

## Many Persons Have Catarrh of Kidneys, Or Catarrh of Bladder and Don't Know It.

President Newhof and War Correspondent Richards Were Promptly Cured by Pe-ru-na.

Mr. C. B. Newhof, 10 Delamare street, Albany, N. Y., President Montefiore Club, writes:

"Since my advanced age I find that I have been frequently troubled with urinary ailments. The bladder seemed irritated, and my physician said that it was catarrh caused by a protracted cold which would be difficult to overcome on account of my advanced years. I took Peruna, hardly daring to believe that I would be helped, but I found to my relief that I soon began to mend. The irritation gradually subsided and the urinary difficulties passed away. I have enjoyed excellent health now for the past seven months. I enjoy my meals, sleep soundly, and am as well as I was twenty years ago. I give all praise to Peruna."—C. B. Newhof.



PRES. C. B. NEWHOF, Suffered From Catarrh of Bladder.

Suffered From Catarrh of Kidneys, Threatened With Nervous Collapse, Cured by Pe-ru-na.

Mr. F. B. Richards, 609 E. Street, N. W., Washington, D. C., War Correspondent writes: "Exactly six years ago I was ordered to Cuba as staff correspondent of the New York Sun. I was in charge of a Sull Dispatch boat through the Spanish-American War. The effect of the tropical climate and the nervous strain showed plainly on my return to the States. Lassitude, depression to the verge of melancholia, and incessant kidney trouble made me practically an invalid. This undesirable condition continued, despite the best of treatment.

"Finally a brother newspaper man, who like myself had served in the war, induced me to give a faithful trial to Peruna. I did so. In a short time the lassitude left me, my kidneys resumed a healthy condition, and a complete cure was effected. I cannot too strongly recommend Peruna to those suffering with kidney trouble. Today I am able to work as hard as at any time in my life, and the examiner for a leading insurance company pronounced me an 'A' risk."

In Poor Health Over Four Years. Pe-ru-na Only Remedy of Real Benefit.

Mr. John Nimmo, 215 Lippincott St., Toronto, Can., a prominent merchant of that city and also a member of the Masonic order, writes: "I have been in poor health generally for over four years. When I caught a bad cold last winter it settled in the bladder and kidneys, causing serious trouble. I took two greatly advertised kidney remedies without getting the desired results. Peruna is the only remedy which was

really of any benefit to me. I have not had a trace of kidney trouble nor a cold in my system."

Pe-ru-na Contains No Narcotics.

One reason why Peruna has found permanent use in so many homes is that it contains no narcotic of any kind. Peruna is perfectly harmless. It can be used any length of time without acquiring a drug habit. Peruna does not produce temporary results. It is permanent in its effect. It has no bad effect upon the system, and gradually eliminates catarrh by removing the cause of catarrh. There are a multitude of homes where Peruna has been used off and on for twenty years. Such a thing could not be possible if Peruna contained any drugs of a narcotic nature.

## PROTECTION AGAINST A WITCH.

Law Invoked to Keep Woman From Supernatural Detective Work.

Once or twice a year some extraordinary piece of evidence finds its way into the papers of the survival of the most primitive forms of witchcraft, and of the belief in the same, in parts of Ireland.

As a rule these cases transpire when the law is broken by persons ill-treating the supposed witch, as when last year an unfortunate woman was held on the fire to drive an evil spirit out of her.

But the last few days have shown a novel case, in which the protection of the law was invoked to protect certain persons against a witch.

An old Irish peasant woman had suffered from the theft of a small sum of money. Being unable to discover the thief or thieves, she had made a straw image, dressed it up, stuck it full of pins, and placed it on a bier, and proceeded to hold a "wake" or funeral party over it. She then declared that her intention was to bury this image, with suitable invocations, with the certain result that as the straw of which it was made decayed away so would the body of the thief waste and dwindle.

Certain of the neighbors (possibly with guilty consciences) asked that the police might stop this experiment in witchcraft, as it gave them great uneasiness.

Lost Calf Found With Wild Deer.

An odd story comes up from Great Island, in Portland harbor, in connection with the deer situation down there. Last fall a calf belonging to Frank Stevens strayed away and, although efforts were made to find it, could not be located.

Recently, however, some gunners who were out hunting saw the long lost calf in company with a deer, and since that time the two have been seen together on several occasions. Sometimes the calf being with several deer. It is evident that the little animal has been adopted by the deer of Great Island and has now become one of their number. It has become as shy as a deer and in fact lives and acts just as they do.—Kennebec Journal.

## Pigeon Post Service.

The only regular pigeon post service is run between Los Angeles, Cal., and the little town of Avalon, on Catalina Island, during the summer months. The celerity with which these messages are delivered can only be beaten by telephone or telegraph. The air line is fifty miles between the two places, and most of the pigeons accomplish the distance under the hour. A good revenue is earned yearly by this source. Small bills pasted about Avalon announce that "Private messages and business orders may be forwarded at any hour of the day, and in connection with the telephone, telegraph, and cable lines to any part of the world."

## Sinners and Thistles.

A man was once walking with a farmer through a beautiful field when he happened to see a tall thistle on the other side of the fence. In a second, over the fence he jumped, and cut it off close to the ground. "Is that your field?" asked his companion. "Oh, no!" said the farmer. "Bad weeds do not care much for fences, and if I should leave that thistle to bloom in my neighbor's field I should soon have plenty in my own."

## THE TRICKS

Coffee Plays on Some.

It hardly pays to laugh before you are certain of facts, for it is sometimes humiliating to think of afterwards.

"When I was a young girl I was a lover of coffee, but was sick so much the doctor told me to quit and I did, but after my marriage my husband begged me to drink it again as he did not think it was the coffee caused the troubles.

"So I commenced it again and continued about 6 months until my stomach commenced acting bad and choking as if I had swallowed something the size of an egg. One doctor said it was neuralgia and indigestion.

"One day I took a drive with my husband three miles in the country and I drank a cup of coffee for dinner. I thought sure I would die before I got back to town to a doctor. I was drawn double in the buggy and when my husband hitched the horse to get me out into the doctor's office, misery came up in my throat and seemed to shut my breath off entirely, then left all in a flash and went to my heart. The doctor pronounced it nervous heart trouble and when I got home I was so weak I could not sit up.

"My husband brought my supper to my bedside with a nice cup of hot coffee, but I said: 'Take that back, dear, I will never drink another cup of coffee if you gave me everything you are worth, for it is just killing me.' He and the others laughed at me and said: 'The idea of coffee killing anybody.' 'Well,' I said, 'it is nothing else but coffee that is doing it.'

"In the grocery one day my husband was persuaded to buy a box of Postum which he brought home and I made it for dinner and we both thought how good it was but said nothing to the hired men and they thought they had drunk coffee until we laughed and told them. Well, we kept on with Postum and it was not long before the color came back to my cheeks and I got stout and felt as good as I ever did in my life. I have no more stomach trouble and I know I owe it all to Postum in place of coffee.

"My husband has gained good health on Postum, as well as baby and I, and we all think nothing is too good to say about it." Name given by Postum Co., Battle Creek, Mich.

## HOUSEHOLD AFFAIRS



### TO HULL BEANS.

If Lima or other beans are soaked in scalding water for a few hours and later again plunged in it, their skins will readily peel off, thus affording a very dainty and more nutritious dish than if unhulled, for they will not generate flatulency in the stomach.

### BABY'S BATH.

By the time a baby is running about he should have a dash of cold water on his chest and neck at least before stepping out of his morning tub. This produces a healthful glow, besides toughening him and rendering him far less liable to catch cold. Indeed, by the time a baby is two or three months old his bath should gradually be brought to tepid instead of the warm water so generally used, as the latter, in proportion to its warmth, is weakening.—New England Homestead.

### GENERAL UTILITY BOX.

Almost any woman can make a "general utility" box, and then use it for keeping the baby's wardrobe, or for a shirt waist or a skirt box and a window seat. Get a good, strong, close-matched board box fifteen inches deep, three or five feet long by two feet wide, with four harness hooks and six medium-sized hinges. First, pad the lid so it will have a rounding effect. Then upholster with a pretty cretonne, or art denim, fastening the pleats around the sides with brass-headed tacks. Line with cheesecloth. Screw in the harness hooks for legs, and fasten on the lid with the hinges. It can be made a pretty as well as useful piece of furniture.—Philadelphia Inquirer.

### A USEFUL CLOSET.

The crying need of the modern woman are closets and pockets. The pockets we may get in some future state of existence, but here is a plan for a closet which you may have now. As a general catchall in the nursery, a handy corner in the kitchen or a clutter closet in the shed, it fills the bill, and, best of all, a woman can build it herself, provided she has two arms, a hammer and lives near a grocery store. Mine is made from five wooden boxes. They are put one above another and nailed together. I covered mine with a strip of heavy wall paper. Folds of the same tacked with brass tacks cross where the boxes join and finish the edges. A curtain to match as near as possible is hung on a brass rod. I use this closet in my den for papers, books, magazines, etc.—Writer in New England Homestead.

### CARE OF SEWING MACHINE.

Not one woman in a thousand knows that the most faithful of all household appliances is the sewing machine. And it is really a sensitive, if inanimate creature. Were this fact better known the average sewing machine would give better service in the family circle. The up-to-date machine is vastly different from the one our grandmother used. Ready to wear garments are responsible for the many attachments, and manufacturers could not afford to put out hand work, where at the present time the machine does all that it is required to do.

Some of these attachments are worthy the investigation of households where much dressmaking is done and where there is not time for deft fingers to place innumerable dainty stitches. But the woman who intends to use these up-to-date attachments should take a course in instruction.

A machine which is used every day should be oiled every day. Occasionally it should be lubricated with the best quality of kerosene. After the kerosene has been used the machine should be run rapidly for a few moments, then ordinary machine oil should be applied.



### Princess Potatoes—Cut cold mashed

potatoes into two-inch strips. Have ready in one saucer a tablespoonful of melted butter and in another a beaten egg. Dip the strips first in the butter, then in the egg; with a knife lay them in a buttered tin, and cook for twelve minutes in a hot oven.

After-Dinner Relish—This may sound rather mushy, but experience has proved it to be one of the most palatable of after-dinner relishes to take the place of dessert. Serve with the cream cheese plenty of paprika, Hungarian sweet pepper. The paprika is mixed with the cheese and the mixture spread on slices of tart apple. The taste for this grows with what it feeds on, like jealousy, and is as difficult to abandon after the habit is formed.

Maid's Honor—Take one cupful of sour milk, one of sweet, a little salt, the yolks of three eggs, a half teaspoonful of vanilla and a half cupful of sugar. Put the sour and sweet milk on to boil together in a double boiler and allow it to become sufficiently heated to set the curd. Then strain off the milk, run the curd through a strainer and add butter, sugar, eggs and vanilla. Line the little rams with the richest of puff paste and fill with the mixture. Bake until firm in the centre, which will be from ten to fifteen minutes.

The exports of cereals from the Argentine Republic amounted to more than \$100,000,000 in 1904.



New York City.—Russian dresses are always attractive worn by little girls and always possess a certain smartness of their own. This one is eminently



silky of very pale pink has its silky lustre deepened by the decorations on bodice and flounce, where the Chantilly lace of creamy tinge is richly spangled by a "charging" of deep rose-colored spangles. These paillettes are of three sizes, and the judicious application of the three varieties, used singly or in combination to form rose patterns on the flounce, unite in producing a very beautiful effect. The lightest shade of pink is a very pale rose-petal tint, and the other paillettes supply the middle tone and a deeply flushed pink.

### Little Ones From London.

Leaves appear to be quite as important from a milliner's point of view as flowers, even though the latter are very much in vogue. Some of the "box" turbans are, in fact, covered with velvet leaves in soft shades of green and bordered with different furs, a cluster of roses introduced at the back or under the brim representing the only relief.

### Shirred Skirt.

Skirts made full and soft by means of pleats and shirrings grow in popularity week by week and promise to extend their favor for an indefinite time. This one is exceptionally grace-

## A Late Design by May Manton.



materials, wool as well as cotton and linen.

The dress consists of fronts and back and is fitted by means of shoulder and waist-arm seams. The fulness at the under-line can be arranged in gathers or left free, confined by the belt only, as may be preferred. The sleeves are wide, full at both shoulders and wrists and finished with straight cuffs.

The quantity of material required for the medium size (eight years) is three and seven-eighths yards twenty-seven, three and seven-eighths yards thirty-two, or two and three-eighths yards forty-four inches wide.

### Much Braiding Done.

Velvet coats are worn with cloth skirts and cloth coats will be worn with velvet skirts. Some of the smartest walking costumes have hip length jackets accompanied by short skirts. On coats of moderate elaborateness a great many braids are used, the designs being repeated on the skirts which accompany them. The combing of braid is one of the marked characteristics of tailor-made suits. Everything from soutache to Hercules is used, as well as fancy galloon. Waved braids are enjoying popularity. Again the fronts of jackets in cloth are often elaborately decorated with revers of velvet, which are in turn elaborately braided.

### Pink Paillettes.

Pink paillettes are among the most showing of the decorations for a ball gown or dancing dress. A "luminous" gown or dancing dress. A "luminous" gown or dancing dress.

### Jet With Jeweled Centre.

Pearls, rhinestones and opals form the centres of jet buttons, which vary in size from a quarter of an inch to an inch in diameter. These are not for use on mourning gowns, as the jeweled effect is not in good taste for individuals presumably grieving. A new button which is particularly effective on evening coats in white or pale colors is of tinted horn, ornately carved. The button is about two inches in diameter, and exceedingly flat. It shows a wreath of fine leaves and blooms, shaded



for the medium size is fifteen yards twenty-one, thirteen and three-fourth yards twenty-seven, or seven and one-half yards forty-four inches wide.

ing delicately from sea-green to pink. From the lower part of this circle rises an open flower, flat and in full bloom, with a rhinestone centre to simulate a dewdrop.

### Stiff Linen Collars.

Stiff linen collars are to the fore again. Moreover, it is said, they will be accompanied by linen ties. Some of these are very pretty made of cob-web linen, and trimmed with frills of real lace. They might easily be made at home by a deft-handed girl.

## Say Plainly to Your Grocer

That you want LION COFFEE always, and he, being a square man, will not try to sell you anything else. You may not care for our opinion, but

What About the United Judgment of Millions of housekeepers who have used LION COFFEE for over a quarter of a century?

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Lion-head on every package.

Save these Lion-heads for valuable premiums.

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## LARGEST IMPORTERS IN AMERICA OF THE Great German Coach-Stallions

The Best Horse to Cross on Small Southern Mares. EVERY COLT A HIGH-CLASS ONE.

The Coming horse for the South. Our last importation of 108 Stallions arrived Feb. 20th. All Stallions guaranteed, liberal terms made. Catalogue on application. If your country needs a stallion write us. J. CROUCH & SON, Nashville, Tenn.

You get what you want if you want it with both feet. So, 10.

### Macaroni Wheat.

Salzer's strain of this Wheat is the kind which laughs at droughts and the elements and positively mocks Black Rust, that terrible scourge! It's sure of yielding 80 bushels of finest Wheat the sun shines on per acre on good Ill., Ia., Mich., Wis., O., Pa., Mo., Neb., lands and 40 to 60 bushels on arid lands! No rust, no insects, no failure. Catalog tells all about it.



JUST SEND 10c AND THIS NOTICE to the John A. Salzer Seed Co., La Crosse, Wis., and they will send you free a sample of this Wheat and other farm seeds, together with their great catalog, worth \$100.00 to any wide-awake farmer. [A. C. L.]

An expert is a person who knows a lot about things interesting to no one else.

## CUTICURA GROWS HAIR

Scalp Cleared of Dandruff and Hair Restored by One Box of Cuticura and One Cake of Cuticura Soap.

A. W. Taft, of Independence, Va., writing under date of Sept. 15, 1904, says: "I have had falling hair and dandruff for twelve years and could get nothing to help me. Finally I bought one box of Cuticura Ointment and one cake of Cuticura Soap, and they cleared my scalp of the dandruff and stopped the hair falling. Now my hair is growing as well as ever. I highly prize Cuticura Soap as a toilet soap." (Signed) A. W. Taft, Independence, Va.

Where Christ is not the rock of ages He is always a stone of stumbling.

Taylor's Cherokee Remedy of Sweet Gum and Mullen is Nature's great remedy—Cures Coughs, Colds, Croup and Consumption, and all throat and lung troubles. At druggists, 75c., 50c. and \$1.00 per bottle.

The trouble with good intentions is that death gets in ahead of them.

### FROM MISERY TO HEALTH.

A Prominent Club Woman of Kansas City Writes to Thank Doan's Kidney Pills For a Quick Cure.

Miss Nellie Davis, of 1216 Michigan avenue, Kansas City, Mo., society leader and club woman, writes: "I can not say too much in praise of Doan's Kidney Pills, for they effected a complete cure in a very short time when I was suffering from kidney troubles."

brought on by a cold. I had severe pains in the back and sick headaches, and felt miserable all over. A few boxes of Doan's Kidney Pills made me a well woman, without an ache or pain, and I feel compelled to recommend this reliable remedy."

(Signed) NELLIE DAVIS. A TRIAL FREE—Address Foster-Milburn Co., Buffalo, N. Y. For sale by all dealers. Price 50 cents.