

Comment On Sports

By Pete Fritchie

Washington, D. C. -- The second-guessers are still at it over the Belmont Stakes and Bill Hartack is getting heavy criticism for his performance on Majestic Prince, beaten by five and a half lengths by Arts and Letters.

A goodly number of Majestic Prince's boosters think Hartack allowed him to loaf through an extremely slow pace too long, until so far back he had no chance to catch a horse like Arts and Letters when the latter turned on the steam. And Arts and Letters can turn on the steam, especially if the pace hasn't been strenuous, in the stretch.

Hartack resents the criticism but he will have to live with it a long time; that's inevitable since Majestic Prince was going for the

Triple Crown—a once in a lifetime thing. Those who think this goal makes it imperative that the jockey hustle his horse all the way, never playing it cautiously, have a

Franklinton Softball Results

(Frk. B.W.) In games played Tuesday night at Franklinton, Franklinton Fabrics beat Wake Forest 8 to 3. Schrader beat Union View 17 to 7.

In games Thursday night Franklinton Fabrics edged Youngsville Teens 9 to 8. Wake Forest beat Union View 16 to 6.

Nothing increases the admiration of children for their parents like a large estate for division among the heirs.

point. But Hartack believes the Prince just didn't have it. That means—if an accurate prognosis, that Johnny Longden was probably right when

he didn't want the Prince to take on the Belmont, feeling he needed a few weeks of rest in California.

Owner Frank McMahon decided to enter the Prince after all—some say there was too much pressure from track people—and afterward he seemed to agree that Longden might have been right. What did he think of Hartack's ride?

The official reply is that the Prince just didn't have it. But the questions will remain, even though Arts and Letters won by a big gap—just as his people swore they would do when they lost the Derby, and seemed bitter about it all.

The world's largest flying bird is the wandering albatross, with a wing spread of about 11½ feet.

New York (NAPS) -- No one knows when man first summed enough courage to jump into a body of water instead of walking around it. One thing is sure—he's been doing it ever since!

After countless ages, swimming remains one of man's most useful, beneficial sports. Few other activities combine as much exercise, relaxation and sheer fun.

Another reason for swimming's timeless popularity: nearly everyone—young, old, even the handicapped—can enjoy it. A sunny day at a lake or beach...any day at an indoor pool...and the fun begins.

But swimming also has a serious side. Statistics show five to seven thousand Americans drown each year! The "culprit" is simple carelessness—over-familiarity that

sometimes blinds swimmers to basic safety rules.

To reduce the dangers—and add to the fun of summer outings—experts of the 125-year-old YMCA have drawn on its 85 years of water safety experience to compile some valuable, professional tips.

First and most important rule, they say, is to learn to swim well. Because swimming seems so natural, some people ignore the need for skilled professional training. Yet the poor swimmer remains a constant menace to himself—and others.

Non-swimmers pose a greater threat, according to YMCA water safety experts. Until they learn the basic fundamentals the only advice is stay out of the water! Even wading can bring disaster if you step into an unexpected "drop off."

It doesn't matter if the choice is a pool, lake or beach—make sure a life guard is present. Other useful precautions: never swim alone, obey all warning signs. Many a toogin has been split in shallow water...many persons have been infected by polluted water because they thought the warning signs just part of the scenery.

It's also wise not to swim through patches of seaweed; it entangles you and saps your strength.

Because swimming is an exercise, personal safety often depends on physical condition. If you don't rest and cool off after exertion, YMCA experts warn, plunging back into cold water may cause you to black out from a sudden rise in blood pressure. It may also cause painful, disabling cramps.

Recognizing physical limitations—and refusing invitations to competitive swimming when you're not in shape—is no disgrace. Endangering a rescuer's life by collapsing from overexertion is! Learn how far you can swim and don't go beyond your limit. If you do compete, race toward—not away from—shore, and have a third person present.

Vital to measuring your ability is knowing the water's depth and the current's strength. Remember, you can't tell either from the surface and must make it a point to find out.

If you are trapped in a strong current, "Y" experts give this advice: don't fight it. Swim across the current and gradually work your way in toward shore.

Perhaps the greatest water menaces are the "would-be hero" and the "water show-off." It's a grim rule, but

performing dangerous stunts to impress people sooner or later gets you in trouble. And rescue attempts by unqualified swimmers can multiply tragedies. No one should attempt a water rescue until he's passed an expert course in rescue techniques.

Not all of water safety is directly related to swimming. The recent rise in popularity of boating and skin diving has added to the problem.

Once more, application of common sense rules can keep you free of trouble. Most important rule...as with all water activity...is only good swimmers should go boating or attempt skin diving.

Other tips: when getting into a small boat, use only the stern or the bow so you have greater stability. Don't dive from boats; you may literally knock yourself out. When you want to take a dip, throw in a rope or anchor to make sure of the depth, slide into the water and keep close by. If alone, keep a grip on the tow line.

Though following the safety rules avoids most accidents, a few emergencies may still occur. If they do, remember: the best policy is always to keep calm, and use your head. Here are some emergency rules laid down by YMCA experts:

If a boat capsizes—stay with the boat. If a swimmer is in trouble—and you're not a rescue expert—try reaching him with a pole or clothing or throw him something buoyant to hang on. Sometimes it's possible to reach the swimmer by hanging on to a dock or float with your free hand.

Even if the rescued swimmer looks in hopeless shape, quick application of artificial respiration usually revives him.

For adults, kneel on one knee and face the victim's head. Place victim's hands palm-over-hand-under-cheek. Rock forward—your hands flat on the victim's shoulder blades. Lift your hips to shift part of the weight, rock forward and press firmly. Slide back smoothly, lift and pull upper arms, then lower arms to the ground. Repeat the cycle 12 times a minute.

When the victim's under four years old, the easiest, most effective artificial respiration technique is the mouth to mouth method. Clear the child's mouth, press tongue forward, place him in a face-down, head-down position and pat firmly on the back to dislodge foreign objects. Next, place the child on his back and use the middle fingers of both hands to lift his lower jaw until it juts out.

Hold the jaw in this position with one hand, place your mouth over the child's mouth and jaw. Breathe into his mouth until his chest rises—keep your free hand on the child's abdomen between navel and ribs. When lungs are expanded, remove your mouth to let him deflate. Repeat cycle 20 times a minute.

That's all it takes to blunt the edge of danger; a little effort to know—and follow—the basic rules.

One last item: the YMCA operates over 765 swimming pools. In each you can learn how to swim—or to improve your swimming ability.

Have a happy—and safe—summer!

If four structures the size of the 1,472 foot Empire State Building were stacked on the floor of the Grand Canyon, only the television tower on the top one would poke above the North Rim, National Geographic says.

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Briefs

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It takes between 300 and 400 pounds of paint to cover the new jumbo passenger jets, although the coating measures only about three-thousandths of an inch thick.

Farmers on the Maltese islands erect stone walls to protect their small but precious fields, National Geographic says. Otherwise the earth would wash away in the winter rains.

If the Antarctic ice cap melted at a uniform rate, it would produce about 6.5 million cubic miles of water, enough to feed the Mississippi River for more than 50,000 years.

The sun, one of an estimated hundred billion stars in the Milky Way, radiates more energy in one second than man has used since the beginning of civilization, National Geographic says.

The few remaining members of the Lacandon Indian tribe of Mexico have forgotten their ancient writing, medicine, calendar, and architecture, says the National Geographic Society book, **VANISHING PEOPLES OF THE EARTH**. But the men, women, and children still smoke large cigars of cured tobacco leaves as their ancestors did centuries ago.

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