torian; Hippocrates, the father of me-

dicine; Diodorus Sicculus, the historian;

Ovid, the poet; and Pliny, the Roman naturalist, all testify that the primitive

inhabitants of the earth subsisted on a

Norway, Denmark and many parts of

Russia, who subsist on vegetable food.

The greater portion of the inhabitants

of Asia and Africa use but an insignifi-

cant trifle of animal fool. The mill-

ions of Hindostan and China use so lit-

garded as a seasoning rather than a

The Greek and Russian laborers and

Therefore it becomes quite evident

that if, during the summer, one well-to-

do family would only use a little com-

being unable to get work.

ive. Make no mistake.

we must first know how to live.

Diseases of Wine.

-when poured into a glass a crown

but are subject to another disease call-

ed maladie de la graisse. They, too,

bitter, these are flat, insipid, and vis-

nightly Review.

Division of the N. C. Conference.

The biggest question before the

North Carolina Conference is the di-

vision of its territory into two confer-

ences, Eastern and Western. It is

being ably and freely discussed by

pose division argue that "in union

next May .- Concord Times.

GUY CYRIL.

tle of animal food that it may be re-

substantial part of their diet.

vegetable diet alone.

11 Pirces, \$120.

APOU IVE AND PERMANENT CURE

Dyspensia and Indigestion. Prepared by DR. W. W. GREGORY, Charlotte, N. C.

CHARLOTTE, N. C., Nov. 29, 1884. Dr. W. W. Gregory : I hereby certify Mixture with very great benefit to myself and cordially recommend it to others. R. P. WARING, Member N. C. Legislature.

CHARLOTTE, N. C. Dr. W. W. Gregory: I take great pleasure andding my testimony to the value of your tuffering from dyspepsia, indigestson and a torpid condition of liver and bowels. D. A. JENKINS. N. C. State Treasurer.

Ca, Charlotte, N. C., and T. F. Kluttz & Co.,

STUDEBAKER AND TENNESSEE

FARM WAGONS.

COLUMBUS, WATERTOWN & CINCINNATI suggies & Spring Wagons.

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Thomas HAY RAKES. Avery's Riding and Walking

THOMAS' HARROWS, Telegraph Straw Cutters, Avery and Dixie PLOWS.

Dexter Corn Shellers, Engines and Boilers,

SAW AND GRIST MILLS, Piping, Engine and Boiler Fittings—Guns, Pistols, Shells, Cartridges, Wads and Caps. Powder and Shot, Dynamite Fuse and Pri-

HOME-RAISED CLOVER SEED.

And everything else usually kept in First Class Rardware and implement Stores.—I have on hand a full stock of the above, & offer them for the next thirty days, for less money than they have ever been sold in this country. Salisbury, Oct. 23, '84. W. SMITHDEAL.

fill school,

For the Watchman Midnight Thoughts.

BY STAR-GAZER.

Tis twelve, and midnight enthroned sits Arrayed in royal robes of a dark and som-Bedecked all o'er with sparkling gems of

purest light. ever yet hath flashed a beam on mortal sight: nd their brilliant, sparkling rays doth all hearts cheer, Expelling therefrom every torturing grief

While their alluring beauty awakens every soul and tongue In praise of Him, who first in heaven these

orbs hung. Oh! what a feast of soul at this midnight

Reverently to contemplate God's great skill and power-In calling out to view such a vast and Of worlds, to sail ever with such a speed

and sweep, Through the unfathomable depths of 100 years old." boundless space: Each sailing with lightning speed, in its

own proper place; Whether it be foul, or whether it be fair Bravely breasting the storms they may meet anywhere. Yes, thus they ever glide through the

boundless deep, Swifter than tender thoughts to beauty e'er did leap; Or, as fleet as love, and aspiration's spring To that God who, in creation has shown

his love and might! Yea, for each sparkling gem doth speak forth His praise Plain, if not louder than the sun's efful-

Or a convoy of comets in their wild erratic sweep, Tho' regardless where they go, or time

This is the hour the best and worst of men employ As do savage beasts: with alacrity and joy The astronomer now does his best for hi

mong the upper worlds, to make their movements plain, And show the laws that they are each governed by, As on through the depths of space they forever fly: fleet so very great, majestic and sub-They evermore proclaim: He that made

in these still hours when most good men and while wrapped in repose care not to The passing time; others watch at the couch of pain,

and labor to relieve e'en when their la-While more brutish men, like savage beasts of prey, That skulk from the light go forth at close of day

To prowl in the dark, that they by fraud May injure or dispoil all they meet in

So the sublime teachings of the stars fail Humanity, or love into a savage heart; Such care not for God, nor life, nor fear they death, But go alone for self, and will while they of strength. Your digestion will be bet-

have breath. They flee away from all life's soft and ge-To their dark dens, and caves and unfre quented ways Venture forth at night to perpetrate deeds So long as darkness befriends them or lends them time.

that I have recently used your Dyspeptic But sweet, indeed, to the better class of Beasts and birds, are such genial hours to ter balanced. Your body will become and unfit to drink. White wines, on not a bad place to keep house .- Chi-While slumber's soft dominion o'er them gently spreads.

Giving new strength to all both in their hearts and heads; Assuring to them all more vitality and

Dyspeptic Remedy. I have used it with great soothing their sorrows and healing every telief, and cheerfully recommend it to any one And by silence profound, enclosing them Make them feel they to another world are

For sale by J H McAden and T C Smith & Yes, oh yes! the stillness of the midnight Speaks to every thoughtful mind and heart with power, Alike in the chamber, as when they rove

When they look to heaven they feel there For this strong lesson ever doth nature on disease. Take the tourists who visit experts at first professed to detect a

him brood, As if fearing, at last some mortal may not make sure Of eternal life, and a home among the

Sweet, indeed, is the night for observa-And none better for deep thought and contemplation: CULTIVATORS. To recount the past, or look into the fu-

Lest we, by recklessness, our peace may butcher. So may the mood, the stars, and stillness of each night.

Evermore enable us all to keep in sight The works of God, and what they were created for, That we may love them all, and Him through them adore.

mers—Axes, Shovels and Spades, Building Hymn forth your praise, both loud and Hardware, Paints, Oils and Varnishes, clear! That your music may waft our souls from

earth afar That we awhile may forget our sorrow and all care, And feel in our hearts that life is not the

But after death, above the stars we shall Trinity College has opened its fall Leaving behind us for a while this sinsession with favorable prospects for a stricken sod, To dwell forever in heaven with our God, cause of their regular course of life and the manly art of self-reliance.

Guy Cyril's Talk to the Farmers-What simplicity of diet, which Pliny tells us consisted of the fruit of the palm-tree. to Eat and How to Eat. Herodotus, a celebrated ancient his-

Special Cor. of The News and Observer. SALISBURY, N. C., Sept. 18.

"Pass the hot biscuit and a slice of fat pork to Mr Cyril, my dear," ejacu-

lated one of our substantial, good-hearted old farmers up in the Piedmont sec-"Not any, I thank you, I perfer stale bread and a mug of fresh milk," replied

Mr. Cyril courteously. And this is what constitutes many of our farmers' bill of fare through the whole year. Hot biscuit and fresh pork! Good Lord, deliver us!

After supper Guy Cyril and a half dozen farmers assembled together under the refreshing branches of a huge oak and began conversation on the dietetic laws of life.

"Do you not know," replied Guy Cvril. "that there is no reason why you gentlemen following so healthful a calling as agriculture should not live to be

"Too long to sweat and moan under the burden of this life," replied one. "Stomach too weak to last that number of years," replied another.

"Got to take too much medicine in that time to keep well," ejaculated a lean and hungry dyspeptic; and so on answered the crowd, each giving a different reason for the ills he endured. "I'll tell you what's the matter with

all you farmers," said Mr. Cyril in his pleasing tone of voice. You don't know how to eat, and what to eat, and when you get good food there are only a very few who through all life for that matter.

know how to prepare it before it is serv- Do you know that half of our im-To begin, man is made great or little by what he eats. Hot biscuit, fried pork, grease and bad coffee superinduce half of the sickness among our people in this healthful State. "Just as the twig is bent the tree is inclined," physiologically as well as morally. Those mothers who force their little children, even before they are capable of masticating a particle of it, to swallow flesh during the summer months, are little aware how seriously they are injuring the organization and corrupting the whole nature of the future men and women.

Let us eat more vegetables and fruits in the summer months, and abstain from meat and fried food. Here asked one of the lean and hung-

ry dyspeptic farmers who looked like one of Pharoah's kine: "Why so? Me and my wife allers eats

fried pork and hot biscuit." Yes, I should judge so by the looks of your children as well as by the ap- turbid to the eye, and flat to the taste pearance of yourself and wife.

Well, I'll tell you why, remarked of round bubbles rises to the top, and Cyril, assuming the position of a benefactor to his race.

For four good reasons. First, physio- minute filament about a thousandth hunger and thirst longer without loss ter and will be unattended with that disturbance, heat, irritation, oppression of the stomach and dullness or drowsiness of the head, which meat-eaters generally experience after dinner, and which some physiologists, on the mistaken supposition that it was natural, causes the orderly and vinous fermenhave called the "fever of digestion."

You can toil better, your mental pas- finest of the Cote d' Or, are subject to sions will be more governable and bet- this disease, which makes them bitter more vigorous, in proof of which I need the contrary, are exempt from this, engo Ledger. only refer you to the toiling millions of Europe and the Eastern nations. You can endure the exposures to atmospheric vicissitudes much better and in fact endure all of the burdens of this life with half the pain and torture should you give up the fried meat system.

Second: The medical evidence is that you will be less liable to epidemical and infectious diseases of all kinds, and much more easily cured of them, either by the efforts of nature or ordinary remedial One minute's heating at the proper

York in 1832, 1834, and 1839, no per- fermentation. The heating in nowise prehend it. Wait until you get marsons whose habits of living approximat- affects the most delicate boquet of the ried and then you'll know."-Newed the fruit and vegetable diet died of most delicate vintages, and though man Independent. Florida, and who lives on a vegetable shade of difference in the flavor be-While the weeping heavens in silence o'er and citrus diet-they never get sick. tween the heated and the unheated Take the missionaries and teachers who go to Africa and who abstain from meat and grease-they never become a prey

Third reason: The chemical evidence is on the side of those who eat of fruits and vegetables in summer. If we determine the value of foods strictly by the rule of chemical analysis, according to the Liebig school, we shall find that good wheaten bread, rice and lentils contain four times as much nutritive virtue as the best flesh-meat, while potatoes contain at least an equal amount. If we admit Leibig's theory of the combustion of carbon to sustain the animal both the ministers and laymen in the temperature, we shall find abundance two excellent church papers, the Adof carbon, and the best kind of carbon, tence and Advocate. Those who op-

in vegetable food. Fourth reason: The experimental evidence, which is the best reason after all. We have no account that Adam and Eve ever departed from the commandment of God in their dietetic habits, and in the absence of all evidence to the contrary we are bound to believe that

they are largely of vegetables. Josephus testifies that the Essenes, a sect of the ancient Jews, numbering several thousand, were long-lived beDeath of Solicitor Jos. Dobson.

This week we are called upon to chronicle the death of Mr. Joseph Dobson, a citizen of Winston, and Solicitor for the present 9th Judicial Look at the peasantry of England, Scotland, Ireland, Italy, Turkey, Greece, Germany, Switzerland, France, Spain, the lazzaroni of Naple, subsist on a diet principally of coarse farmaceous food, to do, have generally acquired good, seph Dobson fought his battle of life noir to meet the chaffing of their anxious vigorous constitutions on the coarse, nobly. Peace to his ashes .- Winston friends who had got hold of the joke,vegetable potato diet of the old country. Sentinel.

### Street Manners.

mon sense-letting go the fried meat The want of any uniform rule in and taking up the fruits and vegetable passing persons on the sidewalks, is a they would seldom get sick in the early cause of great awk wardness and much fall, but be enabled to continue their embarrassment to every gentleman hard work through all the seasons and and lady. What can be better calculated to make one feel and look more ludicrous than meeting a party migration to this State become dissatisand neither know on which side the fied with our mode of cooking, the other wishes to pass, while both turn manner in which the food of our farmers is prepared and served quicker first to one side and then to the other to avoid each other, but ending in a than anything else?

If the fact be known I would not be collision, or in being brought to a surprised if the crofters did not become dead halt face to face with each other dissatisfied on that account instead of -both perhaps being strangers? Who has not labored under such embar-If we would be well and prosperous rassment? And yet how easy all this sort of thing may be avoided if the The art of life is knowing how to public will only agree that it shall be. Observer. How easy for every one always for everyone to bear to the right in passing. Will not every one do this? No difference who it may be, white, colored, The cryptogam, Mycoderma aceti the stream of human life will flow makes wine into vinegar; its congealong our streets as gently as the nor, Mycoderma vini, which lives on brook flows along its grassy banks. new young wine, fades and withers in This is no new rule, but it is a most old and does no harm. When, hownecessary one. - Fayetleville Observer. ever, wine "spurts" in the barrel, is

To Keep Tomatees for Winter.

when slightly haken, silky little waves move about in all directions, then a to the Rural New Yorker:

"As the tomato season is here I can logically. In summer you don't want part of a millimeter in diameter, of contribute one way to keep them for much heat in the body-there is gen- a variable length and extreme tenaci- winter use that may be new to some of erally enough outside—therefore you ty, has made its appearance. In large your readers. I ate them in February, don,t want so much meat. If you eat quantities this organism forms a glu-sliced and seasoned with sugar and a vegetables instead, you can endure heat, tinous deposit at the bottom of little vinegar, that seemed in every way the cask, producing carbonic as nice as tomatoes fresh from the

acid, which spoils the wine. The "Dissolve a teacupful of salt in disease of turbid, spurted and spoiled gallon of water. Pick ripe tomatoes, wine is fermentation, caused by an but not over-ripe, leaving a little stem organism-a ferment-originally ex-The tomatoes must be kept well isting on the surface of the grape, covered with brine, and they will keep where also exists the organism which till spring or longer."

tation. All red wines, especially the There is a gorge in Yellowstone park where no sound can be heard.

There are 240 bones in a man. Man compares poorly with a shad .- Bosbecome turbid; but where the red are ton Transcript.

cous. The maladie de la graisse is due to a filamentous organism like that English prelate, will deliver the ad- sult of experience. which makes red wine spurt ; but the dress at the reopening exercises of two differ in structure and physiolog- the John Hopkins University, on ical action. The remedy in either October 6th. case is to kill the organism by heat.

"Pa," said the little boy, "what is temperature is enough to preserve the an absolute monarchy?" I can't ex-During the cholera season in New wine from all the diseases caused by plain it, my son, so that you can com-

"He's a mau of big calibre," re- is now in operation, and facilities for man-an acquaintance. "Indeed?" was the within the reach of the entire Wool growreply, "hew do you make that out?" wines, when they had detected a like "He's a great bore." "Oh," murmurshade between two glasses poured out of the same bottle they confessed their ed Brown, and fainted away .- Merdefeat, and Pasteur's remedy for calchant Traveler. orification was justified .- The Fort-

All good things of this world are no further good than as they are of use; and whatever we may heap up to give to others, we may enjoy only as much as we can use, and no more. -Defoe.

Lieut. H. R. Lemly, U. S. A., a native of this place, has accepted a position on Gen. Hancock's staff, with the rank of Captain. Headquarters, Governor's Island, New York. Congratulations. - Salem Press.

A South Carolinia justice of the peace there is strength," and those who fahas decided that a watermelon being yor it say, "divide and develop." Action will be taken upon this question attached to the freehold, the stealing of at the Conference which meets in the same from the vines is no larceny. It Charlotte, Nov. 25th. It will be fi- is needless to say that this dispender of nally decided by the General Confer- the law is a descendant of Ham, and also ence, which meets in Richmond, Va., an emigrant from one of Virginia's watermelon-growing counties. His law, as announced from the bench, accords with Children should always be taught the universal custom everywhere in the southern States .- Richmond State.

How Salisbury Belles Travel.

A few days ago three young ladies of Salisbury took the wrong train at Hickory and started South instead of coming to Lenoir as they intended. The conductor District, which occurred at his for- mistook Lenoir written on their tickets mer home in Surry county, on Tues- for Lancaster. At Newton, they recogday of last week, the 15th inst., in his nized Lovelady, but improved so much 60th year. Solicitor Dobson was a since they came down the narrow gauge native of Surry county and for many last, and they failed to remember when years practiced law in the counties of they crossed the bridge although they Wilkes, Alleghany, Ashe, Yadkin, were looking out for the pretty view. At Surry, Stokes and Forsyth, gaining Maiden they missed the benign countenthe high esteem of all who knew him ance of Mayor Hudson but supposed that by his excellent qualities in private, he must have been infused with the spirit social and business relations of life. of the age and was out pushing on the At the time of his death, Mr. Dobson | work which was so fast turning Hudsonwas serving the closing portion of his ville into a brisk town. At Lincolnton third term as Solicitor, serving a pe- they could scarcely believe their eyes for riod of twelve years to the satisfaction here had sprung up, as if by magic, a of all who desire to see the law of the beautiful town on the spot where erstwhile land justly and ably defended. True the wood station of Shakerag did vegetate. and they are as athletic and powerful a to his friends and party, and faithful On, on they went-it did seem that Lenoir race as can be found. The Irish immi- to his business: a good lawyer, an ex- was more than 20 miles from Hickorygrants, whose brawny arms and power- cellent citizen and an affectionate fa- "Mr. Conductor when will we reach Leful sinews perform the hard work of ther and husband. We speak the noir?" "Lenoir!" and the denouement excavating our canals and constructing sentiments of all in deploring his came. They were nearly to Gastonia. our railroads, which our flesh-bred death and extending our sincerest Here they stopped and spent the day and, American laborers have not the strength sympathies to the bereaved, for Jo- at 12 o'clock that night steamed into Le-

## A Child Killed by a Train.

Lenoir Topic.

The Air Line passenger train which arrived in this city from Atlanta, Sunday afternoon, killed a little white girl near Gastonia. The child was four years old and was the daughter of a Mr. Mayo, who lives one quarter of a mile from the railroad track. The unfortunate little girl with an older sister were in a field near the road, and saw the train coming. They attempted to run across the track, the elder sister leading and getting across in safety. The younger one, however, was way across the track was struck by the engine and hurled into the air. She fell a few feet from the track and was dead before any one could reach her .- Charlotte

### "Shall Bruise Thy Head."

A few weeks ago Miss Fanny Jones, of young or old; let all do it, and then Cilley, went into the orchard and was standing beneath a tree when she heard a peculiar noise and felt the wriggling of well to see him before purchasing clsesomething beneath her feet. Looking where. down she was horror-stricken to see the tail of a rattle snake in agitation before her. She screamed and jumped and turning round, discovered that she had been standing on the snake's head. With great A correspondent sends the following | coolness and bravery she dispatched the rattler with a stick and when she measured it found it to be 21 feet in length .-Lenoir Topic.

## Quixotic Cable.

George W. Cable, having lined his nest by his paid slanders against the Southern people, is now turning his attention to the advocacy of women suffrage. It is cruel in him to first try to degrade the South and then to degrade the women of the whole land. George is a sort of nineteenth century Don Quixote, with the exception that he has not half the knightly manliness and honor of the Knight of LaMancha.-Wil. Star

The Georgia Senate has passed a bill materially amending the railroad commission act, and sent it to the House for concurrence. The bill repeals the arbitrary powers of the commission, and gives railroad companies the right to make their own rates. The commissioners are Canon Farrar, the distinguished to hear complaints only. This is the re-

THIS NEW FACTORY

We manufacture JEANS, CASSIMERS, FLANNELS, LINSEYS, BLANKETS, YARNS, ROLLS, &c. Soliciting a liberal patronage of our people, we are respectfully, SALISBURY WOOLEN MILLS.

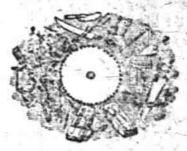
ing community.

Office at old Express Office, 32tf May 28th, 1885.

Corner of Kerr & Lee Streets, with a full line of DRY GOODS and GROCERIES. Also keeps a First Class BOARDING HOUSE. Call and see him.

## A High Grade Home School FOR GIRLS.

Best Climate, Surroundings, and Advantages in the South. Delightful Home. Higher English, Music, Art, and Elocution Specialties. Two Teachers from the Royal Leipzig Conservatory. Complete new outfit for physical training. Send for circulars. WILL H. SANBORN, Pres. Aug. 12, 1985.—6t



WHEN YOU WANT!

# AT LOW FIGURES

Call on the undersigned at NO. 2, Granite D. A. ATWELL.

Agent for the "CardwellThresher," Salisbury, N. C., June 8th-tf,

TAVING bought out the Grocery Department of J. D. McNeely, I intend. conducting a First Class

GROCERY STORE.

My stock will consist of SUGAR, COFFEE, BACON, LARD, FISH, Molasses, FLOUR. Butter, Chickens, Eggs, &c. Also, Candies, Fruits, Nuts, Crackers, &c .- in fact, I intend keeping everything usually kept in the Grocery and Provision line; and by close attention to business and selfing low for cash. I hope to merit at least a portion of the trade. Come and see me at J.D.Me-J. M. HADEN. Neely's Store. June 4, 1885.

## ALL ENTIRELY New & Fresh!

J. S. McCUBBINS, Sr., Will continue the business at the Old Stand, having closed out all the old stock. His present stock is Entirely New, and will not quick enough, and when about half be offered on reasonable terms for Cash,

Barter, or first-class Mortgages. Those who could not pay all their mortgages last year may renew, if papers are satisfactory and appliance is made at once. HIS STOCK CONSISTS OF Dry Goods, Groceries, Boots

and Shoes, Hats, Clothing, Confectioneris, Crockery, Drugs, Bacon, Lard. Corn, Flour, Feed and Provisions of all kinds, with a full line of High Grade Fertilizers,

as cheap as the cheapest. You will do Salisbury, April 1st, 1885 .- 25:tf

PALMERSVILLE, (Stanty Co.) N. C. C. H. MARTIN, PRINCIPAL, raduate of Wake Forest College, and also at the University of Virginia. PULLION, \$5 to \$15 per session of 5 months. The only school in this section that teaches

the University of Va. methods.— Vizerous extensive, thorough.—The cheapest school in the J. S. where these world-relowed methods are

taught.—Good Board only \$6 per month.
27 ly] Address, C. H. MARTIN, Prin.



\$750,000.

(WM. C. COART, 7

Twenty-sixth Annual Statement, JANUARY 1, 1885.

Reserve for Re-insurance and all other i SCHEDULE OF ASSETS: United States Registered Bonds ...... 179,800 to State and Municipal Bonds........... \$1,097 96 National Bank Stocks .... 158,400 00

Cotton Manufacturing Stocks ........... 114,795 00

Other Local Stocks ...... 39,770 66

Real Estate (unincumbered city property) 97,297 17 Loans, secured by first mortgages ...... 80,413 84 Total Assets, . \$741,380 33 Salisbury, N. C., March 26, 1885.

## SOMETHING NEW!

LAMP CHIMNEYS that will not break by heat, for sale at ENNISS'.

DIAMOND DYES- All colors you

DON'T FORGET to call for Seeds of ENNISS'. all kinds at

## TO THE LADIES:

NOT STRANGE IT THUE -Worm do exist in the hum n be dy and are often the cause of disease and death. Shine a Indian Vermifage will destroy and expe hem from the system.

Call and see the Flower Pots at