

NHE expectant mother owes it not only to herself 1 to prepare for an easier delivery, but to her child who should be stronger, healthier and more robust thru her care and intelligence.

What is one of the most important things a mother-to-be should do?

The universal answer from thousands of experienced mothers is this: The mother-to-be should massage the muscles and
nerves involved in the function of child-bearing, daily, with an nerves involved in the function of child-bear
application of Mother's Friend. Because-
Three generations of mothera record loudest in their praise of it, are those
the virtue of M Mother's Priend for not who unfortunately did not use it with only allaying distrese in advance, their firot baby and who, thru its ube
but for assisting nature in asuring with the eceond one, were able to fully but for asisting nature in assuring
apeedy recovery for the mother.

 The women who appreciate Moth-
Tris Friend the moot, and who are wiert the second one, were abte to fully
frealize the almost unbelievable, relief
it gave.
Mrs. Olive Vanden, 10 Grape St.
 WARNING: Aooid using plain oils, greases and substituts-
they act only on the skin and may cause harm without doing good.

## NOTHERS <br> FITMID




Just Around the Corner
 Distant cities, towns and villages are "just around the corner"' when you use
the Long Distance Bell Telephone.
Why waste your time energy and money in traveling when you can send oour voice just as satisfactorily and at a triffing cost Don't travel-Telephone.
SOUTHERN BELL TELEPHONE AND TELEGRAPH COMPANY

## IT WILL PAY YOU TO USE

AGRICLTURAL LIME ON YOUR WET LAND

## BECAUSE

Lime and Fertilizer will grow bigger crops than Fertilizer alone.
Lime is a necessary plant food
Lime enables you to grow bigger crops for less money Lime is a jermanent soil builder.
Lime helps prevent soil and plant disease
Lime improves the mechanical condition of the soil. Lime makes favorable conditions for beneficial soil bacteria. We have a good supply on hand in our warehouse or can make prompt shipments of cars from mines.
Lêt us have your orders.

## K. M. BIGGS

## LUMBERTON, N. C.

Top of the market paid for all grades cotton.


Growing Health
In the Home Garden


1 Eat, Sleep, Work and Feel Better Than in
Twenty Years $-1 O_{\text {we }}$ This Entirely to








## E. S. Smith For Solicitor  <br> $\qquad$ <br> $\qquad$ <br> $\qquad$ <br>  <br>  <br>  <br> \section*{$\qquad$}

It has made a new man oit of met Thit expe jience, related by E.C.


New Folks Moving In-Girls Playing
Baaketball-Pernonal.
Correspondence of The Robesonian.
Rozier (St, Paul, R. 2), March 1.
Messis, Hubert. Hololer and Northrop

Messrs. Hubert. Holder and Northrop
Msrell went to Ten-Mile Sundher
mm .
Mr. Matthew Humphrey of the Sad-
munity Sunday.
Messr. D. S. Carlyle, K. E. Har-
rell, Mrs. R. B. Tolar and Miss
Mamie Harrell were in Lumberton
yesterday.
Glad to report Mr. A. H. Holder
improved.
Mr. Mrd Mrs. R. B. Tolar attended
church at Rennert Sunday.
Mr. Northrop and Miss Mamie Har-
rell spent Friday night at the home

## rell spent Friday night at the home of their unce Mr. C. D. Johnson of St. Pauls, R. 1.

We are glad to have some "new
folks" in our community, Someone
Yoks in our community, Someone
unknown to the writer has moved into
the hounse that Mr. Maston Britt has
just vacated and Mr. and Mrs. Jim
just vacated and Mr. arid Mrs. Jin
Bagget have moved in here also.
Rev. Lee Humphrey filled his
regular appointments, here Saturday
both days.
The girls' of Roziers school
"coming on" fine playing bask
ACHIES AND PAMSSOANTS GLS MI!

## VorD the misery of racking pain. Have a botte of Sloan's

 ment handy and apply whenyou first feel the acheor pain.
It quickly eases the pain and sends It quickly eases the pain and sends
a feeling of warmethrough the
aching part. Sloon's Linimint aching part. S
willhoul rubbing
Fine, , oo, for rheumatism, neuralgia,
sciatiac, sprains and strains, stiff joints, lame back and sore muscles.
For forty yeal
S10ants inimente

## 

## GETOUTAPOLICY And do it now. Fires are disastrous and delays are dangerous. 't bring back what is consumed

Be Reimbursed on Your Fire Loss If it's one of our companies. Premiums on doubtrul polis Q. T. WILLIAMS, Lumberton, N. C

MAKE THIS BANK YOUR BANK. WE GIVE YOUR BUSINESS PROMPT AND CAREFUL ATTENTION.

## The Bank of Proctorville

 proctorvilis, n. a