

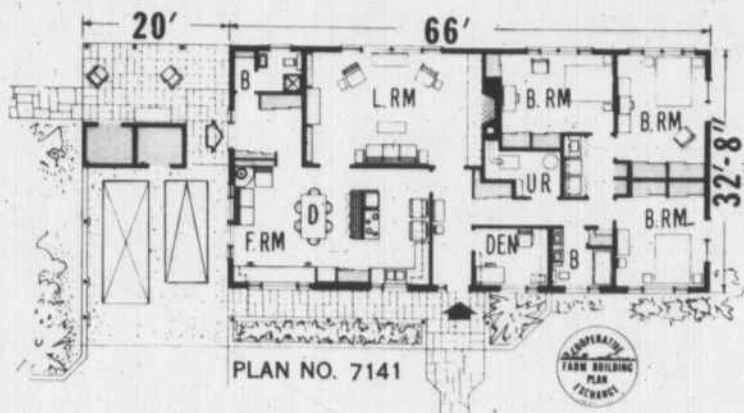
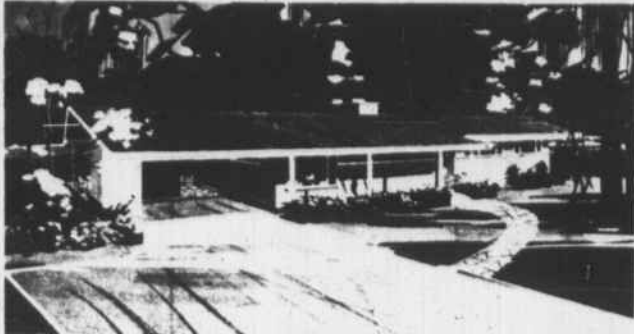
### Today's Film Revue

**A Mad, Mad, Mad World**  
Producer-director, Stanley Kramer made this film with the intention of toying all comedies. A good plot, and almost any one of the many comedy actors in this film could have turned out a masterpiece of comedy. But, combining this long list of top comedy stars makes for 3 hours and 12 minutes of side-splitting wild confusion.

The story, and there seems to be a good one, begins with henpecked Milton Berle coming upon a dying motorist who gives him a clue where a horde of money (\$350,000) is hidden. It's soon revealed that a host of others are on the trail of this loot. In the race to get there first, drivers put their cars through a test of speed, hair-pin turns and collisions. It could aptly be called a modern version of the "Keystone Cop" days.

Spencer Tracy, as the sheriff is cynical about this whole affair. He watches the display of human greed with a plan all tucked away that reveals how treacherous his morality is. It's really a mad, mad experience when so many top stars appear in one film. Too many to name, and with some making only a 5-second appearance, you have to watch closely or miss some.

### 3-Bedroom Farmhouse



If you've been wanting a home with plenty of room, this 3-bedroom farmhouse may be just what you're looking for. Designed by the U. S. Department of Agriculture, the house is of masonry, slab on grade construction, and features plenty of storage space, a den or office for farm and household record keeping, two baths, three bedrooms, laundry center, utility room, living room with

fireplace, and a family and dining area. The laundry center is located next to the sleeping area, convenient to the source of most soiled clothing and linen. Three nearby closets offer convenient storage. The family and dining area offers facilities for formal and countertop meals. It is arranged so the homemaker can easily

supervise all activities while engaged in her usual household tasks. A desk for meal planning, a toy storage cabinet, and a sewing center are near the front window. You can order free working drawings of the Plan No. 7141 from your county agricultural agent or by writing to extension agricultural engineer at North Carolina State, Raleigh, N. C.

### Doctor Talk

By Rembert Benjamin, M. D.

Most people do not realize the many and diverse causes of headaches. For the purpose of this article we will divide headaches into three general classifications. The first are mild and uncomplicated headaches, second, there are moderately serious headaches with respect to complications in treatment, and lastly, there are the severe headaches--which are the result of serious, underlying causes.

In this first category, headaches can usually be relieved by simple analgesics, such as aspirin, and are caused by a variety of factors, such as poor elimination. Other causes can be eye strain, due to faulty accommodation or muscle imbalance, sinus trouble, allergies, or fatigue.

Moderately serious headaches are caused by such things as the migraine process (which is usually hereditary, with accompanying symptoms such as visual disturbances, and nausea with vomiting). Histamine headaches should be included in this group.

An extremely common type headache, which falls in the second category, is that known as the tension headache. This headache is related to tension and spasm of the muscles which overlie the skull, and also those located in the back of the neck. Worry and nervous strain are the chief causes of this malady and usually can be related to

emotional disturbances. A common example of the tension headache is the type seen in individuals who are suddenly relieved of stressful situations or consistent pressures. This can be illustrated by the business man's headache, encountered after sleeping late on his day off, or the student's headache on the day following a series of final examinations.

In this final category of severe headaches, the possibility of certain serious pathological disorders is present. Brain

tumors or some other damaging process to the brain tissue very commonly cause an extremely painful and continual discomfort over most of the skull area. Other causes of severe headaches generally involve the vascular system in the brain and serious changes associated with high blood pressure, such as spasm of the arteries. Rupture of small arteries may cause excruciating headaches. A general increase in the pressure of the fluid systems of the brain, associated with hypertension, commonly gives rise to this type of headache also.

### News from Hollywood

Veteran actor Ed Begley and his agent's secretary, Mrs. Helen Jordan, were married recently in Las Vegas.

Natalie Wood returns to the Twentieth Century-Fox studio to star in "Cassandra At The Wedding." Background will be filmed in Rome, but the picture will be filmed in Hollywood.

### The great highway performer



### '64 Jet-smooth Luxury Chevrolet

What does it take to make a car a great highway performer?

If the car happens to be a '64 Chevrolet, one thing only: A highway.

You'll find everything else already neatly packaged for you--on the car exactly as you pick it off the showroom floor.

There's a choice of seven engines--all the way up to a twin-carb high-compression 425-hp V8\*--and four transmissions, including a finely honed 4-speed stick shift.\*

And underlying it all--a bump-skimming Jet-smooth ride that helps keep the performance great even when the highways aren't so great.

What about special performance equipment? Professional driving skills? Forget them.

Nobody has to doctor or coax or soup up these Chevrolets to get the best out of them.

And that's really the test of a great highway performer: Just about anyone can get a kick out of driving one, just about anywhere, just as it comes out of the showroom.

Next time you're out your dealer's way, allow a few extra minutes to sample one of these highway performers on your own. A few are really all you'll need. That's enough time to do a lot of driving in a Chevrolet. \*Optional at extra cost

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### Health And Beauty Prevent Telltale Age With Exercise

Your neckline can tell your age but if you are willing to do a few simple exercises to stretch the neck muscles, you can have a lovely, youthful-looking neckline for many, many years.

There seems to be a very important connection between physical health and physical postures and emotional and mental outlook. If life is a bit ragged for you, don't assume a poor posture, duck your chin into your neck and miss out on what fun may come your way. It would be good for you to stretch your emotional and mental muscles as well as your physical muscles. Exercises for your neck and chin will help you to relax.

Try standing or sitting tall, roll your head in a circle, first to the right and then to the left. Make this as complete a roll as possible, reaching in every direction.

Another: Stand or sit tall. Lower your head backward to the right. Lift head. Lower head backward to the left. Lift

head. Continue, alternating. Most important--keep your head and your approach tall. Try not to allow discouragements to affect your health and posture.

A wonderful exercise for the chinline is bite down on an imaginary object just as hard as you can. Don't close down with your teeth because this would do your teeth harm. Stop just short of really chomping down.

Don't waste your money on a lot of junk that is advertised to make you look younger in just 60 seconds. Your common sense should tell you that this is just so much exaggerated nonsense. There is no liquid that you can smooth on and have sagging chin lines disappear. It would be wonderful if there was such a liquid, but doctors tell us there isn't.

The best thing you can do to stay young looking is to maintain good health. Exercise and eat the foods that you know are good for you. Don't al-

low yourself to put on too much weight. Try to keep a serene and fair outlook on life.

The new trend in makeup is to use as little of it as possible but to use what you do use with skill and care. The day of the heavy-pancake type makeup is definitely over. Today makeup not only looks better but is much better for your skin.

Most of us need a little foundation to start with to give us a pink glow and to cover minor defects. Experiment until you find the color and weight that does the most for you. If you have a dry skin, an enriched type base will do wonders for your complexion. If your skin is oily, never use an oily type base. This will cause you trouble sooner or later. You will want one of the dry cake types. The newer ones are just as good at hiding blemishes as those with an oil base.

Read the directions on the foundation and apply accordingly. Some bases require the application of rouge before the base is applied and some after. This can be very important. Your choice of rouge should be determined by several things. If your skin is oily, never use a paste rouge. You will want a cake or liquid type. The color must be one that matches or blends with your lipstick and general coloring. Where you apply your rouge can detract or add to the shape of your face. Usually, a person looks better if the rouge is

applied to the upper and outer portion of the cheek bone. Keep the rouge high for a more youthful look. Apply with a light touch--for too much will make even the most ladylike seem cheap.

Eye makeup is a must but should never be used obviously. You can get by with more at night but, even then, use it to enhance what nature has given you, not to create something new.

Powder is a very personal thing. It may take some time to discover just what you need. Most cosmetic houses give small free samples to their distributors to pass on to the customers to help them decide on a flattering color of powder. Ask for some samples next time you must purchase a box of face powder.

#### Plenty Time

"Do you think our daughter will ever get married, John?" I wouldn't worry about it for at least twenty years, darling. I never heard of a girl sixteen months being an old maid."

#### The Truth

Little Mary was on a visit to her grandparents, and the old fashioned clock on the wall was a source of wonderment to her. While she was standing before it her grandmother said to her from the next room, "Is the clock running, dear?" "No, ma'am," promptly replied Mary. "It's just standing still and waggint its tail."

## JANUARY BONANZA



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**MEN'S SWEATERS**

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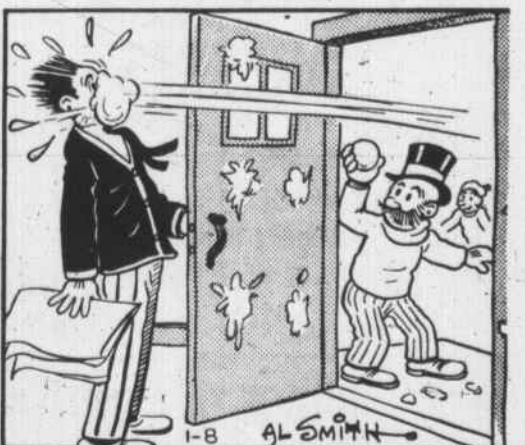
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### MUTT AND JEFF -- AND THE DOG WAS IN ALL THE TIME!



### MUTT AND JEFF -- SOMEBODY'S GOT TO BE FIRST TO TRY IT!

