

HOW YOU MAY HELP TO WIN THE WAR

Which of These Practical Ways of Savings To Win The War Are You Using?

Many people want to do something to help win the war, but say they don't know what to do. To help those persons to consider ways in which they can release labor and material as well as save and earn money to invest in War Savings Stamps, and get a 4 per cent compound interest for it, is the purpose of the following questions:

1. Do you put out all unnecessary lights and burn as little wood and coal as possible?
Coal is needed to run railroad engines to drive big ships, and to make our manufactures. Save it by using all the daylight and sunlight possible.
2. Do you avoid overheated rooms in winter by keeping temperature in your house down to 68 or 70 degrees?
This saves heat and improves health. Try it this winter and see how much freer from colds your family will be.
3. Do you avoid unnecessary travel?
The Government has already called upon citizens to take no unnecessary trips on railroads. The railroads are needed for war service, both passenger and freight. Think before you go!
4. Do you save gasoline, rubber, and skilled labor by cutting out all unnecessary use of motor cars?
Gasoline is one of the most important war supplies. Every gallon counts. Rubber is also in demand. Chauffeurs are needed on Government work.
5. Do you save the time of your friends and the labor of the telephone company by cutting out unnecessary telephone conversations?
Later we may be asked to avoid all but business and emergency calls between certain hours. The Government needs the telephone in its war work. Let us keep off the lines!
6. Do you buy only clothing that is necessary, and which will wear well? Are you wearing out your old things?
By so doing you are saving labor and material that should be employed for war work.
7. Are you making simplicity in

8. Are you cutting down on amusements?
Recreation is necessary, but many amusements nowadays cost money, and we should lend our spare money to the Government to be used in practical ways for winning the war.
9. Have you more woollen clothes than you actually need?
The war demand for woollen sweaters has only just begun. If you have any you can spare, pass them on to those who need them and so save drawing on the limited supply of wool. Do not knit articles not needed by you those to whom they are sent as gifts.
10. Do you produce anything?
If not, you can, by your saving, or by doing without personal service be just as useful by releasing someone else who can produce.
11. Do you refrain from unnecessary repairs and improvements?
Do only what is necessary to keep things from going to pieces. Don't worry about shabbiness in war time.
12. Do you buy things which you do not need?
Remember that laying in a supply for the future may be good house-keeping in peace times—in war times it is unpatriotic, hoarding, and hinders the Government. Don't question whether you can afford it, but whether the country can afford to let you have it.
13. Are you buying War Saving Stamps, so that you can help the Government with every twenty-five cents in cash you save? Can you not start each child and member of your household filling a Thrift Card or a War Savings Certificate?
You can buy these at every bank or postoffice. Remember that \$4.19 invested in War Savings Stamps this month means \$5.00 returned to you in 1923.

POSSIBLE TO LOSE THE WAR OVER HERE

As the Stay-at-Home Army Thinks and Feels, So Does the Army at the Front. The War Must First be Won Over Here

Did you know that the war could be lost over here as easily, or more so, as over there? While the actual fighting takes place on the fields of France, most of that which goes into the fight, to win or lose it, takes place over here.

There are hundreds of ways in which America can lose out in winning the war and 90 per cent of these are dependent upon those who stay at home. The stay-at-home army largely determines whether the army at the front loses or wins. In the first place, the soldiers over there must have supplies and must have these in sufficient quantity and quality to make them the most efficient fighting men possible. They must have clothing of the proper texture, summer and winter to protect them and yet not encumber them. They must have mental and moral recreation, but above all else, they must have that courage of the soul, known as morale, that comes from the people at home.

As the army feels over here, so it feels over there. As strong as grows its determination to win over here, so determined are they to win over there. Whatever is done, said or felt over here has its effect over there. Therefore, it behooves every American citizen, American soldier that he himself is, as ready to make sacrifices as to expect it of them, and that he himself is, as ready to make of the Government as they who gave up their homes, and loved ones and offered themselves to their country's cause.

Probably the greatest call that has come to the people of this country is to save and serve. Every individual has been called on to practice economy and refrain from spending money for things not essential to health and efficiency, not only that the Government may have all surplus money to finance the war but that labor engaged in the making of these things may be released for making material needed to win the war. The person who does without, who saves his money where he used to spend it, who makes personal sacrifices for his country's sake, is indeed today the real, true patriot. He is rendering a service in keeping with that of the soldier at the front. On the other hand, he who is selfish and insists on living as he did before the war, who criticizes the Government, who has not time for war work, who heeds no call of the Government,—he is a greater enemy than the Hun across No Man's Land. The fact, if America loses in the war it will be her enemies over here and not over there that made losing possible.

Only One Thing to Do First—Lick Germany.
When we would make plans for the future and think of peace, we are confronted with the one big fact that Germany is not yet licked, and that

nothing else should have right of way in our time and thought till this one thing is accomplished. Mr. Frank Crane, in the Chicago Daily News, recently told how important it is to do this thing first. He says:

"Yes, I know, Peace is a grand thing. I am a pacifist, on general principles. But what would be the use of peace now, with a horde of 3,000,000 brutes, led by a bunch of egotistic scoundrels, stamping over the earth with hob-nailed boots? We've got to lick Germany before we can get any kind of peace that is tolerable.

Look at the Russians. They threw down their arms and extended the friendly hand to the Huns, and smiled, and said, 'Now, we'll all quit. See! We begin!' It was a most Christian act. What was the answer? Germany kicked them in the face. The Germans invaded their territory, burned their towns, killed their men, robbed them, laughed at them, lied to them, spread the pernicious propaganda among their people, and Russia today is a seething madhouse. So just hold steady awhile on socialism. We've got to lick Germany first.

"Ireland wants to be free and all that. We sympathize with her. But we've got to lick Germany first. What's the good of a free Ireland, with Germany ruling England? Does Ireland want to swap Lloyd George for the Kaiser?"

"Sweden is starving. Holland and Denmark are in straits. We'd like to help them. But we've got to lick Germany first.

"We cannot aid the Belgians to rebuild their houses and get their people back from slavery until we lick Germany.

"We want France and Italy and Serbia and Roumania and Poland and Armenia rescued from the horror of war, from hunger and want and massacre. But we must lick Germany first.

"We'd like ocean travel made safe and commerce freed from piracy," but we've got to lick Germany first.

"We wish our soldier boys were back home. We need them. Wives, mothers, sweethearts, fathers need them. Farms and shops need them. But we've got to lick Germany first. Any way you turn, you find we've got to lick Germany first.

"Whatever reform you want, whatever nuisance should be abated, we run up against the same prime necessity. We've got to lick Germany first.

"Sure! It's all coming out right. We shall some day have peace on earth and good will to men. But we've got to lick Germany first.

"Don't wait dinner for us; we can't be with you at the ball; and telephone the undertaker, please, that he needn't come around yet awhile. We've just naturally got to lick Germany first."

LOCAL NEWS

of interest to
ALL OF OUR READERS.

Leo Culberston, former star baseball pitcher for the Spencer team, and three other Rowan boys, Charles M. Miller, Gilbert O. Miller and Robert E. Brown, left for San Antonio, Texas, to enter the Kelly-field aviation training camp.

Attendance upon the Rowan teacher's institute is expected to reach one hundred and fifty. This institute is being conducted by Prof. A. T. Allen and Mrs. J. E. Johnston, formerly of the city schools, and will continue for three weeks. It is desired that the county superintendent and those conducting the institute that those who come will remain until the close of the institute.

Quite a number of men passed through the city on the 30th, on their way to Syracuse, N. Y., to take military training, and were joined here by these Rowan men, there were also twelve men from Asheville. All had supper here and left on No. 32.

Miss Maude Fowles was commissioned as a missionary to Japan in St. John's Lutheran church in this city and has departed for the foreign field.

Rev. C. A. Owen, of Thompson, Ga., called to the pastorate of the First Baptist church to succeed Rev. C. A. G. Thomas, resigned, arrived Saturday night and took up his work preaching at both morning and afternoon services Sunday. His family will follow soon and they will reside in the Baptist parsonage which has been overhauled for their use.

Marvin Trexler Killed in France.

Young Trexler enlisted in Salisbury last October and is among the first from Salisbury to give his life to his country. Private Marvin Trexler, Co. "D" 7th infantry through honor and devotion to duty, carried messages to and from the front lines over a field continually swept by shell fire and this enabled the battalion commander to keep liason with his command. Young Trexler was the son of the late Fred Trexler of Rowan. His mother and step father live at 509 North Shaver Street. He has a brother in the army in a training camp in Texas.

R. J. Reynolds Dead.

Richard Joshua Reynolds, head of the R. J. Reynolds Tobacco Company of Winston-Salem, after a year's illness, died at his country home, Reynolda, near Winston-Salem, early Monday, July 29, at the age of 68. He was one of the most successful as well as one of the wealthiest business men in the South, his estate being valued at \$10,000,000 or more. He is survived by his wife and four children, four brothers and one sister. Two of the brothers, W. R. and W. N. Reynolds, have been actively associated with him for many years, both being officers of the company. The funeral services held were Wednesday.

COLORED MEN TO ENTRAIN 22ND.

Forty-Four Men Will Entrain August 22 for Camp Greene, Charlotte.

The following is a list of colored men called by local board for Rowan county for entrainment to Camp Greene during the three day period beginning August 22:

- Cleveland Curlee.
- William Partee
- Walter Ashford
- Daniel Canedy
- John Hargrave
- Will Moore
- Hill Caldwell
- William J. Jones
- Robert C. Todd
- Joyas W. Neely
- Joe Woodruff
- Jim Knox
- Earl Long
- Mayo Graham
- M. X. Elberta Gibson
- Leg Ellis
- Grady Thompson
- Umphrey Baker
- Council Bates
- Simon Crosby
- Rob Patterson
- Benjamin Welch
- Roy Torrence
- Gus McDowell
- Lieutenant Ivey
- Ernest Moore
- Will Carr
- Walter Walker
- Clether McNight
- Andrew Holmes
- Lucias Hagood
- Joseph Smith
- Nelson Correll
- Willie McKenzie
- Robert Brown
- Ernest Lee Niblock
- Thomas Avroy
- Joseph Clinton Holmes
- Jackson Parks
- Chester Allen Donald
- Levonita Rose
- Douglas Chambers
- Alternates,
- Benjamin C. Fisher
- Mack Davis
- William T. Good
- James Stewart
- Watson Williams
- Duff Adams
- William H. Osborn
- John H. Summers

Three to Greensboro.

List of names of colored men called to report to Local Board for Rowan county for entrainment to Agricultural and Technical College, Greensboro, N. C., on or before August 15, 1918, under Call No. 990.

- Stacy Ellis
- George F. Brandon
- James Harrison
- Carl Hawkins
- Alternates, Charley Haley, and Council Bates

Another contingent of Rowan men have joined the colors and left Monday in charge of Capt. Floyd D. Julian. There were twenty-five of these men and they go to Camp Wadsworth, Spartanburg, S. C. A number of men from Stanley county also went to Camp Wadsworth. These men were joined here by others coming from the north. The names of these Rowan men were given in last week's paper.

A sick soldier was taken off No. 45 Sunday afternoon, being desperately ill and was given every attention by the canteen workers and a physician summoned. He was in a serious condition and was taken to the sanatorium where he is being treated. The young man was from Burlington, where he had been on a furlough. While there he was struck by lightning on July 28th and was suffering from the effects thereof.

Buy War Stamps.



Mrs. J. H. Ragan, wife of a well-known printer, died at Brownswater Burke county, on July 31st. Mrs. Ragan was 59 years old and is survived by a husband and four children, to wit, Mrs. M. P. Moore on Mitchell Avenue, John Thomas and Ran S. The remains were brought to Salisbury, August 1st and taken to the home of her daughter, Mrs. M. P. Moore on Mitchell Avenue where the funeral was held at 4 o'clock August 2nd, conducted by Rev. W. A. Lambeth and the interment was in Chestnut Hill cemetery. The pall bearers were W. E. McWhirter, J. P. Harley, W. C. Maupin, Frank Irvin, Henderson Brown and H. E. Ruffy. Mrs. Ragan was a most excellent woman and was the loving mother of a devoted family.

Mrs. E. D. Brimes, wife of the assistant postmaster at Lexington died in this city Saturday night, where she had come for treatment. The remains were taken to Lexington and the funeral and interment was at the place and the deceased was 31 years old.

The infant of W. M. Gramam died at their home 61 South church street Sunday. The remains were taken to Burlington and the interment took place there.

Zola Freda, the eight year old daughter of Pinkney Gaither died at their home, Chestnut Hill Sunday afternoon and the interment was in Chestnut Hill Monday afternoon.

The infant daughter of Mr. and Mrs. O. L. Barrier of Spencer died on the 30th of July, after several days illness. The funeral took place at the home of the parents and the interment was in Chestnut Hill cemetery, Rev. C. M. Pickens officiating.

Many Troops Here Sunday.

All day Sunday there was a real military scene at the passenger station. Some eight or ten long troop trains unloaded its khaki clad boys and with flying flags marched to Spencer, to board their trains for the continuation of their journey.

Another train had on board a splendid band and the bands played a number of selections. It was one of the busiest days the canteen workers have had since organizing.

Piles Cured in 6 to 14 Days
Druggists refund money if PAZO OINTMENT fails to cure itching, Blind, Bleeding or Protruding Piles. Instantly relieves Itching Piles, and you can get restful sleep after the first application. Price 60c.

Doctors Say: "Take Iron"

For building up weak, nervous, run-down people, doctors prescribe iron. It is the greatest blood purifier and strengthener known and, taken in proper quantities, it builds up the body like nothing else can. But many of the iron preparations before the public contain too little iron; many of them contain from 10 to 25 per cent of alcohol, and alcohol counteracts the efficiency of the iron.

Acid Iron Mineral

is free from the presence of alcohol. It is obtained from the only natural medicinal iron mineral deposit of its kind known to the world—a pure, natural iron product, free from the drug of the chemist and the "dope" of the pill maker.
In addition to these forms of natural iron Acid Iron Mineral contains magnesium, potassium, sodium and calcium, medicinal properties which counteract the tendencies for indigestion, dyspepsia, constipation and other ailments arising from a diseased stomach. As a general tonic it comes of rest to the tired and gives rich pure blood and tones up the system and we can't say too much for it.
Because you get Acid Iron Mineral as a trade name, it is not for the A-I-M trade mark, it is your guarantee. It is a pure, concentrated, efficient, economical iron product. Made in the U. S. by the Ferraline Chemical Corp., Roanoke, Va. 50c per bottle. Sold by

Grove's Tasteless chill Tonic restores vitality and energy by purifying and enriching the blood. You can soon feel its stimulating, invigorating effect. Price 60c.

MARRIAGES

Miss Janie Wilson eldest daughter of J. M. Wilson of Guilford county and Chloe Leazer of Greensboro were married at the parsonage of the First Methodist church, Salisbury, July 8th. Rev. W. A. Lambeth officiating.

Miss Nora Neal Foard of Statesville, and D. D. Montgomery of West Jefferson were married August 5th at the home of the brides sister, Mrs. S. J. Fraley on East Horah Street. Rev. W. A. Lambeth officiating.

MOTHERS TO BE

Should Read Mrs. Monyhan's Letter Published by Her Permission.

Mitchell, Ind.—"Lydia E. Pinkham's Vegetable Compound helped me so much during the time I was looking forward to the coming of my little one that I am recommending it to other expectant mothers. Before taking it, I suffered with neuralgia so badly that I thought I could not live, but after taking three bottles of Lydia E. Pinkham's Vegetable Compound I was entirely relieved of neuralgia, I had gained in strength and was able to go around and do all my housework. My baby when seven months old weighed 19 pounds and I feel better than I have for a long time. I never had any medicine do me so much good."—Mrs. PEARL MONYHAN, Mitchell, Ind.

Good health during maternity is a most important factor to both mother and child, and many letters have been received by the Lydia E. Pinkham Medicine Co., Lynn, Mass., telling of health restored during this trying period by the use of Lydia E. Pinkham's Vegetable Compound.

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