

PROFESSIONAL CARDS

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T. A. McNeill, Lawyer, Land titles and law of executors and administrators special attention.

J. ED TYSON, Plane Surveying and Leveling, Lumberton, N. C.

WOODBERRY LENNON, Attorney-at-Law, Lumberton, N. C.

RUSSELL S. BEAM, M. D., Lumberton, N. C.

R. C. ROZIER, M. D., Physician and Surgeon, Lumberton, N. C.

JOHN KNOX, M. D., Physician and Surgeon, Lumberton, N. C.

DR. D. D. KING, Dentist, Lumberton, N. C.

DR. R. T. ALLEN, Dentist, Lumberton, N. C.

Thos. C. Johnson, M. D., Residence Phone 175, James A. Martin M. D., Residence Phone 167, DR. JOHNSON & MARTIN, Over McMillan Drug Store, Office Phone 47.

F. F. WETMORE, C. E., Drainage, Surveys, Highways, of all Kinds, Sanitation, Maps, Office Weinstein Building, Lumberton, N. C.

FOR AUTO LIVERY SERVICE, Phone or write, W. H. M. BROWN, Buie, N. C., PHONE 2712.

pine stump, in field, thence S 75 W 28 chs. near Mt. Tabor road, thence S15 E 15 chs. to a stake in Buie's line, thence as Buie's line to the beginning—containing 35 acres. The above being a survey of lands, devised to W. A. Smith by Samuel L. Smith, excepting 50 acres within said boundaries devised to D. McC. Smith.

From this conveyance is excepted out of the above boundaries the 50 acres devised to D. McC. Smith by S. L. Smith, and also 65 acres conveyed by W. A. Smith to Charles Terry and J. D. McMillan, leaving a balance of 120 acres now owned by said W. A. Smith and conveyed thereby.

This 10th day of July, 1916, P. C. WHITLOCK, Trustee.

BAD HOUSING, BAD HEALTH, Three Times as Much Sickness in Bad Homes as in Good, State Board of Health Bulletin.

"The houses that people live in have so much to do with their health," says the State Board of Health, "that the housing question is coming to be a health problem which the average town will soon be called on to handle along with its milk and water supply and sewerage disposal."

Not long ago Washington learned the same lesson. Cincinnati has recently learned—that sanitary homes reduce sickness and death. Accordingly, Washington is going to demonstrate to the world the relationship between good housing and good health.

The August Woman's Home Companion, primarily a fiction number, is the first installment of a story called "Billy Foster and the Snow Queen" by Catharine Holland Brown.

Among the special articles are "All Kinds of Boys and the Club Spirit" by Charles Stehle, and "Ninety-Nine Girls Out of a Hundred," by Katherine Ferguson.

The department on cooking is conducted by Cora Farmer Perkins. The section for younger readers includes "The Cherubs" by Olive Rush, "Hay Days" by Emily Rose Burt, "A Little Boy's Neighbors" by Charles Eugene Smith and "The Home-made Fair" by Mary Sherburne Warren.

In the Picture Section is reproduced "The Spirit of Preparedness" by Edwin H. Blasfield, painted and presented by him to the National Security League at the request of Joseph H. Choate and S. Stanwood Menken.

Fashions are discussed by Grace Margaret Gould.

Chamberlain's Colic, Cholera and Diarrhoea Remedy, Every family without exception should keep this preparation at hand during the hot weather of the summer months.

Under and by virtue of the power and authority vested in the undersigned trustee in said deed of trust, the undersigned trustee will offer for sale at public auction, for cash, to the highest bidder, at the court house door in the town of Lumberton, Robeson county, North Carolina, on the 5th day of August, 1916, it being Saturday, at about noon on said day, for the purposes of satisfying the said deed of trust, the payment of the costs of making said sale as provided for in said deed of trust, the following-described tract of land, to-wit:

In said State and county and in Lumber Bridge township, adjoining the lands of J. W. Conoly, J. H. McEachern, Smith heirs and others, beginning at a stake by two pines, J. A. P. Conoly and J. W. Conoly's corner in J. H. McEachern's line and runs north 58 west 6 chains to a stake; thence north 23 chains and 32 links to a stake by two pines in the south edge of the cow bay; thence west nine chains to the corner of forty acres in McEachern's line; thence as that line north 43 east 3 chains and 50 links; thence north 10 chains to a stake; thence north 73 west 26 chains to Smith's corner; thence south 51 chains and 63 links to a stake; thence south 69 east 26 chains to a stake; thence north 32 east 20 chains to the beginning, running around and including lots Nos. 5 and 6 and forty acres of French and Thompson land, containing 161 acres, and being the same tract of land conveyed by J. A. P. Conoly and wife to Daniel L. Sinclair, book 5-C, page 149, office of the register of deeds of Robeson county, North Carolina.

This the 5th day of July, 1916, JOSEPH BALCH, Trustee, McLean, Varser & McLean, Attorneys for Trustee 7 6 30d R.

TRUSTEE'S SALE, Under and by virtue of authority conferred on me by that certain deed of trust executed by W. A. Smith et als, dated May 6, 1912, and recorded in mortgage deed book No. 26, page 536, of the office of the register of deeds of Robeson county, default having been made in the payment of the indebtedness thereby secured, and demand having been made upon me by the owner and holder of the note evidencing said indebtedness, I will, on Monday the 14th day of August, 1916, at 12 o'clock m. at the court house door of Robeson county, offer for sale, for cash to the highest bidder, the following described land, lying and being in said county and State:

Beginning at a light wood stump in William McMillan's line and runs S 45 chs. to a large stump in pond in west edge, thence west 45 chs. to a pine by 2 pines in field, thence N. 45 chs. to a stake in Buckhorn, thence due east 45 chs. direct to the beginning—containing 200 acres.

Second tract, begins at a stake by 2 pines, North corner of Arch Buie est. and runs N 15 W 15 chs. to a

For Summer Troubles, Hay fever afflicts thousands and asthma sufferers endure torture. Foley's Honey and Tar gives relief. It allays inflammation, clears air passages, eases rasping cough, soothes and heals. This wholesome family remedy contains no opiates—a bottle lasts a long time. Sold everywhere.

FIT AND NOT FIRE

Big Companies Find it Cheaper to Fit Employees Rather Than to Fire Them

State Board of Health Bulletin. For the reason that every disease has a start and that every disease if treated in its early stages can be cured or checked in its progress, many of our greatest industrial establishments are requiring physical examinations of all their employees as a means of conserving the health of the employees and the efficiency of the company.

The American Medical Journal says of this feature of health work: "In the industries in which health examinations are made, there has been an increase in the morale of the plant and the operating efficiency. The employees are kept in good physical condition, and there is less loss of time of trained men and hence no disruption of the organization. The long, bitterly fought war against typhoid, malaria, tuberculosis and the other communicable diseases has resulted in a great victory."

WANTS TYPHOID INVESTIGATED, State Board of Health Called On to Investigate Typhoid Epidemic in Rural Community

The State Board of Health was called on yesterday to investigate an epidemic of typhoid fever in a rural community in one of our best counties. A prominent citizen of the community wrote the Board the following:

"In my father's home or from there in the past few years 9 cases of typhoid fever including the father, mother, children, grand children and cook, with two deaths. Father is down now. There have been numbers of cases in a radius of two miles from here.

"The water supply has been analyzed by the State Laboratory of Hygiene twice. I understand that the State Board of Health furnishes an expert to investigate such cases and ascertain the source of trouble. Our physician has written you and I wish to urge you to send us a man as soon as possible. If an investigation is needed anywhere I think it is here."

The Board immediately responded to the request and made mention of the fact that this is the first time it has been called on to investigate an epidemic of typhoid fever in the country, not that typhoid epidemics in the country are rare or are not worth the time and trouble to investigate, but that people in the country as a rule have been slow to know the nature of typhoid as well as to realize the danger that may come from a common source.

The Board congratulates this community on its determination to find and remove the source of their trouble.

RURAL BABY CLINICS, Sampson County Health Officer inaugurates Rural Baby Clinics

State Board of Health Bulletin. Sampson county lays claim to the first series of baby clinics in North Carolina to be held throughout the county by the county health officer.

Dr. E. R. Hardin, the health officer who incidentally specialized on children's diseases before he assumed the role of health officer, has been very successful in organizing quite a number of baby clinics in the rural communities. The mothers and doctors in the various communities are invited to meet at some schoolhouse or other convenient point where the doctors carefully examine each baby for physical defects and assist the mothers in remedying them and solving various problems connected with the care and feeding of their babies.

As a rule, during the course of the clinic or after all the babies have been examined individually, the health officer gives an illustrated lantern slide lecture on the care and feeding of babies and gives each mother copies of bulletins and leaflets on that subject.

The interest in these baby clinics is reported to be increasing by leaps and bounds and the mothers are urging that they be established in their respective communities as a regular part of the health work of the county.

Many ills come from impure blood. Can't have pure blood with faulty digestion, lazy liver and sluggish bowels! Burdock Blood Bitters is recommended for strengthening stomach, bowels and liver and purifying the blood.

Virginia and Carolina Southern R. R., No. 79 No. 65, 7:30 am 4:47 pm Lv Fayetteville, Ar 12:02 pm 10:15 pm

No. 7 No. 8, 11:00 am Lv St. Pauls, Ar 5:25 pm, 12:40 pm Ar Elizabethtown, Lv 3:40 pm

For additional information, as to rates, schedules, or reservations, call on local agent or write, W. W. DAVIS, Asst General Pass. Agent, LUMBERTON, N. C.

ATTRACTIVE SUMMER TRIPS 1916

TOURS FROM 10 TO 40 DAYS INCLUDING

- New York, Boston, White Mountains, The Saguenay, Quebec, Montreal, Lake Champlain, Lake George, Ausable Chasm, St. Lawrence, The Thousand Islands, Niagara Falls, Alaska, Pacific Coast, Yosemite Valley, Canadian Rockies, Lake Louise, Vancouver, Glacier National Park, Yellowstone National Park, Grand Canyon of Arizona, Salt Lake City, Colorado Rockies, Los Angeles

AND THE Panama-California International Exposition at Dan Diego, California

Personally Conducted and Chaperoned, The very highest class of service, which makes travel for pleasure comfortable and enjoyable.

The tours cover the most attractive routes and the principal places of Scenic and Historic Interest throughout the Greatest Country in the World.

Writes for rates, booklets and descriptive literature.

GATTIS TOURS

Tourists Agents, Seaboard Air Line Railway, Raleigh, N. C.

SEASHORE Round Trip Fares From PEMBROKE, N. C.

WEEK END EXCURSION FARES

\$3.25 TO WILMINGTON, \$5.20 TO ISLE OF PALMS, \$5.20 TO SULLIVANS ISLAND

Tickets on sale for all trains on each Saturday and for forenoon trains on each Sunday from May 27 to Sept 11, inclusive, limited returning to reach original starting point prior to midnight of Tuesday following date of sale.

SUMMER EXCURSION FARES

\$7.35 TO ISLE OF PALMS, \$7.35 TO SULLIVANS ISLAND, \$4.10 TO MYRTLE BEACH, \$10.65 TO NORFOLK

Tickets on sale from May 15 to October 15, inclusive, limited returning until October 31. Liberal stop-over privileges. Schedules and further particulars cheerfully furnished upon application to O. O. FOWLER, Ticket Agent, PEMBROKE, N. C.

ATLANTIC COAST LINE The Standard Railroad of the South

SEABOARD AIR LINE RAILWAY COMPANY

The Progressive Railway of the South, SCHEDULE EFFECTIVE MAY 28TH, 1916

Trains Leaving Lumberton

No. 19—7:15 a. m. Train for Hamlet, Charlotte and all intermediate points—Through Sleeper Wilmington to Charlotte. Open for passengers at Wilmington at 10 P. M.

No. 13—6:19 p. m. Train for Hamlet, Charlotte, and all intermediate points—Connecting at Hamlet for all points North, South and West. Pullman Parlor Car Wilmington to Charlotte. Thru daily Pullman service Wilmington to Atlanta—all steel cars—on Fridays thru sleeper to Birmingham.

No. 20—9:45 p. m. Train for Wilmington and all intermediate points—Through Sleeper, Charlotte to Wilmington. Passengers may remain in Sleeper until 7 A. M.

No. 14—10:15 a. m. Train for Wilmington and all intermediate points—Pullman Parlor Car Charlotte to Wilmington. Thru daily Pullman service Atlanta to Wilmington—all steel cars—Thru sleeper from Birmingham Saturday.

For additional information, as to rates, schedules, or reservations, call on local agent or write the undersigned, M. BEVERLY, Agent, Lumberton, N. C.

Through PULLMAN PARLOR Car Service TO Charlotte, Rutherfordton, Chimney Rock and Intermediate Points

Effective Tuesday June 15th, 1916 VIA Seaboard Air Line Ry Co.

Train No. 31, Lv Raleigh 8:45 am, Sanford 10:10 am, Hamlet 12:30 noon, Wadesboro 1:25 pm, Monroe 2:20 pm, Charlotte 3:25 pm, Ar Rutherfordton 6:30 pm

The only Railroad operating through Pullman Car Service between Raleigh, Charlotte and Rutherfordton (Chimney Rock). The best, cleanest and most satisfactory service. JOHN T. WEST, D. P. A., Raleigh, N. C. JAS. KER, JR., T. P. A., Charlotte, N. C.

Hail Insurance, Protect Your Crops, Tobacco \$50 acre \$2.50, Cotton, Corn and small Grain \$40 acre \$1.70. Rates lower and higher according to value. S. H. HAMILTON

SEASON -FOR- Fire Insurance, Every day in the year. Better insure now. R. H. CRICHTON, Phone 9 and 169

YOU ARE THOROUGHLY ARMED, Insurance, against ruin by fire if you carry one of our policies of fire insurance. Without one you are at the mercy of a blaze all the time. FIRE INSURANCE IS A DUTY as well as a benefit. Your wife and family are entitled to a sure home and you as their protector are in duty bound to provide it. Have us issue you a policy today, both for their safety and your own peace of mind. The cost is trifling, the protection absolute. Q. T. Williams, Agent, LUMBERTON, N. C.

NOTICE OF SALE OF LAND BY TRUSTEE, Whereas, there has been a default in the payment of the interest as provided for in a certain deed of trust from D. L. Sinclair and wife Annie A. Sinclair in favor of Joseph Balch, Trustee for the use of The Columbian National Life Insurance Company, which said deed of trust is dated November 13, 1913, and is recorded in the office of the Register of Deeds of Robeson county in book No. 29, page 373, and on account of said default in the payment of said interest as provided in said trust