

CHURCH DIRECTORY
METHODIST
Sunday School at 9:30 A. M.

Professional cards
D. T. Smithwick, U. H. Banks
S. WITHWICK & BANKS

D. B. ARTHUR H. FLEMING, DENTIST
LOUISBURG, N. C.

D. R. J. J. MANN, PHYSICIAN AND SURGEON
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LOUISBURG, N. C.

M. F. BOUCK, CONTRACTOR AND BUILDER
LOUISBURG, N. C.

A SAILOR'S SERMON.

WHAT VICE ADMIRAL LORD CHARLES BERESFORD THINKS ABOUT DRINK.

His Reasons for Being a Teetotaler. The Demoralizing Effects of the Drinking Habit—Necessity of Temperance Teaching in Schools.

Lord Charles Beresford, commander in chief of the British Mediterranean squadron, gave the most unequivocal personal testimony to the benefits of abstinence in a speech recently delivered at Gibraltar.

When I was a young man," he said, "I was an athlete. I used to box a great deal, ride, steeplechase and races, play football and go through a number of competitive sports and pastimes.

When I put myself in training, which was a continual occurrence, I never drank any wine, spirits or beer at all. For the simple reason that I could not get fit quickly without taking any stimulants.

"The teetotalers use a strong argument with regard to some sections of the community. There is no doubt that these are people who, if they drink a very little, must drink a good deal. The people I refer to should exercise their pluck and drink nothing at all.

Quality vs Quantity. Hard muscles and strong body do not depend on the quantity of food you eat, but on its perfect digestion and proper assimilation.

PAY DAY AND DRUNKENNESS

The Week End "Jollification" of the Polish Workmen.

Of course a man who gets his pay envelope on Saturday night and who thereupon makes a human tank of himself in a sort of jollification because he has money in a pocket.

Work! Not for him. How can a man work with a splitting head and parched throat and remorse in his breast? So he lays off, and down at the place where he works his case is talked over, and somebody says: "We will give him one more chance, but only one more.

Liquor Detracting and Degenerating. The relation of liquor drinking to crime, insanity, idiocy, feeble mindedness, epilepsy and moral depravation is a great subject and one to which more attention should be given.

Here is a way to make ginger beer: Granulated sugar, five pounds; lemon juice, one teaspoonful; honey, one-fourth pound; brained ginger root, five ounces; water, five gallons.

Whipped cream on glasses of coffee frappe is a delightful afternoon refreshment. Mix four heaping tablespoonfuls of fine ground coffee with a quart of boiling water and a half cupful of sugar.

German newspapers report that during the fiscal year ended March 31, 1904, British East India imported 4,089,000 gallons of beer.

SHALL WE EDUCATE?

Does it Pay? A Comparison of Results.

In his essay on Burns Carlyle uses these words: "An educated man stands, as it were, in the midst of a boundless arsenal and magazine, filled with all the weapons and engines which man's skill has been able to devise from the earliest time.

When we stop for a moment and think that the children of to-day will be the citizens, the legislators, the governors, the statesmen of tomorrow—and when we think, too, that the welfare of the state and nation will be secure only in proportion as the citizenship is efficient.

In the new age for which the boys and girls must be prepared success will not depend so much upon caprice and fickle fortune as upon opportunity to grasp an opportunity.

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PRESERVE YOUTH AND HEALTH.

Avoid fear—in all its varied forms of expression. It is the greatest enemy of the human race.

Excursion to Norfolk. The Seaboard announces they will operate their first excursion from Raleigh, Durham and intermediate points to Norfolk, Portsmouth, Old Point, Pine Beach, Ocean View and Virginia Beach, Wednesday, June 15th.

Meeting Elks, Buffalo, N. Y., In July. The Seaboard announces if there are a sufficient number to justify it they will arrange to operate a special Pullman Sleeping Car to run from Raleigh through Buffalo to accommodate the Elks from Wilmington, Charlotte, Durham and Raleigh to attend the meeting of the Grand Lodge which will be held in Buffalo July 10th-15th.

Secure Health RIGHT AT YOUR DOOR. A Good, Pure Mineral Water at Little Cost.

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CONTINUE

Those who are gaining strength and energy by using Scott's Emulsion.

Notice. Having obtained a registration of a H. H. H. trademark.

Garnations, Roses and Violets OUR SPECIALTY.

L. T. HORTON PLUMBER AND STEAM FITTER.

TIRES SET QUICKER AND BETTER

Secure Health RIGHT AT YOUR DOOR.

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"old velvet rye" pure - old - velvety, the best for the price, sold everywhere, call for it at louisburg dispensary, louisburg, n. c.

Harper Rye "On Every Tongue." Certainly a most famous and best of the world's most famous and best, the rye which has graced the world.

Investment Securities A Bank has facilities for determining the value of marketable securities that are not always at the disposal of individual investors.

Facts Are Stubborn Things Uniform excellent quality for over a quarter of a century has steadily increased the sales of LEON COFFEE.

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