Bowels Get Weak As Age Advances

The First Necessity is to Keep the Bowels Gently Open With a Mild Lavative Tonic

Healthy old age is so absolutely derendent upon the condition of the bowels that great care should be taken to see that they act regularly. The fact is thatas age advances the stomach muscles become weak and inactive and the liver does not store up the juices that are necessary to prompt digestion.

Some help can be obtained by eating easily digested foods and by plenty of exercise, but this latter is irksome to most elderly people. One thing is certain that a state of constipation should always be avoided as it is dangerous to life and health. The best plan is to take a mild laxative as often as is deemed necessary. But with equal certainty it is suggested that Cathartics, purgatives, physics, salts and pills be avoided, as they do but temporary good and are too highly. so harsh as to be a shock to a delicate

A much better plan and one that thousands of elderly people are following, is to take a gentle laxativetonic like Dr. Caldwell's Syrup Pepsin, which acts as nearly like nastomach and bowel muscles and so train them to act naturally again, results. when medicines of all kinds can usually be dispensed with. This is the opinion of many people of different ages, among them Mr. O. P. Miller, Baroda, Mich., who writes: "I am 80 years old and have been constipated for many years. Since receiving a free sample bottle will be mailed your sample bottle I have procured vou.

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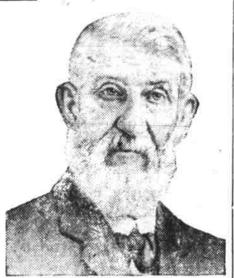
No Other Newspaper in the World

Gives so Much at So Low a Price. This is a time of great events and you will want the news accurately and promptly. The Democrats for

the first time in sixteen years will gether for one year for \$2.15. The have the Presidency and they will also regular subscription price of the two control both branches of Congress. The political news is sure to be of absorbing interest. There is a great war in the Old

World, as you may read of the extinction of the vast Turkish Empire in Europe, just as a few years ago you read how Spain lost her last foot of soil in America, after having ruled the empire of half the New World.

World long since established a record for impartiality, and anybody can affort its thirce-a-week edi-



Mr. O. P. Miller.

two 50c bottles and find that it is the best remedy I ever used and does just what you claim for it to the very letter. I cannot recommend it

A bottle can be bought at any druggist's at 50 cents or one dollar. People usually buy the 50 cent size first and then, having convinced themselves of its merits they buy the dollar size which is more economical. Results are always guaranteed or ture as possible. In fact the tendency money will be refunded. Any elderly of this remedy is to strengthen the person can follow these suggestions with safety and assurances of good

If no member of your family has ever used Syrup Pepsin and you would like to make a personal trial of it before buying it in the regular way of a druggist, send your address-a postal will do-to Dr. W. B. Caldwell, 417 Washington St., Monticello, Ill., and

tion, which comes every other day in the week, except Sunday. It will be of particular value to you now. The other strong features, serial stories, humor, markets, cartoons; in fact, everything that is to be found in a

first class daily. THE THRICE-A-WEEK WORLD'S regular subscription price is only \$1.00 per year, and this pays for 156 papers. We offer this unequalled newspaper and The Robesonian topapers is \$2.50.

Mothers Can Safely Buy

Dr. King's New Discovery and give lung troubles, tastes nice, harmless, once used, always used. Mrs. Bruce Crawford, Niagra, Mo. writes: "Dr. boy from a pale weak sick boy to the picture of health." Always helps. Buy a at all druggists

BARNESVILLE NEWS NOTES.

More Thorough Preparation of Soil For Coming Crop Than Usual-New Feature Added at School.

Correspondence of The Robesonian. Barnesville, Feb. 8-Never before as this year have we seen so much real interest manifested in the thorough preparation of the soil for the coming crop. From present indications it seems that the crops will be divided among the three principal crops, corn cotton, and tobacco. The soil of our section is especially suited to the production of the last-named plant.

Among other things of which we boast is our school. The work continues to move along, and it seems that an honest effort is being made to accomplish the most possible. A new feature has been added to the school, which will mean much to the student body, and the community at large, a lecture course for the spring term. The first lecture will be delivered on Friday night, March 7th, by Rev. A. H. Porter of Whiteville. Mr. Porter, it is said, is a good speaker, and we are looking forward to his lecture with a great deal of pleasure. Following this will be another lecture by Prof. Owens on a subject dealing in history and economics. The lecture, which will follow that has not later. These lectures are free and it is hoped that everybody will avail which will be discussed.

Much preparation is being made for the debate on woman suffrage to be held on the night of the 22nd of February. This promises to be the liveliest discussion of the year. The speakers are determined to win at all hazards. In view of the rapid propaganda of the woman's right to the ballot, this promises to be instructive as well as interesting. .

Last Saturday and Sunday Mr. and Mrs. Owen Powers of Chadbourn were Thrice-a-Week World also abounds in the guests of Mrs. H. V. Powers, their mother.

The Misses Carmichael, of Fork, S C., are visiting their cousin Miss Alice Floyd for a few days.

Today Miss Keeter, Misses Blanch and Ellen Powers, and Prof. Owens were delightfully entertained at dinner by Rev. and Mrs. R. A. Hedg-

Are You a Cold Sufferer?

Take Dr. King's New Discovery. The Best Cough, Cold, Throat and Lung medicine made. Money refundit to their little ones when ailing and ed if it fails to cure you. Do not hessuffering with colds, coughs, throat or itate-take it at our risk. First dose helps. J. R. Wells, Floydada, Texas, writes: "Dr. King's New Discovery cured my terrible cough and cold. I King's New Discovery changed our gained 15 pounds. Buy it at all drug-

Subscribe for The Robesonian.

No Time to Lose... Things Must Move Rapidly

A Few Remarks by R. D. Caldwell & Son

February and March are months of great importance to farmers. Crops must be fully planned, fertilizers bought, contracts made for year's supply of furnishings, so there is No Time to Lose---Things Must Move Rapidly.

There is much to be done. The successful farmer gets busy now. Stalks must be cut. We sell the genuine Mc-Kay Stalk Cutters and the International Stalk Cutters. Plows must turn the soil---this is easy with a genuine Oliver Plow, either one or two-horse. We have received a car load of these plows. We sell also Blounts "Daisy" onelecture, which will follow that has not been arranged, and will be announced horse plow, and Blounts "True Blue" Middle Busters. Mules and horses get fat plowing with these plows, and the themselves of this opportunity to inform themselves on the subjects farmer gets rich. We sell Cotton King Disc Harrows. Cultivators, Etc.

No Time to Lose—Things Must Move Rapidly!

Fertilizers must be bought. We make it a point to sell Fertilizers that we have good reason to believe will give good results. If our customers prosper, we prosper---if they lose, we lose. So we study and plan to help our customers in their efforts to succeed. We can supply most any demand made on us. Great stock of goods. Try us the year 1913. Our old friends stick to us and we have a glad hand to welcome other friends. Come to see us.

R. D. Caldwell & Son,

Incorporated \$50,000.00 Paid in Capital

North Carolina Lumberton.

To the Progressive Farmers of Robeson County--

We take pleasure in placing before you for the third time a Guano that already needs no introduction to a vast number of the best cotton and corn farmers of our county and adjoining counties. We know there is none superior and very few that equal our brands. Ask your dealer for them not by grades but by name. This is what they are:

Gold Dollar					•	•	8-4-4
Silver Dollar						•	8-3-3
Cotton AidBle	boo	Mix	ture	,		•	8-3-3
StandbyBlood							8-4-4
Eureka .							10-4-5
GlobeFor Tol	oaco	20					8 -3 -5
Robeson Specia					_		8-2-3
Homerun Ton	Dre	essei	•			•	3 -8-5
Homerun-Top Dresser 3-8-5 Made in Lumberton							

Don't forget the Names. Take this paper along when you go to trade for your fertilizers. If you have not been fortunate enough in the past to have used them see that you do not miss the opportunity that is offered you NOW. There is nothing that hurts worse than lost opportunity. Ask your neighbor what it has done for him. Yours for progress,

ROBESON MANUFACTURING CO.,

Lumberton,

North Carolina.

P. S. We gin cotton on Tuesday and Friday of each week.