

THE ROBESONIAN

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HEALTH WORK ON BROADER SCALE.

Having derived the benefits of the work of a whole-time health officer for five years, Robeson county now takes hold of health work on a broader scale and makes a long stride forward.

Details of the work were explained in a news item in The Robesonian a week ago and are further explained in today's paper. By increasing its appropriation an average of \$722 a year for three years, the county gets from outside sources an average of \$2,378 a year for the same length of time, and the health work will be carried on under this plan in such a way that the people of every section of the county should be able, before the end of the period to point out special benefits they have received. Medical school inspection work alone, with its provision for treatment of defective children whose parents are not able to give them the proper treatment, should be worth far more than the added cost to the county. So also with soil pollution work. It is estimated that 20 per cent of deaths in this section of the State are due to diseases that are spread through soil pollution. The campaign that will be carried on to reduce the spread of these diseases should be worth millions of dollars to the county in the coming years. Life extension work and infant hygiene are no less important.

The Robesonian expects great things of this new phase of health work. It ought to work a great transformation in this great county during the next three years, and we confidently believe that it will. It is trite to say that nothing is so important as conserving the public health, but most of us sleepily dismiss the matter with that observation and continue to blame Providence for deaths that could have been prevented by intelligent care, and to go about feeling only half alive all the time, thanking God that we are feeling so poorly when we ought to be and could be so full of energy that we'd feel like jumping over a ten-rail fence. The sort of health work that the county commissioners in their wisdom have provided for ought to kick into everlasting oblivion some of the old ideas about health and preventable diseases.

So The Robesonian, feels like giving the glad hand to the county commissioners, each and several. They have shown that they are wise in their day and generation. When a good thing is presented to them they grab it. This new health work is a recent instance. The employment of a whole time home demonstration agent is another. In these moves they have shown the new progressive spirit that is permeating the great old county today and that is an earnest of greater days.

A body ought to be exceedingly careful about whom he resembles. It is an awful mistake to be so careless as to have a crook for a double. In trying to prove that he was not the man people identified him as being, an honest and upright citizen has during the past several months spent \$50,000 and has lost his health. So the story goes. When it was found that the crook all that time was going his festive way, reaping where others had sown, the victim of mistaken identity was dismissed, and the judge and the solicitor told him they were awful sorry. Which was the least, and the most—they could do, but it was mighty poor balm for healing the loss of \$50,000 and health.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is catarrh. Catarrh being greatly influenced by constitutional conditions requires constitutional treatment. Hall's Catarrh Cure is taken internally and acts through the mucous surfaces of the system thereby destroying the foundation of the disease, giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in the curative powers of Hall's Catarrh Cure that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address: F. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 75c.

BUY A LIBERTY BOND.

In addressing the soldiers of the national army, President Wilson said, "The heart of the whole country is with you." Where the heart is there will be the treasure be, and the money of the nation will be back of them too. The Liberty loan is to be used to arm, equip and maintain our soldiers, to prepare them for the conflict in France and make them as effective and powerful as possible, and safeguard them in every way possible. It will also be used to give them life and indemnity insurance and provide for their dependents. The uses of the Liberty loan appeal to every patriotic American, for it is used for our soldiers and sailors and the principles which they uphold.

Every person whose heart is with the soldiers and sailors wants to back them with his money, but maybe there are some who have neglected to buy a Liberty bond because they are not able to purchase a large bond. The bonds are sold in denominations as small as \$50 in order to give the person of small means a chance to make this patriotic purchase. If you cannot buy a larger bond, buy at least one for \$50.

There is no question about the patriotism of the people of Robeson. They simply have not gotten aroused, though, to the need of supporting the government in this second sale of Liberty bonds. It will not do to stand back and expect the banks to take care of the entire issue. It is especially desired that the people of small means everywhere and the people of the rural sections manifest their patriotism by buying these bonds. You can buy on easy payments and so it is possible for almost every one, at least all who are not in needy circumstances, to purchase bonds of some denomination, \$50 or more. And it is the safest investment in the world. The government does not ask you to give the money, it simply asks you to invest it at interest.

The young men who have been selected for army service are giving up everything for their country and ours. Surely we who are left at home ought to back them with our money and buy Liberty bonds "until it hurts," as Secretary Baker put it the other day.

NEED OF TEAM PLAY

That is the way President Wilson expressed it the other day in speaking to a committee from a newly organized league that has for its purpose the securing of unity of thought in the nation in regard to the war. All of us might as well settle down to the conviction that there must be no peace until Germany is beaten and the United States and its allies are in position to dictate peace terms. There would be more sense in patching up terms of peace with a band of cutthroats and outlaws, leaving them time to regain strength for perpetrating more outrages, than in patching up peace with the outlaw among nations. The President says the people of the United States should keep the issue ever in mind and remember that this war should end only when Germany is beaten and Germany's rule of autocracy and might is superceded by the ideals of democracy. The cumulative force of the same thought and purpose in the minds of the people of this entire nation is a power beyond estimation. That mighty force should be behind the men who are training in America for the fight. There will be no peace worth the name until the world is rid of its plague-spot.

Busy chasing the elusive dollar and with many interests engaging their attention, the part of the population of the male persuasion are prone to forget that in their work to supply the needs of the men who will fight for all of us the women need financial support. There is a reminder in the paper today. If every man who is able to do it will make it a part of his business to contribute a certain amount every month to help the ladies of the National Aid society in their noble work, he will feel better and will be doing something worth while.

Record Crops of Corn, Oats, Rye, Potatoes.

Considerable losses are recorded in some of the country's principal farm crops as a result of the condition in September, but Monday's government report indicated there would be record crops of corn, oats, rye, white and sweet potatoes, tobacco and beans.

The loss was heaviest in corn, which showed a reduction of more than 36,000,000 bushels since September 1. Other losses were spring wheat, 7,909,000 bushels; barley, 2,180,000 bushels; buckwheat, 2,331,000 bushels; white potatoes, 8,985,000 bushels; sweet potatoes, 907,000 bushels; apples, 537,000 bushels; sugar beets, 113,000 tons; kafirs, 4,329,000 bushels; and beans, 4,155,000 bushels.

Some crops, however, showed improved conditions, especially oats with a gain of 47,382,000 bushels, making it a record crop of 1,580,714,000 bushels or 31,000,000 bushels more than that of 1915. Other gains were rice, 1,019,000 bushels and tobacco, 21,837,000 pounds.

For dyspepsia, our national ailment, use Burdock Blood Bitters. Recommended for strengthening digestion, purifying the blood. At all drug stores. \$1.25 a bottle.

HOME DEMONSTRATION WORK

What and Why It Is—Cursory View of the Activities Contemplated With the Girls of Robeson This Year.

To the Editor of The Robesonian: Doubtless many people are wondering just what the home demonstration work is and why it is. This article is to answer these questions in part, at least, and to give the public a cursory view of the activities which are contemplated with the girls this year. In a later issue the work with the housekeepers will be considered.

Educate for Practical Problems. A few years ago I was employed by the State Department of Education jointly with the county board of education of Sampson county to begin an experimental work in the supervision of the rural schools of the above county. When I inquired what my duties should be I was bidden to go out into the field and find out the need, doing whatever my hands found to do. The idea was to study the rural school situation to find out the real need, and, if possible, to see wherein the course could be more adequately adapted to the practical needs of the community. It required no great while to realize that one of the many needs was to educate the youth for the practical problems of life, for that educational ideal which fails to go out into the homes and fields to deal with the fortunes of the country people is a false ideal; so the conviction grew upon me that we must adapt our course of training to the every-day needs and conditions of the community, and I came more and more to feel, too, that it is a false notion to suppose that practical training cannot be given as high cultural value as a study of the classics, if properly directed and correlated with other necessary subjects.

New Type of Rural Education. It is this conviction that we need to develop a new type of rural education—one that will make large use of things and of doing things along with a proper mastery of essential theories—which has induced me to turn my attention exclusively to the promotion of agricultural club work, believing that the genius of rural education is making its debut under the auspices of this work.

Home Demonstration Work With Girls. The home demonstration work as it applies to the girls leads to many lines of development for them. The work of canning is only one feature of it, as may be seen from the tentative program of work with the girls which is given at the end of this article. The entire course tends to vitalize in a very practical and effective way several of the branches taught in the public school course. The work in gardening introduces the girl to practical agriculture and puts into execution the agricultural principles which she has learned in school. Her knowledge of arithmetic finds specific exercise and practical application in keeping her record book with which she is provided for the purpose of estimating her profit and loss. She is encouraged to write a history of her year's work and by this means she develops self-expression and the work is closely correlated with her language work in the school room.

A girl who does a year of successful club work usually evinces new interest and life in every line of her school-room work. She finds new pleasure, too, in homemaking after a season of work in domestic science and arts. It arouses her home-making instincts and quickens her pride and pleasure in improving her surroundings. The successful growing, canning and marketing of her own crop develops her initiative and self-reliance—two of the most essential factors in producing an efficient type of womanhood.

Finally, when she accumulates a little bank account of her own earnings at the end of the year, she begins to realize the actual value of a dollar, for she can't find it in her heart to frivol away her very own hard-earned dollars as she may have done with the money previously given to her. Many girls are now in college as a result of the money and inspiration which they have gathered from this work.

Who One Girl Did. And just here I am reminded to tell the story of a girl who last spring borrowed money from the bank with which to buy a thousand high-priced tin cans. She was called foolish by a few. She filled them to the last can with standard products. A few days ago when she finished marketing them she turned to me and exclaimed as her heart almost burst with pride, "Miss Cassidey, I have saved enough money in these two years of work to go to the Normal college after Christmas".

This is but a brief survey of the many benefits which accrue from this work. The program below presents the first year's work.

Tentative Outline of Work in Home Economics With the Girls:

- I Domestic arts a. Basketry from native materials. b. Simple lessons in dress-making. c. Simple lessons in home millinery. (Some chorus work will be done also.) II Home nursing a. Care of patient and of bed. b. First aid. c. Food for the sick. III Domestic science a. Food values and needs of human system. b. Breadmaking. c. Making and using fireless cooker. d. Making iceless refrigerator. IV Gardening a. Making hot bed, cold frame, etc. b. Planting for home and market. c. Study of plant diseases. d. Cultivation. V Canning for home and market a. Simple canning processes and commercial standards. b. Study of bacteria and molds. c. Preservation by brining and fermentation. d. Drying processes.

Any skin itching is a temper tester. The more you scratch the worse it itches. Doan's Ointment is for piles, eczema—any skin itching. 50c at all drug stores.

LEMONS BRING OUT THE HIDDEN BEAUTY.

Make this lotion for very little cost and just see for yourself.

What girl or woman hasn't heard of lemon juice to remove complexion blemishes; to bleach the skin and to bring out the roses, the freshness and the hidden beauty? But lemon juice alone is acid, therefore irritating, and should be mixed with orange and white this way. Strain through a fine cloth the juice of two fresh lemons into a bottle containing about three ounces of orchard white, then shake well and you have a whole quarter pint of skin and complexion lotion at about the cost one usually pays for a small jar of ordinary cold cream. Be sure to strain the lemon juice so no pulp gets into the bottle, then this lotion will remain pure and fresh for months. When applied daily to the face, neck, arms and hands it should help to bleach, clear, smoothen and beautify the skin. Any druggist will supply three ounces of orchard white at very little cost and the grocer has the lemons.

VI Marketing a. Business methods. b. Closing up accounts. LULU M. CASSIDEY, County Home Demonstration Agent, Lumberton, N. C. Oct. 9, 1917.

HELP WIN THE WAR

You Can Help by Contributions to the Local National Aid—How Business Men and People in Rural Sections Can Help.

To the Editor of The Robesonian:

It seems to me that the people in this part of our county do not realize the vital importance of the work which is being done for the "great cause" by the women of the National Aid organization. Everyone does not seem to know that on the hottest days during the past summer, once a week a group of women were standing over steaming jars of fruit or vegetables to give or sell for a small sum to the needy this winter. Other women were meeting in the upper room of a store sewing during these same hot days—sewing to send the needed garments which our government has asked to be sent to our soldiers. And meanwhile others have been knitting mufflers, wristlets and sweaters for the sailors on the battleship named for our State—the North Carolina. They have done all this in an amazingly short time to get the funds to carry on this work. A number of them have canvassed the town going from house to house soliciting money and receiving it in dimes and quarters or depending on getting it by asking for it from the merchants and other business men. Can't we get money to carry on this work by voluntary subscription? We ought to have the money to purchase material without having to beg for it.

Who in Lumberton will start the list? There has never been a more generous lot of men than those in Lumberton, but business and professional men. But won't you give us a certain amount a month and thereby enable us to procure wool and other material without having to wait until someone gets up an entertainment which no one wants to go to, or comes to your office door with a paper, when you are busy, to be refused or go away with your check and with the knowledge that you have given it (in some cases) to be rid of her?

Now a word to our country friends: Can't you bring us something we can sell? We are making garments for your boys as well as our own. If you will bring, when you come to town on Saturdays or any other day, a few potatoes, corn, eggs or anything which can be sold and leave it at the bakery, Mr. DuBois will store it for us and when we have enough he will sell it at auction and the proceeds will go to the National Aid. In that way you will be doing your "bit" and a wee bit it will be which our President has so often urged us to do. We will also take cotton or tobacco.

We shall be grateful for small donations but doubly grateful for large amounts. Our women friends who do not live immediately in town have not had the opportunity to sew, can, or knit. So won't you and your husbands help in this way? We have been abundantly blessed this year, good crops and high prices. Out of your abundance please spare us something.

Take your contributions to the DuBois Bakery. MRS. R. C. LAWRENCE, Lumberton, N. C. Oct. 9, 1917.

Mr. Stephen Wilson of R. 7 from Lumberton was among the visitors in town Tuesday.

TRACE DISEASE TO CONSTIPATION

One of the points on which different schools of medicine practically agree is, that about 95% of all human disease is directly traceable to intestinal putrefaction. The elimination of this waste from the bowels, or constipation. The eliminative process and on its proper functioning depends the welfare of the entire system. Constipation is a condition that should never be neglected. As slightest disposition to slow up, a mild laxative should be taken. The combination of simple laxative herbs with pepsin, known as Dr. Caldwell's Syrup Pepsin and sold in drug stores for fifty cents a bottle, is highly recommended as a corrective, acting gently, in an easy, natural way, without griping or other pain or discomfort. A trial bottle of this excellent family remedy can be obtained, free of charge, by writing to Dr. W. D. Caldwell, 456 Washington St., Monticello, Illinois.

BROAD RIDGE BREEZES

Revival In Progress—Killing Squirrels—High Price for Skin—Personal.

Correspondence of The Robesonian. Broad Ridge (Lumberton, R. 4), Oct. 10—Picking cotton and harvesting may seem to be the order of the day around here.

A revival began at the Broad Ridge Baptist church Sunday night and will last through the week. The pastor is being relieved by a Rev. Mr. Coleman. We hope to have one of the best revivals ever held at this church. Morning service at 11 o'clock, afternoon service at 4. The public is invited.

Mr. E. C. Bissell of Illinois is visiting his father, Mr. H. F. Bissell. —Rev. and Mrs. J. I. Stone and small children of Brunswick county are visitors in this section. Mr. Stone formerly lived in this section, but moved to Brunswick last winter. The hunters are killing lots of squirrels now, law or no law. "Aunt Becky's" letter in Monday's paper was greatly enjoyed. "Aunt Becky", continue your war stories. Starvation has passed out of this section. Meat is scarce but "skins" are plentiful. One of our neighbors drove down to Mr. Faulk Ivey's last Saturday and bought a few "skins" that scarcely had breath and had to pay enough for them to have bought him a fine milch cow. Isn't that awful?

Be a Man with Money Then you can do your duty to your Family.



It pays to Bank your Money. You have no fear of the landlord's tap on the widow's door. "How did he leave her?" That's the question you often hear asked. "How are YOU going to leave her?" That's the question for YOU to answer. Are you BANKING your money so that you won't add to her sadness the misery of WANT? Our Bank is a safe place for your money.

Put YOUR money in OUR bank.

We pay 4 per cent interest

First National Bank (Bank opposite the court house) LUMBERTON, N. C.



WE claim to be one hundred per cent efficient when it comes to handling and repairing cars

When you bring your car here you may know that the trouble will be located and the car leave our shop only in perfect condition.

If you want quick work, low prices and the job done right, come to us.

LUMBERTON MOTOR CAR CO. SUPPLIES REPAIRING ACCESSORIES MACHINISTS FOUNDERS DESIGNERS. MAXWELL MITCHELL CARS CHALMERS PHONE 99 LUMBERTON, N. C.

ARE YOU LOOKING FOR BARGAINS?

Our store is headquarters for the latest and best in Men's, Ladies' and Children's Ready-to-wear.

"Seeing is Believing", therefore we earnestly invite your inspection of the season's offerings in the largest and most up-to-date line of Coat Suits, Coats, dresses, skirts, furs, clothing, shoes, hats, etc., ever seen in Lumberton or the surrounding country.

Think it over, and give us the chance to prove the merits of our merchandise.

A. WEINSTEIN'S DEPARTM'T STORE LUMBERTON, N. C.