



Performs In Concert

Miss Elizabeth McKinne of Louisburg, pictured first on the left, is performing with The North Carolina Repertory Ballet Company in spring concert Saturday night, May 10, at WRAL-TV Auditorium at 8 p.m. Elizabeth is the daughter of Mr. and Mrs. Colin McKinne of 301 E. Noble Street, Louisburg. The program will include a variety of styles and eras in dance and is free to the public.

## How To Ruin A Warm Friendship

New York (NAPS) -- The sit-in, shoo-out, hang-up and put-down are just four of the common ways in which wonderfully warm friendships are ruined--sometimes turning in-laws into outlaws, and taking the "r" out of friend.

Though a really good friend is hard to find, losing one is often far too easy. Nobody wants to change from a pal to a pill and a recent psychologist's report describes some colorful characters whose foibles usually turn affection to rejection... with some sage suggestions on how to avoid them.

1. Bad News Bernie. Bernie is a wonderful friend as long as you're having a tough time. If your mother-in-law moves in or your wife moves out, Bernie is always the first to know and to call--full of sympathy. But when you get that big promotion or your first son weighs in at a lusty 9 pounds, Bernie is strangely absent... and stays that way till fate deals you another blow.

Don't be a Bad News Bernie. Your friends need you around to celebrate as much as to commiserate. So when good news comes their way, be the first to call or write. Even better--send flowers. Any florist with an FTD symbol in his window will be glad to speed congratulations anywhere, any time. And it's surprising how pleased folks are to be remem-

bered this way--when things are going well!

The "We'll Be There" Wilkinsons. Almost everyone has friends like the Wilkinsons--for a while, anyhow. They're always the life of every party and they never miss one. If you decide to ask a few neighbors in for drinks, the Wilkinsons turn up as a surprise. And when you rent that little cottage by the lake, they just happen to be driving by--for the weekend. Obviously, the Wilkinsons are so busy with their gregarious gadding, they never have time to entertain you. And, since they're never at home, you can't just drop in on them.

Needless to say, the Wilkinsons have ruined a number of warm friendships--as you will, too, if you lack common consideration and fail to reciprocate with your own invitations. Even when friends say: "Drop in any time" its tactful to call before you do. And after an overnight visit, it's a must to send a thank-you note, a bread-and-butter gift or a thoughtful bouquet of flowers with your own individualized message.

Good Time Gilda. You may have at least one Good Time Gilda on your list of friends... temporarily. The opposite number to Bad News Bernie, she's just as obnoxious in her way. Gilda is one of those blithe spirits who gravitates toward fun and runs from trouble.

Whether you lose your job, your boyfriend or your apartment, Gilda is the first to know--and go. She won't be around till you've fully recovered and by that time--who needs her?

Many people instinctively shun misfortune as though it were contagious. But this type of behavior is guaranteed to turn the trust in any relationship straight to bust. Do be a friend in need, offer positive help as well as sympathy and you'll be pretty sure to have a friend around when you need one.

"You-Poor-Thing" Pattie. Pattie is a remarkably sympathetic friend. In fact, she fairly overflows with sympathy but, unfortunately, that's all she has to offer and as she continues with condolences on your latest haircut, most expensive dress, brand new draperies, your husband's business affiliations and your children's behavior you start by feeling awfully sorry for yourself then decide you may be allergic to Pattie.

Expressing the right amount of sympathy at the right time is certainly in order. But don't overdo it. Belittling a companion is one sure way to rub the "r" right out of friendship.

How-To-Do-It Harry. Harry's the kind of friend who loves to give advice, solicited or not. Whenever you have to make a decision, Harry makes it for you. And, if you fail to follow his suggestions, regardless of the outcome, he is certain to say "I told you so". Harry is also an amazing second-guesser, given to such endearing expressions as "How could you have..." "What, you mean you've never heard of..." and "I'm surprised you didn't..."

Of all the ways to ruin a warm friendship, offering unwanted advice or criticism is probably the most potent. Even when friends ask for your advice, they usually prefer to make their own decisions and want to be respected for it.

There are a number of others on the list--some of whom may be among your own acquaintances: Catastrophe Cate who goes from one ghastly crisis to another and insists on phoning you about each, usually at 3 a.m.; the Two-Faced Tatums who ooze with compliments and chumminess in your presence, but run you down mercilessly behind your back; the Borrowing Barclays who are always in debt and find it's easier and cheaper to borrow from you than a bank; Name-Dropping Ned who knows everybody you don't and loves to rub it in; Boring Benjie who

only stops talking about himself long enough to repeat the same old jokes which weren't even good the first time and Awkward Annie who inevitably manages to break up the furniture, burn a hole in the rug or smash your best china whenever she's a guest.

The fictitious characters described above are obvious exaggerations. Few real persons are so consistently poisonous yet, according to psychologists, everyone commits some of these unfriendly acts occasionally--even to their nearest and dearest. However, with a little effort and self-examination you can eliminate most of them and thus manage to keep on good terms with those friends you most want to keep.

### And Feel Better

Johnny had been disobedient, and finally his teacher asked him to stay after school.

"Johnny," she began, "I have to mark the report cards this evening. Now, what do you think I should do about yours?"

"Well," said the youngster, "I think you really ought to go home and have a good dinner and rest before you mark mine."

A country can raise its intellectual standard no faster than individuals within raise theirs. What are you doing to improve your mind?

## Honor Outstanding Students

Raleigh -- It's that time of year again! High school graduations are approaching and the State Department of Public Instruction is being bombarded with requests to evaluate numerous proposals to "honor" outstanding students.

There is no evidence that these proposals are sponsored or authorized by any recognized educational organizations or that they have any ultimate goal other than making money, according to Miss Kathryn Ray, director of the Department's Division of Pupil Personnel Services to which most of the inquiries are directed. Some appear to be philanthropic by offering scholarships.

At least one offers \$400 scholarships to the 10 seniors, from an annual listing of around 60,000, who make the highest score on a test. Often there are plaques and/or pins to sell to students and their parents--in addition to the "honor" book for which the schools are being asked to provide the contents.

In addition to proposals to honor outstanding seniors, spring seems to bring out an overabundance of dubious schools offering to prepare the high school graduate for a variety of high-paying jobs. Director of General Education Nile F. Hunt said, "If these self-styled schools can secure a list of graduates, they resort to direct personal and by-mail contacts," he said. "Frequently the offered courses of instruction turn out to be nothing more than a set of books of doubtful quality and value."

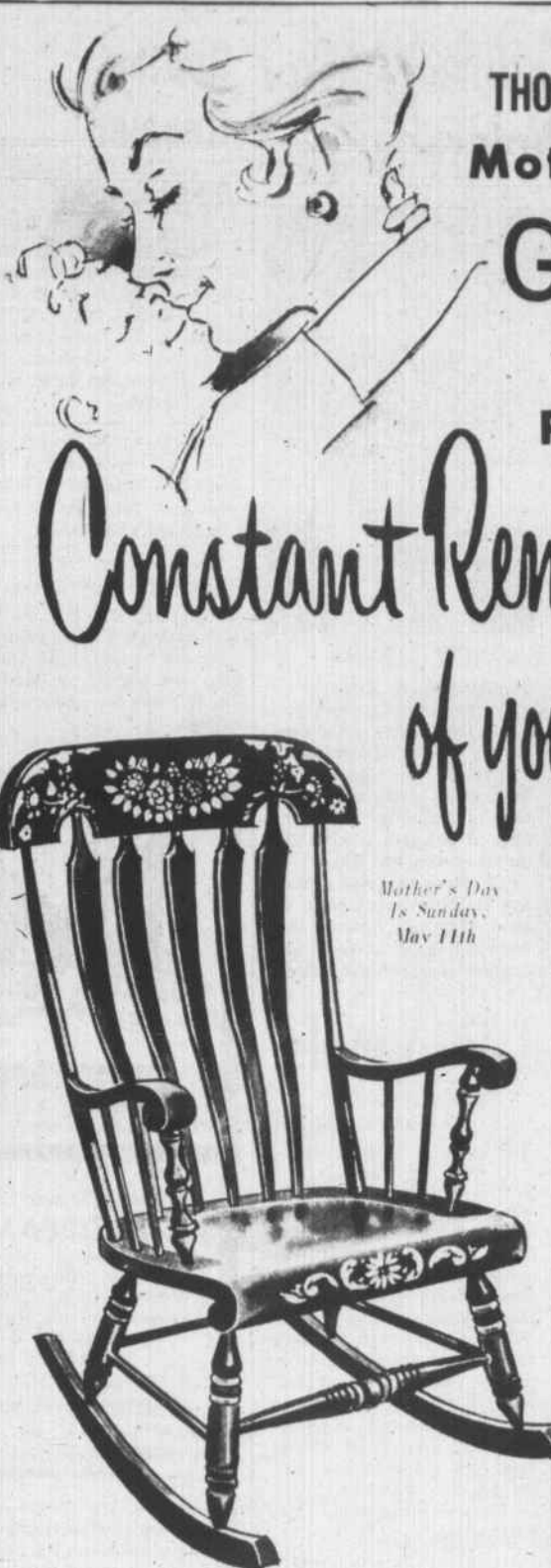
Another example is the father who paid \$240 to enroll his son in a midwest "machine training center" correspondence course and signed a contract for \$50 a month additional for 15 months. Investigation by the guidance counselor at the son's high school revealed superior training in the desired field of study--at much less cost--was available within commuting distance of the boy's home.

Both Miss Ray and Hunt urged that students and parents confer with the school guidance counselor and principal before submitting to pressures to accept unusual "honors" or enroll in dubious courses of study. "The role of the counselor is to protect the individuality of each pupil, providing leadership in the development of a program of activities designed to assist each student to achieve his full potential," Miss Ray said. "The counselor is in a position to appraise requests for information about students and to protect them from receiving undue pressure and being victimized."

### Thanks

We would like to express our sincere appreciation and thanks to our many friends and neighbors for the food, flowers and kindness shown us in the death of our loved friend Buck McDonald

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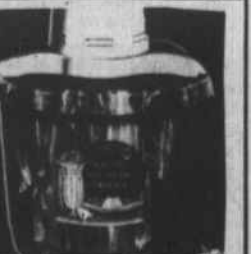
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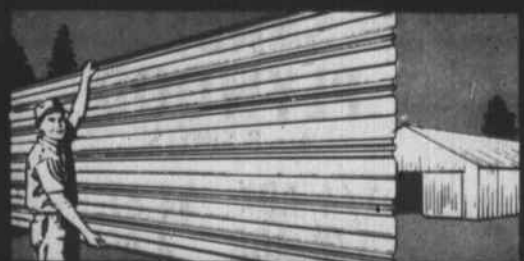
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