

A MATTER OF HEALTH



Keeping Sweet Potatoes

About seventy per cent of the weight of a sweet potato is a sweet liquid. A large per cent of that moisture must evaporate through its coating of the tuber will rot. As the water evaporates when the potatoes touch each other, it causes a softening of the skin and then wet rot sets in. Do not store sweet potatoes in a cellar unless it be a dry basement above ground. Sweet potatoes should be placed in a dry room for three weeks before they are put away to be kept over winter. After they have undergone a sweat they can be easily kept sound by placing them in an upper room and covered so that temperature will not lower than 58 degrees. They may be covered with cotton seed hulls, dry, coarse sand or pine straw. If placed in barrels or boxes and put up in the garret or kitchen, where smoke will ascend, the tubers will remain sound, and in the spring will be sweet and delicious. Red ham gray and baked sweet potatoes are more palatable than pound cake.—Southern Agriculturist.

Compelled to Vote for Roosevelt.

In the November of Everybody's Magazine, in his article on "Frenzied Finance," Thomas W. Lawson says: "It is an indignity that any free American should be compelled to vote for a man for the Presidency of the United States who would in any way countenance so bad a man as Addicks; and I would admit that if this were an ordinary national election—I mean by 'ordinary' an election where both the leading parties stood as they usually do, of different brands—Theodore Roosevelt should be defeated for this one act alone."

First-class Harness work done to stay done by a man that knows the business at Webster's Tin Shop.

OFFENSIVE CATARRH

I suffered for a long time with a bad case of Catarrh, and took a great deal of medicine without any benefit. I had a continual headache, my cheeks had grown purple, my nose was always stopped up, my breath had a sickening and disgusting odor, and I coughed incessantly. I heard of your S. S. S. and wrote you. I commenced to use it, and after taking several bottles I was cured and have never since had the slightest symptom of the disease. MISS MARY L. STORM, Cor. 7th & Felix Sts., St. Joseph, Mo.

Wheeling, W. Va., May 29, 1903. I had Nasal Catarrh for years for which I used S. S. S. with very gratifying results. I tried local applications for some time, and getting no permanent relief I came to the conclusion that the seat of the trouble was in the blood. Knowing S. S. S. to be a good blood medicine I began its use, and after using it for some little while it did away entirely with the offensive mucus in the nostrils, and I did not have to hawk and spit, especially in the morning, to dislodge the catarrhal matter. 1627 South St. FRED H. PRESSY.

The filthy secretions and foul mucus that are continually dropping back into the throat, find their way into the stomach and are absorbed into the blood. Catarrh then becomes constitutional, and the only way to get rid of it is through the blood. Write us if you have Catarrh, and our physicians will advise you without charge.

SSS The Swift Specific Company, Atlanta, Ga.

**Beneath Her Bed**  
A special from Maxton to the News and Observer says: At John Station, six miles from here, the people have been aroused to a white heat of indignation by the report of an attempted outrage by an unknown negro upon the daughter of Mr. Norman Stuart, a highly respected citizen of that community. Details of the affair are meager. It appears, however, that the negro had effected a stealthy entrance into the Stuart home and concealed himself under the bed in the young girl's chamber. Her father having occasion to enter the room, found the door locked. The negro had probably locked it on hearing and recognizing a man's footfall. Mr. Stuart's had not, it appears, gone to her room.

The father finding the door thus locked entered the room, presumably through the window, and began an investigation. The result was the discovery of the negro beneath the bed. The latter, seeing that further concealment was impossible, scrambled to his feet, broke from the father's detaining clutch and fled.

Mr. Stuart at once aroused the community. Squads of men were hurriedly formed and scattered to scour the countryside. Bloodhounds were sent for and are now on their way from here.

If the negro is captured, his fate at the hands of the deeply incensed citizens, now beating the country in search of him, may be easily guessed.

Self in Maxton.

The most able address we have ever listened to on political national issues, was delivered in the Town Hall at this place Monday night by Hon. W. A. Self. We do wish we had space and were able to reproduce the able arraignment of the Republican party. Emperor Teddy, the big "It." The whole party combined in one plutocrat. His negro feastings, and South hating propensities. His military strenuousness and flagrant unfaithfulness in keeping his promises with Cuba, Poto-Rio and the Philippine Islands. His love of blood and conquest. But we must desist and we cannot give even a glimpse of the able, convincing, eloquent, pre-emption of all the leading issues of the day. The speaker was introduced by Hon. G. B. Patterson in a short appropriate talk. The speaker had a fairly large audience, among whom were a number of ladies. Mr. Self is easily one of the first speakers of the State and we wish that every sleepy Democrat of Robeson county could have heard him.—The Scottish Chief.

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Send no money—simply write and try Botanic Blood Balm at our expense. A personal trial of Blood Balm is better than a thousand printed testimonials, so don't hesitate to write for a free sample.

If you suffer from ulcers, eczema, scrofula, Blood Poison, cancer, eating sores, itching skin, pimples, boils, bone pains, swellings, rheumatism, catarrh, or any blood or skin disease, we advise you to take Botanic Blood Balm (B. B. B.). Especially recommended for old, obstinate, deep-seated cases of malignant blood or skin diseases, because Botanic Blood Balm (B. B. B.) kills the poison in the blood, cures where all else fails, heals every sore, makes the blood pure and rich, gives the skin the rich glow of health. B. B. B., the most perfect blood purifier made. Thoroughly tested for 30 years. Costs \$1 per large bottle at drug stores. To prove it cures, sample of Blood Balm sent free by writing Blood Balm Co., Atlanta Ga. Describe trouble and free medical advice sent in sealed letter. This is an honest offer—medicine sent at once, prepaid.

A Pair.

"Ah, me," sighed the spinster. "I have lived in this world fifty years and made no man happy."

"Just about the same boat with my wife," replied Henpeck.

Have you seen W. O. Thompson's 25c. Shirt? They are 50c. elsewhere.

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ABERDEEN AND ROCKFISH RAILROAD CO.

TIME TABLE—IN EFFECT AUG. 15, 1901. Daily except Sunday. Mail and Express, No. 8. Leave Aberdeen, 8.20 a. m.; leave Leavitts, 8.40 a. m.; leave Junction, 8.50 a. m.; leave Montrose, 9.00 a. m.; leave Timberland, 9.15 a. m.; leave Raeford, 9.30 a. m.; leave Dundaroch, 9.50 a. m.; leave Arabia, 10.00 a. m.; leave Rockfish, 10.15 a. m.; leave Treefall, 10.45 a. m.; arrive Hope Mills, 11.15 a. m. Daily except Sunday. Mail and Express, No. 9. Leave Hope Mills, 1.00 p. m.; leave Treefall, 1.20 p. m.; leave Rockfish, 1.45 p. m.; leave Arabia, 2.05 p. m.; leave Dundaroch, 2.15 p. m.; leave Raeford, 2.30 p. m.; leave Timberland, 2.50 p. m.; leave Montrose, 3.25 p. m.; leave Junction, 3.45 p. m.; leave Leavitts, 4.10 p. m.; arrive Aberdeen, 4.20 p. m. All trains coming over Bethesda Hill must be under perfect control. C. N. BLUE, General Superintendent. Approved: JOHN BLUE, President.

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