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Neglect of Aged Parents.
The following appears as a communication in the Lexington Dispatch and is signed "A Mother." Read it, it may touch some chord in your heart and make it vibrate to sweeter music:

"This is a subject to which I have long felt should be placed before the public. It is a fact that there are some sadly neglected aged parents. With some of these I have had the opportunity of personal acquaintance. I recall especially two widowed mothers each beyond eighty years of age. Both of these have always been good and kind. One of them I have known all my life. Well do I remember the sacrifices she made while bringing up her family in order to educate them and place them in good society. Alas, it seems that all this is forgotten. Mother has become so childish and troublesome that one does not know what to do with her. Instead of allowing her to remain in her old home where her heart is, she must be changed from place to place through so many weeks, whether agreeable to her or not. Sad to say her absence is preferred to her presence; her departure is hailed with joy. The following remark is frequently heard: "It is not fair for me to have all the trouble with her." Some children who show such ingratitude are members of the church and stand well in society. Is it in harmony with the Christian religion so to treat aged and helpless parents who are starving for our love and sympathy? I suspect that at the very moment these dependent parents realize that they have lost a home in the hearts of the dear ones they so fondly nourished and cherished, they receive their death-stroke. Soon the mind begins to wander; the infirmities of age tell sadly on the body; and then ungrateful children desire to have them out of the way. Such conduct drives them sadly to the grave before they have lived out the natural course of life. Are there not many ways in which murder is committed? And is not this one way? Some such have been cared for in the county home, because they were not wanted elsewhere, and they have come to suffer such bitter pangs caused by ungrateful children. "Sharper than a serpent's tooth it is to have a thankless child."

Hero of Fort Fisher Dead.
Col. William Lamb, aged 78, soldier, lawyer, editor, merchant and politician, died here today. He was best known as the "Hero of Fort Fisher" in the Confederate war, when during a siege of three days he held the fort near Wilmington, N. C., with 1,000 men against the attack of 10,000 Federal troops on land and 600 guns on water. Butler and Porter losing more men than Lamb had. He had been mayor of Norfolk and held many other offices of honor in this city and State. He was a delegate to several Democratic presidential conventions, stumped Virginia for Blaine and Logan, was nominated as an elector at large on the Harrison and Morton ticket in 1888, and subsequently declined the Republican gubernatorial nomination, becoming Republican State chairman. Colonel Lamb was at Charleston, W. Va., in 1859, with the "Wood's Rifles" during the trial and execution of John Brown. His funeral will take place at old St. Paul's church here to-morrow. —Norfolk, Va., dispatch.

What is a Gentleman.
During the Cooper trial in Nashville, Tenn., frequent reference was made by the attorneys for the defence, to the fact their clients were gentlemen. This has led the Danville, Va., Bee to thus expatiate on the meaning of the word "gentleman":

"In England the term is given a specific or technical meaning as applicable to those of noble birth, but even there many men have been broad enough to assert the right of others than those favored by circumstances of birth to this term. As far back as Geoffrey Chaucer character and conduct were regarded as the true basis for ascribing the term gentleman, and Tennyson, England's loved laureate, himself elevated to the peerage by his queen for his merits as man and literaturer, declared that "Kind hearts are more than coronets and simple faith than Norman blood." And yet there are those in this democratic country where rank is not recognized and titles of nobility are forbidden, who show a tendency at times to regard the accident of birth for the fortuitous inheritance of successful acquirement of wealth as being the criterion of the gentleman. The term is too good and useful a one to be abused, and yet if the definition of Thackeray, that prince of English novelists and a cultured and kindly gentleman himself, is to be accepted, how few of us in this day and generation can sustain the claim with justice. Thackeray says, and we commend his definition to all:

"What is it to be a gentleman? It is to have lofty aims, to lead a pure life, to keep your honor virgin; to have the esteem of your fellow citizens, and the love of your fireside; to suffer evil with consistency; and through good or evil to maintain truth always. Show me the happy man whose life exhibits the qualities and him we will salute as gentleman, whatever his rank may be."

AFTER DOCTORS FAILED

Lydia E. Pinkham's Vegetable Compound Cured Her.
Willimantic, Conn.—"For five years I suffered untold agony from female troubles, causing backache, irregularities, dizziness and nervous prostration. It was impossible for me to walk upstairs without stopping on the way. I tried three different doctors and each told me something different. I received no benefit from any of them, but seemed to suffer more. The last doctor said nothing would restore my health. I began taking Lydia E. Pinkham's Vegetable Compound to see what it would do, and I am restored to my natural health."—Mrs. E. DONOVAN, Box 200, Willimantic, Conn.
The success of Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, is unparalleled. It may be used with perfect confidence by women who suffer from displacements, inflammation, ulcers, fibroid tumors, irregularities, periodic pains, backache, bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration.
For thirty years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills, and suffering women owe it to themselves to at least give this medicine a trial. Proof is abundant that it has cured thousands of others, and why should it not cure you?

Some Health Rules.
Fresh air and sunshine are necessary to good health.
Cold or damp fresh air does no harm if the skin is kept warm.
Night air is as good as day air.
Breathe only through your nose.
Avoid hot, crowded, dusty, dark or damp rooms.
Live on plain food and eat regularly.
Eat slowly, chew thoroughly, and avoid fried food.
Drink water freely, (not iced.)
Regular exercise is essential to good health.
Go to bed early and sleep with the windows open.
Wear only loose clothes.
Wear no more clothing than you need to keep warm.
Never sit with wet feet or damp clothing.
Consumption and other diseases are spread by careless spitting.
Spittle on the floors of rooms, halls, stores and cars will certainly be breathed in the form of dust.
Keep clean—wipe and dry the body quickly every day.
Keep your finger nails clean, and wash your face and hands before you eat.
Clean your teeth after each meal and before going to bed.
Never hold money, pencils, pins, or other things in your mouth.
Never lick your fingers while turning the pages of a book or counting money.—New Jersey Board of Health.

A Lesson on Holding Cotton.
A certain Cabarrus county farmer this week brought in his crop of cotton from the season of 1907, consisting of fourteen bales. On Jan. 21, 1908, he was offered twelve and three-quarter cents per pound, but refused to sell, being advised to hold for an advance in the market.
After holding his cotton for over a year he marketed this week, at nine and one-half cents, sustaining a loss of seventeen and one-half dollars per bale, or a total loss of two hundred and forty-five dollars.
We doubt very much whether this particular individual can be induced to hold cotton in years to come, and there are many instances where such losses have occurred through the endeavor to force up the price of the staple.
It would mean much more for the cotton belt section, to have marketed at once the entire crop when the money could be put into circulation, and debts paid, making it far more easy for all concerned. Yet we see farmers willing to tie up their seasons work, allowing their bills to remain unpaid, embarrassing those who have extended them favors, keeping the money out of circulation, and perhaps selling at a loss at some future date.—Real Estate Record.

Fell Dead While Trying to Whip Her Son.
While attempting to thrash her son because he refused to go home with her, Mrs. Agnes Franklin, a buxum widow of a sea captain, dropped dead in a Queen street pool room to-night in Hampton, Va. Chauncey, the son had been drinking and when his mother appeared in the pool room and demanded his attendance he refused to obey.
The mother, who was of a large frame and apparently robust, proceeded to use her open hands upon the youths face and head with telling effect. Suddenly she reeled and fell to the floor dead. Doctors called to attend her decided that death had been caused by heart failure, brought on by violent exertion.
The tragedy, occurring in the business district, created a sensation in Hampton. Chauncey Franklin, sobered and prostrate with grief was carried bodily from the pool room.—Newport News, Va., dispatch.

The Lurid Glow of Doom
Was seen in the red face, hands and body of the little son of H. M. Adams, of Henrietta, Pa. His awful plight from eczema had, for five years, defied all remedies and baffled the best doctors, who said the poisoned blood had affected his lungs and nothing could save him. "But," writes his mother, "seven bottles of Electric Bitters completely cured him." For Eruptions, Eczema, Salt Rheum, Sores and all Blood Disorders and Rheumatism Electric Bitters is supreme. Only 50c. Guaranteed by all Druggists.

STATE NEWS IN BRIEF.
A Mrs. Martha Caldwell, of Lincoln county, who died recently, was the mother of seventeen children.

Mrs. Julia Ireland, of Graham, was stricken with paralysis the other day and died in a few hours.

National Food Inspector H. H. Wagner has seized at Wake Forest ten barrels of flour made in Virginia which is claimed is misbranded. The flour is in charge of Marshal Dockery and the manufacturer is to be tried under the pure food law and if convicted the flour will be confiscated and he punished. This State has a pure food law, under the terms of which any manufacturer of adulterated foods within the State can be arrested and tried and of course any seller within the State also, but the United States has to look after persons who manufacture outside and ship here.

Some of the old time employments are still in vogue. An old lady who lives near Winston, wove 120 yards of carpet during the past winter. And she is 92 years of age.

A failing tiny nerve—no longer than the finest silken thread—takes from the Heart its impulse, its power, its regularity. The Stomach also has its hidden, or inside nerve. It was Dr. Shoop who first told us it was wrong to drug a weak or failing Stomach, Heart or Kidneys. His prescription—Dr. Shoop's Restorative—is directed straight for the cause of these ailments—these weak and faltering inside nerves. This, no doubt clearly explains why the Restorative has of late grown so rapidly in popularity. Druggists say that those who test the Restorative even for a few days soon become fully convinced of its wonderful merit. Anyway, don't drug the organ. Treating the cause of sickness is the only sensible and successful way. Sold by Cornelison & Cook.

Eggs! Eggs!—I will sell a few sets of the famous Lakenwelders this season at \$3.00 for 15 eggs. All my birds are prize winners, most beautiful and the very best layers. MARGIE McLAUGHLIN, Cleveland, N. C.

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Get at the root of the trouble. Rubbing an aching back may relieve it. But it won't cure it. You must reach the root of it—the kidneys.

Doan's Kidney Pills go right at it; Reach the cause; relieve the pain. They cure, too, so Salisbury people say.
J. C. Williams, 311 No. Long st., Salisbury, N. C., says: "I am so grateful for the benefit I derived from Doan's Kidney Pills that I have no hesitation in endorsing them. I suffered for a long time from kidney trouble and often was a misery on account of pains across the small of my back. My head ached a great deal, I was languid and had no energy or ambition to perform my work. I was finally advised to try Doan's Kidney Pills and procured a box at McPherson & Co's drug store. They proved to be just the remedy I needed and entirely disposed of my trouble.
For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States. Remember the name—Doan's—and take no other.

The Wilkesboro Patriot says the Foster children, have living four great grandfathers, four great grandmothers, a total of 12 grandparents.

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