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DAILY  
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# FRYERS

**CUT UP FRYERS** POUND 29¢  
**FRYERS BREAST** POUND 55¢  
**FRYERS LEGS** POUND 49¢  
**BARBEQUE STYLE FRYERS** LB. 29¢

# 26

LB.

THE MOST FAMOUS NAME SWIFT'S PREMIUM



Swift's  
Premium  
BEEF

# STEAK


TENDER  
JUICY

# SIRLOIN

BONELESS

# RIB

LB. 99¢



Swift's  
Premium  
BEEF

**T-BONE STEAK** LB. \$1.05

FRESH DRESSED BUTTER OR PAN TROUT	<b>FISH</b>	<b>BACON</b> GRADE "A" SWEET RASHER	49¢ LB.
	<b>45¢</b> LB.	<b>OLEO</b> 8 OZ. PATTIE	5¢
		<b>PORK STEAK</b>	59¢ LB.

	<b>DEL MONTE TOMATO CATSUP</b> 20 Oz. Bot.	28¢
	<b>DEL MONTE PINEAPPLE JUICE</b> No. 211 Can	10¢
	<b>DEL MONTE FRUIT COCKTAIL</b> 303 Can	25¢
	<b>DEL MONTE SWEET PEAS</b> 303 Can	23¢

<b>LUZIANNE COFFEE</b>	3 LB. BUCKET	98¢
<b>SCOTT PAPER TOWELS</b>	3 JUMBO ROLLS	99¢

# POTATOES

20 Lbs. U. S. NO. 1 ALL PURPOSE WHITE

# 78¢

**RED POTATOES** 5 LB. BAG 37¢  
**SWEET POTATOES** 4 LB. BAG 49¢  
**RED GRAPES** LB. 19¢  
**ONIONS** 3 LB. BAG 29¢

# MIDWAY

OPEN FRI. & SAT. NIGHT UNTIL 8.30 P.M.

## Ports Of Call

By Edward H. Sims

The months of January and February, and-sometimes March, are the worst to endure for worshippers of the sun and those who detest cold weather. In the United States many head southward, especially to southern Florida in these months.

One can find warmth deep in Texas or in the far west, in New Mexico, Arizona and California but for swimming the best bet is where Richard Nixon has bought a home—in southern Florida. Even there cold spells like a freeze which damaged the citrus crop in mid-December can curtail summer-time sports.

New Orleans and the Gulf coast can be nice in mid-winter but can also be miserable. The time to begin visiting the Jacksonville, Mobile, New Orleans latitude is early March. By that time this area is relatively safe from hard cold and signs of spring are abundant.

For the area slightly above this east-west Gulf coastline, such as South Carolina and westward, early April, or very late in March, is the earliest that good weather is assured. For Virginia and westward late April is a safer time for touring.

For Pennsylvania and above one would do well not to expect warm weather before May. There will be exceptional spells of weather in all areas, of course, but these are general guide lines which will average out over the years and if one is playing percentages (and he can do nothing else with weather) these are the ones to play.

From now until mid March or April 1st prices are at their highest in Florida—when the weather is at its coldest in the northern states. Yet one can find bargains in Florida if he looks a bit off the beaten track, and if he doesn't expect to stay in a beach front room at the most famous locations.

One wonderful bargain in the United States is the food available in states such as Florida. Nowhere but in this country—and the best buys are in states such as Florida and California where the weather makes vacationers a big part of the public—can one find so much good food for so little.

Foreigners inevitably thrill at our milk shakes and hamburgers, not only because they are good but because they are cheap. Hardly any-

## Spotlight on HEALTH

### Closing in on the Enemy, the Common Cold

To you who awaken with a stuffy nose and feeling wretched, your cold seems to be just one of those inevitable things. But not so to the medical researcher. He sees your on-coming cold as one of 80 or more distinct infections caused by rhinoviruses (viruses that attack the nasal passages).



Tracing the transmission of the rhinoviruses that cause the common cold is a greater problem than devising remedies to relieve it. Only 20 per cent of cold sufferers have been shown to have had previous contact with cold carriers—so maybe you don't "catch" your cold.

This year, common cold sufferers can get ready relief from the family of medications with the brand name, Novahistine. Formerly available on a doctor's order only, they are now obtainable without prescription at the drugstore.

The basic formula of Novahistine has a long—and safe—record of relieving cold "miseries." Three members of this family are now available for as many indications.

One, an antitussive, controls frequency and intensity of cough spasms without abolishing the cough reflex. Another is an expectorant, indicated when

tenacious mucus is a complication. It assures better drainage of the sinuses and air passages. The third, with APC, is valuable in relieving pain, fever associated with common colds.

Isolating and controlling the rhinoviruses is the major obstacle to a cold vaccine. Small in size, about the same dimensions as the polio virus, rhinoviruses grow best at 91.4 degrees. The human body temperature is 98.6. Clear enough, then, why the rhinoviruses have such a happy hunting ground along air-cooled nasal passages.

Some 40 million Americans who become cold victims will visit their doctors this year. Many more will merely talk about them, and pass their colds on to relatives, friends and neighbors. But a goodly number will be getting proven relief from the Novahistine family.

where in Germany, for example, can one get a good piece of beef, bread and vegetables for less than two marks. Yet for less than two marks one can buy a good hamburger in drive-ins in most sections of the country.

Fried chicken and other chicken dishes are another wonderful "find" for foreigners, in Florida and elsewhere. Chicken is cheap in the United States and very expensive in foreign countries—often as expensive as steak. Generally speaking, when touring or vacationing in the United States, the average family can save a considerable sum by eating its big meal in the middle of the day when luncheon specials at many excellent restaurants range all the way from \$1.50 to less than a dollar.

### Foreign Relations

J. William Fulbright, chairman of the Senate Foreign Relations Committee, is reportedly considering a move to cut back the size of the Senate Foreign Relations group. Informed sources say the Arkansas Democrat feels the present membership of 19 slows the committee work.

### Accidents Vs Crime

William Haddon, chief of the National Highway Traffic Safety Bureau, said this nation cannot solve the problem of violence without attacking violence in the form of the automobile accident. He said that automobile accidents exceeded all crimes of violence by a 10 to one ratio.

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