



### Memorial Award Established

Mr. Frank H. Henwood has established The Jean Henwood Memorial Award in memory of his wife. The award will be given annually to the Louisburg College golfer who has the lowest eighteen hole average score for all regularly scheduled college matches.

The Jean Henwood Memorial Trophy will remain in the Louisburg College Trophy case. Each year the winner of the award and his average score will be added to the plate at the base of the three-foot trophy. The winner will receive an exact replica of the trophy.

Pictured above, left to right, are members of the committee which will make the annual award, David E. Daniel, Director of College Relations; James Lanier, Golf Coach; Frank H. Henwood, vice president of Cumerford Corporation; and Walter B. Jones, Director of Alumni Affairs.

## In Service

THEODORE R. COOKE

USS Newport News (FHTNC) Nov. 12 - Seaman Apprentice Theodore R. Cooke, USN, son of Mr. and Mrs. James K. Cooke of Route 1, Louisburg, N. C., returned to the U.S. aboard the heavy cruiser USS Newport News after an eight-month deployment to the North Atlantic.

The Second Fleet flagship participated in "Operation Peace Keeper", a NATO exercise including participants from the U.S., Canada, West Germany, Britain and the Netherlands.

The Newport News visited several European and North Atlantic ports during its deployment including ports in England, Denmark, Finland, Germany, France and Morocco.

## Franklin Mem. Hospital Notes

The following were patients in the hospital Tuesday morning:

PATIENTS: Anthony Alston, Louisburg; Susan Temperance Alston, Louisburg; Clarence Bailey, Louisburg; Allie Mae Harris Ball, Franklinton; Bertrude Blockson, Franklinton; Pattie K. Boone, Castalia; William Spencer Boone, Castalia; Ernest Fulton Bowers, Franklinton; Mattie Bowden Braswell, Louisburg; Dianne Debra Cannady, Franklinton; Howard Lee Carden, Louisburg; Corrina Haley Cash, Louisburg; John Scott Catlette, Louisburg; Emogene Morgan Collins, Louisburg; Charlie Curtis Crowder, Castalia; Marcellous Currin, Louisburg; Donald Davis, Louisburg; Josephine Stewart Delancy, Raleigh; Henry May Edwards, Franklinton; Annie Newell Faulkner, Louisburg; Evelyn Forsythe Finch, Louisburg; Katherine Ford Rogers, Louisburg; Eugene G. Foster, Louisburg; Samuel Henry Foster, Louisburg; Mattie Lene Collins Frazier, Zebulon; Clayton Edward Freeman, Louisburg; Susie Green Fuller, Louisburg; George Spencer Gilliam, Louisburg; Dorothy Duke Gupton, Louisburg; Eddie F. Gupton, Louisburg; Margaret Payne Hardy, Franklinton; Cassie L. Harris, Louisburg; Martha Solomon Hicks, Louisburg; Wiley Thomas Hill, Jr., Louisburg; Helen Wrenn Jackson, Louisburg; Pattie Lamm Justice, Louisburg; Lillie Aycock Kemp, Louisburg; Olla H. Lambert, Louisburg; Annie Loe Lancaster, Louisburg; Nettie M. Lineberry, Louisburg; Annie H. Lloyd, Louisburg; Alton Brooks Parrish, Louisburg; William Herman Parrish, Louisburg; Mary Ayscue Pernel, Louisburg; Lois Tucker Perry, Louisburg; Rebecca Perry, Louisburg; Bertha Harris Robertson, Hollister; Dorothy Carter Shearon, Franklinton; May Dell Dunston Stokes, Louisburg; Percy William Tant, Louisburg; Minnie Burnette Thompson, Louisburg; Zelma Lowery Tilley, Louisburg; Bennie Thomas Wester, Louisburg; William Haywood White, Louisburg; Adele Thomas Williams, New York; Frances Marie Williams, Warrenton; Vincent Gene Wood, Louisburg; Jeanette Brown Woodlief, Kittrell; Zelma Perry Woodlief, Franklinton.



### Rep. Fountain Receives ACA Award

Washington, D. C. - Congressman L. H. Fountain (left) shown receiving the Distinguished Service Award from Charles A. McManus, Executive Director of Americans for Constitutional Action. The ACA award was recently presented to Rep. Fountain in recognition of his "devotion to those fundamental principles of good government which serve to promote individual rights and responsibilities; a sound dollar; a growing economy; and a desire for victory over communist aggression."

## Birth

Mr. and Mrs. Wayne Gupton announce the birth of a daughter, Camille, on November 24 at Franklin Memorial Hospital. Mrs. Gupton is the former Dorothy Duke of Franklin County.

## Distaff Deeds

By Janice R. Christensen

(News items this week from Durham, Davidson, Macon and Columbus counties)

### Nutrition-On-Wheels

Homemakers in Durham, Orange and Person counties recently had a chance to gather some hints on how to tone down the money-hungry bell of the grocery store cash register.

A mobile exhibit bearing the caption, "Make Shopping a Ball," traveled through the three counties in October.

The nutrition-on-wheels display, sponsored by the Family Living Committee of the North Central Area Development Association, challenged homemakers to ease the tension of food shopping by planning meals in advance to save time, energy and money.

According to Mrs. Mary J. Whitmore, assistant home economics Extension agent, Durham County, many young homemakers lack skills in food buying. In many instances, day-by-day and between meal shopping results in food waste, unnecessary spending and wasted time and energy, she points out.

### What's Her Name?

When an Extension home

economics agent is being introduced, and the person can't remember what her last name is—the result is this: "Oh, she works for the Extension Service in the County Building where they can answer all questions on everything from food, poisons, cleaning, family planning, clothes, management, and what have you."

In this case, "what's her name" was Mrs. Jane L. Ebert, home economics Extension agent, Davidson County.

Mrs. Ebert concludes "it's just as flattering being known for your profession as it is being known by name."

### Apples What She Learned

"Everything I have learned at Extension Homemaker's club meetings pertaining to housing is helping me a lot," states Mrs. Jack Mashburn, Macon County.

Mr. and Mrs. Mashburn are in the process of remodeling their house, observes Mrs. Jessie D. Cabe, home economics Extension agent, and information gleaned at meetings has been helpful in the remodeling of the kitchen and in the planning of the eating and serving areas.

Mrs. Mashburn says the knowledge of planning the arrangement of definite work centers as well as specific space allowances and clearances has been most helpful.

### Tries Something New

Mrs. Ada Jenkins, one of four nutrition aides in Columbus County, found a way to reach several persons with the same information.

Instead of making five individual visits, she decided to get homemakers in the Evergreen community together and present information on the importance of milk in the diet to several at one time.

The aide planned a birthday party for an elderly homemaker with whom she had been working and invited some of the other community members.

The homemakers enjoyed their group lesson and hope to meet together again for more discussions. Mrs. Yvonne B. Ray, home economics Extension agent, notes.

## Churches And Credit

Vergennes, Vt. - Anyone visiting the Congregational Church here will find a credit card machine just inside the door. The idea is to keep up with the times by praying now and paying later. The pastor of the church is the town mayor, a certified public accountant and an attorney.

## Mother's Darling

The possibility of a landslide so intimidated the inhabitants of a little village that one couple decided to send their son, aged 9, to an uncle until the danger had passed. Three days later they received a telegram: "Am returning boy. Please send landslide instead."

The man who planned to accomplish something worthwhile in 1969 hasn't long in which to make good.

Fond parents who seek to live their children's lives usually manage to mess up everything for everyone.

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HOURS:  
Fri. 10 A. M. Till 8 P. M. (Lunch 1-2)  
Sat. 10 A. M. Till 5 P. M. (Lunch 1-2)

## Youngsville PTA Has Two Guest Speakers

Youngsville - The Youngsville High School PTA met Thursday night, November 20, with the president, Mrs. J. R. Sanders, presiding. After words of welcome by the president, members of the Future Teachers of America of the Youngsville school conducted the opening portion of the program.

FTA President Janet Pearce led the audience in singing "America" and a pledge to the U.S. flag. Barbara Bailey had the devotional. Brenda Sanders led in prayer, and then gave a brief talk on what FTA stands for.

Room count honors went to Mr. Jack Ayscue's twelfth grade boys; and Mr. Larry

Lindsey's ninth grade girls.

Two guest speakers for the evening, who spoke to separate groups, were Dr. Robert Fracker, Assistant Professor of Education at Meredith College, who spoke to parents of elementary grade student on "How to Help Your Child Get the Most Out of School," and Mr. William Vinson, Jr., Supervisor for Employment Counseling and Youth Service for N. C. Employment Commission, who spoke to parents of high school students on "After High School-What?"

Connie Woodlief and Beverly Black were students who introduced the two guest speakers.

## Organizes

(Frk. B.W.) On Friday, following campaign speeches, an election for officers of a Student Council was held at Franklinton High School.

The following students were elected: president, Al Thompson; vice-president, Charlie McKnight; secretary, Richie Whitfield and treasurer, James Kingsberry.

*You're Invited*

Come to our **Christmas** Open House

The shop elves have been busy for days getting ready with a wall-to-wall wonderland of colorful Christmas arrangements, door swags, tropical plants, twinkling candles, fragrant greenery, fresh flowers, sparkling gift suggestions and imaginative new decorating ideas - just for you.

Stop by our Holiday Open House, won't you? We are anxious to extend our warmest best wishes to you personally. We'll look forward to seeing you.

**DOORS WILL OPEN**  
Saturday - November 29th 1 P.M. to 9 P.M.  
Sunday - November 30th 2 P.M. to 9 P.M.

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