southern men to give a thirty-sixth ratification to the women of the country will not defeat the suffrage amendment. It will only defeat the loyal women of the Democratic south, and a few women in the smaller states of the north.

WOMAN SUFFRAGE STRENGTHENS WHITE VOTE

White Population Shows Greater Increase Than Black.

When the men of North Carolina make the excuse of keeping the vote from white women of the south, because they fear the negro woman's vote," says Dr. Della Carroll Dixon of Raleigh, N. C., "do they think what they are doing?"

"Here is some arithmetic for them: In the fifteen states south of the Mason and Dixon line are: 10,961,926 white women 4,254,089 negro women 6,707,837 more white than negro women. 10,961,926 white women 8,643,040 total negro population 2,318,886 more white women than total negro population.

"These fifteen states are: Maryland, Virginia, North Carolina, South Carolina, Georgia, Florida, Mississippi, Alabama, Tennessee, Kentucky, Arkansas, Louisiana, Texas, Missouri, West Virginia.

"In four southern states, Texas, Tennessee, Virginia and Kentucky, the number of white women exceeds the whole colored population. In Alabama, Arkansas, Georgia, North Carolina, and Louisiana, woman suffrage would tremendously increase the preponderance of white votes; in Mississippi and South Carolina, where the colored population exceeds the white, equal suffrage would double the intelligent electorate, since in both these states there are educational qualifications limiting the franchise to those who can read.

"Equal suffrage in southern states would: 1. Increase vastly the white vote. 2. Raise the educational and moral standard of the electorate. 3. Not only would woman suffrage give white control in these states a permanent footing, but now, but white supremacy will continue to grow, since the increase of white population is more rapid than the increase of colored population."

USE DOGS AS SMUGGLERS

Animals Aid Illicit Dealers in Bringing Liqueur and Drugs into the United States.

Training dogs to smuggle liquor across the Rio Grande river is the latest device of ingenious minds of those who make a living by means of illicit importation to the United States of liquor and drugs. That innovation in law running came to light at El Paso, Tex., recently when a Mexican river guard shot a "dog smuggler" in the act of swimming the Rio Grande with four bottles of tequila, a Mexican liquor of cactus distillation, tied across his back.

The dog, as the story of the service to his master is told by United States customs men, had been making nightly trips between Juarez and El Paso with contraband goods for several months. The strange, but regular, actions of the animal first were noted by customs officers about two months ago. Beginning at two o'clock in the morning, the dog would begin his operations. Signal lights flashed by confederates in the gang of smugglers stationed on each side of the river always preceded the dog's trip across stream. Dashing out of a cluster of squalid adobe houses along the Mexican side of the river, the animal would plunge into the Rio Grande with his load.

Emerging on the American side, the "smuggler" would be successful in eluding pursuers, who often sought to lasso the dog, being loath to shoot an unsuspecting law violator.

High Point.—Declaring that the city council had not complied with the request for salaries of \$100 monthly and two uniforms annually the salaried members of the High Point fire department went out on a strike. Their places were quickly filled.

Salisbury.—The town of East Spencer is in a hot water in the courts to make the Salisbury Water company cease an alleged discrimination in water rates and also seeking an injunction to prevent their water being shut off.

Asheville.—Fellow workmen have just recovered the body of D. M. Shelby of Canton, near here, who was drowned when he fell from a derrick of the Alarka Lumber company, on the bridge across the Tuckasee river.

Salisbury.—Mrs. Jell Davis, of Cooleman, is in a Salisbury hospital suffering from numerous bruises and injuries, the extent of which cannot yet be determined, her injuries being the result of a head-on collision between two automobiles near China Grove.

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Children Cry for Fletcher's CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulence, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS Bears the Signature of



In Use For Over 30 Years

The Kind You Have Always Bought

THE SIGNS OF LACK OF IRON IN THE BLOOD

Nervousness—Lack of Appetite—Easily Tired

No Endurance—Falling Off in Bodily Vigor

These are a few of the symptoms that indicate your blood is weak and anemic and lacking in red corpuscles. Vigorous young men and women all have rich red blood, but age and worry and hardship take the power and strength out of this life fluid.

You can supply what the blood lacks, you can enrich the blood, you can bring back the strength and vigor you once had, if you will take a teaspoonful of Acid Iron Mineral three times a day. You'll note the effect, first, in an increase of appetite—food will begin to taste good. The next improvement will show in your sleep—you will awaken in the morning refreshed and feeling like a new person.

Your friends will remark the improvement in your appearance and you yourself will feel as you know you ought to feel.

You can accomplish all these things by simply putting more iron into your blood, through the use of a natural form of soluble iron, known as Acid Iron Mineral. It contains no alcohol or injurious drugs, and will not blacken the teeth.

Pills and tonics said to contain iron may have disappointed you in the past, but Acid Iron Mineral will start improvement that you can see, in a very short time. Try this method of putting iron into your blood—it cannot fail. Druggists will refund the purchase price cheerfully if you fail to receive the improvement you seek.

For Sale by All Good Druggists.

Graham Cabinet Shop

Next Door to Moon's Garage

Furniture Repaired. Make Old Look Like New.

Picture Framing. Upholstering. A Specialty.

ALL KINDS OF CABINET WORK.

W. B. QAUKENBUSH, GRAHAM, N. C.

LIVES OF CHRISTIAN MINISTERS.

This book, entitled as above, contains over 200 memoirs of Ministers in the Christian Church with historical references. An interesting volume—nicely printed and bound. Price per copy: cloth, \$2.00; gilt top, \$2.50. By mail 20c extra. Orders may be sent to: P. J. KERNOLLE, 1012 E. Marshall St., Richmond, Va. Orders may be left at this office.

Used 40 Years

CARDUI

The Woman's Tonic

Sold Everywhere

North Carolina now has 73 Government accredited tuberculosis-free herds. Only seven States have a larger number, and Virginia is the only one of the seven in the South.

Replacing the razor-back with registered hogs will increase North Carolina bank reserves.