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These garages are much better than we are required to maintain by the Ford Motor Company. They are built for both the present and the future. They were especially built and equipped for YOU—for every FORD owner. If you do not take advantage of them, you fail to get one of the most valuable considerations you buy when you pay for your FORD car.

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Hamlet, Laurinburg, Lumberton, Rockingham.

CONSERVATION OF FOOD

Waste is Always a Sin But Now It is a Crime as Well.

SERMON BY DR. C. L. GREAVES.

Synopsis of a sermon on food conservation preached by Dr. C. L. Greaves at the First Baptist church last Sunday morning.

Text, John 6:12. "Gather up the fragments that remain, that nothing

be lost." Our Lord had multiplied the five loaves and two fishes into a sufficiency to feed the vast crowd of five thousand persons. What need could there be for economy when bread could be had so easily? Yet at the close of the meal a command is issued which ought to make us hesitate to ever waste a crumb of bread. "Gather up the fragments". Jesus did not express himself on unimportant things. Economy and thrift have their places in the plan for the salvation of character. Over the twelve baskets of fragments Jesus issues the commandment we need to have emphasized today "Thou shalt not waste bread". Ours is a land of plenty. We have never known a time when anyone need

go hungry. Travelers tell us that even in times when the world is not at war there are vast multitudes in India and China who are always hungry. They even accept it as a natural condition of living, as we do heat and cold. The American workman's dinner would furnish an Eastern feast. As a result of our plenty we have become very choicé in our selection of foods and great eaters of rich and concentrated foods. Moreover we have become wasteful, and the garbage can receives every year its tons of good foods, until it has become a national scandal.

Waste Now a Crime. Waste has always been a sin. It is a sin because it mocks at God's bounty and presumes upon the riches of His providence. It is a sin because it despises the worker's toil which produces it. It is a sin because it regards the pleading hand of poverty which craves that which others lightly throw away. But we have always been lenient with waste. We have thought it foolish, but it injured the waster only, and so it was primarily his lookout. Was it not his loaf that he threw away? But that is so no longer. It is the other man's loaf that is waste. There is no longer bread enough to go around in a hungry world, and if you waste, another in consequence goes hungry. Therefore waste is now not only a sin but a crime as well.

A World in Need. For our's is a world of need. In normal times Europe imports 750 million bushels of grain from other lands. Now there is an additional shortage of 250 million bushels due to the men being in the army and agriculture having to depend on the labor of women and children. There is also a shortage of 30 million cattle and sheep. Moreover, our American wheat crop has been short for two years. Europe in normal times draws her breadstuffs from Russia, India, South Africa and South America as well as from us. But the stores of wheat in Russia cannot be reached. Ships cannot pass through Suez canal in safety, besides shipping is too precious to send on long voyages. So the hungry peoples of Western Europe must look to America for sustenance. When we consider then the food shortage in Europe, the smaller crops produced in America and the fact that ten per cent of all we ship to Europe is sunk by the deadly submarine, I think we shall agree that waste is now a crime.

A War Problem of First Magnitude. The food situation is a tremendously serious problem. It is a war problem of first magnitude. Valor is of no avail against starvation. The strongest armies grow weak if the staff of life is withheld. Cut off England's food supply and Germany can conquer England without landing a soldier. Riots, mutinies and insurrections are the death throes of starving nations. The Allies must be fed or all is lost.

Moreover, the food problem is a humanitarian problem as well as a war problem. To know that there are hungry women and children by the million is a disquieting and harrowing thought. Our humanity demands that we share our abundance with them. What is our remedy for meeting these conditions? Our government is making a request of every household.

GIRLS! HAVE A MASS OF BEAUTIFUL HAIR SOFT, GLOSSY, WAVY

A small bottle destroys dandruff and doubles beauty of your hair.

Within ten minutes after an application of Danderine you can not find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most will be after a few weeks' use, when you see new hair, fine and downy at first—yes—but really new hair—growing all over the scalp.

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable lustre, softness and luxuriance.

Get a small bottle of Knowlton's Danderine from any drug store or toilet counter for a few cents and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment—that's all—you surely can have beautiful hair and lots of it if you will just try a little Danderine.

We should expect it to ask a great sacrifice of us. But it does not. It declares that the conditions may be met by two very simple expedients. First, do not waste anything either by overeating or by throwing away. Second, eat sparingly of wheat bread, sugar, meat and fats, substitute corn for wheat, substitute syrups for a part of our sugar, reduce amounts of meat, lard and butter. Use vegetables, fish and poultry. Shipping space demands that we ship only wheat, meat, sugar and fats, staple concentrated foods, to the Allies. How easily we can do what is asked of us as householders. How simple it is, yet how much it means to our allies, how much it means to us.

What a precious thing a loaf of bread has become! Now as never before it represents life, power, victory and liberty! Without it cannons are

useless. Without it no navies sail, and the soldier's nerveless arm drops his gun. Without bread, American bread, England and France shall become lands waste and without inhabitant. Their cities shall become dead cities, filled with mouldering skeletons, and their glory become "one with that of Ninevah and Tyre".

Society Teaches Navy Cooks to Cook. Many prominent society women, led by Mrs. Adrian Iselin, have given up social activities in order to teach sailors how to cook. Mrs. Iselin, writing in the November issue of Harper's Bazar, tells how, through her New York Cooking School, these women are training able seamen to prepare

A lazy liver leads to chronic dyspepsia and constipation,—weakens the whole system. Doan's Regulets (30c per box) act mildly on the liver and bowels. At all drug stores.

food properly and are rapidly lessening the shortage of capable chefs in the navy. Rear-Admiral Usher, U. S. N., has co-operated with Mrs. Iselin and has endorsed her work.

The men have learned very quickly. In fact, Admiral Usher says: "Without this aid, it would have been a difficult matter for us to supply a sufficient number of competent cooks to the small vessels in the district, and to the large German liners which were recently taken over by the government."

CHICHESTER'S PILLS
THE DIAMOND BRAND.
Ladies! Ask your Druggist for Chichester's Diamond Brand Pills in Red and Gold Seal Boxes, sealed with Blue Ribbon. Take no other. Buy of your Druggist. Price for CHICHESTER'S DIAMOND BRAND PILLS, for 25c per box, is 25c. Sold by Retail Druggists.
SOLD BY DRUGGISTS EVERYWHERE

Important Notice!

Our enormous volume of business this fall has made it necessary for Mr. A. Weinstein to make another trip to the northern markets, where he expects to close a big deal with two manufacturers for ladies ready to wear goods. The newest November and December models in dresses, suits and coats will be arriving in large quantities during the next few days, and it will be to your best interest to call at our store and give them a look. Watch for our next ad.

A. WEINSTEIN'S DEPARTMENT STORE
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We propose to give our customers the very best service possible. Soon we will get you a MACHINE STATEMENT, promptly the first each month. We solicit your account.

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We solicit accounts of farmers, merchants, manufacturers, administrators, executors and guardians.
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WE PAY FOUR PER CENT ON TIME DEPOSITS.

Notice to the Public

BULLOCK BROS. JITNEY

Will leave Hotel Lorraine 8 a. m., due Orrum 8:35 a. m. Will make connection with the train to Fairmont and Elrod. Due Boardman 10.10 a. m.; leave passenger depot at Boardman 10.40 a. m., due in Lumberton 11:30 a. m. Will leave Hotel Lorraine 4 p. m.; due Orrum 4:45 p. m.; due Boardman 5:20 p. m. Will leave Boardman 6:15 p. m. for Lumberton.

From Lumberton to Orrum, 50 cts.; to Boardman 65 cts.; Round trip \$1.25.

Cars for hire day or night. For day calls phone 231, for night calls phone 55 and 221.