

HOME DEMONSTRATION DEPARTMENT
Lillie Mae Braxton, Home Demonstration Agent
Schedule April 8-13
 Monday—Morning, Epsom; Afternoon, Office.
 Tuesday—Morning, Justice, Edward Best, H. R. W. L., 4-H Clubs; Afternoon, Oswego.
 Wednesday—Morning, Harris and Pearce 4-H Clubs; Afternoon, Wood.
 Thursday—Morning, Office; Afternoon, Mitchiners, Hickory Rock.
 Friday—Morning, Home Visits; Afternoon, Bunn.
 Saturday—Morning, Office.

Franklin County Club Women Plant Dixie Red Raspberry Plants
 Seventeen club women in Franklin County have just received an order of one hundred and twenty-seven Dixie Red Raspberry Plants to add to their gardens. Several others are adding small fruits or berries to their gardens by exchanging plants and getting strawberry, raspberry, and dewberry plants from friends.

Poster Contest For School Children
 In order to give publicity and create an interest in Better Homes Week which is April 28-May 4, there is to be a Poster Contest open for all School Children in the County. A prize of \$2.50 is offered for the best poster in each of the following groups: High School, Grammar Grades, and Primary Grades. The Posters are to be 22 inches x 14 inches and are to bring out some phase of Better Home Life as good planning, better conveniences, cleaning methods, more attractive and livable homes. The best poster from each group is to be sent to the Home Demonstration Agent's Office by April 24 where they will be judged for the best in each group.

The 4-H Club girls and boys are cooperating in the movement to have better home gardens in the County by having gardens for projects. Martha Parrish of the Gold Sand Club has planted a strawberry patch sufficient to meet the needs of strawberries for her family.

EPSOM FARMERS CONDUCT SOCIAL
 Epsom farmers climax Evening class work, with an educational program sponsored by J. T. Griffin local Agriculture teacher, with a barbecue dinner at Weldon's pond Monday night.
 Ninety-two plates of barbecue were served local farmers and invited guests. The program consisted mostly of brief talks by guests, and activity reports by the Agricultural Teacher. Talks of an agricultural interest were made by Mr. W. C. Boyce, Franklin County Farm Agent; Mr. Bright, Warren County Farm Agent; Mr. Sanders, Vance County Farm Agent; Mr. Eagles, of the Soil Conservation Service, in Franklinton; Mr. Willie Lancaster, President of Louisburg Chamber of Commerce; and Mr. W. R. Mills, Supt. of Franklin County Schools.

As reported by the teacher of Agriculture, there were ten classes conducted in the Epsom Agricultural building for the purpose of studying farm problems. The group met each Monday night for a series of ten weeks, and the following topics were used in the classes: Feeding Swine, Soil Improvement Crops, Boll Weevil Control, Soil Conservation, Livestock Farming, Sweet Potato Production, The Soil, (a motion picture), Seed Treatment, The AAA Program for 1940, and Balanced Farming for 1940-1950.
 There were 112 farmers attending the classes with an average attendance of 53. One half of the classes were taught by the Agricultural teacher and one half by outside agriculturist.

Five National forests in North Carolina contributed \$9,882.74 to the State as 25 per cent of the gross receipts from operating the forests in 1939.

Doctors Say KEEP BOWELS OPEN During Cold Epidemics

When colds are all around you, don't let weak spots in your defense arise due to constipation. "Keep Regular," many physicians advise.
 For constipation and its strength-sapping symptoms; headache, biliousness, sluggishness, dizziness, sour stomach, use a laxative that acts thoroughly but not harshly. An ideal one is Dr. Hitchcock's All-Vegetable Laxative Powder, which acts thoroughly, but usually with gentleness when taken as directed. It contains pleasant-tasting aromatics, carminatives and what is known by medical authorities as a gastro-intestinal tonic-laxative. It helps tone sluggish bowel muscles.
 Dr. Hitchcock's Laxative Powder costs less than 1c a dose. Get it at any drug counter. 10c, 25c. (adv.)

ELECTRIC RATES HERE ARE COMPARED WITH AVERAGE IN STATE AND NATION

The Federal Power Commission has recently issued report, on average electric rates, which makes possible a comparison of rates in Chapel Hill with those in North Carolina and in the United States.
 Here are rates for certain volumes of consumption:
Residential:
 25 kilowatt hours: national average, \$1.53; North Carolina average, \$1.50; Chapel Hill, 95 cents; LOUISBURG \$1.75.
 100 kwh: national average, \$4.22; state average, \$4.06; Chapel Hill, \$3.30; LOUISBURG, \$4.75.
 250 kwh: national average, \$7.60; state average, \$7.53; Chapel Hill, \$6.50; LOUISBURG, \$8.50.
Commercial:
 50 kilowatt hours: national average, \$2.86; North Carolina average, \$2.73; Chapel Hill, \$2.15; LOUISBURG, \$4.00.
 375 kwh: national average, \$17.18; state average, \$16.97; Chapel Hill, \$13.78; LOUISBURG, \$15.75.
 750 kwh: national average, \$33.09; state average, \$29.81; Chapel Hill, \$23.40; LOUISBURG, \$25.85.
 The Federal Power Commission found that the lowest average charge for a state for 25 kilowatt hours was \$1.07, in Tennessee, while the highest was \$2.30, in New Mexico.
 The average for 25 kilowatt hours in South Carolina is \$1.42, which is 8 cents lower than in North Carolina. For 100 kwh residential, the average charge is \$3.92, lower by 14 cents than the North Carolina average.

LOUISBURG BOY JOINS U. S. NAVY
 Vernon D. Peoples left Wednesday, March 27, 1940, for Raleigh, where he took final examination for enlistment in the U. S. Navy. He was sent to Norfolk Naval Training Station for recruit training and service school. His many friends wish for him success.

4-H CHAMPION OF LIVESTOCK SHOW



The boy with the handsome Hereford steer above is Q. S. Leonard, Jr., of Louisburg, Franklin County, and the calf, "Billy," which won for him the grand championship of the beef cattle show. The scene shows young Leonard parading his calf around the ring before hundreds of spectators at the auction sale which brought the 4-H Club boy 28 cents a pound for his 1,035 pound steer.

Q. S. Leonard, Jr., Mills High School 4-H Club Boy, exhibited the Grand Champion Steer of the Eastern Carolina Fat Stock Show at Rocky Mount March 14-15. Following the Show, the year-old 1,035 pound calf was sold at Auction for 28c per pound. In addition to the sale price of the calf, young Leonard won \$12.00 in prize money, a leather halter for showmanship, and was awarded an engraved Gold Loving Cup by the Rocky Mount Junior Chamber of Commerce.

This calf was exhibited at the North Carolina State Fair last Fall by Jack Rogers of Haywood County. "Q. S." purchased him at the sale following the Show at the State Fair for 15c per pound. At that time the calf weighed 675 pounds. After five months of feeding the calf weighed 1,035 pounds making a net gain of 360 pounds. During this period he was fed a concentrate mixture of crushed corn and oats and cotton seed meal together with plenty of legume hay. In addition to this feed, he was given access to a nurse cow.

"Q. S." kept a record of the feed cost which amounted to

\$38.50, not counting the cost of the feed for the nurse cow. This amount together with the original purchase cost of \$101.25 made a total cost of \$139.75. At the Rocky Mount Show the calf sold for \$289.80, plus \$12.00 prize money, making a grand total of \$301.80 subtracting the cost leaves a profit of \$162.05 for the work of feeding.

This is the fourth calf "Q. S." has fed, having previously exhibited calves for two years at the North Carolina State Fair and one year at the Eastern Carolina Fat Stock Show. He plans to purchase another calf to feed out for the Show at the State Fair next Fall just as soon as one of desirable type can be found.

There are five other 4-H Club boys in the County who also wish to purchase calves and a trip is now being planned to carry these boys to see some herds from which suitable calves may be bought.

EDWIN P. BARNES, Assistant County Agent.

The fellow who bends over backwards to please his wife is obviously spineless, says "Pete" Shearin.

Customer—I won't be able to pay for this suit for three months.
 Tailor—Oh, that's all right. Don't worry.
 Customer—Thanks. When will it be ready?
 Tailor—In three months, sir.

RENEW YOUR SUBSCRIPTION.

6 "EXTRA" HELPS quickly relieve DISTRESS OF CHILDREN'S COUGHS DUE TO COLDS

DON'T "take chances" with unknown products to relieve discomfort of your child's spasmodic croupy coughs caused by colds. Use "Children's" Muterole. Muterole gives such QUICK relief because it's not "just an ordinary salve." Rub it well on your kiddie's chest, throat and back. It soothes and stimulates surface circulation and helps break up local congestion and pain. Its soothing vapors ease breathing. 40c. Approved by Good Housekeeping Bureau.



H. G. Dozier was elected a member of a committee to represent Albemarle truck growers at a conference in Washington to revise AAA regulations, announces L. A. Powell, Extension farm agent in Currituck County.

THE MORE WE KEEP OUR MINDS ON OUR BUSINESS THE MORE LIKELY THERE IS TO BE SOME BUSINESS.

FOR FIRST CLASS PRINTING PHONE 283-1

UNCLE NATCHEL SAYS: SONNY, DAT SQUIRREL SHO' LAKS NATCHEL FOOD-NATCHEL, YAS SUH!



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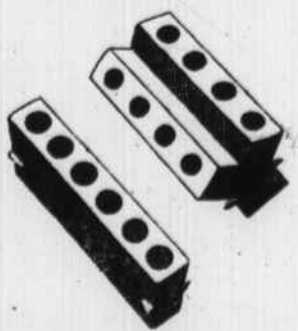
Again!
FORD LEADS IN ECONOMY

Official Results GILMORE-YOSEMITE ECONOMY RUN, JAN. 4, 1940, SHOW FORD BEST IN GASOLINE MILEAGE OF ALL THREE VOLUME SELLERS

'39 FORD V-8 "85" 24.57 MI. PER GAL.

'40 FORD V-8 "85" 24.92 MI. PER GAL.
 2ND VOLUME SELLER 22.87 MI. PER GAL.
 3RD VOLUME SELLER 22.54 MI. PER GAL.

8 CYLINDERS MORE ECONOMICAL THAN 6



Look at the official records! Year after year Ford's compact, efficient V-8 engine shows better gasoline mileage than engines with fewer cylinders. And in addition to greater economy—you get added pickup, smoother traffic control and longer engine life.

America's highest priced cars all have "V" type engines. All Ford-built engines are "V" type.

BESIDES GREATER ECONOMY FORD V-8 GIVES YOU

- Biggest hydraulic brakes ever used on a low-priced car.
- Smart styling—inside as well as out.
- Smooth power and fast getaway.
- Exclusive "glide-ride"—with new ride stabilizer.
- Roomiest Ford interior ever built—with floating-edge seat cushions.
- The only low-priced car with a V-8 engine.

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