

HEALTH DEPARTMENT

Dr. R. F. Yarborough, County Health Officer

Tubercular Clinic

During the week of July 6th Dr. Papineau, a specialist from the North Carolina Sanatorium, will hold a Tuberculosis clinic in Louisburg.

Recent improvements in the fluoroscope have made it possible by fluoroscopic examination to detect practically all tuberculous lung lesions of clinical significance. Dr. Papineau will have with him a fluoroscope which will be used in this clinic and will enable him to examine patients more quickly and more accurately than by physical examination alone.

All contacts and those who have suspicious symptoms of Tuberculosis should come to this clinic.

It will be absolutely necessary to make an engagement for examination at this clinic as every hour is expected to be filled. Come to the Health Office as early as possible and make an engagement.

A case of small pox has been reported from Franklinton township. Vaccination is recommended for all.

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Pulmonary Tuberculosis or Consumption as it is frequently called, is a germ borne contagious disease.

It is believed (by many of the laity) to be hereditary, but this is not true. Statistics show no infection at birth. At the age of twenty (10) per cent show signs of tuberculosis infection, at four 25 to 30 per cent, at from 5 to ten 50 per cent, at 15 between 60 and 75 per cent. Statistics show nine out of ten adults in this country have been infected with Tuberculosis. The vast majority never become diseased.

Infection and disease. Between infection and disease there is a very definite distinction. Tuberculosis infection means that the germs are present in the body, without giving any manifestation of the disease.

Tuberculosis disease means that the germs have found a chance to grow in the body, to produce poisons to destroy the tissues of the lungs, thus frequently producing well known symptoms. Tests show that most adults are infected with tuberculosis, as a rule not more than two in every one hundred develop tuberculosis disease.

Resistance: Everyone has a normal wall of resistance against disease, and especially against tuberculosis. When tubercular germs enter the body of a person the natural defenses of the body become engaged in wailing off the intruding germs, this prevents them from causing evidences of the disease. The person is said to be infected, and whether he ever becomes diseased depends entirely whether this defense wall holds. Germs are harmless and may remain so for years. But the tubercular germ itself has peculiar powers of resistance, and if the wall breaks it seizes its chance. The break down of the resisting wall is due to two sets of causes—environment and personal. Among environment, some of the causes are bad housing and living conditions, insanitary surroundings, lack of medical and hospital facilities. Personal causes that break down resistance include contributing diseases, such as influenza, measles or scarlet fever, lack of proper food, worry, faulty habits of cleanliness, diet and exercise.

Symptoms of Tuberculosis: Symptoms of tuberculosis are of two kinds, local and constitutional. Local symptoms are due to definite changes in the lung tissue caused by the growth of the tubercular germ. Constitutional symptoms are due to entrance in the blood stream of products from the diseased area, cough and expectoration, a continued tired feeling, hoarseness, fever, rapid pulse, chills, loss of strength and appetite. All these are warning signals. The person who has a cough frequently fails to consult his physician because his trouble seems to him nothing more than a bronchial cold. To be on the safe side a physician should be consulted when a cold lasts over six weeks.

Statistics show that for every death from tuberculosis there are nine active cases and nine arrested cases. Infection: To contract pulmonary tuberculosis, there must be contact with a person having the disease or an inhalation of the germs, as the result of careless expectoration of such a person. By using food or drinking utensils, towels, napkins, bed clothes and other things used by a tubercular person. Kissing by a tubercular person should be avoided. Some of the many rules to avoid disseminating tuberculosis: A patient who has tuberculosis should if possible go to a sanatorium, if unable to do this a special room should be built for the patient. The tubercular patient should sleep in a room to himself, have separate bed clothes which should be laundered separately.

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Awarded Gold Medal



NEW YORK Owen D. Young (above), international figure in the worlds of industry and finance, has been awarded the fellowship and gold medal of the Society of Arts and Sciences for 1936 "for his contributions to this is the 54th annual award by the Society of Arts and Sciences.

ately, should use separate eating and drinking utensils which should be sterilized after using. Should use sputum cups to spit in, paper napkins to sneeze and cough in. These should be burned after use. Avoid kissing and all intimate contact with every one. These are some of the many rules.

CARD OF THANKS

Please accept our thanks for the many kind deeds rendered, and loving sympathy shown us, during the sickness and death of our dear father and husband.

I am sure we shall never forget the many friends who paid visits of love during his short illness.

Those deeds of kindness will always be tenderly remembered by us.

Mrs. R. P. Dement and Family.

PHONE 283 FOR FIRST CLASS PRINTING

Lady's Painful Trouble Helped By Cardui

Why do so many women take Cardui for the relief of functional pains at monthly times? The answer is that they want results such as Mrs. Herbert W. Hunt, of Hallsville, Texas, describes. She writes: "My health wasn't good. I suffered from cramping. My pain would be so intense it would nauseate me. I would just drag around, so sluggish and 'so-jess'. My mother decided to give me Cardui. I began to moon. That tired, sluggish feeling was gone and the pains disappeared. I can't praise Cardui too highly because I know it helped me." "If Cardui does not help YOU, demand a physician."

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FRANKLIN COUNTY FARM ITEMS

By W. C. Boyce, Assistant County Agent

Soil Conservation Program

The Soil Conservation Program for Franklin County is progressing very nicely at the present time. There have been quite a few misunderstandings among the farmers as to what it all means. A great many people thought that if they signed the work sheets that they would be limited to a certain number of acres of cotton and tobacco to plant and a certain number of pounds to sell, similar to the old A.A.A. This, as most of us know, is an error.

Letters have been written from the County Agent's office to each and every farmer who has not signed a work sheet, attempting to explain to growers just what the program means; that he was under no obligation in filling out the work sheet; that the information called for on the work sheet was for the actual number of acres planted on the farm for the year 1935 to the various crops, and the average for the different crops before the A.A.A. program started. There is not one word on the work sheet as to what is to be planted this year. The biggest thing about the work sheet is to establish bases for other crops, such as corn, potatoes, wheat, oats, vegetable crops, and legume crops, and the purpose of this is to establish adequate bases on every farm that has been cultivated since 1930, and bases for crops adequate for the personnel of the farm. Of course in cases where a farmer has bought a farm that has not been farmed since 1930, and has bought it for the purpose of making a living and not for speculation, it is the desire of the program to establish bases of the different crops suitable for that particular land.

Cypress Creek Township at the present time is leading the county in the percentage of work sheets filled out. I am listing below the names of the townships and the number of work sheets filled out and the percentage of same, so every one can see how his particular township stands, and those interested in seeing their township get a better sign up will be doing their neighbors a favor if they request them to come to the County Agent's office and fill out their work sheet if they have not already done so.

Table with 4 columns: Township, No. of work sheets, No. Filled, Percent. Rows include Cedar Rock, Cypress Creek, Dunn, Franklinton, Gold-Mine, Harris, Hayesville, Louisburg, Sandy Creek, Youngsville.

We are going to have to discontinue accepting these work sheets beginning in the next few days, as we must begin tabulating them, and the rules for tabulation calls for the listing in alphabetical order by townships of all work sheets filled, which is the reason we are so anxious to get all work sheets filled out and in the office at once, for those persons who are interested in cooperating and receiving the adjustment payment this fall.

A person who knows he is not going to be able to cooperate this year is requested to fill out a work sheet for his farm just as though he were going to cooperate, for the trend in agriculture in the United States in the majority of the farming classes is for some form of control and adjustment. Therefore it will be necessary for each and every farmer to file a work sheet, so at some future date, should a law be passed controlling the number of pounds of crops that can be sold in respective counties, there will be on file in the County Office, a record of each person's crop, and we will know the exact number of acres planted in the County in the year 1936, which will in

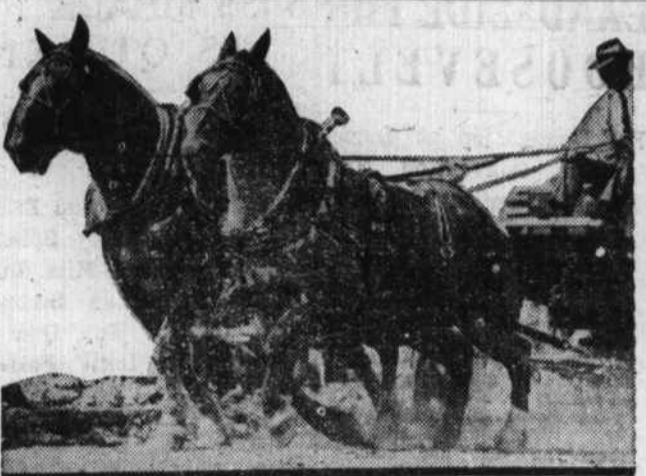
turn give the County a better claim for asking for proper adjustments for the County in order that they in turn may do justice to each and every farmer in the County.

CARD OF THANKS

The family of John Privette wishes to thank all the friends who visited him in his sickness and death. Those who loaned cars, gave flowers, expressions of sympathy or helped in any way in the time of our bereavement. Mr. and Mrs. Sam Privette and Family.

Advertisement for Mint Springs featuring a product image and text: CHANG TO Mint Springs, AND KEEP THE CHANGE 90 PROOF, GLENMORE DISTILLERIES CO., Inc. Louisville • Owensboro

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And here's another example of Nature at her best—Natural Chilean Nitrate. This nitrogen fertilizer is favored by Nature with the champion's vital spark—the natural balance of the elements that make a champion. Into Chilean Nitrate Nature blended the vital impurities—the combination of many major and minor elements over and beyond nitrogen. Through countless centuries, Nature has aged and matured this nitrogen fertilizer in the ground, that you may return it to your ground as the safe, sure, balanced food for your crops.

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One lot ladies Hats up to \$1.98 47c - 79c to go at

Batiste Gowns and Pajamas, all sizes 98c

New lot Curtains with wide ruffles, Ecru color, pair 98c

One lot Childrens Sun-back Dresses, All sizes 49c

Men Suits in Cresco Linen, sanforized in single and double breasted, Special \$9.50

Men Tropical Worsted in many neat styles, regular price \$14.95 to \$19.50 \$9.85

Men All Wood Suits and Serges we are offering a big reduction for the next 30 days.

Men Straw Hats in all sizes in soft and stiff brims, Special this week 45c

All Men, Women and Children White Shoes, A Special Close-out Price. See them before you buy.

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