

Catarrh of Stomach

Mrs. Mary Fennell, R. F. D., Pomona, Missouri, writes: "I wish to say a few words in the praise of Peruna. I have used it with good results for cramps in the stomach. Also found it the very thing for catarrh of the head. My sister was cured of catarrh of stomach by the use of Peruna."

Mrs. E. T. Chomer, 69 East 42nd St., Chicago, Ill., says: "Manalin best laxative on the market for liver and bowels, very good for indigestion and heart burn."

Those who object to liquid medicines can secure Peruna Tablets.

Made Well
By Peruna.
My Sister
Also Cured



By
PE-RU-NA

Died of Inward Guilt.
Wu Ting Fang is at the head of the Chinese foreign office, and you can't get much over on a man with as good a sense of humor as Doctor Wu.

A newspaper man recalls his famous whoopee about the Chinaman who committed suicide by eating gold leaf.

"But I don't see how that killed him—how did it?" inquired a society woman.

"I suppose," said Wu seriously, "that it was the consciousness of inward guilt."—Exchange.

MOTHER!

Have you ever used MOTHER'S JOY SALVE for Colds, Coughs, Croup and Pneumonia, Asthma, and Head Catarrh? If you haven't get it at once. It will cure you.—Adv.

What He Cared For.

Willie—Pa, I'll be sorry when you get well.

Pa—Why, my son?

Willie—Because I won't get any more empty medicine bottles to sell.

The Argentine government will install an electric voting machine in its chamber of deputies.

The occasional use of Roman Eye Balsam daily upon retiring will prevent and relieve red, watery eyes, and eye strain. Adv.

The ghost of the usual girl is the golden man.

Back Lame and Achy?

There's little peace when your kidneys are weak and while at first there may be nothing more serious than dull backache, sharp, stabbing pains, headaches, dizzy spells and kidney irregularities, you must act quickly to avoid the more serious trouble, dropsy, gravel, heart disease, Bright's disease. Use Doan's Kidney Pills, the remedy that is so warmly recommended everywhere by grateful users.

A North Carolina Case

"Every North Carolina Tells a Story"

N. A. Spence, Sr., 423 S. Wilmington St., Raleigh, N. C., says: "I suffered from kidney trouble. I had backaches and pains through my joints and the kidney secretions were unnatural and filled with sediment. After using Doan's Kidney Pills, I passed several gravel stones and my kidneys were regulated."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

OXIDINE

Kills Chills

Good for Malaria, constipation biliousness—a fine tonic Guaranteed or money back

Behrens Drug Co., Waco, Tex.

DON'T CUT OUT A Shoe Boil, Cupped Hock or Bursitis

FOR
ABSORBINE

will reduce them and leave no blemishes. Stops lameness promptly. Does not blister or remove the hair, and horse can be worked. \$2 a bottle delivered. Book 6 M free.

ABSORBINE, JR., for manhood, the antiseptic ointment for Boils, Bruises, Sores, Swellings, Varicose Veins, Always Pain and Inflammation. Price \$1 and \$2 a bottle at druggists or delivered. Will tell you more if you write.

W. F. YOUNG, P. D. F., 310 Temple St., Springfield, Mass.

GREEN MOUNTAIN ASTHMA

TREATMENT

This treatment is the result of many years of study and experience in the special treatment of diseases of the lungs and throat by the late Dr. J. H. Guild, graduate of New York Medical College and New York Charity Hospital, and an eminent physician. \$2c and \$1.00 at druggists. Free sample and practical treatment, etc. Sent on request. J. H. Guild Co., Newport, Vt.

Every Woman Wants Partine

ANTISEPTIC POWDER

FOR PERSONAL HYGIENE

Dissolved in water for douches stops pelvic catarrh, ulceration and inflammation. Recommended by Lydia E. Pinkham Med. Co. for ten years. A healing wonder for nasal catarrh, sore throat and sore eyes. Economical. Has extraordinary cleansing and germicidal power. Sample Free, 50c all druggists. Write for full particulars. The Paxton Toilet Company, Boston, Mass.

In the Language He Understood.
Clarence S. Keever, division superintendent of the Indiana Union Traction company, with headquarters at Muncie, reads everything dealing with electricity and electrical subjects that comes his way; so much so that he sometimes fails to keep up with public affairs as presented in the newspapers. He mentioned this to a friend the other night when the latter chided him for not knowing about an important war development.

"A man in your particular kind of business I should think would always be interested in current events," said the friend, "that is if you expect to be a live wire."—Indianapolis News.

ANY CORN LIFTS OUT, DOESN'T HURT A BIT!

No foolishness! Lift your corns and calluses off with fingers—It's like magic!

Sore corns, hard corns, soft corns or any kind of a corn, can harmlessly be lifted right out with the fingers if you apply upon the corn a few drops of freezone, says a Cincinnati authority.

For little cost one can get a small bottle of freezone at any drug store, which will positively rid one's feet of every corn or callus without pain.

This simple drug dries the moment it is applied and does not even irritate the surrounding skin while applying it or afterwards.

This announcement will interest many of our readers. If your druggist hasn't any freezone tell him to surely get a small bottle for you from his wholesale drug house.—Adv.

Needed His Muscles.

The wounded Tommy writhed and squirmed as the masseuse, with iron fingertips, massaged his injured leg. At last he burst out:

"Arr a mo. What d'yer think yer a-doing of? Ow!"

"It's all right," said the masseuse. "I'm kneading your muscles."

The Tommy gently but firmly pulled his leg away from the none too gentle grasp of his tormentor, and breathed: "So'm I."

Help to Save Nation's Food Supply

In this time of high cost of living, everybody should use all possible means to prevent waste and to help save food. No one means can be more effective than a vigorous campaign to exterminate rats which destroy over two hundred million dollars worth of foodstuffs annually. Keep garbage in rat-proof cans, stop up their holes, and above all exterminate them with Stearns' Paste, which can be bought for a few cents at any store. A two ounce box will usually rid a house or barn of every rat. It destroys mice, cockroaches and waterbugs as well. Adv.

Faith Was Weak.

During an extended drought in the land that inspires the rag-time song writers the "Rev'end" George Washington called a gathering of his colored brethren to supplicate the Lord for rain. Before he opened his sermon the "Rev'end" surveyed his congregation critically, and with increasing satisfaction. At last he lamented:

"De lack ob-faith of yo' niggers is scandalous and sinful, and makes my heart sore and weary, and afeared for your souls! Heah we hab gathered to beg de Lord to stop de drought dat is burning up our fields, and to bless us with rain in abundance. And not one—no, sah!—not one ob yo' disgraceful sinners hab faith enough to bring an umbrella to go home with!"

Fair Showing.

"How is your boy getting along in the army?"

"First rate," replied Mr. Dopples, considering his limitations.

"Yes?"

"Henry hates to get up in the morning, dislikes all forms of physical exercise, and never was known to obey an order while he stayed around home, yet I understand he hasn't been in the guardhouse but twice since he enlisted."

The biggest success nowadays is the outcome of stealing other men's original ideas.

What every woman knows—how to fool man.

Give the Wheat to the soldiers, but give me POSTTOASTIES

(MADE OF CORN) — Bobby

INTERNATIONAL SUNDAY SCHOOL LESSON

(By REV. F. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.)
(Copyright, 1917, Western Newspaper Union.)

LESSON FOR OCTOBER 14.

RETURNING FROM CAPTIVITY.

LESSON TEXT.—Ezra 1.
GOLDEN TEXT.—The Lord hath done great things for us; whereof we are glad.—Psalms 126:3.

Israel went into captivity because of her sins. The time of her disciplinary process was about to end, as its purpose was now accomplished; namely, the cure of Israel's idolatry. Ever since the Babylonian captivity the Hebrew people have been worshippers of the one God. Monotheism has stood forth as a vital characteristic. The main reason for the Jews' maintenance of racial identity in spite of their national dislocation and the breaking up of their social ties, is the unity of their faith, around the one God.

I. The Proclamation of Cyrus (vv. 1-4).

(1) The Time of (v. 1). The first year of Cyrus; that is the first year after his conquest of Babylon.

(2) How It Was Brought About (v. 1). The Lord stirred up his spirit. The Lord often uses very unlikely agents in the accomplishment of his purposes. There is nothing too hard for him. He can readily use a heathen king to accomplish his purpose. He can find a way of approach to any heart. Likely Daniel was the agent used to bring the matter to the king's attention. Daniel was still the influential prime minister of Babylon. From his study of the prophecies of Jeremiah (Jer. 25:12; Isa. 45:1; compare Daniel 9:2), he knew that the time was near for the return of the people to their own land, so he likely brought the matter to the attention of the king and persuaded him to thus favor his people.

(3) Its Contents (vv. 2-4).

(a) A confession of the true God (vv. 2, 3).

He acknowledges him to be the God of heaven, the Most High, the Supreme God, a God of goodness. He declared, "He has given me all the kingdoms of the earth," and that God had with authority laid upon him the charge of building him a house at Jerusalem.

(b) A Generous Permission to Israel (v. 3).

All who desired to go up to Jerusalem and build the Lord's house were permitted to go. He even commanded the blessing of the Lord to be upon them.

(c) A Positive Co-Operation (v. 4). None were obliged to go up, but a positive obligation was laid upon those who did not go up to render assistance to those who did. They were to aid in the building of the house of God by giving money, beasts and goods. It was more than a free-will offering, an obligation in addition thereto. The obligation was even wider than the people of Israel. The heathen were asked to render aid.

II. Response to the Proclamation of Cyrus (vv. 5, 6).

(1) By Israel (v. 5). Strange to say the decree of Cyrus was not met with great enthusiasm. Only a small number, chiefly from Judah and Benjamin, returned (v. 5). For most of them it meant giving up business interests, for they had settled down to the regular callings of life. Besides the sacrifice of business interests it involved great risks as to the future. The entire company, including servants, was about fifty thousand (2:64). Of this company we note the following divisions; first, chiefs of the fathers of Judah and Benjamin, that is magistrates; second, priests and Levites, leaders in religion; third, skillful artificers, head workmen.

(2) By Their Neighbors (v. 6).

This response was apparently more hearty than that of the Jews themselves. Their neighbors gave freely of gold, silver, beasts and goods. God had not only graciously disposed the heart of Cyrus toward his people, but they found peculiar favor from their neighbors, so that their wants were abundantly supplied.

III. Restoration of the Sacred Vessels (vv. 7-11). These vessels had been carried away to Babylon many years before. Little did Nebuchadnezzar realize that he would put into safe keeping the vessels which would be needed at this time. They were carefully numbered and turned over to the proper officers. Except for their desecration in Belshazzar's feast, they were none the worse for having been carried away. These were brought up to Jerusalem from Babylon.

Poverty.

Poverty is only contemptible when it is felt to be so. Doubtless the best way to make our poverty respectable is to seem never to feel it as an evil.—Bovee.

Love's Secret.

Love's secret is to be always doing things for God, and not to mind because they are such very little ones.—Frederick W. Faber.

Honest Endeavors.

I think that there is success in all honest endeavor, and that there is some victory gained in every gallant struggle that is made.—Dickens.

Power of Littles.

Trifles make perfection, and perfection is no trifle.—Michael Angelo.

Girls! Use Lemons! Make a Bleaching, Beautifying Cream

The juice of two fresh lemons strained into a bottle containing three ounces of orchard white makes a whole quart pint of the most remarkable lemon skin beautifier at about the cost one must pay for a small jar of the ordinary cold creams. Care should be taken to strain the lemon juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan and is the ideal skin softener, smoothener and beautifier.

Just try it! Get three ounces of orchard white at any pharmacy and two lemons from the grocer and make up a quart pint of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands. It naturally should help to soften, freshen, bleach and bring out the roses and beauty of any skin. It is simply marvelous to smoothen rough, red hands. Adv.

Opinions.

"Every man is entitled to his opinion."

"Yes," replied Miss Cayenne. "But some opinions are like malaria; excusable, perhaps, under the circumstances, but nothing to be proud of."

GREAT PRAISE FOR GOOD MEDICINE

Eight years ago we commenced selling Dr. Kilmer's Swamp-Root, and during this time it has found many friends among our customers, who speak in the highest terms regarding the benefits obtained from the use of Swamp-Root. We have never heard a single criticism.

Very truly yours,
W. H. MEIGS DRUG STORE,
June 15, 1917, Centerville, Ala.

Letter to Dr. Kilmer & Co., Binghamton, N. Y.

Prove What Swamp-Root Will Do For You

Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Large and medium size bottles for sale at all drug stores.—Adv.

A Possible Reason.

"Benborough always looks on the bright side of things."

"Why?"

"Well, the other day I went with him to buy a pair of shoes. He didn't try them on at the store, and when he got home he found that a nail was sticking right up through the heel on one."

"Did he take them back?"

"Not much. He said that he supposed the nail was put there intentionally to keep the foot from sliding forward in the shoe."

CLEAR AWAY PIMPLES

Does Cuticura Ointment—Assisted by Cuticura Soap—Trial Free.

On rising and retiring smear the affected surfaces gently with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water. When the skin is clear keep it so by using Cuticura for every-day toilet and nursery purposes.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

The Reason.

Nell—That man over there is staring straight at my nose.

Bel—Perhaps he's a reporter.

Nell—And why should a reporter stare at my nose?

Bel—They are supposed to keep their eyes on everything that turns up.

Domestic troubles occur when both parties are not thoroughly domesticated.

A Letter

From Washington

The Food Administrator Writes Us:

"The use of baking powder breads made of corn and other coarse flours instead of patent wheat flour is recommended by the Conservation Division of the Food Administration. The wheat needed for export is thus conserved, and at the same time healthful food for our own people is provided. The circulation of recipes providing for these uses would be of assistance in carrying out our plans."

The following recipes for Corn Bread and Rye Rolls save wheat flour and make attractive and wholesome food for every day when made with

ROYAL BAKING POWDER

CORN BREAD

1 1/2 cups corn meal
1 cup flour
2 level teaspoons Royal Baking Powder
1 tablespoon sugar
1 teaspoon salt
1 1/2 cups milk
2 tablespoons shortening

Mix thoroughly dry ingredients; add milk and melted shortening; beat well; pour into well greased pan and bake in hot oven about 25 minutes.

RYE ROLLS

3 cups rye flour
1/2 teaspoon salt
3 level teaspoons Royal Baking Powder
1/2 cup milk
1/2 tablespoon shortening
1/2 tablespoon shortening

Sift dry ingredients together; add milk and melted shortening. Knead on floured board; shape into rolls. Put into greased pans and allow to stand in warm place 20 to 25 minutes. Bake in moderate oven 25 to 30 minutes.

Our red, white and blue booklet "Best War Time Recipes" containing additional similar recipes sent free on request. Address Royal Baking Powder Company, Dept. W, 135 William Street, New York.

Hello Profanity.

The rule is strict against using profane language when talking over the telephone. A telephone experiment has proved a failure in Lynn, Mass. The manager noticed that "wrong number" calls were frequent, and he ordered the "hello" girls to call each digit separately and to insert the word "dash" after each one. The method was slow, but the climax was reached when a Lynn man was in a hurry to get a Boston newspaper office. He called for "Edston 3000" and heard a sweet voice at "central" say: "Betch three, dash, oh, dash, oh, dash, oh, dash."

That nettled the Lynn man and he called out:

"Well, what are you cussing about?"

The order was abolished, and no more dashes are being said by the telephone girls at Lynn.—Buffalo Commercial.

Whenever You Need a General Tonic

Take Grove's

The Old Standard Grove's Tasteless Chill Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds up the Whole System 60 cents.

Needed a Silencer.

The Haberdasher—Let me show you this. It's the latest cry in waistcoats. The Customer—Does a plain silk muffler go with it?

We're all headed for the same place, and it doesn't matter what road we take, we can't get lost.

Constipation generally indicates disordered stomach, liver and bowels. Wright's Indian Vegetable Pills restores regularity without gripping. Adv.

A great mind doesn't necessarily require a large hat.

BROKEN DOWN IN HEALTH

Woman Tells How \$5 Worth of Pinkham's Compound Made Her Well.

Lima, Ohio.—"I was all broken down in health from a displacement. One of my lady friends came to see me and she advised me to commence taking Lydia E. Pinkham's Vegetable Compound and to use Lydia E. Pinkham's Sanative Wash. I began taking your remedies and took \$5.00 worth and in two months was a well woman after three doctors said I never would stand up straight again. I was a midwife for seven years and I recommended the Vegetable Compound to every woman to take before birth and afterwards, and they all got along so nicely that it surely is a godsend to suffering women. If women wish to write to me I will be delighted to answer them."

—Mrs. JENNIE MOYER, 342 E. North St., Lima, Ohio.

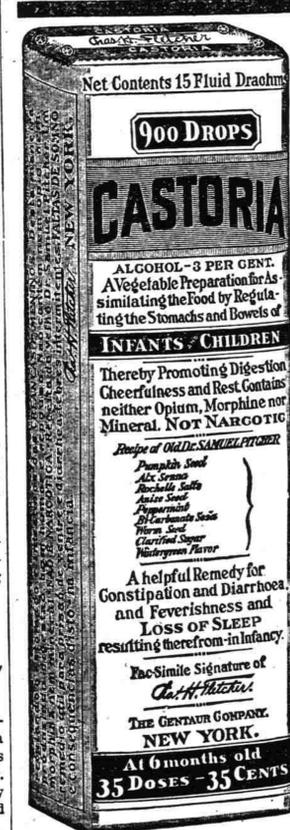
Women who suffer from displacements, weakness, irregularities, nervousness, backache, or bearing-down pains, need the tonic properties of the roots and herbs contained in Lydia E. Pinkham's Vegetable Compound.

KODAKS EXPERT DEVELOPING

All roll films developed 10c. Prints 3 to 5c. Prompt attention to mail orders.

H. C. BERNAU, Greensboro, N. C.

W. N. U., CHARLOTTE, NO. 41-1917.



CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria

Always Bears the Signature

of

In Use For Over

Thirty Years

CASTORIA

THE CASTORIA COMPANY, NEW YORK CITY.

The woman who believes in half-lights doesn't believe in half-measures.

ELIXIR BABE A GOOD TONIC

And Drives Malaria Out of the System.

"Your 'Babe' acts like magic; I have given it to numerous people in my parish who were suffering with chills, malaria and fever. I recommend it to those who are suffering and in need of a good tonic."—Rev. S. Szymanski, St. Stephen's Church, Perth Amboy, N. J.

Elixir 'Babe', 50 cents, all druggists or by Parcel Post, prepaid, from Kloczewski & Co., Washington, D. C.

A timid man gets his right here on earth.

A Prescription.

Mrs. Readt—The allies expect to take Snegovo.

Aunt Lucy—I took something like that for my rheumatism once, but it didn't do much good.

Fern Glen, Pa., has been almost depopulated by labor inducements of Philadelphia.

Where petticoats are, there will the men be gathered together.