Women of Middle Age

Many distressing Ailments experienced by them are Alleviated by Lydia E. Pinkham's Vegetable Compound.

Here is Proof by Women who Know.



Lowell, Mass.-"For the last three years I have been troubled with the Change of Life and the bad feelings common at that time. I was in a very nervous condition, with headaches and pain a good deal of the time so I was unfit to do my work. A friend asked me to try Lydia E. Pinkham's Vegetable Compound, which I did, and it has helped me in every way. I am not nearly so nervous, no headache or pain. I must say that Lydia E. Pinkham's Vegetable Compound is the best remedy any sick woman can take."-Mrs. MARGARET QUINN, Rear 259 Worthen St., Lowell, Mass.

She Tells Her Friends to Take Lydia E. Pinkham's Remedies.

North Haven, Conn.—"When I was 45 I had the Change of Life which is a trouble all women have. At first it didn't bother me but after a while I got bearing down pains. I called in doctors who told me to try different things but they did not cure my pains. One day my husband came home and said, 'Why don't you try Lydia E. Pinkham's Vegetable Compound and Sanative Wash?' Well, I got them and took about 10 bottles of Vegetable Compound and could feel myself regaining my health. I also used Lydia E. Pinkham's Sanative Wash and it has done me a great deal of good. Any one coming to my house who suffers from female troubles or Change of Life, I tell them to take the Pinkham remedies. There are about 20 of us here who think the world of them." - Mrs. FLORENCE ISELLA. Box 197, North Haven, Conn.

You are Invited to Write for Free Advice.

No other medicine has been so successful in relieving woman's suffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass. Such letters are received and answed by women only and held in strict confidence.

Encouraging Outlook.

"Well, old man, how are you getting along with your poultry raising? Bridge near the old swimming hole. making expenses?"

"Not yet; but my hens have taken boys, what's coming off down there? to eating their own eggs, so I hope that they will soon become self-sup- and Jimmie's pants. We're the last porting."

USE ALLEN'S FOOT-EASE

The antiseptic powder to be shaken into shoes and sprinkled into the foot-bath. It relieves painful, swollen, smarting feet and takes the sting out of corns and bunions. The greatest comforter ever discovered for all foot-aches. Sold everywhere, 25c. Trial package FREE. Address, Allen S. Olmsted, Le Roy, N. Y.—Adv.

Nature of the Place.

"The British forces are fighting now in Champagne."

ting so much spirit in it."

Pass Onward, Auntie.

Time-Sunday morning. Place-Horrifled Old Lady-I say, little Voice From Below-Why, me shirt

GREEN'S AUGUST FLOWER

has been the most successful family forter" here used means that and much remedy for the last fifty-one years for biliousness and stomach troubles, to which the American people are addicted, causing sick headache, nervous indigestion, sour stomach, coming up of food and a general physical depression. guide and friend. Jesus had been this 25 and 75c.—Adv.

There is always room at the top, for "Then I don't wonder they are put- fate is continually taking a little bit

(By E. O. SELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute.) (Copyright, 1917, Western Newspaper Union.)

LESSON FOR MAY 27

THE HOLY SPIRIT AND HIS WORK -(PENTECOSTAL LESSON).

LESSON TEX'1-John 15:26-27; 16:7-14. GOLDEN TEXT-He shall teach you all things.-John 14:26.

This lesson follows chapter 15:1-4. The emphasis Jesus placed upon the new and deeper intimacy into which the disciples were about to enter, and which involved a participation in persecutions (v. 20). However, as a garrison and helper when this persecution should me, the believers are to have In their lives the Holy Spirit.

I. The Believer and the Spirit (vv. 26-27). The "paraclete" (helper) was to proceed from the Father, but Jesus was to send him. He is called the "Spirit of Truth" because it is his work to reveal the truth, and it is through his teachings only that anyone may know the truth. Jesus is the truth (ch. 14:6), and the Spirit of Truth is to enable believers to testify concerning Jesus. It qualifies them for such testimony. The disciples also had the added qualification of experience for "ye have been with me from the beginning." The disciples were eye witnesses of what he did and what he was, and heard and knew all that he claimed for himself and what his life proved itself to be.

II. The Believer and Persecution (16:1-6). This section has not been selected by the committee, but as a part of the lesson we cannot overlook it. In it the Master enumerates specifically things that were to come to the disciples and that they might "remember." He also mentions the fact that these things are to come after he has gone away. As a relief from sorrow (v. 6), the Master goes on to show the relation of the Spirit to the world.

III. The Holy Spirit in the World

(vv. 7-11). It was profitable for the

disciples that Jesus should go, that another Divine friend was to take his place. This is the best section in all the Bible to teach the personality of the Holy Spirit. The personal pronouns in this section are very significant, there being seven in the thirteenth verse alone. The word "Commore. It is the same word translated "advocate." In I John 2:1, it means on juice is used to bleach and remove one who is called upon to stand beside another as a helper, counselor, and tan and is the ideal skin softener, to his disciples thus far, but he was going away, and another Friend was coming, who should not only be with | two lemons from the grocer and make them, but should dwell in them (Ch. 14:16, 17). The Comforter has come, grant lemon lotion and massage it daily and without him we can do nothing. He | into the face, neck, arms and hands. It is the one who convicts the world naturally should help to soften, fresh-"of sin, of righteousness and of judg- en, bleach and bring out the roses and up the Whole System. 50 cents. ment." Of sin, not because they have beauty of any skin. It is simply marbroken the moral code, but because velous to smoothen rough, red hands. they do not accept Jesus Christ as the Adv. Messiah (Hebrews 10:28. See ch. 3:18-20). In the second place, he is to convict the world of righteousness. The Holy Spirit has no other channel through which he can get at the world except through those who are already saved. He shows the world its error about righteousness; also that Jesus is the only righteous one, and righteousness is only possible to us in him (Phil. 3:9 R. V.). Because he has lived the right life, having fulfilled all righteousness, and gone on high, he therefore convicts men, but the Spirit does his work through the agency of the word. Man needs to know first of all that he is a sinner; second, that Jesus "the righteousness of God," has provided for us, and it is the Holy Spirit who alone can show these two things to men. In the third place, he convicts the world of judgment because "the prince of this world is judged." This judgment is past (see John 12:31), for Jesus has conquered Satan. Certainly this is a truth that needs to be emphasized in this day. The judgment of sin and punishment for sin, due to unbelief or rejection of Jesus Christ, is seldom preached in

our day. IV .- The Spirit and Truth (vv. 12-15). There was much more that the Master might say to the disciples, but they were not ready to bear it (v. 12). He, however, looks forward to the day when the Spirit shall come, and they will be ready to receive these things. The Spirit will guide them into truth, all truth, for he shall not speak of himself (he will not bear witness unto or speak "from" himself) but the things that he will speak of will be concerning Jesus. The real evidence of the presence of the Holy Spirit in a believer or in a congregation is the degree of exaltation

given to Jesus Christ. There is a progressive intimacy in John. Jesus first calls those who are at his side, servants (Ch. 13:13). He next calls them friends (Ch. 15:15), and lastly he calls them brethren (Ch. 20:17). This is the law of

Christian experience. Sunday school teachers should certainly take advantage of this lesson to bring out the work of the Spirit (vv. 8, 9, 10); the gifts of the Spirit (I Cor. 12); and the fruits of the Spirit (Gal. 5:22, 23). Let us be sure that our scholars know what it means to have a definite, intimate, personal relation with the all powerful one.

Be Adaptable.

"Don't be obstinate."

"Huh?" "Some men spend their lives trying o make silk purses from sows' ears.'

"They might take the same material and get rich manufacturing leather specialties."

YES! LIFT A CORN OFF WITHOUT PAIN!

Cincinnati man tells how to dry up a corn or callus so it lifts off with fingers.

You corn-pestered men and women need suffer no longer. Wear the shoes that nearly killed you before, says this | ing. Cincinnati authority, because a few drops of freezone applied directly on a tender, aching corn or callus, stops soreness at once and soon the corn or hardened callus loosens so it can be lifted off, root and all, without pain.

A small bottle of freezone costs very little at any drug store, but will positively take off every hard or soft corn or callus. This should be tried, as it is inexpensive and is said not to irritate the surrounding skin.

If your druggist hasn't any freezone tell him to get a small bottle for you from his wholesale drug house .- adv.

No Chance.

"So the judge sent your husband to prison for ten years, Mandy?"

"Yes, he did. Dat's a powerful long time to have to get along without a

"It does seem like a long time, but, maybe, he can shorten it by good behavior."

"Good behavior, missus! If my husband's gittin' out o' prison depends on good behavior he'll be dere ten years de minit."

Girls! Use Lemons! Make a Bleaching, Beautifying Cream §

The juice of two fresh lemons strained into a bottle containing three ounces of orchard white makes a whole quarter pint of the most remarkable lemoa skin beautifier at about the cost one must pay for a small jar of the ordinary cold creams. Care should be taken to strain the lemon fuice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemsuch blemishes as freckles, sallowness smoothener and beautifier.

Just try it! Get three ounces of orchard white at any pharmacy and up a quarter pint of this sweetly fra-

Shall They Starve?

"I see there is a proposal that no more whisky should be made until after the war, in order to save the foodstuffs used."

"That so? But what of the men who like to take their food in liquid

"You can't distinguish saints from sinners by their shiny hats.

CALOMEL IS MERCURY, IT SICKENS!

Don't Lose a Day's Work! If Your Liver Is Sluggish or Bowels Constipated Take "Dodson's Liver Tone."-It's Fine!

knocked out. Your head is dull, your you sick. tongue is coated; breath bad; stomach sour and bowels constipated. But don't take salivating calomel. It makes you sick, you may lose a day's work.

Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel crashes into sour bile like dynamite, breaking it up. That's when you feel that awful nausea and cramp-

If you want to enjoy the nicest, gentlest liver and bowel cleansing you ever experienced just take a spoonful of harmless Dodson's Liver Tone. Your druggist or dealer sells you a 50-cent bottle of Dodson's Liver Tone under my personal money-back guarantee that the sale of calomel is almost that each spoonful will clean your stopped entirely here.-Adv.

You're bilious! Your liver is slug- | sluggish liver better than a dose of gish! You feel lazy, dizzy and all nasty calomel and that it won't make

Dodson's Liver Tone is real liver medicine. You'll know it next morning because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular. You will feel like working; you'll be cheerful; full of vigor and ambition.

Dodson's Liver Tone is entirely vegetable, therefore harmless and cannot salivate. Give it to your children! Millions of people are using Dodson's Liver Tone instead of dangerous calomel now. Your druggist will tell you

"THE SHOE THAT HOLDS ITS SHAPE" \$3 \$3.50 \$4 \$4.50 \$5 \$6 \$7 & \$8 AND WOMEN Save Money by Wearing W. L. Douglas

shoes. For sale by over 9000 shoe dealers. The Best Known Shoes in the World. V/. L. Douglas name and the retail price is stamped on the bottom of all shoes at the factory. The value is guaranteed and the wearer protected against high prices for inferior shoes. The retail prices are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the price paid for them.

The quality of W. L. Douglas product is guaranteed by more than 40 years experience in making fine shoes. The smart styles are the leaders in the Fashion Centres of America. They are made in a well-equipped factors at Brockton, Mass., by the highest paid, skilled shoemakers, under the direction and supervision of experienced men, all working with an honest determination to make the best shoes for the price that money

Ask your shoe dealer for W. L. Douglas shoes. If he cannot supply you with the kind you want, take no other make. Write for interesting booklet explaining how to get shoes of the highest standard of quality for the price,

return mail, postage free. LOOK FOR W. L. Douglas name and the retail price stamped on the bottom.

President W. L. Douglas Shoe Co., 185 Spark St., Brockton, Mass. \$3.00 \$2.50 & \$2.00

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Boys' Shoes

Sold for 47 years. For Malaria, Chills & Fever. Also a Fine General Strengthening Tonic. 50c and \$1.00 at all

A Seed Waster. "There's a man planting potatoes,"

said Farmer Corntossel, "when he ought to be playin' golf."

"You don't approve of gardening?" "Yes, I do. But if he'd go ahead an' play golf he wouldn't be spoilin' good potatoes that somebody could use."

Whenever You Need a General Tonic Take Grove's

The Old Standard Grove's Tasteless chill Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds

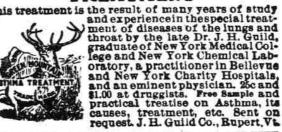
She's Found a Place to Start. "Now that we are at war we shall have to practice rigid economy."

"All right, my dear, I looked at your last year's hat this morning and I am sure it will do again for this summer.'

Roman Eye Balsam is an antiseptic ointment, applied externally and not a "wash." Its healing properties penetrate the inflamed surfaces, providing prompt relief.

How lucky some men would be if they should lose their reputations!

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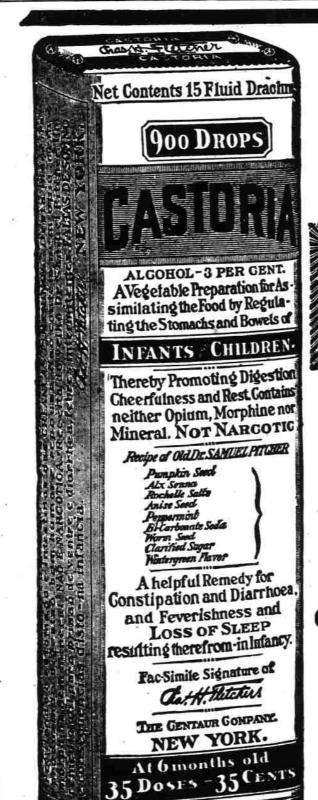
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W. N. U., CHARLOTTE, NO. 21--1917.



Exact Copy of Wrapper.

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Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea-The Mother's Friend.

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