

Homemaker's Pages



4-H Girls Keep House

By MRS. JOHN LAND

This is the second year twenty former 4-H Club girls have done cooperative housekeeping at Shelby House, University of Kentucky, Lexington. In this way a college course is within the reach of a number who could not otherwise meet the expenses. The idea was so successful the first year that there was a waiting list this year.

The girls do all the work, dividing the tasks into eight divisions and the girls into teams so as to avoid monotony and broaden the training in home-making. Credit is given at current prices for any supplies that may be brought from home. The total cost per girl the first year of the experiment was \$152, the food averaging twenty-five cents per day per girl.

Shelby House was named for the first

governor of Kentucky, having been built for his daughter as a present from him. It has been modernized by up-to-date electrical equipment so the girls have the benefit of time- and labor-savers.

The ages of the girls occupying the house run from 16 to 20.

Miss Anita Burnam, Field Agent in Club Work, and a house mother have supervision of the project. Among the girls occupying the house are a national champion in canning judging, state and county champions in canning, sewing, cooking, and livestock projects.

These girls are courageous and ambitious enough to undertake cooperative housekeeping in order to attend college. They do all the housekeeping and use many of their home products at current prices. Food costs during the first year of the undertaking averaged twenty-five cents per day per person.



Home Industries Revived

REVIVAL of home industries has received considerable attention of rural educational sources during the past year, and many county and state fairs hold striking displays of a wide variety of home handicraft reflecting a high degree of artistry and skill both in design and in craftsmanship. Hooked rugs, quilts, rag rugs, carpets and many other time accomplishments are coming back into their own. Many articles of furniture such as stools, chairs, tables, book-shelves and other things are being turned out in mountain homes and are finding ready sale.

Sweaters are made from native wool dyed with vegetable colors obtainable in this immediate vicinity have been a recent addition to the handicraft activity.

It has been predicted that this revival of home industries may lead to a widespread interest in homespun jeans, a fabric once widely used for men's clothing.

The restoration of homecrafts is important not only because of the monetary return it brings to rural sections, but also because it marks a determination to follow the live-at-home program, advocated by the educational agencies. Of deeper significance is the cultural implication.



Farm Women Meet

A program of interest to farm women of the nation was presented at the first annual convention of the Associated Women of the American Farm Bureau Federation in Chicago, December 6 and 7.

The convention dealt broadly with subjects of primary importance to farm homes and farm home-makers.

Miss Mary Sue Wigley, of Alabama, lecturer on economic problems of the home and citizenship; Miss Ella Gardner, Washington, D. C., formerly of the Children's Bureau, Department of Labor, and now in charge of applied recreation, United States Department of Agriculture; Mrs. Emily Newell Blair, Washington, D. C., Chairman, Consumers' Advisory Board, were among the featured speakers on the two-day program.

Associated Farm Women is an organization formed under the auspices of the American Farm Bureau, a year ago. Mrs. Abbie C. Sargent, Bedford, N. H., served as first president, Mrs. Ellsworth Richardson, Iowa, vice-president, Mrs. Florence B. Bovette, Nevada, secretary, and Mrs. Charles W. Sewell, Indiana, administrative director.

The organization is set up in 33 states. Among the state leaders were, Kentucky, Mrs. W. M. Oliver, Paducah; Maryland, Mrs. Harry Williams, Worton; Tennessee, Mrs. D. W. Bond, Jackson; Virginia, Mrs. Guy Roop, Snowville; West Virginia, Mrs. John G. Lang, Bridgeport.

In this December meeting, rural housing, homestead beautification, recreation for the farm family, preservation of native home industries, and legislation affecting women and children were subjects given careful consideration.

By proper cooking, savory and relatively cheap dishes can be prepared from the shoulder, breast, flank and neck of lamb. The flavor of lamb combines especially well with certain relishes and vegetables. Salads and flavorful dressings also may be used.



Above: Two women frequently work together on one rug.

Left: Basket weaving instruction is frequently included in the program of farm women's camps.

Below: A Home Demonstration group at Forest Grove School, Rappahannock County, Virginia, making hooked rugs.

Cold Weather Menus

Cold winter days throw a double burden on the planning of the daily menu, not only due to the more robust appetites of the entire family but to fortify bodies against colds, flu, grippe and the rigors of the weather.

Roasts provide especially nourishing, sustaining dishes for the main meal of the day. Baked ham, roast fresh ham, crown roast of lamb, roast chuck, stuffed shoulder of veal and baked stuffed spareribs provide a series of meals that will win the family applause.

From the housekeepers' standpoint roasts are satisfying since leftovers can be used to provide a number of attractive dishes. Sliced beef in mustard sauce from the remains of a roast makes a second appetizing dinner; then there is veal ranequins, meat pie, American chop suey, and any number of other ideas that clever cooks employ.

Griddle cakes give a little heavier breakfast, very satisfactory for January mornings. Happily there are an endless variety, all the way from plain griddle cakes through sour milk cakes, blueberry cakes, rice cakes, meat cakes, bread cakes and on and on.

Soups, too, meet the requirements of a winter diet. Both chowder and cream soups satisfy hungry January appetites. Chowder, by the way, is properly a stew rather than a soup. Originally made with clams, although any kind of fish can be used. The story goes that a party of French voyagers shipwrecked on our eastern shore, saved some potatoes, onions, bacon and a few tins of sea biscuit and one big pot of "chaudiere." They dug some clams and put them in the

Dainty and Demure

IN a striking contrast with styles of 1936, this charming costume, the height of fashion on southland plantations in the 19th Century, was designed by Travis Banton, to be worn by Margaret Sullavan (pictured on page 12) in the Paramount picture, "So Red the Rose." With a grey crepe foundation, an over-dress is made of grey organdy folds. The tucked organdy collar and cuffs are trimmed with neat little bows of black velvet ribbon.

