

**LOCAL NEWS**

**PERSONALS**



**The Family DOCTOR**  
by JOHN JOSEPH GAINES, M.D.

**THE HUMAN SKIN**

This wonderful envelope for our bodies, it seems to me, with its seven layers, is second in importance only to the brain. And, like the poor "we have it with us always."  
A young doctor, explaining why he had selected skin diseases for his specialty, is reported to have said "well, skin patients never require night visits; they never die and—they never get well." Those with experience can testify to his accuracy.  
I wish I had the space and time to say all I would about the skin, but I am limited to only gross statements here. The skin is full of pores—millions of them, which should never be plugged up on prolonged occasion; keep the pores open for a healthy skin.  
The best agent for maintaining a healthy skin is PURE WATER with the addition of mild soap. People spend hundreds of dollars for chemicals supposed to be "skin food." The best skin food comes from our daily dietary.  
A good bath tub and a coarse towel are the very best friends of man when properly used. The skin is not hard to take care of, if we but use common sense with practical judgment—Soda is a good bathing salt, as is boric acid; both should be kept in every household. Very few skin remedies will be needed if the surface of the body is kept in good, sanitary condition.  
It is not a good plan to try experiments on the skin. Merely to bathe with the idea of perfect cleanliness, and rub afterwards with the coarse towel, to produce a bright healthy glow is a good prescription. For any thing more elaborate, see your personal physician.

**The WOMAN'S ANGLE** by NANCY HART

Astrid, new Queen of the Belgians, was 28 last year, and can cook and take care of her husband's socks. Something new in royal domesticity?  
German frauen and frauens are reported to be leaving business for the home in greater and greater numbers.  
A novelty in make-up for the very festive party is green face powder and purple eye shade. It would take courage to wear it, but it certainly attracts attention.  
Giving a cocktail party? Well, even if you aren't, you may have a buffet supper, and by all means get some of those gaily colored tooth-picks, stick them into a big grapefruit until it looks like a porcupine and then impale green and ripe olives on the outer ends of the picks.  
Electric appliance manufacturers are forever bringing out new gadgets for the table. The most recent one is an electric biscuit baker—six to eight at a clip, cooked right on the table!  
During the winter the importance of a fine, smooth textured skin is doubly important when arms and shoulders are exposed by low-cut gowns. Use one of those long-handled bath brushes whenever you bathe, and use a body lotion or an oil if your skin is inclined toward dryness.  
For a simply prepared main course that may seem surprisingly fancy, prepare rice, and when partially cooked, drain it and fill a casserole to the depth of an inch or two. Small chickens or squab on top of the rice, and roasted in the oven make the meal complete.

added to the dairy ration during the dry period?  
ANSWER: In the lactation period a cow often draws on the mineral reserve stored in the bones and it is necessary to restore the calcium and phosphorus through minerals in the feed. The restoration of these minerals does not take place until the animal is dry hence the necessity for a good ration with plenty of minerals included. A poor ration, low in minerals, will result in an unthrifty calf and low production during the following lactation period.  
According to the most recent of the magazines in our dentist's outer office, business was never better, and 1928 may prove even a bigger year.—Borrowed.

**Timely Farm Questions**  
Answered at State College

QUESTION: What breed of chickens pay the most profit?  
ANSWER: The market demand for poultry products whether eggs, broilers, or both will govern the particular breed that will be most profitable on any one farm. Where there is a heavy demand for fresh eggs, the Mediterranean breeds such as the Leghorns probably offer the best opportunity. Where broilers and eggs are in demand, the heavier breeds such as Rocks, Reds, or Wyandottes would be best. The profit from any breed, however, depends upon the care, management, and feeding of the flock. For best methods in care and feeding see your local Farm Agent or write the Poultry Department at State College for desired information.  
QUESTION: When should lespedeza be sown on small grain?  
ANSWER: To avoid the late freezes lespedeza seed should not be sown before February and, in many cases, this seeding should be held off until about the first of March. The Korean variety germinates in about two weeks and, where this variety is used, the seeding should be made as late as possible. The other varieties germinate in about four or five weeks any may be seeded from two to three weeks earlier than the Korean.  
QUESTION: Should minerals be

**Declarations**  
True Friendship, I declare, Is something quite, quite rare. But he's a friend indeed Who's not a friend in need.  
—Robert Marko in Chicago Herald-Examiner.

**FOR SALE**  
One Fordson Tractor with Tractor Discs and one McCormick Shredder.  
H. A. MATTHEWS, Louisburg, N. C.  
2-1-1t

**MAN WANTED** for Raleigh Route of 800 families. Write today, Raleigh, Dept. NCB-123-8A, Richmond, Va. 2-1-1t

**MULES AND MARES**  
JUST RECEIVED SHIPMENT TOP MULES AND PERCHERON MARES ALSO SEVERAL CHEAP MULES FOUR SADDLE HORSES  
W. H. WESTER, JR., 2-1-3t HENDERSON, N. C.

**ANNOUNCEMENT**  
Owing to my recent accident, I will be unable to continue my practice for some time, and I wish to advise my patients that I have secured the services of Dr. A. H. Fleming, who will practice in my office in Franklinton Tuesday and Wednesday of each week until I am able to return.  
2-1-4t S. C. FORD.

**FORECLOSURE SALE**  
By virtue of power contained in a Deed of Trust, executed by C. T. Stokes recorded in the office of the Register of Deeds of Franklin County in Book 296, pages 363-364, default having been made in the payment of the debt therein secured, on request of the holder of the same, I shall sell by public auction, to the highest bidder for cash, at the Court-House Door in Louisburg, at 12 o'clock, Noon, on **MONDAY, MARCH 4th, 1935** the following described property: Beginning at the corner of Church Street and Nash Street in the town of Louisburg said county and state, the West side of Church St. and the North side of Nash St.; thence westwardly along Nash Street 64 feet to Mrs. F. E. Underhill's corner on Nash Street; thence along Mrs. Underhill's line, Northwardly 32 11-64th feet to a rock, corner in Mrs. Underhill's line; thence eastwardly along the line parallel with Nash Street 64 feet to a rock on Church Street; thence along Church Street Southwardly 32 11-64th feet to the beginning, containing 2,059 square feet and being the lot known as the Henry C. Yarborough lot and upon which is situated the building formerly occupied by Franklin Creamery.  
This January 31, 1935.  
B. H. PERRY, Trustee.  
2-1-5t

**GALVANIZED ROOFING**

5-V, 29 gauge, all lengths, at attractive prices.

**HAY AND FEEDS**

Just received a full stock of Choice Hay and Feeds for stock, including Molasses Feed, all at move quick prices.

**PLOWS AND CASTINGS**

We are fully stocked on the popular plow castings and a splendid line of plows. And have a stock of McCormick-Deering machinery.

**PLANT BED FERTILIZER**

We have the popular and well tested SMITH-DOUGLAS Blue Ribbon and other fertilizers for your plant beds.

**WHEN IN NEED**

of anything for the farm come and see us before you buy.

**LOUISBURG SUPPLY CO.**

(INCORPORATED)

J. P. TIMBERLAKE, JR.,  
MANAGER

**Monday is first Monday.**

The County Commissioners meet Monday.  
Recorder's Court will hold Tuesday of next week.  
Today is February 1st, one month of 1935 is gone.  
Cotton was worth 12 1/2 cents a pound in Louisburg yesterday.  
The temperature dropped to 7 above zero Monday morning.  
The Brown Cabin Studio, which has been in Louisburg for several weeks, has moved to Franklinton.  
"Bully" Spencer, who has been with Louisburg Dry Cleaners has taken a position with Pearce Dry Cleaners.  
Tobacco parity checks were being distributed in Louisburg the past week. It averaged around a cent a pound.  
As the result of a fall at his home on Kenmore Avenue Wednesday night, Mr. James Bledsoe is suffering from a broken leg.  
Mr. Mack Stamps, Jr., has moved his watch repair and jewelry business to F. W. Wheelers' Clothing Store. Read his advertisement.

**BUNN SCHOOL NEWS**

Published by Pupils of Bunn High School  
Chapel Program  
On Friday, Jan. 25, Miss Bryan's class, which is the eighth grade, gave a very interesting chapel program. The devotional was conducted by Martha Wheelers. A very interesting scene of "The Dialogue between Benjamin Franklin and the Gout" was given. A minuet representing the dances and costumes of Franklin's time was also given. Several members of the class then gave some sayings from "Poor Richard's Almanac." The program was very interesting and well conducted.  
Louise Marshall, Reporter.

**Bunn Beta Club**  
The Bunn Beta Club met at the home of Elizabeth Wiggs on Wednesday night, Jan. 23. The program was conducted by Lorene Gilbert after new and old business had been discussed. The program was concerning poetry. It was interesting and enjoyed by all. A social hour was then enjoyed by all. Hot chocolate, cakes and candy were served. The meeting was a success, but we regretted very much that our sponsor was forced to be absent.  
Louise Marshall, Reporter.

**HOME DEMONSTRATION DEPARTMENT**

Anne Benson Priest, Home Demonstration Agent  
Itinerary  
Feb. 4—Alert Womans Club.  
Feb. 5—Centerville Womans Club.  
Feb. 6—Mapleville Womans Club.  
Feb. 7—Pilot 4H Club; Pilot Womans Club.  
Feb. 8—Edward Best 4H Club; Justice 4H Club; Justice Womans Club.  
The Jr. 4H Clubs are studying a breakfast project and this month their subject has been cereals. Eris Day Finch, 11 years old and a member of Harris 4H Club gave this paper on cereals at her club.  
All growing boys and girls should eat a hot cereal every morning for breakfast because of the heat and energy it gives us. It also gives us a better appetite for other foods we should eat in order to get the amount of vitamins and minerals that we need to keep us in good health so we can come to school every day and be able to play outdoors.  
The Home Agent visited the Raleigh-Meat Cannery on Monday with a group of Home Agents.  
The following food leaders attended a Leader School conducted by Miss Mary E. Thomas, State Food Specialist, which was held in the Home Economics Laboratory at Mills High School on Tuesday: Mrs. B. L. Roland, Mrs. T. C. Gill, Mrs. N. H. Griffin, Mrs. P. M. Sykes, Mrs. W. S. Person, Mrs. G. C. Parrieh, Mrs. Oliver Perry, Mrs. W. H. Perry, Mrs. Felix Banks, Mrs. M. S. Clifton, Mrs. S. B. Nash, Mrs. C. C. Pippin, Mrs. J. S. Collie, Miss Grace Strickland, Mrs. Joseph Perry, Mrs. M. W. Bowden, Mrs. R. N. Johnson and Mrs. R. H. Johnson. Ten clubs were represented. The demonstration was on winter salads. These leaders will give their demonstration at their February club meeting.

**CHILDRENS COLDS**

**ENDED SOONER** without dosing  
**VICKS VapoRub**  
PROVED BY 2 GENERATIONS

**M O V E D !**

This is to announce to the people of Franklin County that I have moved my Jewelry and Watch Repair business to F. W. WHEELER'S Clothing Store, where I will be glad to give them the best of service at reasonable prices.

**M. STAMPS, JR.**

**SPECIALS** Friday, Jan. 25th to Friday, Feb. 1st **BUY NOW**



Either of these Special Premiums for only 100 OCTAGON COUPONS

Octagon Soap and Powder 10 for ... 23c  
Palmolive Soap 3 for ... 14c  
Super Suds 2 for ... 17c

OCTAGON LAUNDRY SOAP 10 for 00c  
OCTAGON SOAP POWDER 00 for 00c  
OCTAGON CLEANSER 00 for 00c  
OCTAGON TOILET SOAP 00 for 00c  
ASK US WHERE THE NEAREST PREMIUM STORE IS LOCATED.



**BAKER'S POWDER**, 1 lb. can ... 25c  
**AMMONIA** Quart Bottle ... 19c  
**PURE APPLE VINE-GAR**, gal. Bring Jug ... 28c

**MONOGRAM SUCCA-TASH**, 2 cans ... 25c  
2 Cans No. 2 Green **BLACK EYE PEAS** ... 25c  
2 lb. Jar "Certified" **MINCE MEAT** ... 23c

2 Cans 25c **STAR or RED DEVIL LYE**, Can ... 10c

**CHUM SALMON** 10c Can  
**HOMINY** 10c No. 2 1/2 Can

**MACARONI** 14c 3 Packages  
**TOMATOES** 25c 2 No. 2 1/2 Cans

Sliced Pineapple 20c No. 2 1/2 Can  
**PARD DOG FOOD** 25c 3 Cans

**DUNLOP SHIP STUFF**, 100 Pound Bag ... \$1.89

**"MURPHY'S SPECIAL" COFFEE**  
We Feature Quality Not Price—5 lbs. ... 85c

**GRAPE FRUIT**, 3 for ... 10c  
**White POTATOES**, 10 lbs. 18c  
**ORANGES**, dozen ... 15c  
**LETTUCE**, head ... 10c



**ROCK SALT**, lb. ... 1 1/2c  
Try "Wayne" Dog Food None Better at Any Price—Ask Us.

**SATURDAY MEAT VALUES**  
**FRESH PORK BRAINS**, lb. ... 15c  
**SLICED PORK LIVER**, lb. ... 12c  
**CO. PORK SIDE or SHOULDER**, lb. ... 19c  
**WESTERN LAMB CHOPS**, lb. ... 35c  
**CHUCK BEEF ROAST**, lb. ... 15c  
**FISH and OYSTERS**

**G. W. MURPHY & SON, LOUISBURG, N. C.**  
"WHERE A DOLLAR DOES IT'S DUTY"