

# The Carolina Watchman

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## SUFFRAGISTS IN WAR WORK

By MRS. JAMES LEES LAIDLAW,  
Vice Chairman New York State Woman Suffrage Party.

The New York State Woman Suffrage party, since it finished its great task of carrying New York state for woman suffrage, November 6, 1917, has devoted itself exclusively to war work and various forms of civic and patriotic service.

We have recently sent the first woman's hospital unit abroad from the United States. This unit is the "War Baby" of the National Woman Suffrage Association, with which we are affiliated.

We have just held a great naval and military meet at Madison Square Garden, where a large sum was raised for this remarkable unit, which has sailed to do such valuable work in France.

Every person in it, even to the plumbers and mechanics, are women, and they volunteered for dangerous service. Other branches of our war service have been an intensive food conservation campaign and the War-Savings Stamps campaign. In all this active patriotic work we feel inspired with the thought of our own chairman, Mrs. Norman deR. Whitehouse, abroad on an important government mission and many others of the rank and file of our women who are engaged in devoted service "over there."

**Citizenship Schools.**  
Another interesting branch of our work is the great university extension of citizenship. Schools are being held throughout the state under our Educational Committee.

Another line of work is that of our Intelligence Committee, which lists officials of all political parties and all men in every township and county in the state who have run or are to run for office. It is believed this committee will become extremely intelligent as time goes on, and its intelligence will react on the civic welfare of the state most tellingly.

Our Americanization Committee has issued some very effective and educational literature and is organizing in every center and community where there are foreign groups.

**Maintaining Morale.**  
We realize that a great part of a nation's war time efficiency is in keeping life normal and efficient at home. In the last analysis that nation which keeps most nearly steady and normal in its industrial and domestic life will maintain that morale which will win the war for it.

The work of the Rural Problems Committee perhaps is of particular interest in this publication which is being sent out by the National Security League. Very few people in the country have stopped to realize how in our body politic the rural committees are discriminated against in the matter of socializing forces. Our great cities have their amusements, their municipal halls and baths, their community kitchens, their public libraries and lecture courses and innumerable settlements and clubs where people are drawn together and stimulated mentally and spiritually. We feel that some of these advantages should be brought to the country districts.

Any rural woman who wants to be put in touch with our legislative bulletin, with our correspondence courses in civic education or any information in reference to the work of the Woman Suffrage party should write to that organization at 303 Fifth Avenue, New York City.

Organized by Security League  
From Professors Donated  
by Big Colleges and  
Universities.

A National Patriotic Education Faculty composed of eminent professors selected on full pay by their colleges and universities, who will tour all parts of the country doing promotion work in connection with the National Security League's great campaign of Patriotism Through Education, is being organized by Dr. Robert M. McElroy, educational director of the league. On this faculty already are: Dr. W. T. Hall of Princeton, Prof. W. B. Murray and W. H. Schofield of Harvard, Dr. Franklin H. Giddings of Columbia, Prof. C. H. Van Tyne of the University of Michigan, Miss Etta V. Leighton, vocational instructor in the Passaic, N. J. public schools, and Prof. Charles Libbey of the University of Colorado.

Lehigh University, the University of Oregon, and Hamilton and Williams Colleges have also promised to send a man to participate in this work, and other additions to the "faculty" will be made in the near future.

## "PLATTSBURGS" FOR SCHOOL TEACHERS

To Be Held by National Security  
League Throughout Country  
During Coming Summer.

"Teachers' Plattsburgs," at which 300,000 public school teachers will be given practical training in patriotic education, will be held during the coming summer in practically every state in the Union by the National Security League. The scheme of this elaborate new division of the League's Patriotism Through Education campaign is conceived on the same basic idea along which the League has been working for some time, concentrating on the teachers of the youth of the land and thereby reaching the children through the teachers and the people through their children.

The objects of the League's campaign are two-fold—active combating of German propaganda and awakening a more responsible American citizenship.

**At Summer Schools.**  
The Security League will conduct these "Teachers' Plattsburgs" through the medium of the summer schools for teachers that are held throughout the country every year. It has not yet been determined how many centers will be used. The matter is being taken up with all of the 700 summer schools of the country and probably between 50 and 75 of the training camps will be established, the schools selected being chosen after careful investigation as to attendance, breadth of influence and convenience of location.

The training camps will be conducted by leading educators whose co-operation will be enlisted by the League. The actual instruction will be under the direction of Dr. Robert M. McElroy, educational director of the League, and the members of the "National Patriotic Education Faculty" which he has organized. The League already has over 1,000 experienced patriotic speakers on its Speakers' Bureau list. A great many of these men and women will be detailed to the "Teachers' Plattsburgs" and their number will be augmented by volunteers from the principal colleges and universities of the country, whose academic duties have prevented them from taking active part in the patriotic education work outside their immediate field, but who will be free during the summer months.

**War Spirit.**  
The teachers will be given a series of vital interpretations of the war by men and women who have given careful study to the situation. In addition to this instilling of the war spirit in the teachers, the training camps will also afford them practical instruction in the best methods of imparting to the youth of the land the two war principles on which the Security League's Patriotism Through Education campaign is based—the menace of Germany to America, and the necessity of individual service on the part of every man, woman and child in the country in order to prevent defeat.

A preliminary letter has been sent by Doctor McElroy to the directors of all the summer schools of the country.

### LOOKING AHEAD.

In the minds of the citizens of a democracy the idea that service is due to the government from every one must be firmly implanted or the enfranchised cease to be representative of such a government.

The selective draft answers the purpose of this service, from a military standpoint, during the war we are at present engaged in, but largely because of the fact that we have time to prepare while our allies combat the enemy. We must look to the future and the possibilities of a war declared upon us when we will have no ally. Should this occur selective conscription would be of no avail. Accepting the fact that the citizen of a democracy owes his service to the government, is it not logical that we should organize this service, which shall be trained and equipped for an emergency and able to act immediately as a perfect machine when the necessity arises? Few citizens but believe that universal military training is absolutely necessary to the future safety of this country and that this system should be adopted by the government at the first opportune moment.

The speeding up of our plans to win this war should in no way be interfered with, and future policies must be held in check that they may not interfere with the winning of this war. But when our legislators feel that the speeding up of the war is accomplished a bill should be passed creating a system of universal military training and service which will amply provide for our country's defense in the future, thereby assuring us against the disaster of an attack which would find us unprepared and completely at the mercy of an organized foe.

## MR. HOOVER ISSUES STRONG APPEAL.

Again Calls on the People to Eat Less and Save More Food.

Mr Herbert Hoover United States Food Administrator, has issued a ringing, straight from the-shoulder statement, and appeal to the people of America, the appeal to be presented not only through the press but also through churches, fraternal orders, women's clubs and other organizations:

"The confidence of the United States Food Administration that the people of the country would respond enthusiastically and whole-heartedly upon presentation of the facts to any necessary request for reduction in consumption of food has been fully justified. We have demonstrated our ability, not only to think together but act together. This response of the people is not the reason for the present appeal.

"Our work is not yet completed. In spite of the encouraging results of our efforts, in spite of the facts that our exports of foodstuffs are constantly increasing and are approaching the minimum requirements abroad, the need for renewed devotion and effort is pressing. While all of the requirements of the Food Administration should be constantly observed, there are certain matters which I desire to stress at this time

"In case of meat and meat products the necessities for shipment abroad are very great. Whereas the Allied consumption has been reduced to an average of about one and one-quarter pounds per person per week, we are to day enjoying an average of about three and one quarter pounds per person per week. This division is inequitable. An understanding of these facts will justify our requests that the consumption of all meats including poultry, as nearly as possible be reduced to two pounds per week per person over four years of age.

"In case of sugar we are embarrassed by the necessity of using ships for carrying our soldiers and feeding the Allies and in consequence we must use sugar with great economy. We must emphasize the importance of canning and preserving on a large scale among our people this summer and our available sugar must be conserved for this purpose.

"But the situation with regard to wheat is the most serious in the supply of the allied world. If we are to satisfy the minimum wheat requirements of our armies, and the Allies and the suffering millions in the Allied Countries, our consumption of wheat in the United States until the next harvest must be reduced to approximately one-third of normal. It is inconceivable that we should fail in this crisis. For each of us who can personally contribute to the relief of human suffering it is a privilege, not a sacrifice. All elements of our population cannot bear this burden equally, those engaged in physical labor need a larger bread ration than those in sedentary occupations. Because of the constant daily employment of women and the lack of home baking facilities, many households in large urban centres requires a food ration already prepared, such as the baker's standard victory bread loaf. Furthermore we must constantly safeguard the requirements of children and invalids.

"To meet the situation abroad and to prevent serious suffering at home it is imperative that all

## Beware of it.

The Landmark hears that attacks on Mr Doughton will be sent through the mail on the eve of the primary, too late for answer in The Landmark of Friday. Be it known of all men that Mr Doughton and his friends are ready to answer any charges brought against him, and the fact that it is proposed to attack him on the eve of the primary, so that answer can't be made before the voting begins, is sufficient evidence that the charges it is proposed to bring will not bear the light of day.

Charges brought on the eve of an election when they can't be answered, are unfair and usually untrue; that's why they are brought at the last moment.—Statesville Landmark.

The same is true in Rowan County, No one but a tricky and professional politician would do such a thing, which is sufficient evidence that such a person is unfit for the office he seeks. It is better to vote for a tried and true man than to be sorry afterwards.

## UNION CHURCH

Quite a crowd attended the Red Cross ice cream supper Saturday night.

This section is enjoying fine seasons at this time and crops are growing beautifully.

Miss Chaddie and sister Jessie Mahaley, have just returned from Rocky Mt., N C, the latter having been visiting her sister, Mrs B L Wilhelm. Miss Chaddie held a position as head clerk at a ladies furnishing store for more than a year.

The Jr. O. U. A. M. will meet Saturday night, June 1st. Come out brothers.

M A Cauble has been very sick but is very much improved by this time.

## Proper Food For Weak Stomachs.

The proper food for one man may be all wrong for another. Every one should adopt a diet suited to his age and occupation. Those who have weak stomachs need to be especially careful and should eat slowly and masticate their food thoroughly. It is also important that they keep their bowels regular. When they become constipated or when they feel dull and stupid after eating, they should take Chamberlain's Tablets to strengthen the stomach and move their bowels. They are easy to take and pleasant in effect.

those whose circumstance permit shall abstain from wheat and wheat products in any form until the next harvest. It is realized and deeply appreciated that many organizations and some communities have agreed to follow this plan.

"It is hoped that you will communicate this to your organization and community, urging those whose circumstances will permit to join with us and take this stand." HERBERT HOOVER.

## Road to Happiness.

Be aimable, cheerful and good natured and you are much more likely to be happy. You will find this difficult, if not impossible, however, when you are constantly troubled with Constipation. Take Chamberlain's Tablets and get rid of that and it will be easy. These Tablets not only move the bowels, but improve the appetite and strengthen the digestion.

Buy War Savings Stamps.

## RETURN MR. DOUGHTON.

The Statesville Landmark Clear of Vision, Comes out Boldly for Mr. Doughton.

The Landmark feels it a duty in the interest of the public service and the public welfare, to urge the Democrats of Iredell and the eighth congressional district to go to the primary, Saturday, June 1st, and vote to return Hon. R L Doughton to Congress. There is no question of the renomination of Mr Doughton if his friends go to the primary. It is possible, however for him to be defeated by over confidence.

Mr Doughton deserves to be returned to Congress. He is a capable industrious and efficient Representative; a man of high character, of clean life he has served the people faithfully, he has made a fine record for honest and efficient public service. He is the only farmer—and he is a real farmer—in Congress from North Carolina. This fact of itself is not a reason for keeping Mr Doughton in Congress, but is a strong reason when considered in connection with his other qualifications—and a reason that the farmers in his district should remember.

Moreover, it is an admitted fact, demonstrated over and over again, that the longer one serves in Congress, the more influential he is and the more useful he is to his constituents. The argument that one who is in should be continued is not sound unless faithful service has been rendered and the experience of special worth. Length of service in legislative bodies, especially in Congress, counts most and is most valuable if there is with it, as is in the case of Mr Doughton, a record of faithful service.

There is, therefore, every reason why Mr Doughton should be continued in Congress; and the only real reason for opposition to him is that another seeks the place. The Democrats of the district should consider well before they dispense with the services of a tried man, one who has proven his worth and his strength at the polls.

In this time of the country's peril, when all effort is needed for service in support of the war, there should be as little political agitation as possible.

Again the Landmark urges the Democrats of Iredell and the district to go to the primary June 1st and vote for Mr Doughton.

## DON'T TAKE A CHANCE.

Salisbury People Should Act in Time.

If you suffer from back ache; If you have headaches, dizzy spells;

If there are bladder ills, Don't delay—likely your kidneys are sick.

Salisbury people recommend Doan's Kidney Pills.

Here is a Salisbury woman's experience:

Mrs H Frost, 603 N. Main St says: I had back ache and other kidney disorders. At times my limbs were so weak and lame I could hardly get around. Mornings, the trouble was worse. My kidneys acted irregularly and caused me a lot of annoyance. I had heard of so many who had found Doan's Kidney Pills good that I began taking them. They lived up to the claims made for them, relieving the misery in my back and regulating my kidneys.

Price 60c at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills, the same that Mrs Frost had. Foster-Wilburn Co., Mfgs., Buffalo, N. Y.

## NEWS MATTERS FROM FAITH

Venus Gives the Interest About Rowan's Prosperous Granite Town.

### FAITH.

May 21st.—Here is another big family that Venus has just come across Mr and Mrs Pinkney Ludwick who lives in their own home here in our little town has eight children, fifty-six grand children and forty-three great grand children. They are all now living and if any one can beat that, trot out your family.

Mrs J B Yates received a telegram stating the death of her father, G W McPhail at Divernon Ill., May 7th, 1918, age 75 years and 17 days.

J H Blackwelder and family of near China Grove is visiting his sister, Mrs Robert Peeler.

Venus took dinner for the first time with Mr and Mrs Efid at Granite Quarry Monday and got a fine dinner. They had the largest strawberries we have seen this year. They set a fine table and Mrs Efid is one of the best cooks.

A A Yates of Jacksonville Fla, came in Saturday to visit his people here in and near Faith, for a week or two. He is looking well and likes Jacksonville fine. He was at Mr and Mrs Pinkney Ludwick's today and it will take him several days to get around among all his people.

We saw the picture John Brinton on a fine horse he is in the United States Calvary at Fort Bliss, Texas. He formally lived in Faith some years ago. He is one of Uncle Sam's youngest soldier boys, and is making a good cavalry man. His parents live at Granite Quarry, and his father is superintendent of one of the biggest Granite Quarries in this part of North Carolina

Venus received 25c for a copy of the sketch of the history of his life.

Venus took dinner at Walker Klutz's and the bees swarmed while we was eating dinner they soon had them in a fine patent gun. We had honey for dinner and other good things.

May 25. — Rev Harvey A Fesperman and wife of Startown are visiting several days with Mrs Fesperman's mother Mrs P A Peeler.

Young Lady at John R Ludwick May 6th 1918, about two months ago, we had reported a young granite cutter at Mr Ludwick by mistake some of the boys had fooled us, but we have seen the little girl and gave it some money for good luck.

Some nice signboards have been put up at the cross roads that ought to have been put up that way one hundred years ago and then kept up after they are put up. Here is the way the one reads at Wm Fesperman's at the forks of the road:

Rock Roller Mill 2 miles  
Clarks store 4 miles  
Rinertown 7 miles  
Concord 16 miles

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