OUR LETTER BOX

ROUTE FIVE

Rev. J. C. Postelle filled his last appointment before conference at Gamewell and Littlejohn's last Sunday. The congregations were fortunate in having Prof. Birmingham of Davenport College, who made interesting and encouraging talks to them.

Miss Annie Anderson spent the week end visiting her uncle, Mr. J. W. Fleming.

Miss Minnie Davis returned Sunday from visiting her parents, Mr. and Mrs. C. A. Davis, at Adako.

Sergeant R. A. Kent of Camp Jackson, Columbia, S. C., spent several days last week visiting his family and other relatives.

The teachers of our route who attended the County Teachers' Association in Lenoir last Saturday were Misses Johnsie Evans, Clyde Sigmon, Vestal Coffey, Alice Coffey, Minnie Davis, Annie Anderson, Dora Anderson and Mrs. George Link. Some of our teachers anticipate attending the State Teachers' Assembly which will convene in Charlotte Nov. 29-Dec. 1.

School will open at Craig Mountain next Monday, Nov. 19, with Mrs. H. M. Kent and Miss Vestal Coffey as teachers. Every student is urged to be present on the first day.

Mr. C. A. Anderson and family attended the funeral of Mrs. Anderson's sister, Mrs. Julius Brown, at Drexel, last Friday.

Our farmers are still busy sowing wheat and gathering corn.

HIBRITEN

Mrs. J. M. Brown, after an extended visit to her parents, Mr. and Mrs. H. G. Powell, returned to her home in Chattanooga, Tenn., last Saturday.

Mr. H. H. Greene and daughter, Miss Jennie, of Leander, Watauga county, were visitors here the first of the week.

Mrs. J. D. Steele of Boydton, Va., is visiting her father, Mr. M. L. Greer, and other relatives.

Mr. George Barlow of Boydton, Va., came home last Sunday to appear before the examination board at Lenoir this week.

Mr. John Oxford contemplates moving back to his old home in Alexander in the near future. We are sorry to lose him and his family from our midst.

Mr. Greene Coffey moved his family last week to the lumber camps on

LOWER CREEK

The pastor filled his pulpit Sunday morning at the usual hour and gave the people a splendid sermon.

The B. Y. P. U. meets every Sunday afternoon at 3 o'clock. The young people are doing some very good work for beginners, and there is quite a large enrollment. Everybody seems interested.

Mrs. M. D. Smith is just recovering from a very bad case of blood poisoning in her hand.

Mr. Frank Barlow and sister, Miss Vanda, along with several other friends, motored over to Hickory Sunday and report the roads in excellent condition. They had a fine

Master Russell Helderman was very sick the latter part of last week but is getting along very well now. Mrs. Frank Stine and daughter spent Monday at Mr. John Haas'.

The Sunbeams are to meet with Mrs. Boldin next Saturday evening at 2:30 o'clock. All the members are urged to come and bring their mite boxes.

Last Saturday, Nov. 3, at the home of Mr. and Mrs. C. H. Davis a very pleasant birthday celebration took place in honor of their 2-year-old granddaughter, Elizabeth Beach, and Master Paul Haas. The dinner was prepared by Mrs. Davis and Mrs. Beach and the table was full of everything that heart could wish for. Some of the partakers were Grandfather and Grandmother Davis, and Mr. Beach's mother, Mrs. Frank Haas, grandmother, 73 years of age and sister of Mr. C. H. Davis, who is himself near 70 years old. All left feeling very thankful for having been there. We hope and wish for all those present many more such occa-

Miss Sophia Powell, daughter of Mr. and Mrs. Pink Powell, is suffering from an attack of appendicitis, but is hoped she will soon recover.

Regular prayer meeting services are being carried on here. Quite a new interest is being taken since the church is more comfortable and has good lights.

Miss Bessie Laxton and her father of King's Creek are visiting at Mr. J. A. Raby's this week.

The W. M. S. met at the home of Mrs. Green White yesterday evening and had a very good meeting. The

THREE-FOURTHS STUDENTS

Nearly three-fourths of students of the University of North Carolina are now taking the new course in military training. Four companies drill daily on the athletic field or Negro Officers Thus Saluted, and work in constructing military trenches for the trench warfare. Capt. J. Stuart Allen of Princess Patricia's Canadian light infantry, is in charge of the instruction, and much progress has been shown in the eight weeks of actual drill.

During the past week national and regimental colors were presented to the student battalion by two alumni of the University. These colors were competed for, campany A winning them for the first time. After six weeks they will competed for again. On Friday of last week the companies held an exhibition drill for the Orange county rally day visitors.

The students have been busy constructing all kinds of military trenches for the past month. The trenches are now nearing completion and trench warfare will be taught at an early date. Two deep dugouts are also being constructed and barbed wire entanglements will be put up this week. The training is making use of modern war methods as far as it is possible to do so, and Capt. Allen's long experience at the front in Flanders has enabled him to give most helpful instruction through his lectures on modern methods of fight-Two field maneuvers have already been held, and night maneuvers are planned at an early date.

The whole spirit of the campus has assumed a more military air, and the khaki-clad students give an atmosphere of camp life. Target practice will soon be begun, and instruction in modern methods of bayonet fighting have already been begun.

The new plan of the extension work which the University proposes to do this year has just come from the press and an outline of the work is clearly set forth. An attractive bulletin has been prepared, describing the scope and purpose of the Lafayette Association. Through this association the University will co-operate with the public schools in relating community endeavors to problems of national life and the special problems of war. The University News Letter has also made plans to set forth for its 15,000 readers some of the factors involved in the present war and the reasons why America must now exert her full strength. The best that is being thought and said concerning national problems at the present time will be given publicity by the News Letter.

Town, university and Chapel Hill community came together last week to observe the fifth annual rally day. A large crowd thronged the town and campus. Exhibits of products of the farm and the home were held in Memorial hall, entertainments were provided by the students and an exhibition drill was given by the military organization. Prof. M. C. S. Noble was in charge of the exercises of the

Journey."

A goodly number of our people went to the First Baptist church Sunday night to hear the warewell sermon of Rev. Baylus Cade. We shall also miss him and regret his leaving.

is visiting her parents, Mr. and Mrs. John Munday, and other relatives. Mr. Livingston will join his family here in a few days. They will probably spend the winter.

VALMEAD

Mr. John Story of Camp Jackson is at home for a few days. He will the attention of passersby and for the return to camp in a few days to receive his final discharge.

Mrs. A. E. Munday went to Hickory last Saturday to visit her daughter, Mrs. John McLemore, who is now living in West Hickory.

Mr. Councill Wheeler of this place, who is stationed at Greenville, S. C., is in the hospital there and has been operated on for appendicitis. When last heard from he was getting along BERLIN ADMITS MAKING

Miss Kiter Allen came up from Gastonia last Sunday to spend a few weeks with her parents, Mr. and Mrs.

Mylus Allen. Mrs. E. Z. Beach of King's Creek was up last week visiting her children, Mrs. Robert Morrow and Mr. Merritt Beach, and family at Val-

The two children of Mrs. Tilly, who have been ill with typhoid fever, are getting better and will soon be out again.

We learn that Mrs. Mary Morrow, who lives on Lower creek, has been very sick for the past few weeks.

Mr. Pennell and Mr. Welch of Stony Fork have moved here and are

engaged in the cotton mill. Mrs. Gordon Nelson left several days ago to join her husband in Savannah, Ga., where he is engaged in business. She was accompanied by Mrs. Nell Hartley.

topic discussed was "Missionary The News Want Ads Bring Results

TAKING MILITARY COURSE SALUTES DIRECTED TO

Not Individuals, Gen. Castleman Says-One Refusal Observed

Louisville, in which much of the spirit of the Old South still lives, putting aside racial feelings and personal prejudice, has settled for itself, patriotically and unreservedly, the question of the propriety of white soldiers soluting negro officers. This question, which came to the fore recently, was on first thought answered negatively, but later a way was found to reconcile inherent convictions with military regulations.

The solution reached was that an officer should not be regarded as a personality toward whom the salute was directed, but that the military viewpoint which makes the salute homage to the country's uniform and ments. to the things it typifies should be

An exposition of this viewpoint was voiced by Gen. John B. Castleman, a major in the army of the Confederacy, later colonel of a Kentucky national guard regiment and a brigadier-general of volunteers who saw active service in Porto Rico during the Spanish-American war. He said:

"The discipline of the army must be maintained, and non-commissioned officers understand little of the spirit of the army when they refuse to salute a negro officer. I have held several commissions in the military service and I unhesitatingly say that I fare. would or will, at any time, salute an officer, superior or inferior, who salutes me without regard to the color of his skin. The regulations, the laws and the fundamentals of courtesy and discipline upon which these regulations and laws are based prescribe this. It is no time to stand against them. I regret the incident and want to urge every soldier to be a soldier in the full sense of the term. We salute the rank, not the individual."

The incident which brought forth Gen. Castleman's statement occurred in Louisville recently.

Capt. William Glass, 24 years old, a soldier in the United States army, recently appointed a commissioned officer, and two white non-commissioned officers were the principal figures. Capt. Glass said the men passed him with heads turned without saluting, though it was certain they had seen him. He called them from military regulation. Only one of them returned in answer to Capt.

inquiry as to why he had not saluted. replied: "I will not salute a negro," at the same time expressing doubt that Capt. Glass was what he represented himself to be. Capt. Glass displayed the insignia under his overcoat and the sergeant again said he you wish."

The interchange had occupied sevgathered. Capt. Glass, apparently desirous of avoiding further unpleas-Mrs. Fred Livingston of Virginia several white officers to explain to the crowd. The sergeant also disappeared in the crowd. No official report of the incident was ever made regret that the incident had attracted | terrorism. excitement it caused.

Because of the keen interest aroused by the incident and the conflict of opinion which it caused Gen. Castleman was asked for a statement of his attitude on the subject. The position he assumed exercised great weight, and his opinion apparently soon became that of the majority.

for the German army.

SLAVES OF YOUNG GIRLS Confirmation has been given by the German government itself to the often denied reports current for the past year that young girls of Alsace-Lorraine have been carried away from their homes and forced to labor

From Switzerland there came a cable report of the reply made by the German under-secretary for war to a complaint of an Alsatian deputy in the reichstag against mistreatment of these young girls. The government's reply took the form of an official communique, which, in substance, stated that the army administration had taken measures to assure the girls requisitioned in Alsaceby force to work at the front.

EVERY GERMAN IS TO BE REQUIRED TO REGISTER

President Wilson is expected to issue a proclamation soon requiring every alien enemy within the United States to register as a step toward ridding the country of spies and sabotage.

The government has virtually decided that this procedure is the only way open for sifting from the million Germans in the United States the few who are believed to be causing fires in munition plants and warehouses and promoting propaganda injurious to America's prosecution of

Some officials recommend that every alien enemy so registered be required to report periodically to the government in order that watch may be maintained over their movements. Under present conditions Germans may move from one locality to another in the United States without hindrance, providing they do not enter the barred zones about munition plants and government establish-

Only Germans could be compelled to register by presidential proclamation, since Austrians, Turks and Bulgarians are not classed as enemies under the espionage law. Congress might extend the restrictions to those nationalities, however.

AMERICANS GIVE THE

GERMANS HOT GREETING With the American Army in France.-American soldiers are rapidly becoming expert at patrol work and their officers say they carry on in No Man's Land as if they long had been practicing this kind of war-

This is explained partly by the fact that activities in No Man's Land along the sector where the Americans are stationed are in the open.

Already stories of heroism of individual soldiers during trench raids are coming to light. A recent incident mentions five privates who rushed from their dugouts as the Germans rushed to the trenches. Standing or kneeling in the trenches, they met the enemy with a fusillade of shots and held their trenches.

DISTILLER WAS "MAKING

A TONIC FOR HIS WIFE" G. A. Simpson was arrested at his home eight miles north of Greensboro on the charge of illicit distilling. With sixty gallons of beer ready for distillation Simpson pleaded to Sheriff Stafford and his deputies that he was merely endeavoring to make a little tonic for his invalid wife. Mrs. back, he said, because he felt that Simpson sat propped up in bed in the it was his duty to correct their lapse miserable little home where the still was located. The defendant had set up an apparatus of galvanized iron and wood in his kitchen, and accord-This man, a sergeant, in answer to ing to the sheriff's information has been doing a considerable business.

THERE IS A REIGN OF

TERROR IN PETROGRAD Copenhagen, Nov. 13 .- A dispatch to the Berlingske Tidende says that Eric Hjorth, a Swedish director, who would not salute a negro. He gave left Petrograd Saturday and arrived his name and organization to Capt. at Haparanda, declared that the sit-Glass, saying: "You can report me if uation in the Russian capital is terrible. Virtually all administration has ceased, the authorities having eral minutes and an excited crowd given up all attempts to continue work. Bolsheviki soldiers and sailors were sweeping through the city antness, walked quietly away, leaving like robber bands, committing all pay them. Nearly the entire populato the authorities at Camp Zachary tion is awaiting the arrival of Keren-Taylor by Capt. Glass, who expressed | sky's troops to be relieved of the

NOSE CLOGGED FROM A COLD OR CATARRH

Apply Cream in Nostrils To Open Up Air Passages.

Ah! What relief! Your clogged nostrils open right up, the air passages of your head are clear and you can breathe freely. No more hawking, snuffling, mucous discharge, headache, dryness-no struggling for breath at night, your cold or catarrh

Don't stay stuffed up! Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic cream in your nostrils, let it penetrate through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane, giving you instant relief. Ely's Cream Balm is just what every sold and catarrh sufferer has been seeking. It's just splendid.

DEAD QUEEN'S BODY CAN'T REST IN PEACE

National guard troops of Hawaii TURKEYS ARRIVE FOR Lorraine and actively employed in have taken charge of the body of the work at the front the benefits of mor- former queen on account of a threatal and religious supervision. Only ened will contest. She died Sunday. eight and a half per cent of the girls Custody of the body was taken beare less than 17 years of age, the cause John Colburn declared that a one-half of them have been subjected certain property for him to dispose of

\$50.00 Reward

Fifty Dollars will be paid for information leading to the arrest and conviction of any person or persons shooting or throwing rocks at the insulators, or in any way damaging our pole line.

Ivey Power Company

Auction Sale

HOUSEHOLD AND KITCHEN FURNITURE AND SOME LUMBER

November 24th 2:00 p. m.

Also the house and lot will be offered at auction. The right to reject any bid on the house and lot is reserved.

> The sale will take place at residence. Will sell any of the above privately.

L. T. Smith

227 East Harper Avenue COME AND BRING SOMEONE

Look and Feel Clean, Sweet and Fresh Every Day

Drink a glass of real hot water before breakfast to wash eut poisons.

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well. What a glorious condition to attain, and yet how very easy it is if one will only adopt the morning inside bath.

Folks who are accustomed to feel dull and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a sorts of excesses and crime. Food daisy by opening the sluices of the were so high that it was impossible to the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning, before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water used for generations to clean and and limestone phosphate on an empty stimulate sluggish kidneys, also to stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the water and phosphate is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing out all the inside organs.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, "rheumatism; urged to get a quarter pound of limesufficient to make anyone a pronounced crank on the subject of internal sanitation.

OUR SOLDIERS' DINNER With the American Forces in France.-A large shipment of turraisins, oranges and sweet potatoes deputy was assured, and scarcely will made by the former queen left for the Thanksgiving dinner for the trouble he wants the exemption board American soldiers has arrived in to certify him and let him go with

IF KIDNEYS ACT

BAD TAKE SALLS

Says Backache Is a Sign You Have Been Eating Too Much Meat.

When you wake up with backache and dull misery in the kidney region it generally means you have been eating too much meat, says a wellknown authority. Meat forms urie acid, which overworks the kidneys in their effort to filter it from the blood and they become sort of paralyzed and loggy. When your kidneys get sluggish and clog you must relieve them, like you relieve your bowels; removing all the body's urinous waste, else you have backache, sick headache, dizzy spells; your stomach sours, tongue is coated, and when the weather is bad you have rheumatic was exceedingly scarce and prices system each morning and flushing out twinges. The urine is cloudy, full of sediment, channels often get sore, water scalds and you are obliged to seek relief two or three times during the night.

Either consult a good, reliable physician at once or get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been neutralize acids in the urine so it no longer irritates, thus ending bladder weakness.

Jad Salts is a life saver for regular meat eaters. It is inexpensive, cannot injure and makes a delightful effervescent lithia-water drink.

CAME FROM W. VA. WHEN NAME WAS SEEN IN PAPER

There are two Charles Smiths in the draft in Caldwell and when one others who have sallow skins, blood of them heard that his name was in disorders and sickly complexions are the paper he came all the way from Charlestown, W. Va., to report, and stone phosphate from the drug store then found that it was the other Charles Smith who was wanted. This was Mr. Charles S. Smith, whose home is in the Oak Hill section. Several issues ago when The News carried a list of the exemption board's call Mr. Smith's sister wrote him that. he was drafted. He hurried home, and now it turns out that it is ankeys, mince meat, cranberries, nuts, other Charles Smith. Mr. Smith says now that he has gone to all this the next crowd...