



# The Family DOCTOR

by JOHN JOSEPH GAINES, M.D.

## MARRIAGE

Hal! The oldest topic on earth... Why talk about that this morning? Well,—has it ceased to be important—or interesting?

One thing—our good editor, knowing my terrible superiority in years and human observation as a family doctor,—tells me to talk about anything I want to, and say it the way I am in the habit of doing.

The fact is, dear young man and young woman, there is no more serious topic in this world today than—Marriage... Nor is there a sacred, heaven-born privilege that has been more violated by errant humanity. Denounce the moralist as "old fogey," and I'll refer you to Reno and Hollywood!

The chief contract for human beings is the marriage contract. Nothing more sacred belongs to earth. I have nothing but contempt for those who willfully trample this beautiful arrangement in the swinish muck of commercialism and lust. And—must I say it? top often the press refers to marriage and divorce and public license as—a joke!

If you contemplate marriage as you should—as a sacred institution, you are a good man—a good woman; the minute you enter the married state with sinister designs, your pedestal as an angel is crumbling, tottering, with the whirlpool of tears and sorrow at its base!

Upon the sanctity of the marriage-vows, rests the security of this republic. When woman is prostituted—dragged down to the old testament level—man will become degenerated into the beast he was then, with his concubines and his harems and his queens selected for their fleshly attractions. Would you, dear reader, like history to repeat itself? No? Then, for heaven and humanity's sake, remember the marriage rites, and keep them holy. I speak for my race—my people—as Family Doctor.



# RAMBLING ROUND NEW YORK

with HUGH KENNY

New York jargon:  
 "The S.R.O. sign is out."—The standing room only sign is out. It's the sign of a theatre success.  
 The "Ei" or the "L."—Any of the various elevated railway lines.  
 The I. R. T.—The Interborough Rapid Transit subway line.  
 The B. M. T.—The Brooklyn, Manhattan Transit subway line.  
 "The Tube"—Hudson and Manhattan Subway Tubes running beneath the Hudson river to New Jersey.  
 "Grey's"—the famous little drug store at 43rd Street on Times Square that sells cut-rate theatre tickets.  
 "The House is papered"—the theatre has been filled by complimentary tickets.  
 "Annie Oakleys"—complimentary tickets, so named from circus days when Annie Oakley, the crack rifle shot of Buffalo Bill's Wild West shows used to shoot holes in cards as they were thrown into the air in rapid succession. "Annie Oakleys" are always punched to indicate that they are complimentary tickets.  
 "The Shuttle"—the subway train that runs four or five long blocks back and forth between Grand Central Station and Times Square, connecting the East and West side subway lines of the I. R. T.

## COMMUNITY SUCCESS

Success has been defined by a well known authority as the progressive realization of a worthy ideal.

This definition is in terms of individuals, but it can be applied equally as well to a business or a community.

It lays down the fixed principle that success is impossible without the element of a worthy ideal.

Therefore, communities that expect to be successful must have a worthy goal to which the energies of the people are directed.

Louisburg can expect to get ahead only by aspiring to achieve an aim that is within its reach, and by following a well defined program of action.

Nothing is impossible if the ideal is worthy and the people are "sold" on what they are attempting to do.

The residents of Franklin can make the county renowned the

world over.

They can also make it a community of homes where people really live and where children can be reared to become useful and valuable citizens.

So this is your little girl, said the social worker. And this little one in the cradle, I presume, belongs to the contrary sex?

Yeasum, said the mother. That's a girl too.

## Long - Used Laxative

To be bought and used as needed for many, many years, speaks well for the reliability of Theodor's Black-Draught, purely vegetable family laxative. Mr. C. E. Ratliff writes from Hinton, W. Va.: "My wife and I have used Theodor's Black-Draught thirty-five years for constipation,—tired feeling and headache. I use it when I feel my system needs cleansing. After all these years, I haven't found anything better than Black-Draught." Sold in 25-cent packages. Theodor's BLACK-DRAUGHT "CHILDREN LIKE THE SYRUP"



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## 4-H CLUB NEWS

### BOYS SHOW THE WAY

Thousands of 4-H club boys are showing their Dads a thing or two about the value of keeping certain records on the operations and business transactions of their farms. These boys have had more or less experience keeping records on their own projects and have come to realize that without the records they would have been at sea in trying to fix a value on the results. Farming is just as much in need of records, since running a farm is nothing more than conducting a number of projects closely resembling the projects of club members.

Many state club leaders have given the keeping of 4-H records a new value by making provisions for club members to keep books for their parents as a part of their club work. Iowa is an example. In Scott County 25 boys are keeping complete records of their home farms. Last year only four of the

fathers kept such records. This is the first year for this partnership record keeping in Iowa and the test is being watched with interest.

Tennessee state club leaders report that in a few counties as many as 40 boys are keeping records of their home farms, and farmers are finding that the information is necessary to work along with the Agricultural Adjustment program. This requires that all who sign contracts for reduced production furnish "proof of compliance" to the authorities.

One of the reasons for more general adoption of account keeping by farm people is that simple record books are now available—books that even a young person can keep. One of the nation's foremost business men and leaders in agricultural education, Alexander Legge, said on many occasions that the great need of the farmer and small business man was a system of record keeping. He attributed a large percentage of failures in both cases to the lack of such data.

Two or three French poodles with their black clipped bodies, bushy heads and their leg and tail pom-poms about the fashionable sections of town. They make me wonder if they'll be the next fad in fashionable dogs following the present vogue of Scotch Terriers and the older vogue of German Shepherds—erroneously known as "police dogs."

Summer's the time to see odd types in the East Side of New York! Grizzled old couples, the woman with the constant shawl over her head, sit side by side in chairs on many a sidewalk. Hundreds of well-upholstered women sit in their windows watching people in the street with passive interest. On Sundays clean white shirts are evident as boys and young men gather in groups, planning who knows what kind of amusements? And of course, the inevitable hundreds of little tots skipping and yelling on the sidewalks.

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## WHITE & HILL

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## Rush Allotments Warn Cotton Chief

Cotton growers who wish allotments under the Bankhead bill must file their applications with their county agents before the time limit is up, warns Charles A. Sheffield, of State College.

The State Allotment Board is now setting up its office at the College, he said, and farmers desiring allotments must not be held up by those who delay their applications.

In each county, the time limit for filing is 15 days from the time the first applications are received. Since some counties started acceptance of applications earlier than others, the dead line will vary in different places.

The applications are being accepted in most of the counties now and the other counties will begin right away, Sheffield stated.

The individual growers' allotments cannot be apportioned until all applications are in Sheffield explained, since the county allotments are to be prorated among the growers who apply for them. The prorating will be in accordance with the past production of each grower.

Sheffield pointed out that every cotton farmer is entitled to an allotment, even if he did not sign a contract. Contract signers will have the advantage of receiving benefit payments for their crop reductions while non-signers will not.

He said that all applications should be made on form BA9. When there are tenants on the farm, form BA9 should also be filled out and attached to form BA8.

## Plant Austrian Peas Advises Agronomist

Austrian winter peas make an excellent fall legume for improving almost any North Carolina soil, says E. C. Blair, extension agronomist at State College.

The peas are equal to crimson clover or vetch in soil building qualities and the seed is comparatively cheaper to sow although more seed is required, the planting rate being 30 pounds to the acre.

The best time for sowing is in September, preferably before the 15th, Blair said. The Austrian winter pea seed may be obtained from almost any seed dealer.

The seed may be broadcast in standing corn, cotton, or tobacco and covered with an ordinary walking cultivator. To avoid loss of cotton, the sowing should be just before the bolls open or right after the first picking.

Another way of seeding is to prepare the seed bed by shallow plowing or disking, then sow the seed and cover with a section harrow, Blair recommended.

The peas should not be sown with rye, as the two crops will not be ready to turn under at the same time. But they may be mixed with vetch or crimson clover to get good results.

Sown by themselves, the peas may be turned under earlier in the spring than either vetch or crimson clover.

Blair said that although this legume is new to this section of the country, it has proved to be an excellent legume and will probably increase in popularity as more farmers learn of its merits.

## Timely Farm Questions

Answered at State College

**QUESTION:** My chickens are six months old. Should they be vaccinated for chicken pox?

**ANSWER:** At this age, leg-horn pullets are about to come into production and vaccinating with chicken pox virus will set them back. It is best, therefore, to use pigeon pox virus when birds are to be vaccinated at this age. This virus does not produce as lasting immunity as the regular chicken pox virus but neither does it have so severe a reaction on the birds. Best results will be secured when the vaccinating is done at the age of 10 to 12 weeks.

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**QUESTION:** How much silage should be stored to carry a dairy cow through the winter?

**ANSWER:** This, of course, depends upon how long you want to feed the animal but the usual way is to figure three pounds of silage a day for each 100 pounds of live weight. A dairy cow weighing one thousand pounds will consume about thirty pounds of silage a day in addition to the hay and grain feed. This is a most economical feed and should be used liberally during the winter months.

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**QUESTION:** When should the crops grown for winter hay be planted?

**ANSWER:** The best time for planting barley, rye, vetch, Austrian winter peas, and crimson clover, when planted as hay crops, is between September 15 and October 15. This will allow for harvesting the next spring so as not to interfere with the principal summer crops. Oats should be sown between October 1 and November 1 with wheat being put in just fifteen days later. Extension Circular No. 187 gives the seeding rates of the various crops together with date of maturity and copies of this circular will be sent free upon request to the Agricultural Editor at State College, Raleigh.

## CIVIL SERVICE EXAMINATIONS

The United States Civil Service Commission has announced an open competitive examination as follows:

Press assistant, 84 cents an hour (based on 40-hour week), Government Printing Office. At least one year's experience as printing press assistant, including feeding, required. Feeding alone not sufficient. Closing date, September 4, 1934.

The wage named is subject to a deduction of not to exceed 5 per cent during the fiscal year ending June 30, 1935, as a measure of economy, and also to a deduction of 3 1/2 per cent toward a retirement annuity.

Full information may be obtained from J. A. Wheelless, Secretary of the United States Civil Service Board of Examiners, at the post office in this city.

In Rowan County, growers of lespedeza and clover say they will produce from two to four tons of dry hay an acre. All farmers are endeavoring to save all hay possible.

## POLLARD VISITS PRISON CAMP

Sunday afternoon, August 19th, Pollard went to the camp and gave the prisoners a beautiful service. He says he is very much impressed with the cleanliness of the place, the conduct of the men, and with the nice treatment he received from the officers. Our prisoners are in good hands and I take this opportunity to congratulate the Superintendent of the camp and his good officers. Pollard says he spoke to the men on prayer, obedience and politeness.

Sandy's friend met him with a group of sightseers at Niagara Falls.

Why, Sandy, what are you doing here?

I am on my honeymoon, said Sandy.

Where is your wife?

She didn't come. She saw the Falls two years ago.

With all of the innumerable weeks set aside, one was overlooked—Tax Reduction Week.

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