

### VICTORY ON THE FARM FRONT

NEWS from the Agricultural Extension Service

**State College Hints To Farm Homemakers**

All these years you have been eating turnips and turnip greens, but did you know just how many vitamins they contained? Turnip greens supply vitamin A, several of the B-vitamins and vitamin C.

When it comes to turnips, rutabagas slightly higher in food value than white turnips. They contain no vitamin A, but do give you a generous supply of vitamin B-1 and vitamin C, riboflavin and niacin. Rutabagas also are slightly richer in carbohydrates and minerals than the white turnips.

There are many ways of saving soap which will help in the war effort. Keep soap dry after each use and use only as much as is needed to overcome the hardness of the water.

Use a soap shaker for soap scraps and pour boiling water over them in a bowl. The resulting jelly kept near the sink can be used in washing dishes and clothes.

For the bath, small bits of soap in a thin bag are just as good as a large cake of soap. A thin cake can be pressed onto a larger cake when both are wet and the small cake will become a part of the larger one.

**Supply of Nitrogen Is Short This Year**

Interruptions of imports of nitrate of soda from Chile, greatly increased demands for nitrogen in munitions and for industrial purposes, and the necessity for accumulating larger and larger stocks of nitrates to meet war demands, are the three principal reasons for the present nitrogen shortage as applied to fertilizers, says Dr. Ralph W. Cummings, head of the Department of Agronomy, N. C. State College.

No one questions the absolute necessity of these limitations, said Dr. Cummings, but coming late as they did, has caused a considerable amount of confusion. Farmers are now required to make a written application for fertilizers with the amount per acre to be determined by past practices and the recommendations of the Experiment Station for each given crop. Many farmers placed fertilizer orders some time ago but these will have to be revised based upon the latest orders and regulations of the Secretary of Agriculture.

American industry is producing reasonably adequate supplies of both superphosphate and potash and most dislocations in the supply of fertilizers is involved largely with nitrogen.

In the last twelve months the production of nitrogen in the United States has been greatly increased and Dr. Cummings says that nitrogen prices after the war may be lower than formerly. This will enable the farmer to use much larger amounts per acre, especially on the low priced crops which he may want to grow.

**More Gardens Needed For Food Supply**

Every grower of a Victory Garden should have a copy of War Series Bulletin No. 14, recently issued by N. C. State College. It is short and practical, covering the planning of the garden, listing those vegetables best suited to this section, and giving other timely information such as the preparation of the soil, planting schedule, amount of seed to be sown, pointers on disease control, and information on common garden insects.

It suggests the following canning budget for a family of five: string beans 20 quarts, lima beans 5, beets 10, carrots 5, corn 5, greens 5, okra 5, garden peas 10, soup mixtures 20, tomatoes 60, dried vegetables 50 pounds and dried fruits 40 pounds.

Advanced gardeners should request "The Farm and Home Garden Manual," Extension Circular No. 122 and also "Canning Fruits and Vegetables," Extension Circular No. 223. All of these may be obtained free of charge as long as the supply lasts on application to the Agricultural Editor at State College, Raleigh.

"You need a Victory Garden because increasing amounts of commercially canned goods will have to be sent to the fighting fronts and to our allies, because the rationing of meats will require the use of more vegetables

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### Seek U. S. Air Supremacy



**NEW YORK CITY.**—America's fighting planes, financed partly by Americans who buy War Bonds, came a step closer to world-wide air supremacy when this group of aircraft manufacturers formed a council this month for the purpose of achieving that goal. The builders agreed to pool their combined resources of engineering, research, manufacturing, patents, facilities, materials and personnel in this all-out endeavor. Left to right, seated are—Glen L. Martin, head of the Martin Company and Vice President of the Council; G. W. Vaughan, head of Curtiss-Wright, and President of the Council; and Victor Emanuel, President of The Aviation Corporation. Standing, left to right—O. L. Woodson, Bell Aircraft; R. S. Damon, Republic Aviation; J. Carlton Ward, Jr., Fairchild; L. C. Goad, General Motors; George Chapline, Brewster Aeronautical Corp.

for a balanced diet, and because WAVE or SPAR is paid \$50 a month plus a clothing allowance amounting to \$200.

Upon completion of training, the salary increases, Captain Robertson pointed out. For example, third class petty officers, the lowest rated non-commissioned officers, are paid \$160.50 a month, provided the Government does not furnish food and lodging at place of assignment, which is usually the case.

Women 20 to 25 years of age who have had two years of college may become officer candidates. A college degree is preferred, however.

Candidates for either enlisted ratings or officer training should have no children under 18 years of age.

### Want Waves And Spars

Atlanta, Ga., Feb. 8.—Navy recruiting offices after February 15 will assist in recruiting women for the Navy and Coast Guard auxiliaries, the WAVES and SPARS.

Captain M. C. Robertson, USN, director of the Sixth Naval District Officer of Naval Officer Procurement, said that the new procedure was designed principally to reach the smaller cities and towns in which there are no Offices of Naval Officer Procurement.

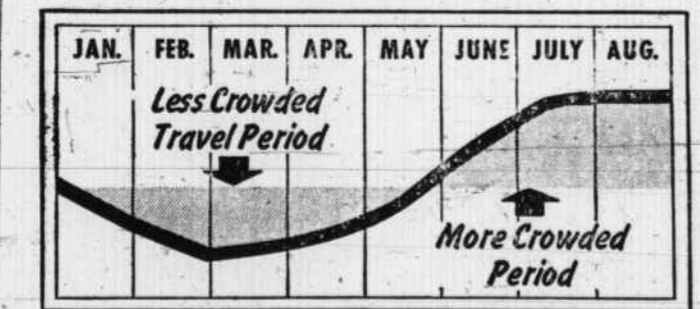
In these smaller localities interested women may obtain complete information about the requirements for the WAVES and SPARS and every effort will be made to expedite applications.

Women, 20 to 25 years of age with at least two years of high school are needed for training for enlisted ratings in the WAVES and SPARS. In training, a



**You can aid wartime bus service by planning essential trips for February or March—instead of Mid-Summer**

Never in history has it been so important to choose with care the time and occasion for travel. Through the years bus travel has always been very heavy in some months, less heavy in others—and this has held true even in wartime when the demands on transportation are naturally increased. That's why Greyhound has long urged everyone to travel during less crowded periods—and February and March are just such times. Essential trips taken in mid-winter will greatly relieve overcrowding in the mid-summer months ahead.



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### Your Federal Income Tax

**Who Must File a Return**

Every single person must file a Federal income tax return whose gross income for the year from all sources was \$500 or more; that is as much as \$9.62 per week. Widows, widowers, divorcees, and married persons separated by mutual consent, are classed as single persons.

Every married person, living with husband or wife throughout the year, must file a return if his or her gross income, together with any income of the spouse, was as much as \$1200 for the year; that is as much as \$23.08 per week. If husband and wife both have income they must both make a return. Such return may be made separately, or if they are both citizens or residents, they may make a joint return. A joint return may be made by husband and wife even though one has no income, and a joint return is advisable in the case of persons, one of whom has no income, who marry during the year, since the personal exemption attributable to each spouse during the period of pre-marital status is allowable in a joint return.

A joint return must be signed by both husband and wife and verified by a written declaration that it is made under the penalties of perjury.

Where separate returns are filed by husband and wife on Form 1040, the joint personal exemption allowable (\$1200 where the married status has existed throughout the year) may be taken by either, or divided between them in any proportion agreed upon. If separate returns are filed one may not report income which belongs to the other, but must report only the

income which belongs to him (or her).

No person is exempt from filing a return if his gross income is equal to or greater than the amount specified above for his classification. Neither the President of the United States, nor the Vice President, nor Federal Judges, nor Members of Congress, are exempt from filing returns.

Moreover, all income from whatever source, unless specifically excluded by statute, must be reported in the return. The type of income specifically exempt are listed in the instructions accompanying the return form.

A person whose gross income does not exceed \$3000, and consists wholly of salary, wages, dividends, interest, or annuities, may make a Simplified Return on Form 1040A, in which the tax due may be readily ascertained by reference to a table contained in the form.

A husband and wife living together on July 1 of the taxable year may file separate Simplified Returns if the gross income of each is from the prescribed sources and does not exceed \$3000, or they may file a single joint return on that form if their combined income is from the prescribed sources and does not exceed \$3000. A taxpayer may not, however, file a Simplified Return of the other spouse filed a return on Form 1040.

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