

What is Woman's Beauty but Health

And the Basis of Her Health and Vigor Lies in the Careful Regulation of the Bowels.

If woman's beauty depended upon cosmetics, every woman would be a picture of loveliness. But beauty lies deeper than that.



MRS. C. S. VANCE.

There are many things that women do habitually conduce to this trouble. They do not eat carefully, they eat indigestible foods because the foods are served daintily and they do not exercise enough.

The headaches, the lassitude, the sallowness and the lusterless eyes are usually due to constipation. So many things that women do habitually conduce to this trouble. They do not eat carefully, they eat indigestible foods because the foods are served daintily and they do not exercise enough.

All the family can use Dr. Caldwell's Syrup Pepsin, for thousands of mothers give it to babies and children. It is also admirably suited to the requirements of elderly people, in fact of all who by reason of age or infirmity cannot stand harsh salts, ca-

DEMOCRATIC MASS MEETING

Call for a Popular Meeting to Launch a Constructive Programme for 1914 in Matters of a Public Character.

Mr. Clarence Poe of Raleigh, editor of The Progressive Farmer, Mr. J. W. Bailey of Raleigh and Dr. H. Q. Alexander of Mecklenburg county, president of the State Division of the Farmers' Union, have mailed to Democrats throughout the State a circular letter containing a copy of a call for a Democratic mass meeting to be held in Raleigh some time next month, the date to be fixed later, and an invitation to those who received the letter to sign the call.

Secretary of the Navy Daniels has signified his intention of attending the conference and bringing with him Secretary Bryan, if possible. Gov. Craig is reported as saying that he will attend the meeting and take part and as stating that in his opinion almost all the things proposed for consideration at this meeting should be in the next Democratic State platform.

The letter sent out by Messrs. Poe, Bailey and Alexander is as follows:

Invitation to Sign Call.

"At an informal meeting of Democratic citizens a few weeks ago the undersigned were named as a sub-committee to prepare a call for a popular meeting for the purpose of putting before our people a constructive program for 1914 in matters of public character. After careful deliberation we have prepared the enclosed and we are submitting it to you in the hope that you will sign it and get others to sign with you.

"The meeting has no other purpose or motive but to serve the State and the Democratic party by providing means for increasing public interest and getting some concert of action inside the party in behalf of such measures for the upbuilding of North Carolina as the convention may approve. It is not even understood that each signer favors all the items in the list of subjects suggested for discussion; he only advises that they have consideration at the meeting.

"Wm. J. Bryan, Josephus Daniels, Gov. Craig and numerous State Democratic leaders are expected as speakers, and men foremost in the councils of the party will be signers. We ask you, however, as a man who will act on his own judgment, and you need only advise us that you wish or do not wish" to have your name included. But in any case we shall appreciate the kindness of a prompt reply on the card which we enclose herewith, together with any other earnest and faithful Democrats who will join you in signing the call."

The call for the mass meeting is as follows:

"To the Democratic Voters of North Carolina: "Whereas we have come upon a signal hour of Democratic achievement in our State and the Republic, an hour when the people having wearied of the standpointism of its opponents have given leadership to the Democratic party, and the party in return is demonstrating its power and readiness as the champion of the masses, the foe of privilege, and the vehicle of general public progress; and

Whereas, the widespread and deep-felt interest in certain great measures for the further upbuilding of North Carolina and the inspiring record of progress our Commonwealth has already made under Democratic administration alike indicate that the Democratic voters of our State are athrob with the same passion for large and historic service that is distinguishing the Democracy throughout the United States and especially the administration of President Wilson; and

"Whereas, there is a general demand that the Democrats of North Carolina shall now take counsel together in order to put before their party for consideration in due season a definite program of constructive legislation for the immediate future; now therefore—

The undersigned do hereby call a mass meeting of Democratic Citizens to be held in Raleigh on April 20, 1914, at noon, for the purpose of giving expression to such a program of constructive measures for consideration by our people in all sections of the State; and

Whereas, as it is desirable to give more definiteness to this call we here-to append one statement which has been made and widely commended of measures and policies which should have consideration at such a meeting—our purpose being not to commit the meeting hereby called to these policies, nor to limit its deliberations, but to suggest a basis for a meeting and for discussion by the voters:

Some Subjects for Consideration.

I. Legalized State-wide primary; covering all elective offices and all parties, with a powerful corrupt practices act.

II. Revision of our system of taxation—a more just and equitable system along lines contemplated in the Constitutional Amendment proposed on this subject.

III. The adoption of other proposed Constitutional Amendments as follows:

(a) Restricting private, local and special legislation, and thus enabling the General Assembly to attend to important matters.

(b) Giving more elasticity to our judicial circuit system.

(c) Preventing special charters to corporations by General Assembly.

IV. Strengthening and enlarging wherever we wisely can, our works in:

(a) Public education and public health in which great things are being done;

(b) Public roads, including wiser expenditure of funds and putting convicts on roads instead of giving away their labor for worthless railroad stock.

(c) Public industry, including the advertising of the State's resources and the development of agricultural and manufacturing interests.

FIVE MINUTE CURE IF STOMACH IS BAD

When "Pape's Diapepsin" Reaches Stomach all Indigestion, Gas and Sourness Disappears.

You don't want a slow remedy when your stomach is bad—or an uncertain one—or a harmful one—your stomach is too valuable; you mustn't injure it with drastic drugs.

Pape's Diapepsin is noted for its speed in giving relief; its harmlessness; its certain unflinching action in regulating sick, sour, gassy, stomachs. Its millions of cures in indigestion, dyspepsia, gastritis and other stomach trouble has made it famous the world over.

Keep this perfect stomach doctor in your home—keep it handy—get a large fifty-cent case from any drug store and then if anyone should eat something which doesn't agree with them; if what they eat lays like lead, ferments and sours and forms gas; causes headaches and dizziness and nausea; eructations of acid and undigested food—remember as soon as Pape's Diapepsin comes in contact with the stomach all such distress vanishes. Its promptness, certainty and ease in overcoming the worst stomach disorders is a revelation to those who try it.

(d) Public morals, including rigid enforcement of existing statutes and such advances in legislation as localities may demand for themselves.

V. Unrelenting fidelity to the position already taken with respect to freight rates and the discriminations against North Carolina, and searching investigation of insurance rates and discriminations.

VI. Earnest consideration of the demands of the organized farmers of the State (1) for rural credits, (2) for the segregation of lands between the races wherever it may be demanded, and (3) for agriculture in the schools.

VII. An improved child labor law.

VIII. A better business system for the State, insuring economical expenditure of appropriations and a better co-ordination of the activities of State institutions.

President Approves State-wide Primary Plan.

A letter from President Wilson was received Monday by Mr. Clarence Poe as head of the special committee soon to call the Progressive Democratic convention to assemble in Raleigh, the President endorsing unqualifiedly the plank in the call that demands a State-wide primary law. The letter by the President follows:

"My Dear Mr. Poe: I have noticed with a great deal of interest the movement inaugurated by yourself and others to secure a law for State-wide primaries in North Carolina. I must admit that I was very much surprised to learn that so great and progressive a State was so far behind the procession in a matter of such capital importance to the people. May I not ex-

Writing Desk Combinations FOR the home or used in conjunction with the Individual Library—the value and convenience of a Globe-Wernicke Writing Desk Unit is recognized by all. When furnishing or refurnishing the library of your home—why not be sure of this desired feature in the bookcase of your choice by choosing from this store's display of Globe-Wernicke Bookcases for Home or Individual Libraries. Globe-Wernicke Writing Desk Units may be quickly combined with two or more Bookcase Units—yet allow for any new arrangement later, that the increased number of your books may require. We show a wide diversity of styles and finishes in Globe-Wernicke Bookcases and will also furnish free on request a richly illustrated Art Catalogue of Home Library suggestions that will be valuable to you in selecting furniture of this character. Send or call for your copy today. Lumberton Furniture Store, Lumberton, N. C.

Fidelity Insurance and Realty Company, Inc. General Fire Insurance Accident, Health and Liability Insurance. Fidelity and Casualty Bonds Dealers in cotton mill stocks. Real Estate Bought and Sold. A. T. McLEAN, President and Manager

Look For This Mark CORTRIGHT REG. U.S.PAT. OFF. You'll find it on the top of each genuine CORTRIGHT Metal Shingle. It is put there to protect you as well as us from the imitator. Roofs covered with these shingles 27 years ago are good today, and have never needed repairs. That's why they're imitated. Therefore, look for this stamp. For Sale by McAllister Hardware Co. LUMBERTON, N. C.

Gold Medal Brand Sold by R. D. Caldwell & Son, Lumberton, N. C.

ATTENTION SHRINERS "Shrine Special" Operated VIA Seaboard Air Line Railway TO Atlanta, Ga., and Return SUNDAY, MAY 10TH, 1914. LEAVE—RALEIGH 6:07 P.M., WILMINGTON 3:45, CHARLOTTE 8:20, FAYETTEVILLE, (A. & R. RY) 4:50, HAMLET 9:10, MONROE 10:10, WADESBORO 9:56, WINSTON-SALEM (WSSB RY) 5:15. SPECIAL TRAIN, ALL STEEL EQUIPMENT. Special Train will be Parked at Inman Park Siding on Seaboard, the safest, quietest and cleanest location in Atlanta. Write at once for detailed information and Pullman Reservations to F. A. Fetter, (for committee), Raleigh, or JOHN T. WEST, Division Passenger Agent. RALEIGH, N. C.

Labor-Saving Cole Planters and Distributors THAT EVERY FARMER NEEDS

Every farmer in this section should own one of these Cole Planters and Distributors. They positively pay for themselves after a few days in the field. The planter plants better and cheaper than any other planter ever built. The distributor makes one trip do for two—doubles the good from guano. Cole Planters and Distributors are the "Farmer's Friend." They were "born and raised" on a North Carolina farm.

You'll find them so downright useful and reliable that you'll wonder how you ever got along without them—why you were ever content to put up with out-of-date machines, when you could own a Cole!

The Cole Planter SAVES Labor of 1 Man and Mule Seed. Plants Cotton, Corn, Peas, Beans, Peanuts and other Seed. At one trip the Cole Planter smooths the bed, opens a furrow, mixes guano with the soil, covers it, opens again, plants the seed and covers them in the most accurate manner. The guano being mixed with the soil directly under the seed, feeds the plants as soon as the seed sprout. You get a quick start, get two chances at a big crop. The Cole Planter plants the seed in a straight line at the same depth. The depth is easily regulated. Cotton comes up in a straight line—without bunches. It can be chopped to a stand cheaper, cost of cultivation is less. The seed fall in plain sight. The wind can't blow them away—none are wasted at the end of the rows. Doesn't skip or bunch the seed—as far ahead of the old style planters—as the old style way is ahead of hand planting. Works perfectly on any kind of land, where other planters are unsatisfactory.

The Cole SINGLE FOOT Distributor Opens a Furrow and Sows Guano at One Trip. Here's a Cole Distributor with opening plow in front, which many farmers prefer. With one, you can run off rows, open a furrow, and sow guano at the same time. It'll save the work of one man and mule every planting day. Especially good for side-dressing—can be run right up alongside plant. Strongly made through, large hopper, strong plow wheel with steel spokes. Convenient lever, cuts off flow of guano. Has the reliable Cole force feed, noiseless as a bicycle. Swivel rod holds distributor rigid while you fill the hopper.

The Cole DOUBLE FOOT Distributor Sows Guano in Open Furrow. Throws 2 Good Furrows Upon It. Saves Labor. The form of spout used on this machine spreads the guano, instead of putting it in a small stream. The fertilizer feeds more plant roots—gets more good from guano. Positive force feed sows from 100 to 1,500 lbs. of guano to the acre. Instantly regulated. The plow feet throw two good furrows upon guano at the same time. Plow feet are strongly attached to side beams, so that good plowing can be done. You can leave it without danger of its falling. Graduated hitch post adjusts the weight on the plows.

Other Styles of Planters and Distributors to Meet Every Need. Besides these machines we have the Universal Single Foot (either force feed or Knocker), Universal Double Foot Knocker, and other styles suited to different uses. Discard your old out-of-date trouble making planter or distributor, hitch up to one of these labor saving Coles! Come and see them now.

Guaranteed By Us and By The Cole Mfg. Co. The Cole is doubly guaranteed. The maker guarantees it. We guarantee it. Every machine must prove a practical daily working success in your field, no matter if the soil is rough or smooth, level or hilly, with crooked rows or straight. They are made as good as money and brains can make them—sold at a fair price to everybody. Come and see these machines. Get ready for planting time.

McAllister Hardware Company, Lumberton, N. C.

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