



N. Y. Cafe and Lumberton Kandy Kitchen

next door to the Express office. Everything new, clean and sanitary. Fresh candy made every day. Fancy fruit. Meals served at all hours.

Fresh Norfolk Oysters Received Every Day

Cook Stoves, Ranges, Coal and Wood Heaters, **Oil Cook Stoves and Oil Heaters, Grates, Etc.**

L. H. CALDWELL'S HARDWARE DEPARTMENT

Get the Building And Loan Habit

Add 的复数中国的复数形式 法出口 医白色 医白色 医白色 一方方。 在

No matter if we do start on the right road to somewhere, we'll never arrive unless we keep on moving.

This is especially true of savings in a building and loan association. It is your duty to begin now to regularly place aside a portion of your savings for a definite purpose. Consult a director or the secretary of the Robeson Building and Loan Association and let him give you advice, how to

"KEEP ON MOVING"

Robeson Building & Loan Association C. V. BROWN, Sec. At National Bank of Lumberton Plans Made and Mail-Aviators Could will be depicted the story. The prophe Used in Case of War.

The work of planning and map- Venable, has been donated to the ping the first aeroplane mail routes Daughters of the Confederacy, and to be instituted by the United States they have enlisted the services pleted, according to Albert Bond Lam- idea is to make the figures from 35 bert, St. Louis aviator and ballcon to 50 feet, and he is quite safe in enthuiast, and ranking captain of the assertion that such a memorial the United States Aviation Corps, says a dispatch to the New York work in the world." It would cost Our State ranks below Massachu-Times. Two routes of 60 miles each \$2,000,000 and Borglum says electri-The inter-State route will start at from the brow of the cliff." As to olina. Peruque, Mo., cross the Mississippi river to Gold Eagle and Brussels, Borglum says each State in return Ill., detour westward to Beechville, on for a column in the temple dedicated lishments. the Illinois shore, and thence back to to it will be asked to subscribe \$25, Peruque. The Missouri route will 000. The United State Government cross a country without railways. | will be asked to donate a large sum

General Burleson, now awaits con-gressional appropriation to put it in-York has volunteered to subscribe produced raw material. The service is to be a \$10.000 and to find nine other men to effect. peg upon which to hang aerial pre- to do the same. The Daughters of place in the government service be- already in hand are to undertake the routes are started. The aviators will lated to jeonardize the success of this electric power used, first in number be trained by the government; all monumental Georgia plan, but somewill be listed in the Aviation Reserve body is sure to suggest that as this der 16 engaged, first in the value Corps and must serve in case of war. State has a Stone Mountain almost of cotton mill products, first in furcolors would bring these man, train- ment. ed to fly under all topographical and weather conditions, into the service of the country. The men are to be the Democratic national committee and fifth in the total value of man- People who live much in the open shifted from perial route to aerial and publisher of the New York Staats ufactured products. route in order to give them this ex- Vietung, died of kidney trcuble at his perience.

Congress, according to Captain was 65 years old. Mr. Ridder was Lambert, will be asked for \$5,000,000 one of the most conspicuous Germanfor the furtherance of these plans. American citizens of the United The money is to be used in building States in the newspaper publishing un the aviation corps of the National Guard and extending national ae-

Al Guard and extending national se-rial preparedness in generaly. The aviators will carry the mails in peace and when not engaged in manuevres. For baby's croup, Willie's daily cuts and bruises, mama's sore throat. Grandma's lameness.—Dr. Thomas'

For haby's croup, Willie's daily cuts and bruises, mama's sore throat. Grandma's lameness.—Dr. Thomas' Felectic Oil—the household remedy. 25c and 50c.

People who use Peruna

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alan.

home in New York Monday. He

business and in politics.

Mrs. T. Frech, R. R. 1, Hickory Point, Tenn., writes: "I am happy to tell you that I am cured of catarrh. Having been afflicted with catarrh and stomach trouble for seven years, and after having tried four different doctors, who only relieved me for a little while, I gave up all hope of being cured. I was induced to try Peruna, and to my great surprise I am now entirely well. My health never was better."

W. R. Whitehead, R. R. 1. Pryor, Oklahoma, writes: "I am happy to tell you that I keep free from my old stomach trouble; feel ne catarrhal symptoms at all. I am able to do my work, eat and drink what I want, and rejoice to know that I found a sure cure in your valuable medicine. I think it saved my life. By beginning in time with Peruna I was cured sound and well."



erty, formerly owned by Mr. Sam the States.

of

Greensboro News. North Carolina leads all the States Postoffice Department has been com- Gutzon Borglum, the sculptor. His in the number of cotton mills and factories; in the amount of raw cotton consumed; and in the manufacture

setts alone in the value of manufachave been planned one entirely in cal machinery of the most modern tured cotton products. In the num-Missouri and the other taking in type would have to be requisitioned, ber of spindles, the State is outrank. narts of both Missouri and Illinois. "the workmen hanging in steel cages ed by Massachusetts and South Car-

North Carolina ranks second in lumber, timber and wood-working estab-

North Carolina is the best developed industrial State in the South, in number of plants, in variety of man-This plan, fathered by Postmaster to make a national park at the foot ufactures, in the distribution of capital employed, and in the use of home-

Our rank in the census year in the old South, 13 States including Okparedness for war. It is planned to the Confederacy, with subscriptions laboma, was first in the number of establishments, first in the number ween 200 and 300 aeroplanes in a completion of the sum. The Obser, of persons engaged, first in primary short time after the aerial mail ver would threw out no hint calcu- horsenower employed, first in total of females over 16 and children un-It is planned to establish aerial similar to that in Georgia, we might niture making and in wood-working get a sculptor of our own and give to industries. We are second in total mail routes in the Middle West, the met a sculptor of our own and give to industries. We are second in total show a much higher death rate waterpower used, second in total this disease than abstainers do. capital employed, second in the val-

ve added by manufacture, second in

Wiscensin on 8.555.000 acres proces crops worth \$135,000,000, but produces crops worth \$128,000,000: which is to say, on an average of monia. cne-third smaller, we produce crop

values nearly as great. These facts and figures are compil-

d from the 1910 census reports for Rendolph of Mecklenburg. A proud I. E. Erwin Savs Wonderful Remedy exhibit, in the main. The University News Letter adds that the corn crop of the State was worth \$5,560.000 SGLD BY DRUGGISTS EVERYWHERE cannot be equalled in Wisconsin with had many doctors. any kind of high bred seed or any kind of cultivation.

Wisconsin's leading crop is hay. and her ten-year average is 1.49 tons ished at the results. The help he per acre; but North Carolina's ten- sought had come. He wrote: year average is 1.38 tons per acre. even with the trifling attention we use of the life-saving powers of give to this crop.

"When we really try out the hay your Wonderful Remedy. You have possibilities of our soils and seasons, saved my life. I could have lived we raise from five to six tons per but a few weeks more had it not acre, as eight farmers have done this been for your remedy. I am inclosin Forsyth, Rowan and Wilkes. ing a list of friend sufferers who "Wisconsin in 1910 had 4 million ought to have some of your remfowls on her farms more than we had edy."

in North Carolina; but in North Carstock nearly 5 million fowls more permanent results for stomach, liver than Wisconsin raised and sold near- and intestinal ailments. Eat as much ly a million more."

Heavy, impure blood makes a mud- in the stomach and around the heart. dy, piminly complexion, headaches, Get one bottle of your druggist now nsusea, indigestion. Thin blood makes and try it on an absolute guarantee you weak, pale and sickly. For pure blood, sound digestion, use Burdock Elcod Bitters, \$1.00 at all stores.

Wherein North Carolina Leads All Principles of Right Living Highly Recommended.

Bulletin State Board of Health.

"I am an old man and much afraid of pneumonia. How can I avoid the disease this winter?"

Reply: Pneumonia is a germ disease and is usually brought on by the lodgment of pneumococcus germs in the membranous tissues of the throat or lungs. It a person is well and strong these germs are not likely to hurt him seriously. A slight cold may be the result. But if he is run flown, dissipated, or if he in any way has a weak constitution, his chances are not so slight.

It is not difficult to guard against pneumonia if one will avoid unreasonable exposure and at the same time will practice the rules of personal hydiene or right living.

Working too hard or excessive exercise with extreme exposure is a common factor in preparing the way for pneumonia.

Overeating, particularly if there is an excess of meat in the diet, is another thing which often injures the body and lowers its vital resistance to disease.

Alcohol, in whiskey, patent medicines or otherwise, is one of the most powerful allies of the pneumonia germ and even moderate drinkers show a much higher death rate from

But bad sir is, of all bad influences, perhaps the most important in Herman Rider, former treasurer of the number of producing spindles, its effect on colds and pneumonia. air, who never close the windows of ir sleeping rooms in winter, and who bathe daily, almost never catch North Carolina on 5,737,000 acres colds, or if they do, the colds are

slight ones and do not run into pneu-

WINSTON-SALEM MAN SAVED FROM DEATH

Brought Him Astounding Relief

J. E. Erwin of Winston-Salem, N. more than Wisconsin's crop. The C., was for a long time the victim orn growing records of our corn of serious disorders of the stomach. club boys and demonstration farmers He tried all kinds of treatment and

One day he took a dose of Mayr's Wonderful Remedy and was aston-

"I am satisfied through personal

Mayr's Wonderful Remedy gives

and whatever you like No more distress after eating, pressure of gas