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 General Practice in all courts, and
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**RETIRED GEORGIA PLANTER'S
 ADVICE TO KIDNEY SUFFERERS**

Regarding the wonderful curative
 merits of your Swamp-Root, I can-
 not say too much. After suffering
 severely for three years or more with
 severe pains caused by weak kidneys,
 I was finally induced to try Swamp-
 Root through a testimonial I read in
 one of the newspapers. I was in such
 a condition that I was obliged to
 arise from bed six or eight times
 every night. I purchased a fifty-
 cent bottle and before it was used I
 felt so much relief that I purchased
 a one-dollar bottle and by the time
 this was taken the old pains had left my
 back and I could sleep the whole night
 through. I am a retired planter 70
 years of age, and owing to Dr.
 Kilmer's Swamp-Root, I am in the
 best of health and feel like a boy. I
 am always glad to recommend
 Swamp-Root to those who are in need
 of it.

Sincerely yours,
C. E. USSERY,
 Bowersville, Ga.
 Personally appeared before me this
 8th of September, 1909, C. E. Ussery,
 who subscribed the above statement
 and made oath that the same is true
 in substance and in fact.
T. M. McLANE,
 Notary Public.

Letter to
 Dr. Kilmer & Co.,
 Binghamton, N. Y.

**Prove What Swamp-Root Will Do For
 You.**

Send ten cents to Dr. Kilmer & Co.,
 Binghamton, N. Y., for a sample size
 bottle. It will convince anyone. You
 will also receive a booklet of valuable
 information telling about the kidneys
 and bladder. When writing be sure
 and mention The Lumberton Semi-
 Weekly Robesonian. Regular 50-cent
 and one-dollar size bottles for sale
 at all drug stores.

SULLY'S EFFECTS SOLD.

Former Cotton King's Carved Poker
 Table Brings \$80.

From The New York Times.
 Personal and household effects of
 Daniel J. Sully, once known as the
 "cotton king," brought \$11,000 yester-
 day at the second session of the
 auction disposal sale in the Thirty-
 third street auction rooms of Dar-
 ling & Co. According to the auc-
 tioneer, most of the prices at which
 goods were sold were insignificant in
 comparison with real values. A man
 giving the name of Sam Wolff, who it
 was thought was a former Wall Street
 friend of Mr. Sully's paid \$420 for a
 mahogany bed room set.
 Louise Dresser was one of the most
 enthusiastic buyers at yesterday's
 sale. Miss Dresser bought a large
 quantity of silverware and a number
 of mahogany tables, chairs and a teak-
 wood hall set.

What was considered the greatest
 bargain of the day was Mr. Sully's
 mahogany poker table, which it is said
 was carved by hand in Europe. About
 it many famous persons it is said
 have played. It brought \$80. The
 buyer declined to give his name, but
 it was said that he was a personal
 friend of Mr. Sully and intended mak-
 ing a present of the table to its form-
 er owner. Several handsome chairs,
 Mandarin robes and vases brought
 from \$5 to \$125 each.

Feel Miserable?
 Out of sorts, depressed, pain in the
 back—Electric Bitters renews your
 health and strength. A guaranteed
 liver and kidney remedy. Money
 back if not satisfied. It completely
 cured Robert Madsen, of West Bur-
 lington, Iowa, who suffered from vir-
 uent liver trouble for eight months.
 After four doctors gave him up he
 took Electric Bitters and is now a well
 man. Get a bottle today; it will do
 the same for you. Keep in the house
 for all liver and kidney complaints.
 Perfectly safe and dependable. Its
 results will surprise you. 50 and \$1.
 H. E. Bucklen & Co., Philadelphia and
 St. Louis.

IRA B. MULLIS,
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 Sand-Clay and Gravel Roads, Pavements,
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 —Architect—
 Lumberton, N. C.



IT IS EXPENSIVE
 to monkey with anything poor in the
 line of general merchandise. The best
 is bound to be the cheapest in the end
 and besides it always gives satisfaction.
 It is a good plan to economize when
 economy is saving but in this instance
 it is poor economy to sacrifice quality
 for price.

John T. Biggs Co
 INC.

LITTLE TALKS ON BABYHOLOGY.

Talk No. 5—Weaning the Baby.

By Anna Steese Richardson, Director
 of the Better Babies Bureau of The
 Woman's Home Companion.

Weaning her first baby is a dread
 event to every mother. However
 short or long a period she has nursed
 him, she is loath to deny herself the
 ecstasy of feeling her child draw on
 her for nourishment and strength, the
 pressure of the little head against her
 breast, the clinging of moist lips, the
 reaching out of helpless little fingers.
 Once that baby is weaned she knows
 that she will feel this joy to a lesser
 degree and gradually baby will grow
 from her toward the sterner things of
 life.

Then, too, when the baby has thrived
 on breast milk, there is always
 more or less fear of substituting arti-
 ficial food that which nature has so
 generously and safely supplied. For
 this reason weaning should be a grad-
 ual process, not abrupt, unless emer-
 gencies demand sudden weaning.

Such emergencies include acute ill-
 ness on the part of the mother, fever,
 tuberculosis, serious kidney affections
 a nervous breakdown, anemia or pro-
 gressive loss of weight in the mother.
 In such cases the baby must be weaned
 at once. Again, there are instances
 where the mother seems to be well,
 but the baby at six months or more
 suddenly begins to lose weight and to
 develop symptoms of retarded phys-
 ical development. These symptoms
 are:

1. Excessive vomiting, with loss of weight or no increase of weight for two weeks or more.
2. A persistent diarrhea, with loss of weight or no increase of weight for two weeks or more.
3. If there is a progressive gain in weight, however, loose bowels are not a danger signal.
4. Steady loss of weight extending over a period of three weeks or more, in spite of the fact that otherwise the child seems normal.

From this it will be seen that the
 baby should be weighed regularly. In
 fact a pair of scales has taken the
 place of the soothing syrup or para-
 goric bottle in the modern nursery.
 They are the indicator of baby's
 conditions. From these variations in
 weight causes of illness are traced.
 The illness is not drugged nor the
 small protesting voice of the sick
 baby silenced by narcotics.

When any such emergencies arise,
 the process of weaning must be short
 and quick. Generally a trained nurse
 or a firm, intelligent and patient mem-
 ber of the family must take the baby
 away from the sick mother. If as I
 suggested in the third article of this
 series, the baby has learned to take an
 occasional bottle of modified milk, the
 task of weaning will be lightened. If
 he has not been trained to do this,
 then the process of weaning is trying
 to both mother and nurse.

The cylindrical bottle described in
 an earlier talk should be filled with
 modified milk and then set in a pan
 of hot water until the milk reaches
 what is known as body temperature.
 This is tested by dropping a little on
 the forearm, never by putting the nip-
 ple to the adult's mouth and tasting
 the milk. As the baby drinks slowly
 the bottle may be encased in a wool-
 en bag or knitted cover to hold the
 heat. The hole in the nipple should
 be large enough for the milk to run
 out easily.

When a baby under 8 months is
 weaned, it is safest to start him on
 modified milk, that is, milk diluted
 with water and sugar.

At ten months, both breast fed and
 bottle fed babies should be prepared
 gradually for weaning. A baby nine
 months old in good physical condition
 may be taught to drink from a cup. At
 first only modified milk is served him
 this way and in small portions. Next
 comes milk combined with thin oat
 meal or barley gruel. Then soft cere-
 als may be fed with a spoon, and
 finally stale bread, softened in warm
 milk. These soft foods however,
 should not be served in quantity, just
 occasionally as an alternate with breast
 milk or modified bottle milk. They
 are gradual, gentle preparations for
 the final weaning at 12 months. It is
 not good for either mother or child to
 nurse the baby exclusively after the
 twelfth month. In fact it should be
 weaned completely at about this time,
 or the mother becomes anemic and the
 baby no longer gains in weight, while
 its muscles become flabby.

The weaning of a bottle-fed baby is
 no less serious than that of the breast-
 fed baby. At fourteen months the bot-
 tle fed baby should be having three
 bottles a day and two meals of soft
 food and a bottle at 10 o'clock. At 18
 the bottle is laid aside, there are no
 night feedings, and baby is weaned.

The breast fed baby that gains
 steadily needs nothing but breast milk
 up to the time the scheduled weaning
 begins, but the bottle fed baby should
 have from two to eight teaspoonfuls
 of strained orange juice daily, from
 six months upward. This is because
 in the mother's milk there is a cer-
 tain acid quality not found in cow's
 milk, which the baby's system re-
 quires. The diet of orange juice
 should be continued to bottle fed
 babies after weaning and should be
 started for breast-fed babies with
 weaning.

Just as soon as the baby can sit up
 in a high chair he is welcomed at the
 average family table. Often this is
 Father's or Big Brother's only chance
 to make the acquaintance of the new
 comer in the family circle. Also his
 efforts to share the repasts of grown
 ups are amusing. Doctors and moth-
 ers I have met at contests tell me that
 many a child's stomach ailments
 started at the family supper table.
 Either the child frets for what he sees
 and its easier to comply with his de-
 mands than to discipline him or some
 one thinks it is "cute" to see him eat
 foods that should be served only to
 adults, and so the mischief is wrought.

The fairest thing to the child too
 young for solid food is to feed him
 before the family meal is served and
 leave him safely sleeping or playing
 in another room. If it seems neces-
 sary, however, to have him at the fam-
 ily table, then see that he eats only
 such food as he can digest and as-
 similate. As soon as he can handle a

spoon, he may be given a little porrin-
 ger of bread pap, the safest table dish
 for a baby one year old. This is well
 toasted bread boiled in milk. Next
 comes farina cooked in half milk and
 half water.

For the benefit of mothers who have
 asked me at contests for a diet table,
 suitable for children of various agents,
 I am giving the following tables from
 the folder "Hints to Mothers," com-
 piled for the Better Babies Bureau by
 eminent dieticians. This folder will
 be sent to mothers on receipt of a
 stamped and self addressed envelope
 sent to me, care this paper.

Diet for Child from 12 to 18 Months.

—Breakfast
 Juice of a sweet orange, strained, or
 pulp of six stewed prunes, 8 ounces
 of milk (half pint) with either zwie-
 back or toasted biscuits or toasted
 stale bread.

Fruit should be given either half an
 hour before or half an hour after the
 milk.

Second Meal during Forenoon.

Milk alone or with zwieback.

Noon Meal

1. Six ounces of soup made from
 chicken, beef or mutton, or three
 ounces of beef juice. 11. Stale bread
 or milk toast, or bread pap.

Mouth Meal Mid-Afternoon.

Milk or toasted bread or zwieback.

Evening Meal.

1. Four ounces thick gruel mixed
 with four ounces of top half milk (the
 top is 16 ounces, or a pint, from a
 quart bottle) with zwieback. The gruel
 may be made of oatmeal, farina, bar-
 ley, hominy, wheatina or rice. 2. Ap-
 ple sauce or prune jelly.

Diet for Child from 18 to 24 Months.

1. Orange juice strained, or prune
 pulp. 2. Well cooked cereal served
 with top milk slightly sweetened or
 seasoned with butter and salt. 3.
 Glass of milk and stale bread and but-
 ter.

Forenoon.

Fruit, except banana.

Dinner.

1. Broth thickened with peas, fa-
 rina, sago or rice; or beef juice with
 bread broken into it; or clear vege-
 table soup with yolk of egg in it. 2.
 Soft cooked egg, boiled, codded, shir-
 red or poached. 3. Baked potatoes,
 peas, spinach, carrots. 4. Dessert:
 apple sauce, baked apple, prune pulp,
 stale lady fingers, graham or arrow-
 root crackers, rice, bread, tapioca or
 blanc-mange pudding, baked custard,
 junket or rice with hot milk and a lit-
 tle sugar.

Supper

Milk (warm or cold), custard or
 prune pulp or apple (baked or in
 sauce), or rice, or stewed fruit, with
 zwieback, bread or crackers.

**Diet for Child Two or Three Years
 Old.—Breakfast.**

Fruit, cereal, soft, boiled or poached,
 with stale bread or toast and a glass
 of milk.

Dinner.

Soap as described in paragraph
 above. 2. Scraped beef, white meat
 of chicken, boiled fish like halibut, or
 two slices crisp, boiled bacon, steak
 or chop cut fine. 3. Mashed or baked
 potatoes, macaroni, peas, spinach, car-
 roots, beets, squash or cauliflower. 4.
 A glass of milk with salted or gra-
 ham crackers or stale bread, buttered.
 5. Dessert: apple sauce, baked ap-
 ple, rice, junket or custard, also the
 desserts indicated in the dinner list
 above.

Supper

1. Stewed fruit. 2. A cereal. 3.
 Bread and milk or custard. 4. Cup
 of warm milk or cocoa. 5. Crackers,
 or zwieback; graham crackers or stale
 graham bread if constipated.

The next talk on Babyology will
 deal with sleep, on which habit the
 health of the baby and the peace and
 happiness of the parents is so depend-
 ent.—Copyright, 1913, by the Wo-
 man's Home Companion.

Best Treatment for Constipation.

"My daughter used Chamberlain's
 Tablets for constipation with good re-
 sults and I can recommend them high-
 ly," writes Paul B. Babin, Brushy,
 La. For sale by all dealers.

The Planters Steamboat Co. of
 Wilmington has been granted a char-
 ter for the purpose of operating a
 line of steamers between Wilmington
 and Fayetteville.

Colds
 should be "nipped in the
 bud", for if allowed to run
 unchecked, serious results
 may follow. Numerous
 cases of consumption, pneu-
 monia, and other fatal dis-
 eases, can be traced back to
 a cold. At the first sign of a
 cold, protect yourself by
 thoroughly cleansing your
 system with a few doses of

**THEDFORD'S
 BLACK-
 DRAUGHT**

the old reliable, vegetable
 liver powder.
 Mr. Chas. A. Ragland, of
 Madison Heights, Va., says:
 "I have been using Thef-
 ford's Black-Draught for
 stomach troubles, indiges-
 tion, and colds, and find it to
 be the very best medicine I
 ever used. It makes an old
 man feel like a young one."
 Insist on ThefFord's,
 the original and genuine. E-67

(ADVERTISEMENT NO. 3)

**Some Facts That a Mer-
 chant Learned From a
 Farmer About**

**PROFITABLE
 FARMING**

In an agricultural Section of country, like the one surrounding
 Lumberton, a Merchant learns many things from Farmers about
 successful farming. From experienced, reliable and successful farm-
 ers we gather.

FIVE FACTS as follows, viz---

FIRST FACT: The cultivation of wet "sodded" land will not produce
 crops of great profit.

SECOND FACT: Land from which stumps has not been removed
 cannot be cultivated most economically.

THIRD FACT: Farming is an all-year-round business—January to
 January—begin with a rush and keep it going.

FOURTH FACT: It is best to use best labor-saving farm implements

FIFTH FACT: Fertilize well—"Feed the land and it will feed you."

These facts caused us to plan to help farmers as much as possible.
 We find we can be of direct service as to some of the facts mentioned
 and perhaps we can assist, in a way, as to all of them. We may not
 be able to assist to any extent in overcoming the handicap men-
 tioned as fact number one—there is only one way to do this—

Cut Necessary Ditches

As to fact number two, we can render assistance in one way—we
 sell

Dynamite, Caps and Fuse

to use in removing stumps.

Fact number three is entirely in the hands of the farmers them-
 selves, but fact number four gives us opportunity to be of great
 service. We provide a great assortment of the best labor-saving
 and most approved

**Farm Implements
 and Machinery**

A visit to our warehouse will show the best in every line. Stalk-
 cutters, Disc Harrows, Plows, Cultivators, Mowers, Rakes, Hay Press-
 es, etc. We carry Ward's "Southern Cotton Plows," Blount's "True
 Blue Middle Busters," and a full line of the Celebrated Oliver Plows,
 both in one and two horse sizes. IT IS ECONOMY TO BUY THE
 BEST.



As to fact number five, we cover all requirements—we sell the best

Fertilizers!

We can furnish all materials and grades of Guano. We ask the farm-
 ers of Robeson county to come to see us on the fertilizer matter. We
 are in a position to supply the best goods at lowest
 prices. Come to see us and let us get together on big business
 for the year 1914.

Special!

We would state that our great DEPARTMENT STORE AND
 WAREHOUSES contain one of the greatest stocks of GENERAL
 MERCHANDISE to be found in the South. We know we can do well
 for all customers.

RESPECTFULLY

R. D. Caldwell & Son

(INCORPORATED \$50,000.00 PAID IN CAPITAL)
 LUMBERTON, N. C.

P. S.—Read our previous advertisements:
 FIRST: Something about the Building of a House,
 2ND. A TALK TO FARMERS.