

pot with the potatoes, onion and bacon. When this concoction was cooked tender they added the sea biscuit and ate the dish with such relish that they continued the impromptu recipe and thus was born chowder.

One soup that is good in warding off colds is made with one cup of raw spinach one quart of milk 2 tablespoons of flour 2 tablespoons melted butter and a tespoon of salt. The spinach should be chopped or ground finely, be sure not to lose the juice. Heat the milk to the boiling point, add flour and butter, then the spinach and salt-cook about ten minutes.

- Sliced Beef in Mustard Sauce
 2 Bouillon cubes
 3 tablespoons butter
 2 medium onions
 4 tablespoons of flour
 1 tablespoons minced parsley
 2 tablespoons prepared mustard
 12 thinly cut slices roast beef
 salt and pepper.
 The onions chonned fine, should

The onions, chopped fine, should cook in the butter until yellow. Flour, parsley and bouillon should then be added. Stir until thickened, then add mustard, salt and pepper.

Veal Ramekins 3 cups bouillon

- cup rice pound diced cooked vent
- tablespoon chopped parsley mushrooms, cooked, chopped tablespoons white sauce
- eggs

salt and pepper. Cook rice in bouillon until tender, drain. Mix with veal and tongue cut in strips with parsley, white sauce and mushrooms. Add egg yolks and whites well beaten. Line small rame-kip with the rice, fill with the meat missare and steam for twenty min-



AFTERNOON FROCK l'attern 3095. Hollywood sponsors this stunning afternoon frock worn by Paramount's lovely Gail Patrick. It features a novel halter effect shirred to the collar and fastened in the back. The waist underneath is completed in one piece. Sleeves cut fashionably full add a finished touch. Pattern available in sizes 12, 14, 16, 18, and 20. Corresponding bust measurements 30, 32, 34, 36, and 38. Size 14 (32) requires 4½ yards of 39 inch fabric. AFTERNOON FROCK

SLENDERIZING

Pattern 3010. Print-ed shantung serves for this unusually for this unusually wearable and attractive house frock which features a slamming panel all the way down the front. Easy to make, this cotton frock will stand a world of service without losing its appeal. Pattern is designed for sizes 34, 36, 38, 40, 42, 44, and 46. Size 36 requires 46. Size 36 requires 5 yards of 35 or 39 inch fabric.



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