

# Marvin Hall To Represent County

Elizabethtown, N. C. - More than 90 boys from counties all over North Carolina will be attending the 22nd Annual North Carolina Forestry Camp at Singletary Lake Camp near here this week.

Representing Franklin County at the camp will be: Marvin Hall, of Youngsville, North Carolina.

This camp is conducted by the North Carolina Forest Service and is sponsored by Southern Pulpwood Conservation Association. It is financed by the following member paper companies of the Association: Champion Papers, Inc., Canton; International Paper Company, Wilmington; The Mead Corporation, Sylva; West Virginia Pulp and Paper, Manteo, and Weyerhaeuser Company, Plymouth, North Carolina.

At camp the boys will be instructed in basic forestry techniques by professional foresters from the sponsoring paper companies and the North Carolina Forest Service. Courses will be taught in tree identification, fire suppression and control, forest management, insects and disease, timber estimating and utilization.

The camp won't all be work though. The boys will have opportunity to participate in organized sports and recreation as well. Softball, volleyball, swimming and other fun activities help complement this part of the camping program.

At the conclusion of the camp on Friday evening the top boys will be awarded prizes for excellence in sporting and camping events and forestry work.



Marvin Hall and W. F. Bartholomew, Ranger for the North Carolina Forest Service, Louisburg, North Carolina.

# Health And Beauty

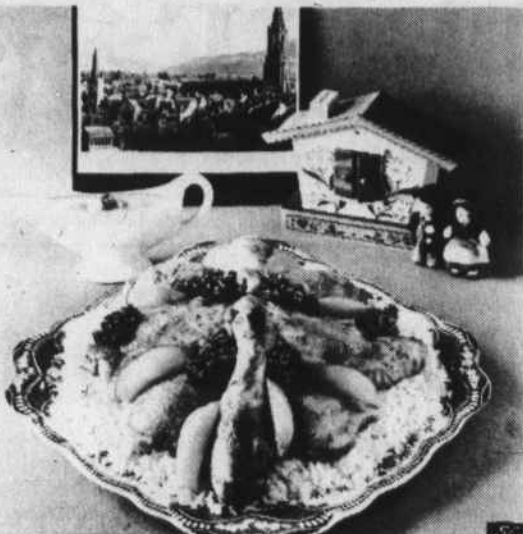
Now that warm weather is here again, most people will be heading for the swimming pools, lakes, seashore or other vacation spots. Man, a terrestrial being, lacks important anatomical and physiological modifications for the invasion of an aquatic environment, therefore, some consideration by all swimmers as to their limitations in water should be reviewed.

Anatomically man's respiratory system is lined by a very specialized type of mucous membrane, but unlike normal air-breathing inhabitants of water, such as the alligator, man has no muscular system for closing the nasal openings. Lacking this appropriate structural adaptation for an aquatic environment, man can enjoy swim-

ming with relative safety if he makes use of proper breathing. Exhaling through the nose while the head is submerged and inhaling through the mouth while the head is above the water tend to maintain a positive air pressure in the cavities and thereby protecting the living membrane of the nose, the sinuses and the eustacian tubes from water. In diving the swimmer should take a deep breath through the mouth immediately before diving and the exhale slowly through the nose while under water.

Despite the inherent dangers present in swimming, if the swimmer uses proper precautions in breathing and maintaining proper body temperature no serious consequences should arise.

# Chicken A La Swiss Yogurt



From the Borden Kitchen comes this "Swiss-style" chicken, proudly paired with Mandarin orange yogurt and peach slices.

- Chicken with Mandarin Orange Yogurt and Peaches**  
(Makes 4-6 servings)
- 1 (3 lb.) broiler-fryer chicken, cut into serving pieces
  - 1/4 cup sifted flour
  - 1 teaspoon salt
  - 2 tablespoons paprika
  - 4 tablespoons (1/2 stick) Danish flavor margarine
  - 1 medium onion, thinly sliced
  - 1 (1 lb. 1-oz.) can sliced peaches, drain and reserve juice
  - 1 cup boiling water
  - 2 tablespoons cold water
  - 1 cup (1/2 pint container) Borden Mandarin Orange Yogurt

Wash and dry chicken. Combine flour, salt and paprika. Evenly coat chicken with this mixture. Reserve remaining mixture. Melt 2 tablespoons of margarine in large chicken fryer or Dutch oven. Add onions; sauté until just light golden brown. Remove from pan; set aside. Melt remaining 2 tablespoons margarine; brown chicken. Return onions to the pan. Add 1 cup of reserved peach juice and boiling water. Cover and simmer 1 hour or until chicken is tender. Remove chicken to a hot platter; keep warm. Measure 2 tablespoons of the reserved flour mixture into small bowl; blend with cold water. Gradually stir into sauce. Cook; stir constantly until sauce thickens and just comes to a boil. Add peaches; heat 5 minutes. Stir in yogurt. Pour peach-yogurt sauce over chicken. Serve immediately with hot rice.

# Lunch Is A Breeze With Cheese



Here's a menu bound to challenge any cook's creativity and any family's appetite. To make the soup, simply snip the foil package of a modern soup mix, stir into water or milk... and soup's on. Produce the petite pizzas in minutes the Borden Kitchen way with refrigerated biscuits and canned tomato paste capped with individually wrapped American, pimento, or Swiss cheese slices. And why not set sail for success with the kids? Build pickle boats with keels of big dills and cheese-slice sails hoisted on wooden food picks.

## Pickle Boats and Petite Pizzas

- (Makes 20 miniature pizzas)
- 8 singly wrapped slices (one 8-oz. pkg.) Borden American, Swiss or pimento pasteurized process cheese slices
  - 1 pt. jar No-Garlic Dills (9-1/2 oz. pkg.) Big 10 Flaky Biscuits
  - 1 (6-oz. can) tomato paste
  - Stuffed olive slices, optional

**Pickle Boats:** Cut a cheese slice diagonally from corner to corner, forming 4 triangles. Carefully thread each triangle onto a wooden food pick. Place pick into pickle to form the "sail".

**Petite Pizzas:** Place biscuits on a baking sheet. Bake in a moderate (375°F.) oven, 10-14 minutes or until golden brown. Cool. Carefully split biscuits in half crosswise. Spoon about 2-3 teaspoons tomato paste onto each biscuit half. Cut cheese slices into quarters. Place one quarter on each pizza. Top with a crosswise slice of dill pickle. Return to a moderate (375°F.) oven, 3-5 minutes or until cheese melts and tomato paste is thoroughly heated.

# Dean's List

Chapel Hill-The following is a list of students in the Louisburg and Youngsville area who were on the Dean's List at the University of North Carolina at Chapel Hill for the Spring semester, 1968.

To be on the Dean's List students must take a minimum of 15 semester hours of work and earn a B (3.0 quality point) average with no grade below a C on all work taken. (Note: In the case of an asterisk - \* - at the end of a name, the student earned a 4.0 average which is the equivalent to an A average on all work taken.)

School of Business: Robert Henry Mitchell, Louisburg; Joseph Jones Hart, Jr., Youngsville; General College: Larry Kay White, Youngsville; Arts & Sciences: Joseph Wade Goldston, Paul Washington Stewart, Louisburg; Pharmacy: Walter Bruce Wynne, of 48 Allen Lane, Louisburg.

The world is grim enough without having to endure the young, crusading radio and television commentators.

# Burgers For Bachelors



## Bachelor Burger Deluxe

(Makes 5 to 6 servings)

- 2 pounds ground round beef
- 1 teaspoon salt
- Salt and pepper to season
- 1/4 teaspoon black pepper
- 4 tablespoons margarine
- 1-1/2 cups (one 4-oz. jar) butter
- 1 cup chopped onion
- 1/2 cup all-purpose flour
- 3/4 cup (one 4-oz. can) fancy sliced button mushrooms, drained
- 1-1/2 cups hot water

In a large-size mixing bowl, combine meat, salt and pepper. Shape into 18 (2-inch diameter) meat balls. In a large skillet, melt butter or margarine over medium heat. Add onions, mushrooms and meat balls. Cook until meat balls are brown on all sides. Add salt and pepper. Cover. Reduce heat and cook 10 minutes. In a medium-size bowl, or a pint measuring cup, combine coffee creamer and flour until well blended. Gradually stir in hot water. Blend with a wire whisk or rotary beater until mixture is smooth. Add flour mixture to meat balls. Bring mixture to a boil over medium heat; stir constantly, until mixture has thickened. Serve hot over whipped potatoes or biscuits.

# Franklinton

Tim Leonard, Jimmy Ball and Vic Adams spent the weekend at Daytona Beach, Florida.

Mrs. Lucille Adams has returned home after vacationing at Lake Wales, Florida.

Mr. Hubert Utley is a patient at Wake Forest Hospital.

WAC Spec. V Judy Robbins of Ft. Knox, Kentucky is visiting her parents, Mr. and Mrs. Larry Robbins.

Mr. and Mrs. W. L. Stone visited Dr. Don Higgenbotham and sons in Chapel Hill last week.

Mr. and Mrs. Floyd Bell and daughters vacationed at Myrtle Beach, South Carolina last week.

# Thanks

We thank Dr. J. B. Whelless, the nurses on second floor, the ones who gave blood, from the depths of our hearts. Also those who remembered us in any way through flowers, cards, visits and prayers. May God bless you for making our stay in the hospital more comfortable.

Mr. and Mrs. C. C. Morgan

About half the people of the world are busy trying to direct the lives of the other half.

# In Service



C.R. MORRIS

Ft. Eustis, Va. (AHTNC) - Private Clyde R. Morris, 20, son of Mr. and Mrs. Jessie J. Morris, Route 1, Franklinton, N. C., completed a helicopter rotor course June 7 at the Army Transportation School, Ft. Eustis, Va.

During the 13-week course, he was trained in the repair and maintenance of the Army's cargo and troop-carrying helicopters.

(U. S. Army Photo)

The end of the world will catch most of the big executives behind with their work.

# Teenage Chat Youngsville

HOT seems to be the word especially for members of Flat Rock Baptist Church. Revival services and hot weather just don't seem to mix. Want to know an instant cooler?? Well, just remember that cold day in French class when everyone was freezing. It works doesn't it - the thoughts of French class always make you shiver.

Speaking of revival, wonder why Billy Lloyd came to church Tuesday night. It's nice to have you back where you belong, Billy. At church? Elaine Holmes is grounded again. What could possibly be the reason now? For once in her life she was doing something worthwhile - visiting the sick.

For many teens around the county this week ends vacation. It is tobacco burning time again. Those lazy, hazy, crazy days of summer have turned to wet, dirty, first-priming days. These are the days when you wonder how you could ever have wished for school to be out.

Taking advantage of Tre Jay's short weekend was Debbie Roberts. Debby and her family spent the weekend in Washington, D. C. While there they saw the Capitol, Arlington National Cemetery, Mt. Vernon and many other historical sites. How many acres of graves did you say Debby? Jenny Wiggins will be off to a week of fun in the sun next week. Let's all keep our fingers crossed that there will be a Myrtle Beach after a week of her.

Mike Hall just couldn't get out of playing the piano Tuesday night. He tried to cut his hand off but he wasn't even successful at that.

Congratulations go out to Jimmy Johnson. He has his permit now. Watch out drivers - here he comes! By the way, Jimmy, what is this I hear about a certain "anonymous" letter you and Ronnie received. Jo Anne didn't seem to think it was very funny.

Birthdays greetings are extended to Carol Mitchel, Elaine Holmes, Patsy White, Ricky DeMet, Debbie Roberts and Beryl Keith.

A word of warning to Pam Hart: When you want to make a face, always check to see who is behind you.

Anyone who would like to write a lonely guy away from home with lots of time for reading on his hands, please make good use of this address. AC Jackie W. Wright, AF 12985668, CMR No. 5, SQ3701, Flight 695, Lackland A.F.B., Texas 78236.

# Birth

Mr. and Mrs. Johnny Bowden of Wilson announce the birth of a daughter, Michelle Leigh, Friday, July 12. Mrs. Bowden is the former Evelyn Green from Garner and Johnny is the son of Mr. and Mrs. Onnie Bowden of the Justice community.

# STATEMENT

NATIONAL HOME LIFE ASSURANCE COMPANY

1. Cash	4,193,238.25
2. Bonds	278,221.88
3. Mortgage Loans on Real Estate	1,706,128.23
4. Real Estate	123,784.51
5. Other Loans	516,831.00
6. Premiums Due	-
7. Unearned Premiums	-
8. Cash and Cash Equivalents	378,221.88
9. Life Insurance Premiums and Annuity Contributions Deferred and Unclaimed	229,221.88
10. Other Assets (as detailed in annual statement)	209,102.50
<b>Total Assets</b>	<b>6,335,126.32</b>

# LIABILITIES, RESERVE AND OTHER FUNDS

1. Aggregate reserve for life policies and contracts	4,193,238.25
2. Aggregate reserve for accident and health contracts	1,146,831.84
3. Aggregate reserve for other life contracts	53,028.13
4. Policy and contract funds	-
5. Life	221,121.88
6. Accident and health	543,221.88
7. Policyholder's dividend accumulations	15,688.82
8. Policyholder's dividend due and unpaid	22,221.88
9. Provision for policyholder's dividend payable for following calendar year	2,221.88
10. Provision for policyholder's dividend payable for following calendar year	2,221.88
11. Unearned premium on contracts	22,221.88
12. Unearned premium on contracts	22,221.88
13. Unearned premium on contracts	22,221.88
14. Unearned premium on contracts	22,221.88
15. Unearned premium on contracts	22,221.88
16. Unearned premium on contracts	22,221.88
17. Unearned premium on contracts	22,221.88
18. Unearned premium on contracts	22,221.88
19. Unearned premium on contracts	22,221.88
20. Unearned premium on contracts	22,221.88
21. Unearned premium on contracts	22,221.88
22. Unearned premium on contracts	22,221.88
23. Unearned premium on contracts	22,221.88
24. Unearned premium on contracts	22,221.88
25. Unearned premium on contracts	22,221.88
26. Unearned premium on contracts	22,221.88
27. Unearned premium on contracts	22,221.88
28. Unearned premium on contracts	22,221.88
29. Unearned premium on contracts	22,221.88
30. Unearned premium on contracts	22,221.88
31. Unearned premium on contracts	22,221.88
32. Unearned premium on contracts	22,221.88
33. Unearned premium on contracts	22,221.88
34. Unearned premium on contracts	22,221.88
35. Unearned premium on contracts	22,221.88
36. Unearned premium on contracts	22,221.88
37. Unearned premium on contracts	22,221.88
38. Unearned premium on contracts	22,221.88
39. Unearned premium on contracts	22,221.88
40. Unearned premium on contracts	22,221.88
41. Unearned premium on contracts	22,221.88
42. Unearned premium on contracts	22,221.88
43. Unearned premium on contracts	22,221.88
44. Unearned premium on contracts	22,221.88
45. Unearned premium on contracts	22,221.88
46. Unearned premium on contracts	22,221.88
47. Unearned premium on contracts	22,221.88
48. Unearned premium on contracts	22,221.88
49. Unearned premium on contracts	22,221.88
50. Unearned premium on contracts	22,221.88
51. Unearned premium on contracts	22,221.88
52. Unearned premium on contracts	22,221.88
53. Unearned premium on contracts	22,221.88
54. Unearned premium on contracts	22,221.88
55. Unearned premium on contracts	22,221.88
56. Unearned premium on contracts	22,221.88
57. Unearned premium on contracts	22,221.88
58. Unearned premium on contracts	22,221.88
59. Unearned premium on contracts	22,221.88
60. Unearned premium on contracts	22,221.88
61. Unearned premium on contracts	22,221.88
62. Unearned premium on contracts	22,221.88
63. Unearned premium on contracts	22,221.88
64. Unearned premium on contracts	22,221.88
65. Unearned premium on contracts	22,221.88
66. Unearned premium on contracts	22,221.88
67. Unearned premium on contracts	22,221.88
68. Unearned premium on contracts	22,221.88
69. Unearned premium on contracts	22,221.88
70. Unearned premium on contracts	22,221.88
71. Unearned premium on contracts	22,221.88
72. Unearned premium on contracts	22,221.88
73. Unearned premium on contracts	22,221.88
74. Unearned premium on contracts	22,221.88
75. Unearned premium on contracts	22,221.88
76. Unearned premium on contracts	22,221.88
77. Unearned premium on contracts	22,221.88
78. Unearned premium on contracts	22,221.88
79. Unearned premium on contracts	22,221.88
80. Unearned premium on contracts	22,221.88
81. Unearned premium on contracts	22,221.88
82. Unearned premium on contracts	22,221.88
83. Unearned premium on contracts	22,221.88
84. Unearned premium on contracts	22,221.88
85. Unearned premium on contracts	22,221.88
86. Unearned premium on contracts	22,221.88
87. Unearned premium on contracts	22,221.88
88. Unearned premium on contracts	22,221.88
89. Unearned premium on contracts	22,221.88
90. Unearned premium on contracts	22,221.88
91. Unearned premium on contracts	22,221.88
92. Unearned premium on contracts	22,221.88
93. Unearned premium on contracts	22,221.88
94. Unearned premium on contracts	22,221.88
95. Unearned premium on contracts	22,221.88
96. Unearned premium on contracts	22,221.88
97. Unearned premium on contracts	22,221.88
98. Unearned premium on contracts	22,221.88
99. Unearned premium on contracts	22,221.88
100. Unearned premium on contracts	22,221.88

ALL OTHER ASSETS (AS DETAILED IN ANNUAL STATEMENT)

Total Liabilities (except Capital)

4,193,238.25

Capital surplus

1,146,831.84

Unearned premium

53,028.13

GRAND TOTAL

6,335,126.32

Policy Reserve

4,193,238.25

Capital surplus

1,146,831.84

Unearned premium

53,028.13

GRAND TOTAL

6,335,126.32

Policy Reserve

4,193,238.25

Capital surplus

1,146,831.84

Unearned premium

53,028.13

GRAND TOTAL

6,335,126.32

Policy Reserve

4,193,238.25

Capital surplus

1,146,831.84

Unearned premium

53,028.13

GRAND TOTAL

6,335,126.32

Policy Reserve

4,193,238.25

Capital surplus

1,146,831.84

Unearned premium

53,028.13

GRAND TOTAL

6,335,126.32

Policy Reserve

4,193,238.25

Capital surplus

1,146,831.84

Unearned premium

53,028.13

GRAND TOTAL

6,335,126.32

Policy Reserve

4,193,238.25

Capital surplus

1,146,831.84

Unearned premium

53,028.13

GRAND TOTAL

6,335,126.32

Policy Reserve

4,193,238.25

Capital surplus

1,146,831.84

Unearned premium

53,028.13

# Leggett

## JULY CLEARANCE SALE (IN PROGRESS)

BOY'S SPORT COATS & SUITS REDUCED UP TO 50%

MEN'S BERMUDAS Reduced 25% REG. PRICE 3.00 TO 5.00

NEW STOCK OF MEN'S SHORT SLEEVE SHIRTS ALL SPORT SHIRTS REDUCED 25% SIZE 14-17 1/2

MEN'S HATS 1/2 PRICE THIS IS A GOOD BUY ON ALL STRAW HATS

GIRLS & LADIES DEPT. - FULL OF GREATLY REDUCED MDSE.

LAY-A-WAY YOUR MDSE. FOR BACK-TO-SCHOOL TODAY

LEGGETT'S IS OPEN ALL DAY WEDNESDAY STORE HOURS 9:30 TO 5:30 SHOP BY CASH-CHARGE OR LAY-A-WAY

# CONGRATULATIONS

TO THE GOSPEL RECORDED, Inc. BOX 276 LOUISBURG, N.C.

FOR THEIR WONDERFUL PRODUCT - THE BIBLE ON RECORD WE MADE THEIR RECORD JACKETS & BOXES & COVERS

# BRANDALL - CRAIG - DICKERSON COMPANY

304-306 TENTH AVENUE, SOUTH NASHVILLE 3, TENNESSEE COLOR LITHOGRAPHERS & PRINTERS