


**REAL YOUTH.**



When you see a man old enough to be a grandfather pick up a heavy trunk and march off with it on his shoulder you realize that a man may be young at almost any age if his blood contains the elements that youth is made of. That is the sort of youth that Dr. Pierce's Golden Medical Discovery puts into a man's him digestive power; it enables the liver to keep that food into good nourishing and free from bilious poisons. It gives him muscular strength and makes him in the truest sense young again, and keeps him so.

I am getting well now, for a man of sixty-six years," says Mr. John Larson of Ashby, Mass. "I had been very badly troubled for many years with dyspepsia, also nasal catarrh, and got so bad and weak that I could hardly do anything without vomiting and a burning pain in the stomach and a burning sensation coming into the throat. I took Dr. Pierce's Golden Medical Discovery and Pleasant Symplics, and got wonderfully better. I commenced taking the bottles of the 'Discoveries' and six of them in the fall and used them all winter. I can truly say these medicines have cured me wonderfully. I commenced taking the 'Symplics' according to directions, and I found that both are good honest medicines. I just stopped taking medicine in the month of May and then felt as well as ever. I can eat all kinds of food and it does me any harm in my stomach now. I can cheerfully say to the public that I do not hesitate in taking Dr. Pierce's Golden Medical Discovery for dyspepsia; it will eradicate and cure the disease if anything.

If you are in poor health write to Dr. J. C. Pierce, of Buffalo, N. Y. It will tell you nothing whatever for his advice although he is at the very head of his profession in the treatment of obstinate chronic diseases.

**NOTHING BUT LEAVES.**

Nothing but leaves; the spirit grieves  
Over a wasted life;  
Sin committed while conscience slept  
Promise made, but never kept,  
Hatred, battle and strife.  
Nothing but leaves!

Nothing but leaves; no garnered sheaves  
Of life's fair, ripened grain;  
Words, idle words, for earnest deeds;  
We sow ourselves—lo! tares and weeds;  
We reap, with toll and pain.  
Nothing but leaves!

Nothing but leaves; memory weaves  
No veil to screen the past;  
As we retrace our weary way,  
Counting each lost and mispent day  
We find, sadly, at last,  
Nothing but leaves!

And shall we meet the Master so,  
Bearing our withered leaves?  
The Savior looks for perfect fruit;  
We stand before him, humbled, mute,  
Waiting the words he breathes—  
"Nothing but leaves!"  
—LUCY E. ACKERMAN.

**IN WOMAN'S REALM.**

**Nursing as a Profession.**

In order to gain admission to the training school of any good hospital the applicant must be of good character, in sound health and have a good, common school education. A candidate whose references show that she has these qualifications may be accepted on probation for a term not generally exceeding two months. During the probationary term she is carefully observed, and if she gives evidence that she possesses the qualities that are essential for a nurse, she is accepted as a pupil.

Among the qualities, the possession of thorough self-control, tact—which may be said to be sanctified common sense—and earnestness are regarded as among the most essential. A true nurse must possess the nobility of character which teaches her to respect confidences and appreciate the full dignity and importance of her profession.

She must be sympathetic, gentle and patient. Her charge will often be irritating and unreasonable, when she is weary and worn with anxiety and watching, but she must not give way to irritability. She must be alert, practical, quick to save herself useless routine, and to employ her time to the best possible advantage.

The usual age of accepted probationers is between twenty and thirty-five years. Only those who are accepted after the usual two months' probation are given an allowance. This varies, in different hospitals, from \$6 to \$10 a month for the first or junior year, and from \$10 to \$15 a month for the second or senior year. Board, lodging and washing are furnished without charge, and in sickness all pupils have gratuitous care. The nurse, therefore, has the benefit of a training free of expense, and she is self-supporting from the beginning.

Naturally, the number of applicants greatly exceeds the number which can be received. It often occurs, however, that applicants fail to respond promptly, if at all, when notified that they may present themselves for examination. As promptness is one of the first requisites of a good nurse, the ones who are dilatory or tardy in their responses are not noticed, and the names of such applicants are dropped from the roll.

Then another weeding out occurs during the probationary period. Very many accepted candidates prove utterly unsuited to the work and are permitted to leave at the expiration of their probation. The probationer is afforded ample opportunity to see the work in its most disagreeable and exacting conditions. In case of rejection, the reason is not given to the candidate. This is clearly explained to all applicants.

The course of instruction extends from two to three years. It consists in part of lectures on the general principles of nursing; the observation and recording of symptoms; elementary physiology, anatomy and hygiene; materia medica; massage and a course of gynaecological nursing. Practical instruction is given at the bedside on the dressing of wounds, application of blisters, poultices, cups and leeches; bandaging and making rollers; making beds; changing draw sheets; moving patients; preventing bed sores, etc. Nurses are held responsible for the orderly condition of their wards, which includes the care of linen closets, etc., and in addition to actual nursing they must attend to many details connected with the charge of patients. A course in the diet kitchen is also an important feature of the training, and in this connection pupils learn to prepare broths, jellies, light puddings and other dishes suitable for invalids.

A very large proportion of young women who come to the training schools come from the country, and this is better because they are

**BABIES**

are subject to peculiar ills. The right remedy for babies' ills—especially worms and stomach disorders—is

**Frey's Vermifuge**

has cured children for 50 years. Send for ills book about the ills and the remedy. One bottle mailed for 25 cents.

**L. & S. FREY, Baltimore, Md.**

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**E. P. WHARTON, Pres.**

**DAVID WHITE, Sec. and Treas.**

**ALL READY**

The day we promise your washing, every article in the package, and just the cleanest, whitest, most satisfactory work you ever had done. That is what keeps the water boiling and the irons steaming at our place. Give us a call or "hello" over the wire.

**GREENSBORO STEAM LAUNDRY.**

**JOHN M. DICK, Proprietor.**

**PUTS FLESH ON THIN PEOPLE**

**JOHNSON'S DYSPEPSIA CURE**

Scientific, Unfailing and Permanent Remedy for Dyspepsia, Indigestion and All Stomach and Nerve Troubles.

Dr. J. C. Johnson, of St. Paul, Minn., says: "I had been thin and emaciated; appetite poor, food did not seem to nourish me, and had been taking anything to do me any good until I took Johnson's Dyspepsia Cure. I have now gained fifteen pounds and am still increasing. It is a wonderful medicine for weak and run down people." Large Boxes, 10c, 25c and 50c.

FOR SALE BY  
**Edward Gardner, Cor. Opp. Postoffice**

**Original Observations.**

Don't count your chestnuts before the burr is opened.  
Corn now has a husky voice, for its ears are being badly pulled.  
Brass makes a bigger noise than brain, for which it is often mistaken.  
Life is the quarry one of which we must carve and complete our character.  
The "eye opener" of the morning often becomes an "eye closer" in the evening.  
Take away the egotism from some people and nothing but skeletons would remain.  
The tailor-made girl is not generally an old-maid—she is frequently very fresh.  
It isn't the keynote that catches the doubtful voter, its the U. S. treasury note.  
The tongue is a mouth organ which has few stops—especially when it is owned by a woman.  
Fakirs never seek greener pastures after leaving Orange, because such pastures cannot be found.  
Men of intellect stand by their ideas; drinkers fall by their rye-dears, and with extravagant wives are ruined by their high dears—Orange (Va.) Observer.

**UNCLE SAM'S HOT BATHS.**

The Hot Springs of Arkansas.  
Via Southern Railway.

Will eradicate from your system the lingering effects of grip and other ailments caused by the severe winter, and malaria, rheumatism, neuralgia, catarrh, stomach, kidney, liver and nervous disorders, paralysis, blood and skin diseases, and chronic and functional derangements. The mountain climate of Hot Springs is cool and delightful in summer. 100 hotels open the year around.  
For illustrated literature, containing all information, address C. F. Cooley, Manager Business Men's League, Hot Springs, Ark.  
For reduced excursion tickets and particulars of the trip, see local agent or address W. A. Turk, Gen'l Pass. Agt., Southern Ry., Washington, D. C.

**Uncle Bill's Ideas.**

The highwayman's motto is "Watch and prey."  
A man is often the sharpest when he appears dull.  
Time heals every ill that a physician doesn't finish.  
One great drawback in becoming engaged is that it is hard to draw back.  
A glancing shot often leaves a serious wound, when Cupid takes aim through woman's eyes.

**CASTORIA.**  
The Kind You Have Always Bought

Bears the Signature of *Chat. H. Hitchcock*

**N. & W. Norfolk and Western**  
Schedule in Effect  
June 25, 1899.

WINSTON-SALEM DIVISION. DAILY EXCEPT SUNDAY.

P. M. A. M.		P. M. A. M.
5 00	8 20 Lv. Winston	Ar. 9 35
5 38	9 02 Lv. Walnut Cove	Ar. 8 55
6 08	9 35 Lv. Madison	Ar. 8 18
6 11	9 39 Lv. Mayodan	Ar. 8 12
7 10	10 41 Lv. Martinsville	Ar. 7 10
...	1 10 Ar. Roanoke	Lv. 4 35

WESTBOUND. LEAVE ROANOKE DAILY.

4.55 a. m.	(Vestibuled Limited) for Bristol and intermediate points, and Knoxville and Chattanooga, all points South and West. Pullman Sleepers to Memphis and New Orleans.
4.23 p. m.	for Bluefield, Pocahontas, Kenov, Columbus and Chicago and all points west. Pullman Sleepers from Roanoke to Columbus, also for Radford, Bristol, Knoxville, Chattanooga and intermediate points. Pullman Sleeper Roanoke to Knoxville.

NORTH AND EASTBOUND LEAVE ROANOKE DAILY.

1.40 p. m.	for Petersburg, Richmond and Norfolk.
1.45 p. m.	for Washington, Hagerstown, Philadelphia and New York.
12.35 a. m.	for Richmond and Norfolk, Pullman Sleeper Roanoke to Norfolk and Lynchburg to Richmond.
12.35 a. m.	(Vestibuled Limited) for Washington and New York. Pullman Sleepers to Washington, Philadelphia and New York via Lynchburg.

DURHAM DIVISION—Leave Lynchburg daily except Sunday, 4 00 p. m. (union station) for Durham and all intermediate points.  
Leave Durham daily except Sunday, at 7 00 a. m. for Lynchburg and intermediate points.  
For all additional information apply at ticket office, or to M. F. BRAGG, W. B. BEVILL, Trav. Pass. Agt. Gen. Pass. Agt., Roanoke, Va.

**Looking for Clients.**

A lawyer in Chattanooga, Tenn., sends out a coupon entitling the holder to a ten-minute consultation, free of charge. With the coupon goes a marvel of adsmithery rampant, from which this isan extract:

Knowledge is power. It is the weak, ignorant lawyer who tells you he has a "pull" with the judges. Don't listen to such talk. The lawyer who tells you he "stands in with the judge" will rob you if you don't watch him. Did you ever lose a case that everybody said that you ought to win? Think a moment and see. If you lost, can you not now see where you ought to have won? Was your lawyer's explanation of "Why You Lost" satisfactory? Your lawyer ought to know what is the best thing for you to do and advise you accordingly. Should you give me your business this is what I will do. If you have a good case I will win it for you. If you cannot win I will tell you so, and charge you nothing for the information. A little advice might save you a world of trouble, a lawyer's fee the good-will of your neighbors. With lawyers as with every one else, it is the man who knows what to do and how to do it that you want when you are about to get into a lawsuit. I practice the law as it is and win by giving careful, patient, thorough work to every case. I take no doubtful case. If you are in trouble I would like to talk with you about it. If you have neither troubles nor lawsuits you are fortunate, and I congratulate you. Whether you have business or not, I will be pleased to see you at my office when it is your pleasure to call.—National Advertiser.

"The man I marry," said she, with a stamp, "must be a hero."  
"He will be," remarked the cautious bachelor.

**CASTORIA.**  
The Kind You Have Always Bought

Bears the Signature of *Chat. H. Hitchcock*

**BANNER WAREHOUSE!**

Greensboro, N. C.

**Smith & Gamble, Props.**

We desire to announce to our friends of Guilford and surrounding counties that we have assumed management of the old reliable Banner and that we will be glad to serve you at any time day or night.

We have an excellent corps of buyers, who are wielding their united efforts for the best interest of the market. They have almost unlimited orders. Our manufacturers are daily increasing their output. They want your tobacco; and no farmer need hesitate in bringing his tobacco to the Banner, for he may be sure of getting as high prices as can be had anywhere.

Our accommodations are unsurpassed. We are well prepared at the Banner in every way to handle your tobacco and to take care of you and your team. Our auctioneer, Bill Brandon, and our entire force are men of experience—know what your interests are and will work hard for you every time. Give us a trial on your next lot—every pile shall bring its full market value. Drive in at the Banner, you are always welcome.

Your friends,  
**SMITH & GAMBLE.**

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Will find it Draws Trade to their Stores  
TO HANDLE OUR  
HIGH GRADE FLAVORING EXTRACTS AND BOTTLED GOODS.

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WHOLESALE AND MANUFACTURING DRUGGISTS,  
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**THE GUILFORD ROLLER MILLS,**  
GREENSBORO, N. C.

We solicit the trade of this section and guarantee satisfaction on custom work. We make a specialty of "Our Patent" and "Battle Ground" Flours, Meal, &c., which for the money cannot be equalled. Remember the place, "The Mill at the Depot."

**GUILFORD ROLLER MILLS CO.**

**DO YOU VALUE YOUR DOLLARS?**

If you intend to build or enlarge your house, come to us for an estimate on Material. We will surprise you on prices. We make a specialty of

**SASH, DOORS AND BLINDS.**

Now don't think for a minute we are selling below cost, as no one can do business on that basis. Our motto: Large sales, small profits.

**WHEN IT COMES TO GLASS,**  
we can show you the largest stock in the South.

**Guilford Lumber Company, Greensboro, N. C.**

**Is it Lumber You Want?**

We have it all kinds—Framing, Weatherboarding, Flooring, Ceiling, also the best heart rived Cypress and Juniper and sawed Pine Shingles.

Sash, Doors and Blinds in stock. Door and Window Frames, Mantels, Stair-work and all kinds of house finish made to order.  
If you are going to build anything from a hen house to a mansion come to see us. We can fix you up and the price will be right.  
Our country friends will find they can reach our yards from the center of town by crossing fewer railroads than any other. Come to see us.

**Cape Fear Manufacturing Co.**  
JOHN A. HODGINS, Secretary and Treasurer, Greensboro, N. C.

**SCHOOL BOOKS**

If you wish to save money on School Books, come to see us. We carry in stock a large supply of new and second-hand books, and will buy your old second-hand books if they are in good condition. We also have Slates, Tablets, Pencil, Stationery, Ink, etc.

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Booksellers & Stationers.

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175 acres of highly improved land well adapted to the growth of Wheat, Oats, Corn Tobacco, and especially Clover and Grasses—30 to 40 acres now in Clover and Grass. The farm is well watered by springs and small streams running through it. Good well of water, 7-room dwelling, large grain and feed barn, and all necessary out buildings. Fine early Peach Orchard; also an Apple Orchard of selected variety of apples; Pears, Plums, also fine selection of Grapes, all just coming into bearing. The farm is located conveniently to Schools Churches, Mills, Markets and Railroad, and in one of the healthiest localities in the state, a family of 11 having resided on the farm ten years and not having required the services of physician during the time. An adjoining 10-acre tract can be obtained. Terms to suit purchaser. Apply at PATRIOT office.

To prevent La Grippe take a dose or two of Dr. Miles' Restorative Nervine daily.

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OUR OFFICE IS OPPOSITE U. S. PATENT OFFICE and we can secure patent in less time than those remote from Washington.  
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