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PAPERS.
Progressive Farmer, State Organ, Raleigh, N. C.
Rural Home, Salisbury, N. C.
Carolina Watchman, Tabor, N. C.
Farmers Advocate, Goldsboro, N. C.
Alliance Sentinel, Trinity College, N. C.
Country Life, W. S. Lamberson, N. C.
Ruralist, W. S. Lamberson, N. C.
Each of the above-named papers are requested to keep the list standing on the first page and add others, provided they are duly elected. Any paper failing to advocate the Alliance platform will be dropped from the list promptly. Our people can now see that papers are published in their interest.
The Conference Platform.
The following is a correct copy of the platform adopted at St. Louis by the labor conference:
FINANCE.
1. We demand a national currency—safe, sound and flexible—issued by the general government only; a full legal tender for all debts, public and private; and without the use of banking corporations; a just and equitable means of circulation, at a tax not to exceed two per cent, as set forth in the sub-treasury plan of the Farmers' Alliance, or some better system; also, by payments in the discharge of its obligations for public improvements.
2. We demand free and unlimited coinage of silver.
3. We demand the amount of circulating medium to be speedily increased to not less than \$50 per capita.
4. We demand a graduated income tax.
5. We believe that the money of the treasury should be kept as much as possible in the hands of the people, and hence we demand all National and State revenues shall be limited to the necessary expenses of government, economically and honestly administered.
6. We demand that Postal Savings banks be established by the government for the safe deposit of earnings of the people and facilitate exchange.
LAND.
2. Your sub-committee upon the land plank, beg to submit to your approval the following: The land, including all natural resources of wealth, is the heritage of all people, and should not be monopolized for speculative purposes, and alien ownership of land should be prohibited. All lands now held by railroads and other corporations in excess of their actual needs and all lands now owned by aliens should be reclaimed by the Government and held for actual settlers only.
TRANSPORTATION
8. Transportation being a means of defence and public necessity, the Government should own and operate roads in the interest of the people.
a. The telegraph and telephone, like the postal system, being a necessity for the transmission of news, should be owned and operated by the government in the interest of the people.
While some parts of the above address may seem at a mere glance to make partisan political distinctions, yet upon careful study one will clearly see that it is non-partisan, and further, will be impressed with the truth of its promises, and the ability of the committee who framed it. It was adopted with only a few dissenting votes, and the platform was adopted unanimously, and received with great applause. The conference having completed its work as a representative body, and adjourned sine die.
LEMON ELIXIR
Its Wonderful Effects on the Liver, Stomach, Bowels and Kidneys.
For Biliousness, Constipation and Malaria, take Lemon Elixir.
For Indigestion, Sick and Nervous Headache, take Lemon Elixir.
For Sleeplessness, Nervousness and Heart-failure take Lemon Elixir.
For Fevers, Chills and Debility, take Lemon Elixir.
Ladies, for natural and through organic regulation, take Lemon Elixir.
Dr. Moxley's Lemon Elixir will not fail you in any of the above named cases, all of which arise from a torpid or diseased liver, stomach, kidneys or bowels.
Prepared only by Dr. H. Moxley, Atlanta, Ga. 50c. and \$1 bottles at druggists.
A Prominent Minister Writes.
After ten years of great suffering from indigestion, with great nervous prostration, biliousness, disordered kidneys and constipation, I have been cured by Dr. Moxley's Lemon Elixir and am now a happy man.
Rev. C. C. Davis,
Eld. M. E. Church South
P. O. No. 28 annual St. Atlanta, Ga.

EARLY VEGETABLES.
Within six weeks or such a matter, it will be time for every body to commence making arrangements for their garden, and in view of this fact, we consider that now is a very good time to suggest an economical and effective method of sowing early vegetables. The idea was given to us some time ago by Mr. F. H. Dover, of Grover, who has practiced it successfully. It involves the principle of the hot house, constructed over the plants, and is about as follows:
"Two or three weeks before the regular time to set out your plants, select a dry place of suitable size and fertilize well with stable manure. Then sow your cabbage, tomato and other seeds, the plants of which have to be transplanted. Lay around the beds a framework of timber six to twelve inches high and pack the sides carefully with earth so as to exclude the air. Now stretch over the top some cheap quilt lining, and tack down to the edges of the timber all around. The whole will only cost a few cents, and the plants be brought in at least two or three weeks earlier by this plan.
"The idea," says Mr. Dover, "may be carried further, even to green peas, beans and other vegetables, the seeds of which are planted in rows just run timbers along the sides of the rows, pack in dirt as in the case of the hot beds, and stretch quilt lining along the top. In this way you may get all your vegetables up six or eight inches before your neighbors begin to plant."
—Yorkville Enquirer.
FARM AND GARDEN NOTES.
Do not leave the turnips out too long.
If you buy an incubator get a good one.
Give the hens chopped onions occasionally.
Clean up, whitewash and get the hen house ready.
All breeds of fowls have certain points in their favor.
Do not try to winter more hens than you can care for well.
From now on until spring early and late feeding should be the rule.
Arrange convenient drinking vessels for the fowls during the winter.
Fruit trees planted in the fall should have the earth firmed around about them.
It is important to have the floor of the duck and geese quarters dry in winter.
Clean up the coops and give a dose of coal oil before putting away for the season.
One of the best ways to secure dryness under foot is by using dry earth on the floor.
Dressed poultry should always be thoroughly cooled out before packing for market.
See that there are no cracks in the hen-house through which draughts can strike the fowls.
By watching the fowls for the first appearance of cold and curing it croup may be prevented.
When the fowls must stay in the house, scatter the grain among straw or litter to give them exercise.
For swelled heads wash clean with warm water and then anoint the whole head with glycerine.
Considerable care must be taken to prevent the eggs from getting chilled if they are to be hatched in an incubator.
While less range is needed during the winter than in summer, at the same time it is usually best to give the fowls every opportunity to exercise.
If plenty of clover is given to the poultry there will be much less necessity for supplying lime, as there is considerable lime in the composition of clover.
A good roadster or a draught horse need never be sold at a price that will not pay a good profit above cost of production. Buyers are always looking for them.
HEAVY HATS AND BALDNESS.
"Fifty years ago it was an uncommon thing to see a young man with a skating rink on his head," said Dr. Ezra Howland, now at the Lindell. "Now most men begin to grow bald before reaching forty, and many have little hair left at thirty. This is due chiefly to the heavy head coverings now worn. Did you ever see a bald headed Indian? The ancient Greek and Romans went much with their heads uncovered, and if we can depend upon the counterfeit presentments of them left us, a hot hat was very rare among them. The hat most injurious to the hair is the soft felt. The heavy cap worn by many Northern people is also a great promoter of baldness. The high silk or plug hat is perhaps least injurious of any head-gear now worn. I do not believe that it was intended that the head should have any covering but hair. Baldness is the penalty we pay for persistent violation of the laws of nature."—St. Louis Globe Democrat.
Mr. Campbell, of Bancroft, speaks of the "glorious mountains" lying around loose out there, as "the stepping stones of God." He was talking for Bancroft. But they are not used as much for this purpose since their peculiar adaption to the industry of the hustling moonshiner has been discovered.—Wil. Star.
The Newton Enterprise says that in the snow before the last one Mr. Alfred Sigman, of Catawba, and two other men, in one day killed 90 rabbits and 65 partridges, and the partridges were all killed in five shots.

Vanderbit Will Wed.
New York, Jan. 22.—It is stated on supposed good authority that George Vanderbit is engaged to be married.
The lady is reported to be a widow young and attractive, and blessed with two children, one a lad of twelve years.
The story of their meeting is romantic to a degree. Some years ago it seems that George went on a trip to Southern California. At Monterey a lovely young woman and her invalid husband were staying with their two children. Among those to whom her tenderness especially appealed is said to have been the young multi-millionaire.
It is said that after the marriage, which will be a quiet affair, Mr. Vanderbit and his bride will take up their residence with his mother.
George Vanderbit is about thirty years of age, five feet and ten inches in height and of slender build. He is very dark and has an intellectual face. He is a German scholar of considerable ability.
Mr. Vanderbit's fortune is estimated at \$22,000,000. He resides with his mother to whom he is very devoted, but has a fine estate of his own in North Carolina.
Which Side to Sleep On.
Medical Review: "Which side should I sleep on, doctor?" he inquired.
"In winter or summer?" asked the doctor, rubbing his chin thoughtfully.
"What's that got to do with it?" exclaimed the patient half angrily.
"A great deal," responded the doctor, mysteriously. "I don't see it."
"Of course you don't," said the imperturbable; "if you did you wouldn't be here asking me questions about it."
"Go ahead then," said the patient, sitting back resignedly. "Well," continued the doctor, "in winter, when it is cold, you should sleep on the inside, but in such weather as this you should sleep on the outside, in a hammock, with a draught all around it and a piece of ice for a pillow. Two dollars, please."
James Rogers, a farmer, was attacked by three negro highwaymen who were armed with pistols, and robbed of twenty dollars and a watch. After they had marched him through the woods to a creek two miles distant. They told him they were going to kill him and sink his body in the water, as dead men tell no tales. He asked time to pray, which was given him, and while he laid siege to the throne of grace his captors turned their attention to his quart of whisky. In a few minutes the liquor aroused the inquisitive nature of the negroes, and they began questioning Rogers, who begged piteously to be released, swearing to never tell anything if they would release him. As finally convinced them that he was a stranger in the country, and this induced them to spare him.—Texarkana Cor. & Live Stock News.
A postmaster in Iowa has recently sent the following pathetic resignation to the Postmaster General: I have had the honor and pleasure to receive the mail from Keokuk by means of horseback, afoot, my own wagon and finally from the railroad train, from the days of Lincoln to Harrison. I have distributed the same to Irish, Scotch, Swedes, Norwegians and Danes and Dutch, creditably. I believe, to the government and satisfaction of the Republicans, Democrats, Grangers, Greenbackers, Prohibitionists, and, lastly, to Alliance, or I would have long since lost my head. Good-bye, Uncle Sam, for I must now leave your service.—Postal Record.
The sooner we join in supporting home enterprises, encouraging ingenuity and showing a fellow sympathy for each other in what must be to the advantage of common good, and cease in mean prejudices and recognize a fellowship not prescribed by human brain then it will be better for us all, and life will be sweet, though storms rage and difficulties attempt to thwart us.—Concord Standard.

1832. 1892.
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When she became Miss, she clung to Castoria.
When she had Children, she gave them Castoria.

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Condensed schedule in effect October 2, 1901.
DAILY, No. 12.
EASTBOUND.
Lv. Knoxville..... 7:10 am
" Kingsport..... 7:30 am
" Paint Rock..... 7:50 am
" Hot Springs..... 8:10 am
" Newbern..... 8:30 am
" Round Knob..... 8:45 am
" Marion..... 9:00 am
" Morgantown..... 9:20 am
" Hickory..... 9:40 am
" Asheville..... 10:00 am
" Statesville..... 10:20 am
" Ar. Salisbury..... 10:40 am
" Danville..... 11:00 am
" Greensboro..... 11:20 am
" Ar. Raleigh..... 11:40 am
" Goldsboro..... 12:00 pm
" Ar. Lynchburg..... 12:20 pm
" Washington..... 12:40 pm
" Baltimore..... 1:00 pm
" Philadelphia..... 1:20 pm
" Ar. New York..... 1:40 pm
WESTBOUND.
Lv. New York..... 4:30 pm
" Philadelphia..... 5:00 pm
" Baltimore..... 5:30 pm
" Washington..... 6:00 pm
" Lynchburg..... 6:20 pm
" Ar. Danville..... 6:40 pm
" Salisbury..... 7:00 pm
" Danville..... 7:20 pm
" Ar. Greensboro..... 7:40 pm
" Goldsboro..... 8:00 pm
" Statesville..... 8:20 pm
" Newbern..... 8:40 pm
" Hickory..... 9:00 pm
" Morgantown..... 9:20 pm
" Round Knob..... 9:40 pm
" Asheville..... 10:00 pm
" Hot Springs..... 10:20 pm
" Paint Rock..... 10:40 pm
" Kingsport..... 11:00 pm
" Ar. Knoxville..... 11:20 pm
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