

Off The Record Comments

By T. H. Pearce



If you take the trouble to read the newspapers and news magazines closely, as well as listen to various newscasts, you may be aware of some of the insidious results of the Supreme Court Ruling some months back, which for all practical purposes, did away with any type of religious observance in our schools.

Then, of course, I guess they will say that the Bible can only be considered for its value as a history book and that any reference to religion in connection to it is illegal. I'm just as much opposed to sectarian teachings in our school as anyone you could find, and I would fight for a man's right to believe in no religion as much as to worship any he pleases, but if the kids in this country are in danger of having their minds warped by simple Christmas programs such as they used to put on in schools, then God help us all, especially the Supreme Court.

Doctor Talk

By Ben B. Scott, M. D.

A very common ailment seen among people of all ages, from early adulthood on, is bursitis of the shoulder. There are many variations or gradations of involvement.

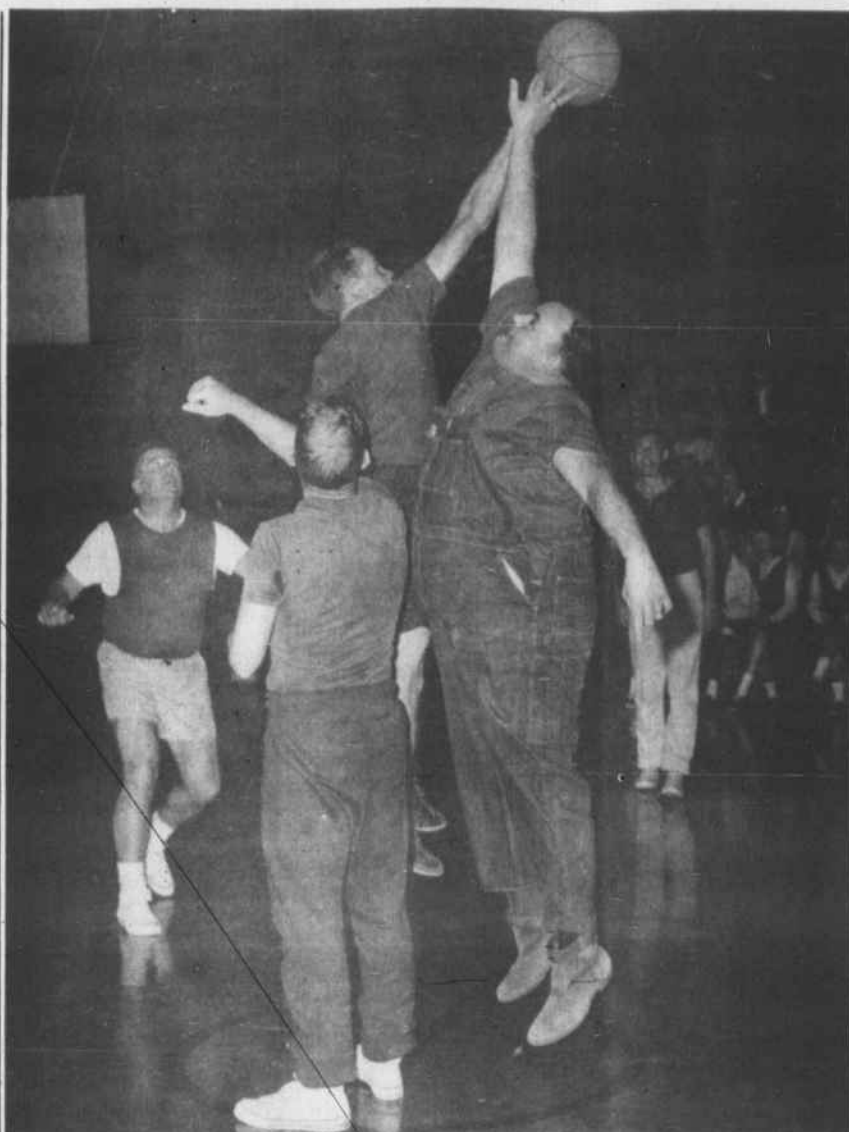
As the name implies, bursitis represents an inflammatory process of the bursa, which is encapsulated area confining the structures of a joint, including the tendon insertions. As already stated, the shoulder joint area is the area most frequently affected. Symptoms arise usually as a localized pain at the lateral or outer aspect of the upper arm, where it joins the shoulder joint. Another characteristic feature is a limitation in abduction, that is, the raising of the arm in an outward-upward motion of the body.

This restriction encountered in moving the arm is caused by sudden onset of a sharp, severe pain. In addition to pain from motion, a dull aching pain can very often be associated with a bursitis. Treatment for this condition depends upon several factors, with an individual case. There are in general, three types of involvement—the early or acute phase, the sub-acute phase and the old, chronic cases, which have become well established over a long period of time.

Very often, as a precipitating factor, a fluid calcium deposit develops along the tendon sheaths which insert into the shoulder joints. Just why there is a strong predilection for the deposition of calcium at this particular site is not entirely understood. However, its presence can definitely be established by two methods. Being radio-opaque, its presence can be discovered readily through a routine X-ray of the shoulder joint. The fluid substance can also be aspirated with a needle and syringe.

Aspiration of this fluid sometimes brings about a decided remission of the inflammatory process. There are many methods of treatment, the effectiveness of which varies with the individual. Another very effective form of treatment, particularly in those cases which are detected early, is direct irradiation under controlled supervision of a radiologist -- usually requiring from three to five treatments every other day.

Sometimes an effective cure can be brought about with the use of medications and the application of local heat. The importance of early treatment cannot be overemphasized and the success or effectiveness of treatment is usually proportional to its relationship with prompt discovery of the bursitis.



What It Was - Was Basketball?

Big Lacy Jackson barely managed to get up on his tiptoes, stretch and groan as the starting forward for the local Jaycees in the annual Jaycee-Lions Benefit Basketball Game here Monday night. - Times Photo.

Jaycees Defeat Lions 54 To 35

The Louisburg Jaycees took advantage of their age to defeat the Louisburg Lions Club 54 to 35 in a basketball game (?) played in the Louisburg College Gym Monday night.

Despite the fact, however, that the Lions team made use of oxygen inhalation and a step ladder to reach the goal, age must make way for youth and so went Monday night's ball game.

Individual statistics might have been kept some place, though how this could have been done with any degree of accuracy it is impossible to see, since the Lions team had no numbers on their jerseys and the Jaycees alternated five numbered jerseys among their entire squad. This being the case individual scores were averaged with each member of the winners averaging 3.8 points while the losers had 3.1 points per player despite the fact that they had fewer players.

We Like A Regular Trade

Prison Governor (to released convict)---"I'm sorry. I find we have kept you here a week too long."

Convict---"That's all right, sir. Knock it off next time."

Family Of Policemen

Boston--Arthur Pugsley, Sr., and his seven sons are all members of the police department in Boston.

When John and Richard, the youngest sons, became rookie policemen the group reached a record number for any one family. Mr. Pugsley is a detective sergeant and the five sons are veteran patrolmen.

Army Melon Snitchers

Las Animas, Colo.--Members of the armed services cannot give up the boyhood prank of snitching melons.

Mr. Wilkins said he didn't even have time to "shake a fist at them."

It is getting to the point where an individual who doesn't agree with a minority is accused of being un-American.

Epsom Girls Win Six-Overtime Clash; Boys Bow To Edward Best

The Epsom Tigers bowed to Edward Best boys, 55-51, in the second scrap of a Franklin County Conference cage twin bill at Edward Best Friday night after the girls scrambled through possibly a record-setting six overtime marathon in the evening's opener. Epsom girls finally capitalized on a free throw by Sandra Ayscue in the sixth overtime period to win, 39-38.

got three points in the fifth, remaining in a 38-38 stalemate. Star Epsom forward Sandra Ayscue, who finished with 15 points for the night, made only one free throw in nine foul shots but that one proved to be the decisive blow in the game. Marilyn Duke, of Epsom, was the game's high scorer, with 18 points. Ayscue chipped in five points, Duke two and Carolyn Stainback one in the overtime periods to keep the Tigers in contention. Ten points by Doris Murray paced Edward Best girls during the evening. Their overtime

scoring was by Jones, with three points, and Harris and Wood, each getting two. It was the second victory in two conference games this season for Epsom girls, who pulled off an upset by pinning Edward Best. The setback last night left Coach William Matthews' Epsom boys with a 11 conference record for the year. Larry Edwards pitched in 21 points for the Epsom lads and Butch Overton ten. Leading Edward Best were Leon Stone, who burned the hoops for 28 points and Gupton, with ten. The contest was close all the way but the Tigers were never able to salvage the win. Epsom will entertain Louisburg in another Franklin Conference twin bill Tuesday night, then will go outside the family to be host to Townsville Friday night in the final action before the Christmas holiday intermission.

Middleburg Clips Bunn In Cage Twin Bill For Eight Straight

Still unbeaten in the 1963-64 basketball season, the Middleburg Wildcats downed Franklin county opponent Bunn in both ends of a twin bill at Middleburg Friday night, running their string to eight games for boys and girls.

Score by periods: Bunn ----- 4 14 413--35 Middleburg ----- 1211 16 11-50

Coach Joe Stepusin's boys posted a 50-35 victory, while Coach Larry Francis' lassies squeezed past, 25-21. Jimmy Brown poured in 21 points, almost half of the total for the Wildcat boys. Brantley, with twelve, was high man for Bunn. The Cats grabbed a 12-4 advantage in the opening period, held on at 23-18 at halftime and outscored Bunn by ten in the second half. Middleburg racked up thirteen straight points in the third quarter before launching a comeback. Helen Hester hit a flip shot in the fourth stanza to send the host club out front, 21-19. Dot Pegrum and Barbara Hester connected on free throws to boost the advantage to 24-19, then Strickland put Bunn back into the running with a field goal, making the count 24-21. In the final two minutes Middleburg clinched the victory with one more free throw.

Carolyn Bartholomew paced Middleburg girls with nine points and Frazier scored 14 for Bunn.

One Minute Sports Quiz

- 1. How many ring deaths have occurred this year? 2. How old was the late Ernie Knox? 3. What was his purse for his fatal fight? 4. Who won the recent Canada Cup in France? 5. What team got off to an early lead in the National Hockey League?

- THE ANSWERS 1. Ten. 2. 26. 3. About \$256. 4. The U. S. Jack Nicklaus and Arnold Palmer defeating a Spanish team in the finals. 5. The Chicago Black Hawk

BOYS Starting lineups and points: Epsom (51) Ed. Best (55) Patterson 6 -----Stone 28 Edwards 21 -----Gupton 10 Smith 5 -----B. Harris 4 Overton 10 -----Rice 9 Howell 9 -----Bunn 3 Subs: Epsom -- Ayscue, Hedgepeth, Edward Best-- M. Harris 1. Score by periods: Epsom -----9 14 11 17--51 Edward Best-- 12 15 15--55

GIRLS Starting lineups and points: Epsom (39) Ed Best (38) Lassiter 4 -----C. Murray 4 Duke 18 -----Harris 8 S. Ayscue 15--D. Murray 10 C. Ayscue 1 -----Lamm Stainback 1 -----Best 2 Patterson -----Collins Subs: Epsom--S. Burgess, Edward Best--Pernell, J. Jones 12, Hunnicutt, Fisher, Wood 2. Score by periods: Epsom 4 9 6 12 0 2 2 0 31--39 Edward Best 6 5 16 4 0 2 2 0 30--38

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