

Miscellaneous Shower Honors Miss Pruitt

On Tuesday evening Mrs. Russell Boyd honored Miss Peggy Pruitt, bride-elect of this month with a miscellaneous shower. Upon arrival, the honoree was presented with a corsage of white carnations. Various bridal games were played with Mrs. Bland B. Pruitt and Miss Barbara Catlette winning prizes.

The refreshment table was covered with a white cutwork cloth and centered with an arrangement of yellow and white glads, chrysanthemums and pom pon flanked by silver candelabra. A similarly appointed

table held the gifts. Delicious refreshments of punch, decorated bridal cakes, mints and nuts were served to the honoree, her mother, Mrs. Bland B. Pruitt, her grandmother, Mrs. J. T. Pruitt, Mrs. K. K. Allen, Mrs. Leslie Bullard, Mrs. Warren Smith, Mrs. Milton Fleming, Mrs. Darrell Perry, Mrs. A. B. Strother, Mrs. M. M. Person, Sr., her houseguest, Mrs. Gill of Wake Forest, Mrs. Jimmy Cottrell, Mrs. Jimmy Martin, Mrs. Thomas Jenkins and Miss Barbara Catlette.

Garden Club Meets In Gaskill Home

Bunn--The Bunn Garden Club met Tuesday afternoon at the home of Mrs. N. E. Gaskill. Mrs. Robert Wheeler was co-hostess. On arrival the guests were served a dessert course of Queen Elizabeth cake squares and coffee.

Miss Frances Fuller, Franklin County Home Demonstration Agent, was the featured speaker. Her subject was "Landscaping the Urban Home." Slides were shown and a very interesting commentary given. The hostesses presented a gift to Miss Fuller.

Mrs. K. B. White presided over the meeting which was attended by nine. Announcement was made of an exhibit of Christmas decorations and ideas to be held October 27 and 28 at the Agriculture Building in Louisburg.

Birthdays Celebrated

The weekend was a busy and happy one for Mr. and Mrs. L. S. Gay. Some of their children and grandchildren spent the weekend while others stayed a part of it.

On Saturday evening a birthday dinner was held honoring four birthdays in the family: Mrs. Gay's, W. C. Gay, Mrs. Joyce Matthews, and young Gregg Strickland.

Present for the occasion were Mr. and Mrs. T. C. Matthews and Vickie, Mr. and Mrs. Rex Gay and Jennie of Newport News; Mr. and Mrs. W. C. Gay and Sandy of Hampton; Mr. and Mrs. Robert Strickland and Gregg of Rocky Mount; Mr. and Mrs. L. S. Gay, Jenny and Millard of the home. (MEF)

BRIDGEPORT, ILL., LEADER: "For the girl looking for stirring passages to read, find the cookbook."



Folk singer Ken Barnes, shown above, will be heard on the Louisburg College radio program over the Louisburg station Sunday afternoon at 1:30. Barnes is a sophomore at Louisburg College and the program is part of a new series recently started by the college. --College Photo.

Lunch Serves Youth

By Elizabeth P. Allen

This is National School Lunch Week, and Franklin County schools have made extensive plans to increase the number of children eating school lunches by telling parents and the public about the importance of this program to the child's health and growth and proper training in good eating habits.

The National School Lunch Act was passed by Congress in 1946. In schools operating under the Federal program, lunches are served which provide the child nutritional requirements. The schools follow what is called the Type A pattern which includes 2 oz. of high protein food, 3/4 cup of two or more vegetables and/or fruit, 2 teaspoons butter or fortified margarine; a portion of enriched or whole grain bread and a half-pint of fluid whole milk. The school lunch provides a

very valuable learning situation for the child. In planning the Type A lunch, a large variety of foods is offered to him and he learns to accept and enjoy them. He learns in this way how to select for himself a nutritionally adequate meal.

The school food service program provides this adequate lunch on a non-profit basis made possible by the use of government commodities received. In Franklin County the amount of commodities received for the year 1963-1964 was valued at \$29,204. The percentage of children taking advantage of the school food service in Franklin County for the month of September 1964 was 78.5. The percentage of children reached in the state for the year 1963-1964 was 54% and the nationwide percentage was 34%.

Mrs. Mitchiner Hostess To Bridge Club

Mrs. James Mitchiner was hostess to her Bridge Club Wednesday evening at her home on the Franklin road with two tables playing. After the first progression of bridge the hostess served party nuts and Cokes.

After the play the following members enjoyed a delicious dessert course and coffee: Mesdames Vernon Stone, Paul Mullen, George Demfis, Horace Sweet, J. B. Hight, Florence Wells and two guests, Mesdames W. B. Joyner and Wilson Joyner.

Mrs. Dennis won high score for the evening and Mrs. Mullen won low, while high for guests went to Mrs. W. B. Joyner.

Mrs. Smith-Youngsville HDC Hostess

Youngsville--The Youngsville Home Demonstration Club met Monday night in the home of Mrs. James Smith with Mrs. Aldine Steward as co-hostess. Fourteen members were present.

The meeting opened with the singing of "Now the Day is Over" led by Mrs. T. E. Lindsey. Mrs. Henry Parrish gave the devotional reading.

This being a leader's meeting of crafts, Mrs. Bennie Woodlief gave a demonstration of Handmade Articles for the Home, with many appropriate ideas stressed. Two leaders reports were given: Home Beautification by Mrs. Mary Hight, and Home Food Supply by Mrs. Henry Parrish.

President Mrs. Thelma Mitchell, made several announcements pertaining to the annual Fall Achievement Day of October 27-28 to be held in Louisburg. The meeting adjourned with the Club Collect after which the hostesses served hot chocolate, potato chips, cookies, and mints.

Celebrates Birthday

Deborah Boyd celebrated her eleventh birthday last week with a dance from 7:30 to 9:30 at her home on Person Street.

Fourteen boys and girls enjoyed the party and refreshments of punch, pink lemonade, birthday cake and potato chips. Deborah received many beautiful gifts.

Youngsville Teen Club To Have Party

Youngsville--The Youngsville Teenage Club met for their first meeting of the new year on Saturday evening, October 10, at eight o'clock at the community house with twenty-seven members present.

Chairman Mrs. Jones Winston announced that the next meeting, to be held on Saturday, October 24, would be a Halloween party and for all members to dress accordingly. There will be several traditional contests.

Hostesses for the meeting were: Mrs. Jones Winston, Mrs. Everett Pearce, Mrs. Jack Sutton and Mrs. W. C. Timberlake.

If you have a real friend, never let him go.

Wins Award



MRS. MARVIN WEST (Frk. B.W.) Mrs. Marvin West of Franklinton, N. C. graduated from Roanoke Rapids school of Practical Nurses on September 21, 1964.

Mrs. West and Mrs. Lois Duke of Roanoke Rapids received the most outstanding award of the class.

Mrs. West is the former

Mrs. Whitaker Entertains

(Frk. B.W.) Mrs. Joe Whitaker entertained her bridge club on Tuesday evening at her home on Winston Street in Franklinton.

Autumn flowers and leaves decorated her home.

Mrs. C. H. Weston received high score prize for club while guest high went to Mrs. Charlie High, Jr. Mrs. Sidney Green was the recipient of the consolation prize.

During the progressions, the hostess served Cokes and nuts. At the conclusion of the third progression, a dessert course and coffee were served.

Special guests were Mrs. Hight, Mrs. Green, Mrs. Woodrow Haskins and Mrs. T. H. Pearce.

Poor health is an alibi more often than a fact.

Ophelia Gupton, daughter of the late Mr. and Mrs. Isaac Gupton of Rt. 2, Louisburg, N. C.

JON KOVACH ANNOUNCES

REGISTRATION

OCT. 20, 21, 1964

2:30 TO 5:30 P.M.

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FOR CLASSES IN

BALLET

JAZZ

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TOE

BALLROOM

CLASSES BEGIN NOV. 3rd

Teenage Chat

By Jean Zealand



Wonder why there were so many sleepy people around the schools Wednesday? It could be that these people have been to the State Fair. Many students from Franklin County took advantage of our holiday on Tuesday and spent that day at the fair. I think everyone agreed that it was worth it, though. This was the place to meet your friends, as Jimmy Geddie did. Jimmy spent much of his time greeting old friends from his former school of Fuquay.

Another familiar face seen at the fair was that of Fes Canady. Fes has been stationed in Indiana and is home on leave. Nich seeing you, Fes.

Dr. A. Purnell Bailey has been holding religious services at Louisburg College this week. His talks include many subjects of interest and concern to young people.

Did you see the exhibit of French projects at Louisburg High School? Some of these were really good. Congratulations, everyone.

Don't forget the concert at Louisburg College next Monday night. The Lubeck Choir from Germany will perform. This should really be a worthwhile event, so be sure to attend.

The thought for the day: Eloquence is the child of knowledge.--Disraeli.

Franklinton Students In Chapel Hill

(Frk. B.W.) Mrs. Julia Carr, physical education teacher at Franklinton High School, had a group of eighth and ninth grade girls demonstrate marching at the meeting of the Physical Ed teachers of this district in Chapel Hill on Tuesday.

Students participating were: Annette Ball, Hope Medlin, Cathy Sherrod, Mary Gordon East, Mary Pat Weston, Nancy Currin, Patsy Ray, Brenda Webb, Pat Harper, Martha Ann Whitfield and Susan Johnson.

Ed. Best PTA To Meet

The Edward Best P.T.A. will meet Monday, October 19, at 7:30 p.m. in the High School auditorium.

Mrs. Margaret Holmes, Assistant Superintendent and Director of Instruction, will speak. All parents and school patrons are urged to attend.

Health And Beauty

Any woman whose skin presents a fine, velvet bloom is lucky beyond words. Women born with this great asset are few. There are many today who cultivate and create a lovely complexion through proper diet, powder and powder-blended foundations.

The proper diet requires a little self control at times but the end results in face and figure more than compensate. Eat foods that are high in Vitamin A. These include almost all vegetables, especially green, leafy ones, almost all fresh fruit, especially citrus fruits -- dairy products -- be sure to drink at least one pint of whole milk each day. If you must diet use skim milk and watch the amount of fat you eat.

Exercise and fresh air will benefit both your complexion and figure. Poor circulation is often the cause of a muddy, tired-looking skin.

The skin deep part of a beautiful complexion can come in the form of loose powder, a bottle of powder-blended foundation or a cake of cream-blended powder.

Normal and dry skins like light-weight powders. Some very fine grained powders have exceptional cling and become any skin.

Face powder colors belong in three large groups--the pinks, which do wonders for a sallow skin; the neutrals, which are best for a ruddy complexion; and the goldens, which add warmth to a pale complexion.

A good liquid tinted founda-

tion helps hid imperfections. Foundation shades should be chosen to match face powder colors. The new cream blended powder cakes come in their own neat containers and are just the thing for your purse.

In Fashion

One trend of this season is the longer sleeve on suits--not quite to the wrist--jersey blouses for suits and a double breasted effect on some designs.

Many of the coats being shown are fitted in, slightly, at the waist-line.

For the woman who is allergic to wool next to the skin, smart three piece suits of crepe or of some new fabric, go well under a fur coat.



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