

The Carolina Watchman

William W. Wyatt
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Wm. H. STEWART, ED. AND PROP.

Get off the Scrap Heap

Life Like Machinery, will Last Longest When Properly Cared For.

If you are forty and thinking of crawling on the scrap heap, or if you are letting the old age idea possess you, causing you to feel that the best of your life is spent, you are doing yourself the injustice of a lifetime. Unless you have been a "pig-like human," over-fed and under-worked, and have acquired one of those fat, flabby, bulgy waistlines, in other words, if you are not "fatty, stout," the best of life is yet before you.

Even the fat man at forty is not irreparable if he is still free from the onset of degenerative diseases, such as hardening of the arteries, heart diseases, Bright's disease, etc. He may never be able to lick a Jess Willard or win an athletic championship for the simple reason that he has lived short on exercise and long on appetite, but by adopting a rational plan of living, proper diet, exercise, rest and freedom from alcoholism and other harmful indulgencies, he may live twenty years, thirty or even to be twice his present age and keep in useful service.

To the man that is forty who has made moderation in all things his rule, life has only well begun, and fame is still possible. Someone gives the following examples as proof that the best things in a man's life usually come to him after the age of forty:

"E. H. Harriman was hardly heard of before he was forty, and he began his great work, the re-organization of the Union Pacific, at fifty-two. Cromwell never saw an army until he was forty-three. Grant was a clerk in a store at thirty-nine. Woodrow Wilson became president of Princeton at forty-six. Sir William Osler himself would never have been heard of if he had died at forty, while Gladstone did not introduce the first Home Rule bill until he had reached something like maturity at seventy-seven."

DON'T RISK NEGLECT.

Don't neglect a constant backache, sharp, darting pains or urinary disorders. The danger of dropsy or Bright's disease is too serious to ignore. Use Doan's Kidney Pills as have your friends and neighbors. A Salisbury case.

Mrs. H. Frost, 803 N. Main St., Salisbury, says: "I had backache and other kidney disorders. At times my limbs were so weak and lame, I could hardly get around. In the morning the trouble was worse. My kidneys were irregular in action and caused me a lot of annoyance. I had heard of so many who had found Doan's Kidney Pills beneficial that I began taking them. They lived up to the claims made for them, relieving the misery in my back and regulating the action of my kidneys."

Price 50c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Frost had. Foster-Milburn Co., Props., Buffalo, N. Y.

Do you Know That

Rural sanitation is a health precaution to the city-dweller?

It's foolish to educate a boy and then let him die of typhoid fever?

The U. S. Public Health Service issues a free bulletin on the summer care of infants?

Exercise in the garden is better than exercise in the gymnasium?

Clean water, clean food, clean houses make clean healthy American citizens?

The State of California has reduced its typhoid death rate 70% in the past ten years?

Rats are the most expensive animals which man maintains?

It is estimated that the average manure pile will breed 900,000 flies per ton?

To the Public.

"I have been using Chamberlain's Tablets for indigestion for the past six months, and it affords me pleasure to say I have never used a remedy that did me so much good."—Mrs. C. E. Riley, Iliou, N. Y. Chamberlain's Tablets are obtainable everywhere.

Russians Launch General Offensive

Actively Engaged Over Pripet River Front to Rumanian Frontier, About 250 Miles.

June 5.—The long-expected general offensive of the Russians against the Teuton Allies seemingly has begun. Both Petrograd and Vienna report that the Russians are actively engaged over a front from the Pripet river to the Rumanian frontier, about 250 miles.

The Russians are using large numbers of guns and men, and according to Petrograd, have achieved successes on many important sectors, taking 15,000 prisoners and many guns and destroying or capturing Teuton positions.

Along the Bessarabian front on the lower Stripa, and in Volhynia the Russian attacks have been particularly violent. In the region of Olyka, in the zone of the Volhynian fortress triangle, the Russian guns have heavily shelled a front of more than 15 miles held by the Austrian Archduke Joseph Ferdinand.

Around Verdun bad weather has kept the infantry of both sides in their trenches and only bombardments have taken place. Around Vaux and Damloup, northwest of Verdun, the bombardment on both sides has continued while to the west of the Meuse, the shelling has been only intermittent.

On the remainder of the front in France, except around Ypres, the situation is reported quiet. About Ypres, however, the Germans and Canadians are continuing the violent fighting that has been in progress since last week when the Germans captured Canadian positions which later were re-taken in hand-to-hand and bombing encounters. Sunday the Germans again forced the Canadians to relinquish the bulk of the recaptured ground, but the latter are disputing strenuously the efforts of the Teutons to oust them from the remainder of the positions.

Vienna reports that the Austrians have made a further advance into Italy in the Cengio zone. The town of Orleans and 5,000 Italian prisoners, 3 cannon, 11 machine guns and 126 bombthrowers were captured.

Rome admits the retirement of the Italians in the Cengio zone, but says that in the Delgona Valley, the Lagarina Valley and on the Posino front Austrian attacks were repulsed with heavy losses.

In Southern Albania, in the region of Aviona, the Austrians have dispersed with their artillery, Italian detachments operating in that vicinity.

Stomach Troubles and Constipation.

"I will cheerfully say that Chamberlain's Tablets are the most satisfactory remedy for stomach troubles and constipation that I have sold in thirty-four years' drug store service," writes S. H. Murphy, druggist, Wellsburg, N. Y. Obtainable everywhere.

State Summer School Opens Tuesday, June 13.

Chapel Hill, June 4.—The University of North Carolina Summer School for teachers will open Tuesday, June 13, with an attendance that bids fair to set a new mark in North Carolina. The biggest jump in attendance in the past was that of last summer when the total attendance reached 781. This summer, however, there is every indication that the registration will reach and pass the 1,000 mark.

Bowel Complaints in India

In a lecture at one of the Des Moines, Iowa, churches a missionary from India told of going into the interior of India, where he was taken sick, that he had a bottle Chamberlain's Colic, Cholera and Diarrhoea Remedy with him and believed that it saved his life. This remedy is used successfully in India both as a preventive and cure for cholera. You may know from this that it can be depended upon for the milder forms of bowel complaint that occur in this country. Obtainable everywhere.

British Morins Loss 4,000 Seamen

Loss of Life in Great Naval Battle of North Sea was Frightful.

London, June 8.—The latest reports from the British fleet, from neutral vessels which witnessed parts of the great naval battle in the North Sea and from survivors, cause the British public to believe that the engagement was not so near a defeat as at first appeared, and in no wise a disaster. The British losses, with all the craft engaged accounted for, were three battle cruisers, three cruisers and eight destroyers.

The German losses are believed to have been about the same number of ships, although a much less aggregate of tonnage. British naval experts maintain that Great Britain continues to hold the supremacy of the sea by a safe margin and that her enormous navy could better afford the losses suffered than could the smaller German establishment. The first reports of the heavy loss of life, unhappily, have not been revised.

Great Britain mourns for more than 4,000 of her best seamen, and the whole nation is oppressed with sadness, which is reflected in the faces of all the people of London.

There were some 6,000 men on the ships which sank, and only a few hundred have been saved. The horrors of modern naval warfare, far exceeding those when wooden ships fought and continued to float even when they ceased to be fighting units, were realized to their utmost. From five of the largest ships, which went under with a complement of more than 4,000 men, only seven junior officers and a few seamen were rescued.

Rear Admiral The Honorable George Lambert Hood, second in command to Vice-Admiral Sir David Beatty, and Captain Sowerby, Cay and Prowde were lost with many others, whose names are not yet known because the government has not so far issued any casualty list. There were no survivors, and the ships which went down carried with them virtually their whole crews. Only the Warrior, which was towed part way from the scene of battle to a British port, was an exception.

Of some thousand men on the Queen Mary, only a corporal's guard is accounted for. The same is true of Invincible, while there are no survivors reported from the Indefatigable, the Defense or the Black Prince.

London, June 4.—A statement issued tonight by the British Admiralty, confirming previous accounts of the battle between British and German fleets, reiterates that the German accounts of German losses are false, and that although the evidence is still incomplete, enough is known to justify stating that the German losses were greater than the British "not merely relatively to the strength of the two fleets but absolutely."

There is the strongest ground for believing, says the statement, that the German losses include two dreadnaught battle cruisers of the most powerful type and two of the latest light cruisers in addition to smaller craft, including a submarine.

The text of the statement follows: "Until the commander-in-chief has had time to consult the officers engaged and write a full dispatch, any attempt to give detailed history of the naval engagement which began on the afternoon of the twenty-third of May and ended in the morning hours of the first of June, would evidently be premature. But the results are quite plain.

"The grand fleet came in touch with the German fleet at 8:30 on the afternoon of May 31. The leading ships of two fleets carried out a vicious battle in which the battle cruisers, fast battleships and subsidiary craft all took an active part.

"The losses were severe on both sides but when the main body of the British fleet came into contact with the German high sea fleet a very brief period sufficed to compel the latter, who had been severely punished, to seek refuge in their protected waters. This maneuver was rendered possible by low visibility and mist and although the grand fleet were now and then able to get in a momentary conflict with their opponents no continuous action was possible.

"They continued the pursuit until the light had wholly failed, while the British destroyers were able to make a successful attack upon the enemy during the night.

"Meanwhile Admiral Sir John Jellicoe having driven the enemy into port, returned to the main scene of the action and scoured the sea in search of disabled vessels. By noon the next day, June 1, it became evident there was nothing more to be done. He returned, therefore to his bases, four hundred miles away, refueled his fleet and in the evening of June 2 was again ready to put to sea.

Germans Fail at Fort Vaux

Gain a Foothold by Night Attacks on French Trenches but Were Driven Out.

Paris, June 4.—Several attempts by the Germans last night and this morning to turn the French positions at Fort Vaux, on the Verdun front from the southeast, were unsuccessful, the War Office announced this afternoon. The night attacks resulted in their gaining a foothold in the French trenches in the ravine between Damloup and Fort Vaux, but they were immediately driven out by a counter-attack. The assault this morning was checked by the French curtain of fire.

The text of the statement follows: "On the right bank of the Meuse there was hand grenade fighting during the night west of Thiamont farm. At the close of the day yesterday, after violent bombardment, the enemy made several attempts to turn Fort Vaux from the southeast. At 8 o'clock they launched a powerful attack into the ravine between Damloup and the fort which won for them a foothold in our trenches. Our counter-attack immediately ejected the enemy completely. A second German attack this morning directed against the same point was checked by our artillery fire.

A German attack launched at 8 o'clock in the afternoon against slopes of the Bois Fumin, northwest of the fort, was arrested by our machine gun fire. Our heavy artillery greatly damaged three German batteries in the Carriers wood. We took under the fire of our guns and dispersed enemy concentrations in the Caillette woods.

"Today at noon a group of German aeroplanes dropped several bombs on Toul. Six persons were killed and about 10 wounded. The material damage was of slight importance. No military establishment was struck.

"A pursuit squadron from Toul took the air immediately and pursued the enemy aeroplanes, one of which was brought down in our lines at Sanzey, 10 kilometers north of Toul. Two other enemy aeroplanes, struck by the nitrate fire of our machine guns descended sharply in the German lines."

"Among others, the large battleship Marlborough was hit by a torpedo. This was confirmed by prisoners. Several of our ships rescued parts of the crews of the sunken English ships, among them being two and the only survivors of the Indefatigable.

"On our side the small cruiser Wisbaden, by hostile gunfire during the day engagement and the ship Pomern, during the night, as the result of torpedo, were sunk.

"The fate of His Majesty's ship Frauenlob, which is missing, and some torpedo-boats, which have not returned yet, is unknown.

"The high sea fleet returned today (Thursday) into our port."

Does Sloan's Lintment Help Rheumatism. Ask the man who uses it, he knows. "To think I suffered all these years when one 25 cent bottle of Sloan's Lintment cured me," writes one grateful user. If you have Rheumatism or suffer from Neuralgia, Backache, Soreness and Stiffness, don't put off getting a bottle of Sloan's. It will give you such welcome relief. It warms and soothes the sore stiff, painful places and you feel so much better Buy it at any Drug Store, only 25 cents.

Re-Unions for 1916. Now is the time to get your dates fixed for family reunions in order to prevent any conflicts. Let us have the date of yours as soon as possible. The following have been arranged: July 20-22, Southern Lutheran Conference, Mt. Harmon, Cabarrus County.

July 26, Yost-Stewart-Pless Re-union, Mt. Hope Church.

Aug. 8, Nazareth Orphan's Home Picnic.

Aug. 4-6, Northern Lutheran Conference, Bethel Church Rowan County.

Good Roads Meet at Wrightville

To be Held June 21-23 Inclusive Many Things of Interest on the Program.

The North Carolina Good Roads Association will hold its Annual Convention at Wrightville Beach, Wilmington, June 21-23 inclusive. The reasons for attending and taking part in this convention are numerous. About all the railroads, hotels and boarding houses are offering reduced rates.

The principal subjects for discussion will be: Road Maintenance, Broad Tires, Sign Boards, Federal Aid, the Automobile Tax and How it Should Be Used, Use of the State and County, Prisoners State Highway, etc.

Those who speak at the Convention will be men well fitted by training and experience to discuss the various topics assigned them. There will be a "feast of reason" in good hard facts rather than a "flow of soul" in oratory.

An opportunity will be given companies to exhibit road machinery, culverts, road surfacing material, etc. A number of prizes are being offered to counties and cities having the largest representation present in proportion to distance from Wilmington. Also prizes are offered to counties for certain exhibits.

The very name "Wrightsville" brings up visions of happy times; but the Entertainment Committee of the Wilmington Highway Association is planning all kinds of delightful entertainments for the delegates, such as fishing parties yacht races, souvenir dance, athletic stunts by Y. M. C. A. boys, and grand illuminated night parade, which you don't want to miss. If there's a good time in you, it will be obliged to show itself.

Representatives from counties and cities are invited to bring flags, banners and something representative of their county to use in the parade.

Any good citizen of the State can register and count as a delegate in the prize contest. Meetings will be held in the convention hall and headquarters will be at the Oceanic Hotel.

For any further information address the North Carolina Good Roads Association, Chapel Hill, N. C.

by the War Office. The desperate struggle for the possession of the Monto-Coppio is continuing.

Berlin, June 4.—No further advance for the Austrians in their offensive against the Italians in the southern Tyrol is reported in the Vienna headquarters statement of June 3, received here today, but the repulse of Italian attack in two sectors of the front is announced.

The Canadian troops and the Germans have been battling fiercely on the Ypres salient. The German guns opened up several days ago, deluging the Canadian positions and the surrounding territory with shells. Then the German infantry advanced along an extended front of almost two miles, capturing trenches. In a series of counter-attacks in which bayonets played an important part, the Canadians regained most of the lost ground and have re-organized their positions.

"On the eastern bank of the river heavy fighting between Caillette and Damloup progressed in our favor. Yesterday more than 500 Frenchmen, including three officers and four machine guns were captured.

"West of Markirch (Vosges region) several gas attacks by the enemy were unsuccessful.

Delegates Already in Chicago

Fostering of Hughes Merely to Eliminate Roosevelt Proves Blooming to Candidates

Chicago, June 5.—Delegates to the Republican National Convention poured into Chicago all day and tonight it was estimated that very few hundred are not on the ground.

Many delegations came quietly and sought their hotels without display, but it was a retiring delegate who was not button-holed before he found his room and supplied with information about the "situation."

Although the disposition among Republican leaders is to leave decision on the platform to the convention itself, consideration was given today to outstanding features. Advance preparation has been lacking, but Senators, Lodge, Borah and Sutherland and many others in the Senate and House have considered suggestions for many weeks. These probably will form the basis for discussion in the committee on resolutions with the convention as the final judge.

Every effort will be made in the platform, if suggestions are followed, to incorporate some Progressive party ideas. A recall plank probably will not be adopted, but a strong fight will be made for an endorsement of woman suffrage.

Chicago, June 5.—Representatives of the several candidates for the Republican presidential nomination are in a perplexing predicament tonight. Having fostered sentiment in favor of Hughes until they felt sure Colonel Roosevelt was definitely eliminated, they now fear they cannot control the Hughes movement.

During the day it grew to the proportions of a boom. Effort is being made to concentrate all elements against it, and the indications are that the veto of the Progressive party, which, of course, means Colonel Roosevelt's disapproval of Hughes, may be sought as a check.

Harmony above everything else is the desire of the leaders. Without it any nominee would answer the purpose because it is recognized that unless the Republicans and Progressives get together their chances at the polls are very slim. To obtain harmony the Republican leaders are willing to concede to Colonel Roosevelt the veto power in some form.

Some of the leaders say he should be willing to select one or two men who would be acceptable to him from the list of candidates in the field. Others think he should suggest men for consideration by convention leaders, and practically all of the party chiefs are willing to admit that any of the candidates definitely rejected by Colonel Roosevelt could not be nominated.

Impartial observers within the Republican ranks do not consider the unexpected growth of the Hughes boom is necessarily an indication of personal popularity of the Justice among the delegates. Those who promoted it in opposition to what proved to be an exaggerated estimate of the expected demand for the nomination of Roosevelt were surprised at its growth.

Robinson May Have Majority. Wadesboro, June 4.—Special. With incomplete figures from all the counties, except Hoke, Montgomery, Davis and Yadkin, and complete figures from Anson, the vote for Congressman in the Seventh according to reports received here, is Robinson, 5,326; Varner, 1,738; Spence, 2,570; and Finley, 833.

This gives Robinson a clear majority of 187. A 'phone message from a Finley supporter in Hoke concedes Robinson a majority in that county. Messages from Montgomery strongly indicate a Robinson majority there, and Varner concedes an even split in Davis. With Yadkin to hear from, it appears probable that Robinson has been given a clear majority in the district.