

# IS YOUR HEALTH GRADUALLY SLIPPING?

Interesting Experience of a Texas Lady Who Declares That if More Women Knew About Cardui They Would Be Spared Much Sickness and Worry.

Navasota, Texas.—Mrs. W. M. Peden, of this place, relates the following interesting account of how she recovered her strength, having realized that she was actually losing her health:

"Health is the greatest thing in the world, and when you feel that gradually slipping away from you, you certainly sit up and take notice. That is what I did some time ago when I found myself in a very nervous, run-down condition of health. I was so tired and felt so lifeless I could hardly go at all.

"I was just no account for work. I would get a bucket of water and would feel so weak I would have to set it down before I felt like I could lift it to the shelf. In this condition, of course, to do even my housework was a task almost impossible to accomplish.

"I was . . . nervous and easily upset.

I couldn't rest well at night and was . . . just lifeless.

"I heard of Cardui and after reading I decided I had some female trouble that was pulling me down. I sent for Cardui and began it . . .

"In a very short while after I began the Cardui Home Treatment I saw an improvement and it wasn't long until I was all right—good appetite, splendid rest, and much stronger so that I easily did my house work.

"Later I took a bottle of Cardui as a tonic. I can recommend Cardui and gladly do so, for if more women knew, it would save a great deal of worry and sickness."

The enthusiastic praise of thousands of other women who have found Cardui helpful should convince you that it is worth trying. All druggists sell it.

## Measure of a Country.

By James Russell Lowell.

I am saddened when I see our successes as a nation measured by the number of acres under tillage or the bushels of wheat exported; for the real value of a country must be weighed in scales more delicate than the Balance of Trade.

The garners of Sicily are empty now, but the bees from all climes still fetch honey from the tiny garden plot of Theocritus. On a map of the world you may cover Judea with your thumb, Athens with a finger tip, and neither of them figures in the Prices Current; but they still lord it in the thought and action of every civilized man.

Did not Dante cover with his hood all that was Italy six hundred years ago? Material success is good, but only as the necessary preliminary of better things.

The measure of a nation's true success is the amount it has contributed to the thought, the moral energy, the intellectual happiness, the spiritual hope and consolation of mankind.

United States postal service has 300,000 employees.

Work in the United States Army Air Service requires the skill of more than 60 trades.

## Re-Sale of Land.

Pursuant to an order of the Superior Court made in a special proceeding therein pending, entitled "R. P. Braxton and others vs. Kate Braxton and others," whereto all the devisees of the late J. W. Braxton and owners and tenants in common of the real property hereinafter described are duly constituted parties, the undersigned Commissioner will offer for sale to the highest bidder at public auction at the courthouse door in Graham, on

SATURDAY, DEC. 31, 1921, at 12:00 o'clock, noon, all of the following described real property, to-wit:

Two certain tracts or parcels of land in Alamance county, North Carolina, adjoining the lands of Wm. Hadley, J. W. Whitehead and others, and fully described by metes and bounds in the petition in said special proceeding. The first tract containing 88 acres and the second 43 acres, more or less. This property is known as the Dark Place. There has been sold off from the 44 acre tract a one-half acre lot to the Trustees of Center School.

Terms of Sale—The purchaser will be required to pay one third of his bid in cash on date of sale and the other two thirds in equal installments within six and twelve months, deferred payments to bear interest from date of sale until paid. Sale made subject to advance bids and confirmation by the Court, and the title to be reserved until the purchase price is fully paid.

This is a re-sale on account of an advance bid and bidding will start at \$770.00.

This 14th day of Dec., 1921.  
J. DOLPH LONG,  
Commissioner.

## Costly.

Four hundred and sixty-three thousand men, working for \$2,000 a year each, earn in a year just enough to pay the interest on our national debt, says a statistician.

That tells the real story of the cost of the war.

A war debt doesn't mean much, expressed in long money figures. Translated into terms of human labor, its evil is clearly seen. Human labor is the only real wealth. It pays for every war, long after the cannons are rusted into dust.

Banish that awful insomnia that worries you every night. Let your sleep be restful and refreshing. Tanlac does it. For sale by Farrel Drug Co., Graham, N. C.

## PROFESSIONAL CARDS

**THOMAS D. COOPER,**  
Attorney and Counselor-at-Law,  
BURLINGTON, N. C.,  
Associated with W. S. Coulter,  
Nos. 7 and 8 First National Bank Bldg.

**S. C. SPOON, Jr., M. D.**  
Graham, N. C.  
Office over Ferrell Drug Co.  
Hours: 2 to 3 and 7 to 9 p. m., and by appointment.  
Phone 97

**GRAHAM HARDEN, M. D.**  
Burlington, N. C.  
Office Hours: 9 to 11 a. m. and by appointment  
Office Over Acme Drug Co.  
Telephones: Office 446—Residence 264

**JOHN J. HENDERSON**  
Attorney-at-Law  
GRAHAM, N. C.  
Office over National Bank of Alamance

**J. S. COOK**  
Attorney-at-Law  
GRAHAM, N. C.  
Office Patterson Building  
Second Floor.

**DR. WILL S. LONG, JR.**  
DENTIST  
Graham . . . North Carolina.  
OFFICE IN SIMMONS BUILDING

**J. ELMER LONG LOUIS C. ALLEN**  
Durham, N. C. Graham, N. C.  
**LONG & ALLEN,**  
Attorneys and Counselors at Law  
GRAHAM, N. C.

## PATENTS

OBTAINED. If you have an invention to patent please send us a model or sketch with a letter of brief explanation for preliminary examination and advice. Your disclosure and all business is strictly confidential, and will receive our prompt and personal attention.

**D. SWIFT & CO.,**  
PATENT LAWYERS,  
WASHINGTON, D. C.

**CASTORIA**  
For Infants and Children  
In Use For Over 30 Years  
Always bears the  
Signature of *Chas. H. Fletcher*

## Sale of Valuable Property.

Under and by virtue of the power of sale contained in a certain deed of trust, executed by W. C. Thurston and his wife to Felix F. Smith, Trustee, the undersigned Trustee will, on

SATURDAY, DEC. 31, 1921, upon the premises, near Graham offer to the highest bidder for cash the following described property:

First: A certain tract or parcel of land in town of Graham, Graham Township, Alamance county, State of North Carolina, adjoining the lands of J. D. Moon, Southern Railroad Depot, lot Emma D. Walker, Sidney Cotton Mills, lot J. J. Mathews, J. N. Williamson and others, and bounded as follows:

Beginning at an iron bolt corner with Moon in said depot lot line; running thence N 85 deg W 1.31 deg chs to an iron bolt, corner with said Walker in said depot lot line; thence S 4 deg W 4.65 chs to an iron pipe, corner with said Walker; thence N 85 deg W 2.01 deg chs to an iron bolt, corner with said Walker in said Williamson's line; thence S 2.05 deg W (S. S.) 1 ch 1 1/2 lks to an iron bar, corner with said Cotton Mill lot; thence N 1 deg E (S. S.) 4.54 chs to an iron bolt, corner with said Moon in said Mathews line; thence N 86 deg W 83 1/2 lks to an iron bolt, corner with said Moon; thence N 1 deg E 1.13 deg chs (or 75 ft) to the beginning, containing 1.4 acres, more or less.

There is situated on this property a building that has been built and rebuilt, which is to be used as a cotton manufacturing plant, particularly for handling and manufacturing wastes, and also for a lumber manufacturing plant. This real property is subject to the lien of a mortgage or deed of trust securing H. C. Walker, in the sum of \$950.00, which sum bears interest.

Second:—All machinery of every kind, including one (1) 15 H. P. motor and electrical equipment, nine (9) knitting machines and all other machinery of every kind and description, whether for use in manufacturing cotton or wastes, or for manufacturing lumber and building material situated in the building or upon the real property hereinafter described. Also all additions to said machinery and equipment, which may be bought and placed in said building, or upon said lot after the date hereof.

Third: All supplies of material of every kind, including repair parts, cotton and waste, lumber, and all other supplies and materials on hand or purchased after the date hereof. As to that property conveyed under this item (numbered 3) it is distinctly understood that the said W. C. Thurston, of the first part shall have the privilege of handling and selling the same in the due course of his business as a manufacturer of cotton and particular cotton waste and a lumber dealer, and that he shall not be compelled to apply the proceeds of the property referred to in this item to the payment of the notes hereinafter referred to, but may use said proceeds in the conducting of the businesses referred to herein; and it is distinctly understood that this conveyance is intended to, and does cover all additions to those supplies and kinds of property referred to in this item, and shall, at all times, cover such supplies and property on hand and owned by W. C. Thurston.

F. F. SMITH, Trustee.

## HAVE HAIR LIKE "20"

It's never too late to get rid of gray in the hair. Thousands have benefited by this scientific discovery. Why don't you?

Gray, faded, bedrabbled hair can be changed to a uniform, lustrous, beautiful, dark color, so natural in appearance by applying Q-ban Hair Color Restorer. Safe, simple, guaranteed harmless—all ready to use—50c a large bottle. Sold by Hayes Drug Company and all good drug stores. Try Q-ban Hair Tonic, Q-ban Liquid shampoo, Q-ban Toilet Soap, Q-ban Depilatory.

Try **Q-ban**

## Summons by Publication

NORTH CAROLINA,  
Alamance County.  
In the Superior Court.  
R. W. Warren, Plaintiff,  
Vs.  
Beulah E. Reaves and Chas. H. Reaves.  
The defendants above named will take notice that a summons in the above entitled action was issued against said defendants the 12th day of December, 1921, by D. J. Walker, Clerk of the Superior Court of Alamance county, North Carolina, for the sum of \$3900.00, due said plaintiff by reason of money paid by plaintiff for defendants on endorsed notes, which summons is returnable before said D. J. Walker, Clerk of the Superior court, at his office in Alamance county, on the 10th day of January, 1922. The defendants will take notice that a warrant of attachment was issued by said D. J. Walker, Clerk of the Superior court, on the 12th day of December, 1921, against the property of the said defendants, which warrant is returnable before said D. J. Walker, Clerk of the Superior court, at the time and place above named for the return of the summons, when and where the defendants are required to appear and answer or demur to the complaint, or the relief demanded will be granted.

This 12th day of December, 1921.  
D. J. WALKER,  
Clerk of the Superior Court.  
Wm. I. Ward, Atty. 12-15

## Mortgage Sale of Real Estate.

Under and by virtue of the power of sale contained in a certain mortgage deed duly executed in favor of the undersigned mortgagee on the 1st day of October, 1914, and recorded in the office of the Register of Deeds for Alamance County in Book of Mortgage Deeds No. 61, page 213, default having been made in the payment of the indebtedness secured thereby, the undersigned Mortgagee will, on

MONDAY, JAN. 9th, 1922, at 12:00 noon, at the court house door in Graham, N. C., offer for sale at public auction to the highest bidder for cash a tract or parcel of land in the county of Alamance and state of North Carolina, in Burlington Township, adjoining the lands of Bellemont Road, W. M. Isley and others and bounded as follows, to-wit:

Beginning at a rock corner on said road, running thence with line of said road N 6 deg 57' W 50 ft to corner on W. M. Isley's line; thence with said Isley's line south west 150 feet to corner on Isley's line; thence S 1 deg W 50 ft to corner on Isley's line; thence S 89 deg 15' E 150 ft to the beginning, being a part of that tract of land conveyed by the N. C. R. R. Company to Wm. Isley, Oct. 25, 1887, and recorded in Book of Deeds No. 31, pages 534-536.

This 6th day of Dec., 1921.  
Alamance Ins. & Real Estate Co., Mortgagee.  
W. S. Coulter, Atty.

## Notice of Sale.

Pursuant to an order of the Superior Court of Alamance County made in special proceeding therein pending entitled Dixie Lumber Company vs. W. B. Lasley, Jr. and others, the undersigned Commissioner will offer for sale at public auction to the highest bidder at the courthouse door in Graham, on

SATURDAY JAN. 7th, 1922, at 12 o'clock, noon, the following described real property, to-wit:

A certain lot or parcel of land in the town of Mebane, Alamance County, North Carolina, adjoining other lands of the petitioner fronting on Clay Street in said town and bounded as follows:

Beginning at an iron bolt corner with said company; running thence S. 21 1-2 deg. W. 238 ft. to an iron bolt corner with said Company on N. side of Clay St.; thence S. 68 1-2 deg. E. 170 ft. to an iron bolt on N. side of said street 16 ft. 2 in. from S. E. corner of a house corner with lot of Thompson Heights; thence N. 25 3-4 deg. E. 120 ft. to an iron bolt; thence N. 30 1-4 deg. W. 223 ft. to the beginning, containing 67-100 of an acre, more or less.

Terms of Sale—One-half cash, the other half in six months, deferred payment to bear interest at six percent and title to be reserved until the purchase price is paid. Sale subject to advance bids and confirmation by the Court.

Done this the 7th day of December, 1921.  
J. DOLPH LONG,  
Commissioner.

## Mortgage Sale of Land.

Under and by virtue of the power of sale in a deed in trust, executed April 1, 1919, to Central Loan & Trust Company, trustee, which said deed in trust is duly recorded in the office of the Register of Deeds of Alamance county, in Book of Deeds of Trust No. 76, at page 73, default having been made in the payment of same, the undersigned trustee will offer at public sale to the highest bidder, for cash, at the court house door in Graham, N. C., on

SATURDAY, JAN. 21, 1922, at 11 o'clock a. m., all the following real property, to-wit:

A certain tract or parcel of land lying and being in the town of Mebane, Melville township, Alamance county, State of North Carolina, bounded and described as follows, to-wit:

Beginning at an iron stake on 4th Street and an alley in rear of Commercial & Farmers Bank, Mebane, N. C., thence in a westerly direction 86 ft. with said alley to stake, corner with T. B. Pettigrew; thence in southerly direction with line of T. B. Pettigrew 42 ft. to stake, corner with T. B. Pettigrew and Mebane Motor Company; thence in an easterly direction with line of Mebane Motor Company 86 ft. to stake on 4th Street; thence in northerly direction 42 ft. to the beginning, it being lot No. 6 and lot No. 5 less amount of this lot sold to Mebane Motor Company of the T. B. Pettigrew property as shown by plat and blue print recorded in Register of Deeds office, Alamance county, Deed Book No. 44, pages 455-457.

Terms of Sale—Cash.  
This 15th day of Dec., 1921.  
CENTRAL LOAN & TRUST CO.,  
Trustee.

## Summons by Publication

NORTH CAROLINA—  
ALAMANCE COUNTY.  
In the Superior Court.  
Before the Clerk.  
Margaret Isley, Tempie Ruffin, Alice Freeland, B. D. Freeland and Lorena Freeland, his wife, Carreno Hogan and her husband, Waymon Hogan, Mary Johnson and Johnson Johnson, her husband, Delia Freeland, wife of Jacob Freeland.  
vs.  
Jacob Freeland, Lindsey Freeland and Evalina Freeland, his wife, Arthur Freeland and Elizabeth Freeland, his wife, Lula Garrison and Clarence Garrison, her husband, and Minnie Benton and her husband, —Benton' or her children, Emmet Benton, Lula Benton, Snipes, Remus Benton, Calvin Benton and Peter Benton.

The respondents above named will all take notice that an action entitled as above has been commenced in the Superior Court of Alamance county, North Carolina, for the purpose of obtaining an order of the said court directing the sale of that certain lot or parcel of land in Alamance county, North Carolina, adjoining the lands of R. P. D. Ray and others and known as the Herch P. Thompson Home Place, said sale being for the purpose of making a division of the proceeds from the sale of said property among the owners thereof; and said respondents shall further take notice that they are required to appear at the office of the Clerk of the Superior Court of said county at the court house in Graham, North Carolina, on or before Monday, January 23, 1922, and answer or demur to the complaint which has been filed in said action or the petitioners will apply to the Court for the relief demanded in said complaint.

Done this the 16th day December, 1921.  
D. J. WALKER,  
C. S. C.  
22dec4t

Tanlac is purely vegetable and is made from the most beneficial roots, herbs and barks known to science. For sale by Farrel Drug Co., Graham, N. C.

Plushes, carpets and imitation furs are now made of artificial silk.

# Children Cry for Fletcher's CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifles with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS Bears the Signature of

*Chas. H. Fletcher*  
In Use For Over 30 Years  
The Kind You Have Always Bought  
THE CENTAUR COMPANY, NEW YORK CITY.

## A YOUNG WOMAN AT FIFTY OR AN OLD WOMAN AT THIRTY

Women who use New Form of Liquid Iron to build up and enrich the blood possess real secret of Youth

The real difference between an old woman of thirty and a young woman of fifty is one of health and bodily vigor. The secret of Youth is nothing more mysterious than this.

The blood is perhaps the most important factor in maintaining health in women. You need no other evidence than to look around you among the women of your acquaintance. The sick and ailing and pale are anemic, listless and colorless—the lack of rich red blood is plainly apparent in their appearance.

The woman whose blood is healthy and full of vitality always has red cheeks, a good complexion and a body that is supple, active and tingling with energy.

The most important thing the blood needs to enrich it and enable it to carry life and vigor to all parts of the body is Iron.

And the most successful and reliable method of putting this great essential into the blood is through the use of a natural form of soluble iron, known as Acid Iron Mineral. Thousands of women have found health in this way, and have been able to retain the attractiveness of youth in spite of the advancing years.

Acid Iron Mineral contains no alcohol or injurious drugs—it will not blacken the teeth, and druggists will refund the purchase price if you are not satisfied with the improvement it brings.

For Sale by All Good Druggists.  
Burwell & Dunn and John M. Scott & Co., Charlotte, N. C., Distributors.

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With a well equipped shop and plenty of supplies, I am prepared to do first-class Plumbing and Electrical work on short notice and reasonable terms.

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