

### OUR DEMOCRACY — by Mat

#### "SECURE IN THEIR PERSONS."

OVER THERE



**DICTATORS AREN'T INTERESTED IN ANY BILL OF RIGHTS.**

PEOPLE WHO OPPOSE THEIR IDEAS OR WISHES ARE APT TO BE KILLED OPENLY, WITHOUT TRIAL, OR TO BE TAKEN AWAY TO DISAPPEAR.

OVER HERE



**THE RIGHT OF THE PEOPLE TO BE SECURE IN THEIR PERSONS, HOUSES, PAPERS, AND EFFECTS AGAINST UNREASONABLE SEARCHES AND SEIZURES, SHALL NOT BE VIOLATED.**

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### How One Woman Lost 20 Pounds of FAT

Lost Her Prominent Hips  
Lost Her Double Chin  
Lost Her Sluggishness

Gained a More Shapely Figure and the Increase in Physical Vigor and Vivaciousness Which So Often Comes With Excess Fat Reduction

Thousands of women are getting fat and losing their appeal just because they do not know what to do. Why not be smart — do what thousands of women have done to get off pounds of unwanted fat. Take a half teaspoonful of Kruschen in a glass of hot water first thing every morning to gently activate liver, bowels and kidneys — cut down your caloric intake — eat wisely and satisfyingly — there need never be a hungry moment!

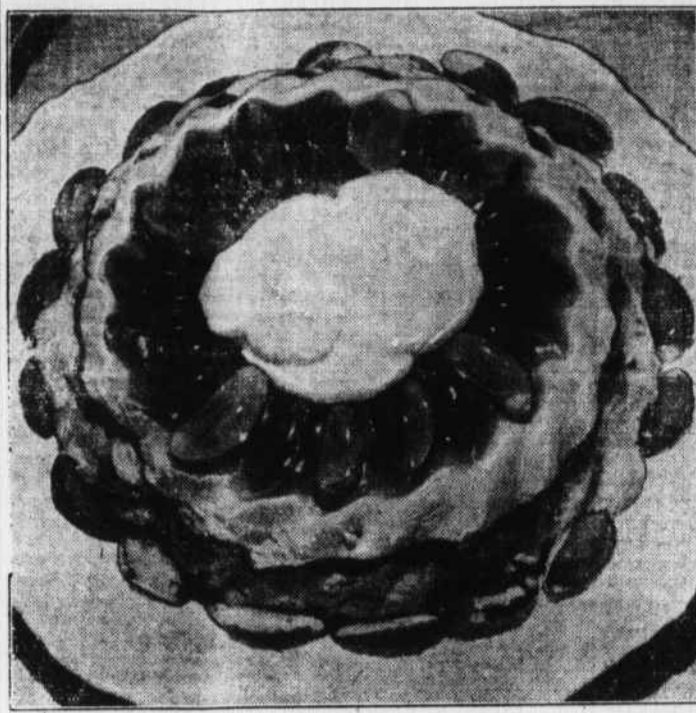
Keep this plan up for 30 days. Then weigh yourself and see if you haven't lost pounds of ugly fat. Just see if this doesn't prove to be the surprise of your life and make you feel like shouting the good news to other fat people. And best of all a jar of Kruschen that will last you for 4 weeks costs but little. If not joyfully satisfied — money back.

T. L. Gariand in the Harrell township of Mitchell County has increased his hay yield from one-half ton to one and one-half tons per acre through the use of lime, phosphate, and lespedeza.

Hitler gives certain individuals the Iron Cross and most any country the double.

**WRITE A WANT AD CASH IN ON STUFF IN THE ATTIC**

### Here's Brazilian Mocha Charlotte



**STUDD** with slices of creamy Brazil nuts, the simple "charlotte" goes royal and, crowned with cream, is worthy of the name of an English queen. Brazil nuts are the "gems" set into this shimmering gelatine mold that's as full of flavor as a cup of coffee and smooth and creamy at the same time. It's the nut — to the Queen's taste, and you make it with this recipe:

**Brazilian Mocha Charlotte**  
 1 cup heavy cream  
 1/2 cup whipping cream  
 1/2 cup milk  
 1/2 cup sugar  
 1/2 cup vanilla  
 1/2 cup coffee  
 1/2 cup Brazil nuts  
 1/2 cup gelatine  
 1/2 cup water  
 1/2 cup cream cheese  
 1/2 cup powdered sugar  
 1/2 cup lady fingers

Beat heavy cream with water. Beat lady fingers. Beat slightly and combine with gelatine and

needed. Soften gelatine in cold water. Add hot coffee and sugar. Stir until gelatine is dissolved. Chill until mixture begins to thicken. Slightly arrange sliced Brazil nuts in decorative pattern on bottom of mold. "Anchor" these nuts into place with a thin layer of clear coffee gelatine. Chill until set. Beat cream cheese until smooth. Add remaining gelatine. Add whipped cream (not too stiffly beaten) and vanilla. Chill until it begins to set. Then pour a thick layer of coffee cream over the other layer in the mold. Again chill until set. Cover with sliced Brazil nuts. Decorate mold with lady fingers and sliced Brazil nuts. Fill mold with remaining coffee cream. Chill in mold and serve. Makes 8 servings.

THINK! **"Home of The Thrifty"** THINK!

HAVE MONEY! HAVE MONEY!

### DON'T BE "HOOKED" Have Money

**GET-RICH-QUICK** schemers have "hooked" many a man and got his hard-earned money. These schemers are not all dead yet . . . and they have not quit "working" the "easy marks." Ask some level-headed man before YOU bite or they may land you in their net.

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### Timely Farm Questions

Answered at State College

**QUESTION:** What is the value of phosphate as a fertilizing material?

**ANSWER:** Phosphates are essential in the production of healthy, vigorous plants. Animals require phosphate as well as calcium in the building of strong and healthy bone structures. In the production of plants, therefore, State College animal husbandmen say that it becomes of great importance that plants receive the required phosphate so that, in turn, animals may receive their requirement through their diet, which consists of plants.

**QUESTION:** What equipment is needed in canning pork?

**ANSWER:** In a new publication on this subject, Mrs. Cornelia C. Morris, Extension economist in food conservation and marketing, says that a pressure canner is very necessary in canning meats. Other methods are not safe. Meats require a high temperature to insure sterilization, and it is almost impossible to get this high temperature without steam under pressure. The new publication mentioned is Extension Folder No. 48. It will be sent free upon request to the Agricultural Editor, N. C. State College, Raleigh.

**QUESTION:** What are some of the values of taking a farm inventory?

**ANSWER:** C. D. Thomas of the Extension farm management department at State College has listed a few advantages of farm inventories, as follows: It is necessary to determine accurate farm income. It shows the total investment in farm business. It gives a valuable list in case of fire. It is useful in the case of a farm sale. It is very important in mak-

### Earthquake Hits Eastern Section

Boston.—An earthquake centering in New England and felt from southern New Jersey to Montreal, Canada, early Friday shook heavy buildings, caused slight damage and threw thousands of persons into panic.

Professor L. Don Leet of the Harvard University observatory at Harvard, Mass., said it appeared to be strongest just south of Lake Ossipee, N. H., and that it lasted 29 seconds. He timed it at 2:27:29 a. m. (EST).

Awakened by the rumbling as their homes swayed, men, women and children in cities as far west as Rochester, and Syracuse, N. Y., arose in alarm.

In numerous cases, persons reported they were thrown from their beds, and in one instance, a baby from a crib.

Land grant college officials have suggested that the 4-H Club for farm youths be put on an international basis, and that one or more clubs be started in the Southern Americas.

### Women get "Build-up"

A good way to relieve periodic discomfort from functional dysmenorrhea due to malnutrition, such as headaches, nervousness, cramp-like pain, many women find is by using **CARDUL**. It usually sharpens appetite, increases flow of gastric juices, and so aids digestion, helps build resistance to periodic distress. Another way **CARDUL** may help you: Take it a few days before and during "the time." **CARDUL** has been popular for 50 years.

### But It's True

**JAMES KILDUFF** OF BONES HILL, AUSTRALIA, NEVER WENT SWIMMING UNTIL HE WAS 57 YEARS OLD, AND THE FIRST TIME IN THE WATER HE SWAM FIVE MILES!

A COW BELONGING TO MRS. AUGUSTA FRENCH OF CATHERINE, TENNESSEE, HAS A BRAND THAT IS SO LONG IT DENIES ON THE GROUND.

THE LEADING ENGLISH AUTHORITY ON ANTS IS SIR JOHN BURNHAM, AND HE WAS BORN WITH ONE ANGLE.

"BETHEA HEINRICH" OF WILHELMSDORF, GERMANY, HAS LIVED AT LEAST A FULL YEAR IN NINE DIFFERENT COUNTRIES.

Mrs. Henric, born in Alsace 82 years ago, was the wife of the late Johans Henric, a munitions executive. She traveled with him 20 years while he was attempting to establish contacts throughout the world. After his death she went on traveling, just for fun.

Mr. Kilduff had to swim that five miles because the motorboat he occupied alone sank suddenly, far from shore.

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