

FARMER WOMAN IN OKLAHOMA

Praises Lydia E. Pinkham's Vegetable Compound Because It Gave Her Health and Strength

In a sunny pasture in Oklahoma, a herd of sleek cows was grazing. They made a pretty picture. But the thin woman in the blue checked apron sighed as she looked at them. She was tired of cows, tired of her tedious work in the dairy. She was tired of cooking for a household of boarders, besides caring for her own family. The burdens of life seemed too heavy for her failing health. She had lost confidence in herself.

One day she began taking Lydia E. Pinkham's Vegetable Compound and her general health began to improve. She took it faithfully. Now she can do her work without any trouble, sleeps well and is no longer blue and timid. This woman, Mrs. Cora Short, R. R. 9, Box 387, Oklahoma City, Okla., writes: "Everybody now says: 'Mrs. Short, what are you doing to yourself?' I weigh 135 and my weight before I took it was 115. I have taken seven bottles of the Vegetable Compound."

Other women who have to work hard and keep things going may find the road to better health as Mrs. Short did through the faithful use of Lydia E. Pinkham's Vegetable Compound. Ask your neighbor.

America Wins Again
The title of most beautiful horsewoman of Paris was awarded to Olivier Barclay, an American, in a recent contest in the Bois de Boulogne. Miss Barclay rode the old-fashioned side saddle, and wore a dark blue shirt, gray coat, black bowler, black boots and white pique stock.

A Real Surprise
Thomas—How can that little birthday gift for your wife be a surprise if she told you what she wanted?
Terence—I'm not going to give it to her.

All the Way Back
"The Willamesses come of very old stock." "Yes. Their family tree goes back to the time when they lived in it."—Kansas City Times.

Look at the foundation of the ladder of fame before attempting to climb it.



Slowing Up?
You Can't Feel Well When Kidneys Act Sluggishly.

OVERWORK, worry and lack of rest, all put extra burdens on the kidneys. When the kidneys slow up, waste poisons remain in the blood and are apt to make one languid, tired and aching, with dull headaches, dizziness and often a nagging backache.

A common warning of imperfect kidney action is scanty or burning secretions. Doan's Pills assist the kidneys in their eliminative work. Are endorsed by users everywhere. Ask your neighbor!

DOAN'S PILLS
60c
STIMULANT DIURETIC FOR KIDNEYS
Roster-Milburn Co. Mfg. Chem. Buffalo, N.Y.

Keep Stomach and Bowels Right
By giving baby the harmless, purely vegetable, infant and children's regulator.

MRS. WELCH'S SYRUP
Infants' soothing, gratifying results in making baby's stomach content. Food and bowels move as they should at feeding time. Guaranteed free from narcotics, opiates, alcohol and all harmful ingredients. Safe and satisfactory.

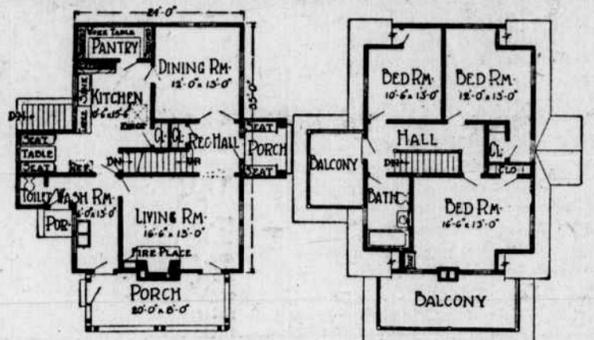
INFLAMED EYES DISFIGURE YOUR LOOKS!
Don't experiment on them, use MITCHELL'S EYE SALTS for speedy relief. Absolutely safe.

If interested in Horoscope send date of birth of yours, your friends, your children to PROF. YILLU, 69 E. 122nd Street, New York.

Deafness—Head Noises
RELIEVED BY **LEONARD EAR OIL**
"Rub Back of Ear"
INSERT IN NOSTRILS
At All Drugstores. Price 5c.
Fodor about "DEAFNESS" on request.
A. & LEONARD, INC., 75 FIFTH AVE., N. Y.

KIDNEY TROUBLE AND BACKACHE BANISHED
SLEEP ALL NIGHT
LAMENING GONE - BOWELS ACTIVE
I will return your PILLS mailed, only \$1.00
I will return your PILLS if not satisfied.
AMOUNTS WANTED
A. & LEONARD, INC., 75 FIFTH AVE., N. Y.

Dutch Colonial Home Contains Six Good, Well-Lighted Rooms



By W. A. RADFORD
Mr. William A. Radford will answer questions and give advice FREE OF COST on all subjects pertaining to practical home building, for the readers of this paper. On account of his wide experience as editor, author and manufacturer, he is, without doubt, the highest authority on all these subjects. Address all inquiries to William A. Radford, No. 1827 Prairie avenue, Chicago, Ill., and only inclose two-cent stamp for reply.

There is something about a Dutch colonial home that gives it the appearance of being a much larger house than it really is. At first glance the home shown in the illustration below looks like a large house, containing many rooms. In reality this house contains but six rooms, but all are of good size; each has numerous windows, and as a consequence, is well ventilated.

The attractiveness of the exterior appearance of a Dutch colonial home comes from the long, graceful sweep of the roof, and the broken lines made by the wide dormers that are set in either side of the roof. These dor-

Choose Furnace With Care if You Would Save Fuel

The home owner who would enjoy that greatest of home comforts, perfect warmth, whenever he needs it, and in just the right degree, must select his boiler with care and discrimination.

It is seldom realized that the usual boiler consumes, during each heating season an amount of coal which equals or exceeds the initial cost of the boiler.

Without a supply of air, combustion cannot take place. That is evidenced by the simple experiment of placing a glass over a lighted candle and watching the quick extinction of the flame when the supply of oxygen is cut off. The rate of combustion of any fire may be controlled through its air supply. Stored up in a candle, for instance, is a definite heating power. As the candle burns, the heat units are liberated. Obviously, the more slowly the candle burns the longer it will last, for its total heat energy does not change. Control is the vital factor.

It is so with the burning of a pound of any given grade of coal. Within it lies a definite heating value, and in order that its heating value may be utilized to the maximum by any boiler, it is first necessary that the coal be burned at controlled rates in accordance with weather conditions. An imperfectly controlled fire means the loss of immeasurable quantities of heat.

It is the function of a boiler to burn its coal supply, to absorb as much as possible of the heat thus generated, and to deliver this heat in the form of steam vapor, or hot water for heating purposes. The efficiency of any boiler is measured by the ratio between the total amount of potential heat contained in the fuel supplied to it and the amount which that boiler actually absorbs and utilizes. Consequently, the home owner should carefully consider this aspect of the boiler he considers installing.

Bedroom Requires Good Light for Proper Effect

Bedrooms of the past have been overlooked too often from the standpoint of lighting. As a result the labor spent to embellish and beautify this room was lost in the evening because the light was either too garish or too dim to bring out the beauty of the furnishings.

For the well-lighted bedroom of the present, a central overhead lighting fixture is, perhaps, the best for general illumination. To this may be added wall brackets near the dressing table and standing lamps of appropriate color tone or boudoir lamps near the bed for those who like to read themselves to sleep.

Of course, the style and color will differ in the rooms for the feminine user from those in a man's room.

Oak Floor Needs Wax Dressing Once a Year

The occasional use of a weighted floor brush will assist in keeping the finish of your oak floor in the best condition. At least once a year the floor should be given a dressing of wax, well rubbed. Do not neglect your floors until the finish is worn down to the wood. A little attention at the right time maintains "the perfect floor" indefinitely.

Fireproofing Home

Build your home for greater health and comfort by using Greproof gypsum lath instead of wood lath as a base for the plaster. Enjoy the greater insulation against heat and cold. Enjoy the greater safety and beauty (no ugly lath streaks or stains) of this modern construction.



The Racer

When I'm burning up the miles—every cylinder working overtime at tremendous temperatures—there's at least one thing I know won't go wrong—and that's spark plugs. I insist on Champion!

Champion is the better spark plug because of the special alloy construction and its special analysis electrodes.

Champion X— for Ford 60¢
Champion— for Buick 75¢



CHAMPION Spark Plugs
TOLEDO, OHIO

[For your protection be sure the Champions you buy are in the original Champion cartons.]

Handicapped

A certain big-game hunter, who was contemplating a trip to Africa, called at a sporting goods store and bought a large quantity of cartridges.

"I usually deal with your head office," he remarked to the man in charge. "But I dare say you will be able to send these for me?"

"Certainly, sir."

"Well, I want them to go to Nigeria."

The other looked blankly for a minute or so, then:

"I think you'd better give the order to our head office, sir," he ventured. "You see, we've only a small boy with a bicycle here."

Many Uses for Prunes

Once a boarding house delight, the prune has worked itself to the top. It is now used in baking and in the manufacture of ice cream and candy. A fellowship in the food research, maintained at the University of California by the California Prune and Apricot Growers' association, used prune pulp as the basis for 19 different dishes.

God gives sleep to the bad, in order that the good may be undisturbed.—Saadi.

Those who squander time would, if they had it, do the same with money.

Dainty! Accurate!

Only 50c

With Order We mail you a new watch

Latest model 14 kt. white, rolled gold, engraved case. Sapphire crown, jeweled movement, stainless steel case. Price, \$2.50; value \$5. No reference required. Send for with order. Immediate delivery. This special offer is limited. Send for today!

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MYSTERIOUS PACKAGES—Guaranteed, itemized and carefully checked, \$3.50 value in each. Only 60c postpaid. Send money order or check to J. Jones, Cheboygan, Mich.

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Student Nurses Wanted

Accredited school; 3 year course; qualified instructors; monthly allowance High school education preferred; one year compulsory. Classes entering September, November and February. Write SUPERINTENDENT OF NURSES, Franklin Square Hospital, Baltimore, Md.

AMBITIONS AGENT WITH GOOD RECORD and small capital. Join us. Our business unique, highly profitable and easily learned. Few hours weekly. Keeney, 3995 Langley, Dept. K, Chicago.

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WIN WITH US. Here is the latest, investment protected. Loss practically impossible. We deposit coupon Gold Bonds as Surety. Great opportunity to become independent. Good interest and your money back. Write today. The Allied Syndicates, Jamestown, Colo.

Stomach Disorders

are decidedly unpleasant

Green's August Flower

a gentle laxative, will act promptly in relief of stomach and bowel troubles and your freedom from pain and discomfort will make you feel that life is again worth living.

CARBUNCLES

Carbolic draws out the core and gives quick relief.

CARBOL

At All Drugstores—Beware of cheap imitations.

W. N. U., BALTIMORE, NO. 38-1927.

Mung Bean Is Quite Useful

Is an Excellent Poultry Feed and Can Be Used as a Pasture Crop.

(Prepared by the United States Department of Agriculture.)

The mung bean, once known as the Chickasaw pea, is not to be recommended as a general farm crop in the United States, says W. J. Morse, forage crop specialist of the United States Department of Agriculture, but it apparently does have a place in certain systems of our agriculture. At any rate, it is worthy of more attention than it has received in the past.

Excellent Poultry Feed.

The bean is an excellent poultry food, says Mr. Morse, and is used either as a pasture crop when mature or sprouted in the same way as oats for green feed. In a few sections it has been used as a forage crop. A most important factor in the culture of the crop is its freedom from attack by the Mexican bean beetle, which has done so much damage to other crops, especially in the southern states.

In China the mung bean is used extensively as human food, supplying the people with bean sprouts, bean vermicelli, and bean gelatin. As a food crop in America the mung bean will not compete with common field peas and beans, but it may find considerable use for sprouting. Considerable quantities of mung beans are imported into the United States, and have been used almost entirely by Chinese restaurants. The sprouts are familiar to patrons of these places who have eaten Chinese chow mein. Within the past two years several factories in this country have undertaken the canning of mung-bean sprouts, using imported beans. The canned sprouts, which are an excellent article of food, have found a good market.

Many Varieties.

Many varieties of mung beans have been introduced and tested during the past 20 years by the department and at several experiment stations. The varieties showed a wide range of adaptation, but because of the strong competition by cowpeas and soy beans, which are very similar crops in their uses, the mung bean has never become established. With an increase in the use of canned sprouts, however, the production of mung-bean seed in certain sections can undoubtedly be made a profitable industry.

Suitable Dimensions of Stall for a Dairy Cow

The grain and ensilage manger of the model cow stall is made right on top of the cement floor of the stable. It is two feet wide and the cement sides are six inches high. The front of the stall, the side towards the feeding alley, is five feet high, with a door or space eight inches from the bottom through which to feed grain and ensilage.

The hay manger is formed by nailing a 2 by 4 to the feeding alley front on the side towards the cow, and twenty-eight inches above the grain manger. To this 2 by 4 are nailed four-inch slats projecting back over the cow's head at an angle of forty-five degrees and nailed to another 2 by 4 which is supported by the partitions between the cows. These slats are three feet long.

The bed for the cow, and which keeps her absolutely clean, is formed by placing a 2 by 4 edgewise across the stall just in front of the cow's hind feet when she stands naturally, eating from the grain manger. This space between the manger and this 2 by 4 just in front of her hind feet should be filled in with earth or matted with straw even with the top of the 2 by 4. When the cow lies down she naturally steps ahead and lies upon this clean bed. That is the reason she never is dirty in the stable.

Agricultural Notes

A silo is the lighthouse on the farm.

Soy bean hay should be handled as any other legume crop.

As pastures get short and dry, dairy cows should have grain, too.

Dairymen probably will save by buying high-protein concentrates now for later use.

Volunteer wheat makes a convenient home for the early Hessian fly—destroy all volunteer grain.

Dairymen often can save \$10 on the price of a ton of dairy feed by contracting for winter supplies during the summer months.

Modern harvesting and cutting machines have simplified the handling of the corn crop and have made silo filling a comparatively easy job.

Where the silo is not airtight, air-oxygen and nitrogen—gains entrance, dry silage and mold results, and with plenty of moisture, decay. It makes poor feed.

Continuous cropping of land to the same crop frequently so aggravates insect damage that the yields will be considerably reduced. Rotation of crops is a good means of checking insect damage.

Monarch is the only nationally known brand of QUALITY MONARCHS and their products are made through the men who own and manage their own stores.

"When the good fairy had driven away the big, ugly giant, she called the children to a wonderful feast of cake made with Monarch Cocoa and Teenie Weenie Peanut Butter sandwiches—and they ate and ate!"

EVERY genuine Monarch package bears the Lion Head, the oldest trademark in the United States, covering a complete line of the world's finest food products—Cocoa, Tea, Cocoa, Cakes, Cookies, Peanut Butter, Canned Fruits and Vegetables, and other superior table specialties.

REID, MURDOCH & CO.
Established 1853
Chicago Pittsburgh Boston New York
Jacksonville Tampa Los Angeles

MONARCH
Quality for 70 Years

Ape Earns Living

G. P. Drinkel, a rubber planter in Sumatra, reports that he has an ape that earns his living. The pet can do all the work in the preparation of rubber, and Drinkel says that the climber is an energetic workman on the plantation every week day. His name is Sultan I. He is particularly efficient in washing an automobile, and serves dishes from the kitchen to the dining room. Sultan I. is also a jockey and an accomplished musician, being able to take part in the local Javanese orchestra. For recreation he enjoys cycling and card playing. Drinkel has made a hobby of training orang-outangs, and he says that in the anthropoid family of the ape, the gorilla is the only one which refuses to be tamed.

"BAYER ASPIRIN" PROVED SAFE

Take without Fear as Told in "Bayer" Package



Does not affect the Heart

Unless you see the "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-five years for

- Colds
- Headache
- Neuritis
- Lumbago
- Toothache
- Rheumatism
- Neuralgia
- Pain, Pain

Each unbroken "Bayer" package contains proven directions. Handy boxes of twelve tablets cost few cents. Drugists also sell bottles of 24 and 100.

Better Than Gas or Ether

In Chicago the other day a hypnotist put a patient to sleep in a dentist's chair and the dentist performed a long and painful operation on four teeth. The patient obeyed the instructions of the dentist, opening and closing her mouth on the proper schedule. She felt no pain. Plenty of things can be done with the mind when we develop more experts, who know how to use it.—Capper's Weekly.

Need for Speed

Dora—I can't stand Fred; he's such a slow coach.
Doris—You prefer the fast male, eh, dear?—Answers.

For Old Sores

Hanford's Balsam of Myrrh
Money back for first bottle if not suited. All dealers.

HALE'S HONEY OF HOREHOUND and TAR

There's nothing like this for breaking up colds—amazing relief to sore throats, head and chest—Safe—Money back. 30 cents at all drugists.

Long Enough

The young man's patience was nearly worn to a frazzle. For nearly an hour he had stood on the corner waiting for her. Finally she came up.

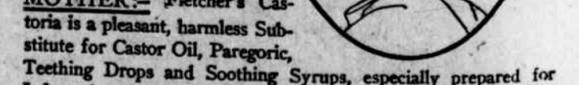
"Oh, John," she began, "I'm sorry I'm late, but do you mind waiting just a minute more until I can run in the store here?"

For a moment the faithful John only looked at her.

"Why, you don't really mind, do you, John?" the girl asked in surprise.

"No, I suppose not," he answered. "But I've been standing on this corner so long already, people think I'm a recruiting officer."

Children Cry for



Fletcher's CASTORIA

MOTHERS:—Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, especially prepared for Infants in arms and Children all ages.

To avoid imitations, always look for the signature of *Dr. J. C. Fletcher*. Proven directions on each package. Physicians everywhere recommend it.