It Is Your Problem to Be Solved in Your Homés With Your Neighbors

## Dy Elifu root, Address to Hamilton College Alumni.

DURING the sisty years vast change has come over the conditions
of the world. Human sociefy has changed almost ss mutb as of the world. Human sociefy has changed almost as much as
the resilts of science. Life has become vastly complicated and difficult. The government which was formerly simple, now has oo deal with such great varieties in life that it is impossible for anyone
untrained and inexperienced tounderstand how the salutary control and plished.

Democracies have the benefit of wise purpose but they have not the standing. The great and complicated problems of government, on the
 perity, our liberty, our opportunity, are being dealt with by democracies
which do not understand, which haven't the training, the information, the bachergund $t$ enable then
proesses which they need.
obtain which the youth of America are now rushing into our institutions
life and everything that we have in it, the peace and opportunity of this beautiful hillside, our homes, our individual independence, the future of
all our children, and our children's children depend tupon which wins in athe race. Education should teach democracy to understand the forces,
needs and complications of life which are continually making the problems of government more difficult.
have long heard expressions of widespread dissatisfaction with the work of our national congress, justified, in my opinion, but the fanlt
is not in Washington but with you, and with me, and with the people themeelves because they do ont understand what is necessary to the successfut conduct of free government. They send men to Washington be-
cause they are good fellows, because they like them, because they think they can get some advantage for the district from which they go, and the people themselves who send them forget the great stakes which they have
in having men in government in Washington who understand the duty and the responsihinity that rests upon them. It is your problem to be solved in your homes with your neighbors by application of those methods facility for in these halls.
Importance of the Search by Ancient Races for an Earthly Paradise
By w. J. PERRY, in "Origin of Magic and Religion."
The elaboration, by the Egyptians, of ideas connected with the life
come had tremendous consequences. It ultimately led men from the ancient East to the uttermost ends of the earth in search of the earthly paradise, the place where givers of life abounded, and immortal life, tois one of the most romantic that can be told, for the quest lasted down to within comparatively modern times. It must not be thooght that the connotation that the word paradise
posesses today is identical with that which it possessed for the incients. possesses today is identical with that which it possessed for the incienta.
They seem actually, like the Spaniards, with their Fountains of Youth, to have believed in a place on the earth where immortal life was to be en-
joyed, not in some mythical region that never existed except in men's It is quite obvious that the idea of an earthly paradise, once elab-
orated, would prove a most potent attractive force. For what sironger orated, would prove a most potent attractive force. For what stronger
incentive to adventure conld be offered to mortal man? The lure of wealth would be as nothing compared with it. The instinct of self-pres-
ervation, the desire to preserve life, and to avert death, would cause men ervation, the desire to preserve life, and to avert death, would cause men
to brave any dangers, if at the end of their search they thought that they could gain these boons in such happy surroundings.
The "Pacific Onslaught" of the United States on Latin America

## by manuel vearte, in "Destiny of a Continent.

One of the great wonders of this century is the flexibility of United
States imperialism and the multiple phases it has dexeloned in States imperialism and the multiple phases it has developed in response
to local conditions. The world has never seen such a "pacific onslaght," to local conditions. The world has never seen such a "pacific onslaught,"
such a wonderfully. planned adrance as that of the United States on Latin America.
Rome applied a uniform standard of conquest. Spain persisted in vanity and glamour. Even today, France and England strive to dominate, not to assimilate. The United States alone has created a new
system in complete accord with the trend of the times, discarding all practices or seruples. Other nations have occasionally obeyed poblic
opited its impulses and its repugnances.

Sometimes by strength, others by persuasion, disinterested here,
lexible there, the game has followed stich a vast plan, the vision in so broad, being developed without fears, without sensibilities, without respite, in such a synchronized movement, that we must frankly confeese
American imperialism is the most perfect instrument of domination the world has ever known.
These Simple Rules Will Help You to Secure a Well-Balanced Diet

## by c. Houston goudiss, in The Forecast.

oot need a so-called "bilious attack" and violent indigestion to prove that a ration should be well-balanped in order to be well taken
care of in the -tomach and intestines, and to furnish the body with care of in the-stomach and intestines, and to furnish the body with
the different elements it needs for growth, repair and energy. Pcod combinations are important, not alone becaise our elderly aunts would
say they might disagree, but because too much or too little of any essay they might disagree, but because too much or too little of any es-
sential food factor shows itself by underweight, overweight, indigestion, headaches, anemia, lack of "pep," and constipation.
These rules will help to secure a well-balanced diet. Where meat, fish, eggs or other concentrated protein 'fode are a part of a meal, omit
milk. Take it instead between meals, or before retiring, or at a meal where meat and egga are absent. Go lightly on fatt, and counterbalanco
their presence in a meal by plenty of fruits, vegetables and greens, in the form of fomaine, endive and lettuce. Hold back on oversweetening. One rich dish at a meal is enough! For example, a lobster salad with mofsonnaise is a meal in itself, and when combined with breadstufth, furnishes the body vith enough nonorgy and nutritious material to carry on tor three or four heun.

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## NEWS REVIEW OF CURRENT EVENTS






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| $\begin{array}{c}\text { Primaries were held in ar number } \\ \text { of states last week. In Milchigan }\end{array}$ | the Re states last week. In Michigan

thepubticans renominated Senator
James Couzens, who, though he led
the attack on Secretary of the Treas.

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## Resinol

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