

Too Much Meat.

(Philadelphia Times.)

Most people eat too much meat. This we all know. But do we all know that we die by eating? It is said we dig our graves with our teeth. How foolish this sounds. Yet it is fearfully true. We are terrified at the approach of the cholera and yellow fever, yet there is a disease constantly at our doors and in our houses far more dangerous and destructive. Most people have in their own stomachs a poison, more slow, but quite as fatal as the germs of cholera and yellow fever...

HOW DO WE DIG OUR GRAVES?

We must eat or we cannot live. This we all know. But do we all know that we die by eating? It is said we dig our graves with our teeth. How foolish this sounds. Yet it is fearfully true. We are terrified at the approach of the cholera and yellow fever, yet there is a disease constantly at our doors and in our houses far more dangerous and destructive. Most people have in their own stomachs a poison, more slow, but quite as fatal as the germs of cholera and yellow fever...

Experience has shown that there is put one remedy that can certainly cure this disease in all its stages, namely, Shaker Extract of Roots or Mother Seigel's Curative Syrup. It never fails but, nevertheless, no time should be lost in trying other so-called remedies, for they will do good. Get this great vegetable preparation (discovered by a venerable nurse whose name is a household word in Germany) and be sure to get the genuine article.

Mr. Thomas P. Evans, of the firm of Evans Bros., Merchants, Rockwell, Accomack Co., Va., writes that he had been sick with digestive disorders for many years and had tried many physicians and medicines without benefit. He began to use Shaker Extract of Roots or Seigel's Syrup about the 1st of Jan. 1887, and was so much better in three weeks that he considered himself practically a well man. He adds: "I have at this time one bottle on hand, and I could not get another if I wished to pay a few dollars for it."

All druggists, or Address A. J. White, Limited, 54 Warren St. N. Y.

POMONA HILL NURSERIES. CHEAP NURSERY STOCK. I have a large stock of BELL TREES. Two or three years old, good varieties that I will CLOSE OUT CHEAP.

PLUM & HERRY GRAPE. If you want anything in the Nursery line CHEAP, ESPECIALLY APPLE.

GO TO THE VARIETY STORE. Corner Main and Nash Streets. Groceries, CONFECTIONARIES, CIGARS, Tobacco, &c., &c.

W. T. CLIFTON. Land Sale. By virtue of the power contained in a mortgage deed executed to me by J. A. Pinnell on the 20th of April, 1884, which is recorded in Book 65, page 248, Register's Office Franklin county, I will sell on Monday, February 6, 1888, at the Court House door in Louisburg, at public sale, all the interest in the lands described in said mortgage, adjoining the lands of J. F. Wilson, J. H. Eaves and others.

DEEPEE WORDERS exist in thousands of forms but are surpassed by the marvel of invention. Those who are in need of profitable work that will enable them to live in comfort and ease should send their names to the inventor, A. W. Wilson, 100 South 10th Street, Philadelphia, Pa.

REWARD. I have a reward of \$100 for the person who will find and return to me the missing book of mine, "The Ladies Home Companion," published by the Ladies Home Companion Co., New York.

DO YOU WANT A DOG? If you want a DOG BARKER, containing colored plates, 100 illustrations of different breeds, prices, and where to buy them, send your name to the inventor, A. W. Wilson, 100 South 10th Street, Philadelphia, Pa.

DO YOU KEEP CAGE BIRDS? If you want the BOOK OF CAGE BIRDS, containing colored plates, 100 illustrations of different breeds, prices, and where to buy them, send your name to the inventor, A. W. Wilson, 100 South 10th Street, Philadelphia, Pa.

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LAND FOR SALE. I offer for sale 90 1/2 acres of land, a part of the Owen Davis tract in Louisburg township, Franklin County, N. C. The land can be found in the county for bright tobacco. About two-thirds of the tract is cleared. Parties desiring to purchase can come and see it, or address me at Louisburg, N. C. If not disposed of before, I will offer it to the highest bidder at the court house door in Louisburg, on Monday, February 6, 1888. One-half cash, balance on time. A. F. DAVIS.

NOTICE. By virtue of an execution in my hands in favor of J. S. Wynne, Guardian of Mary A. Moulton vs. W. K. Davis, H. M. Holden and others, I shall sell at the Court House door in Louisburg, N. C., on Monday the 6th of February 1888, all the interest, right and title that B. M. Holden has in and to the following lands to-wit: 5 1/2 acres on Richland Creek in Prentiss township, Franklin County, adjoining the homestead of B. M. Holden, Mrs. M. J. Holden, Mrs. Dora Strickland and others to satisfy said execution. Jan. 5, '88 H. C. KEARNEY Sheriff, Louisburg, N. C. Franklyn Co.

Administrator's Notice. Having qualified as Administrator on the estate of J. W. Pinnell deceased on the 13th day of December 1887, notice is hereby given to all persons indebted to the estate of said J. W. Pinnell, to make immediate payment, and all persons having claims against said estate will present them for payment on or before the 20th day of December 1888 or this notice will be pleaded in bar of their recovery. This 20th day of December 1887. J. S. POSTER, Adm'r. B. B. Massenburgh, Atty.

THE INVENTION. I have revolutionized the world during the last half century. Not least among the wonders of inventive progress is a method and system of work that can be performed all over the country without separating the workers from their homes. Pay liberal, any one can do the work either sex, young or old, no special ability required. Capital not needed; you are started free. (at this time and return to us and we will send you free something of great value and importance, which will start you in business, without requiring you in more money right away, than anything else in the world. Grand outfit free. Address Taura & Co., Augusta, Maine.

E. A. REDMOND. FRANKLINTON, N. C. CHOICE LIQUORS, WINES, CIGARS, &c.

H. O. ROSENTHAL. Special Bargains. A HANDSOME LINE OF O. K. Boys' Suits at Low Prices.

DAVID ROSENTHAL. PHOTOGRAPH GALLERY. I have fitted up a Gallery in Louisburg for making fine and Photo's.

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J. WHITE. WHOLESALE GROCERS. Commission Merchants. 24 ROANOKESQUARE. NORFOLK, Va. Prompt attention given to all orders by mail.

CITY BARBER SHOP. JIM Y ARBOUGH Proprietor. Coa. Nass St., Louisburg, N. C. Next Door to Dr. B. S. Foster's. Shaving Hair Cutting, Shampooing &c. ARTISTIC STYLE.

FRANKLINTON HOTEL. J. P. MASSENBURG, Prop'r. Good accommodations for the Travelling Public. Table furnished with the Best the Market affords.

J. A. FAULKNER. WATCHMAKER & JEWELER. LOUISBURG, N. C. DEALER IN Watches, Clocks, Jewelry and OPTICAL GOODS. REPAIRING A SPECIALTY.

JUNIOUS LEVISTER. BUILDER AND CONTRACTOR. Attention given to work in any portion of the State.

ALLEN & CRAM. MACHINISTS AND FOUNDRYMEN. RALEIGH, N. C. Orders for Special Machinery.

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MEAT FOR COTTON. Flour for Cotton. We are ready to deliver Meat and Flour for cotton. Our facilities for furnishing the farmers with supplies are equal to any house in the county and we intend to furnish them as low as any other house can and we think...

A Little Lower. BEST GUANO. ALWAYS ON HAND. Cow hides, Sheep Skins, and Furs wanted for which we will pay the highest cash price.

A MONSTROUS TIT! KIND FRIENDS: We would be glad indeed did not we feel ourselves under many obligations to you for the very liberal share of patronage you have given us during the past year.

FACTS ARE FACTS. WE TALK THE LIBERTY. Information that our Fall Stock of Groceries, Boots, Shoes, Hardware, Dry Goods, Notions, Clothing, Rockery, Tinware &c., is as complete as it is possible to make it, and the prices the LOWEST.

W. H. FURMAN JR. DRUGGIST. Main Street Louisburg, N. C. DEALER IN ALL THE STANDARD PATENT MEDICINES.

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