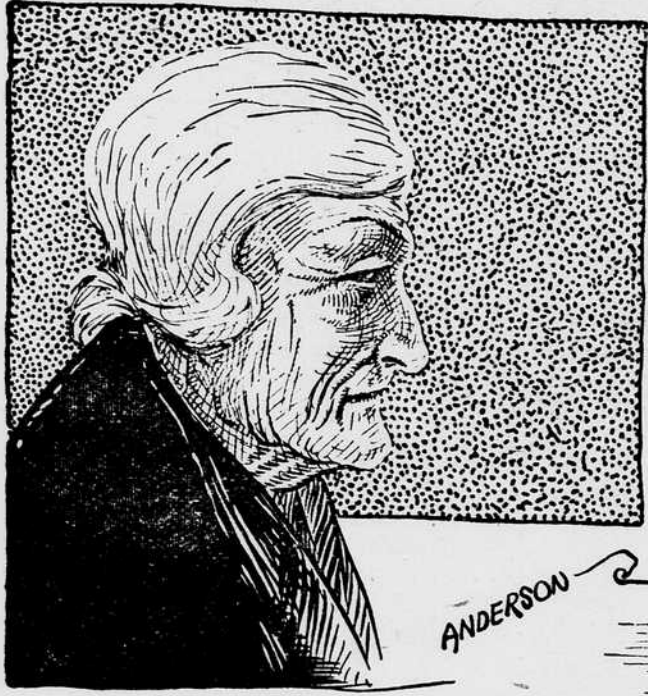
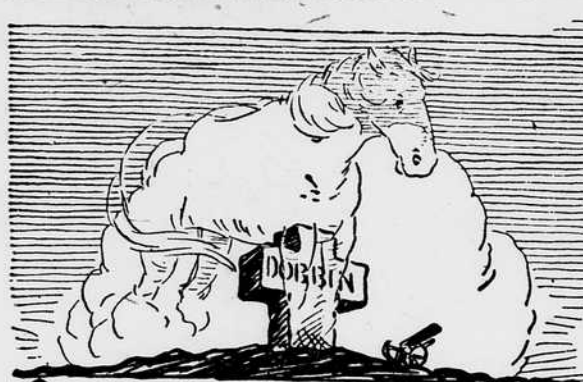


Odd-but TRUE



OF THE VERY FEW PEOPLE WHO LIVE TO THE AGE OF 100 YEARS 70% ARE WOMEN



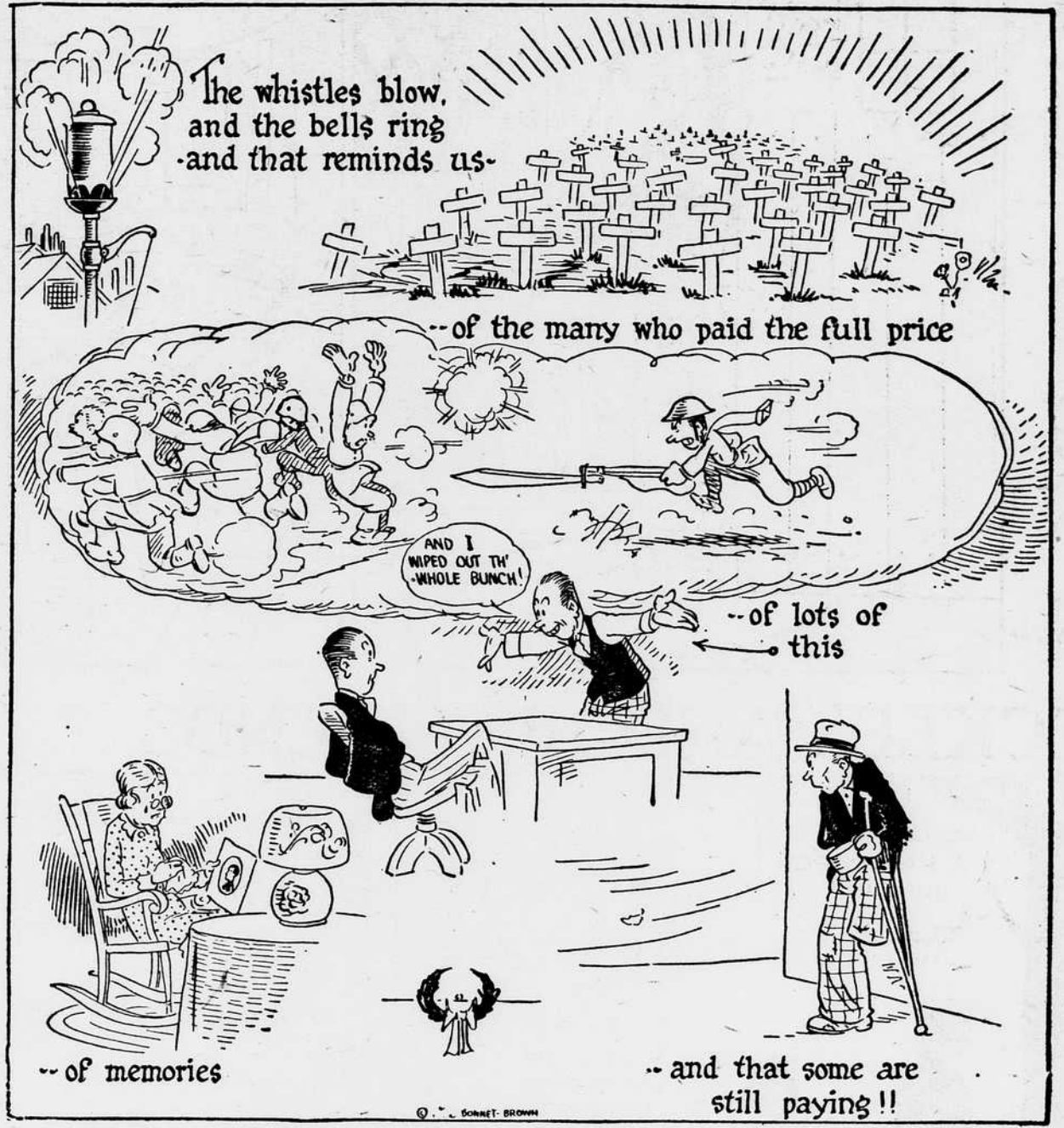
OVERSUPPLIES OF OIL AND NATURAL GAS ARE NOW BEING PUMPED INTO NEARLY EXHAUSTED WELLS TO BE HELD THERE FOR A MORE FAVORABLE MARKET

FRANCE, ENGLAND AND GERMANY LOST 2,429,330 HORSES IN THE WORLD WAR--MOST OF THESE WERE LOST THROUGH DISEASES, NOT GUNFIRE



ALMOST EVERYBODY IN SWITZERLAND OWNS AND RIDES A BICYCLE

Armistice Day



TELLS HOW TO BE HAPPY ON LARGE OR SMALL INCOME

IF YOU ARE RICH

1. Seek peace of mind—refuse to regard wealth as either a burden or a barrier.
2. Study your health, for it is the physical foundation of happiness, as peace of mind is the spiritual. Wealth does not exempt one from human ills!
3. Walk a mile for every 10 you ride. Exercise and fresh air are essential to health. The former demands discipline and self-control, neither of which is always easy for the rich.
4. Avoid luxury and ostentation. Both are vulgar and tedious, and lead straight to boredom. Be thankful for the pleasures of travel. In these modern days they are the most justifiable luxuries wealth can procure.
5. Be generous—in spirit as well as deed. Give frequently and habitually; wisely if possible, but, even if discrimination fails to protect you from occasionally helping a bad case, go on giving.
6. Work! Don't imagine that wealth gives you the right to be idle. It gives you the power, but it is a power better unexercised.
7. Live gaily and eagerly. Be interested and enthusiastic about something worthwhile.
8. Serve your friends, and befriend those who serve you.
9. Consider the feelings of others. This is one of the virtues that the rich man particularly needs to cultivate. The lack of it deprives life of warmth and joy.
10. Cultivate a sense of humor and a sense of proportion. Laugh at yourself as often as may be, and particularly laugh at your wealth. Remind yourself that your good fortune is probably greater than your merit.

IF YOU ARE POOR

1. Again, seek peace of mind. Refuse to regard limited means as a burden or a barrier. Remember that the choicest things of life are without price.
2. Study your health. Exercise, fresh air, and sunshine, simple food and fruit—these are all at your command.
3. Marry early rather than late; undue caution takes the first bloom off married happiness. Youth, courage and love go together.
4. Value the comradeship of your nearest and dearest. Remind yourself every day of what it means to you. Fight against one all-too-common fault of taking the precious friendships of life for granted.
5. Don't think too much about the smallness of your income; be very sure that it would be wealth indeed to thousands of others less fortunate.
6. Always try to pay your way. To be in debt is miserable, as Dickens once so clearly demonstrated.
7. In your work, remember that in the long run intelligent study and self-improvement are worth while.
8. Know your own job, and know something about the whole of the business or industry of which it is part. To be thoroughly competent is one aspect of happiness.
9. If your work is difficult and you have business worries, learn to

confine them strictly to office hours. The power to free the mind is essential if you are to be benefited by leisure, recreation and social life.

10. Never ask yourself "Am I happy?" Don't think about it, but work and play, love your friends and achieve the best that is in your power with single-minded enthusiasm.

Loses Life In Saving His Employer's Son

St. Johns, Que.—Rescue of his employer's 7-year-old son cost Williamson Vestes, 41, of New York city, his life.

Vestes saved Ernest Stern's son from drowning when he leaped from Stern's yacht into Richelieu river and swam back with the boy. As the persons on the boat were pulling the youngster aboard, Vestes was seized with cramp and drowned.

Vestes was hired as a cook on Stern's yacht, Buck Jones.

ROWAN COUNTY PUBLIC MARKET

Following are the prices which prevailed at the Rowan county public market last week:

Butter, pound	40c
Buttermilk, gallon	25c
Sweet milk, quart	15c
Cream, pint	30c
Cottage cheese, pint	10c
Eggs, dozen	35c
Fryers, alive, pound	25c
Hens, live, pound	20c
Hens, dressed, pound	25c
Cured ham, pound	30c
Side meat, pound	20c
Sausage, pound	25c
Shoulder, pound	20c
Corn meal, pound	3c
Dry beans, quart	15c
Butter beans, quart	15c
Cabbage, pound	2c
Carrots, bunch	10c
Collards, bunch	8c
Mustard greens, pound	7-12c
Dry onions, pound	5c
Irish potatoes, pound	2-12c
Sweet potatoes, pound	2-12c
Turnips, bunch	10c
Tomatoes, pound	8c
Pears, peck	20c
Peanuts, peck	40c
Vinegar, gallon	40c
Green tomatoes, peck	25c

Objects To Airplanes

Shenandoah, Iowa.—Three years ago the city welcomed planes at the Kiwanis airport. Now the problem is to keep them away. The local Kiwanis Club has forsaken upkeep of the airport and turned it back to the owner. Pilots, however, having learned the location of the airport, continue to land there. The owner threatened suit because of damage to the alfalfa crop he planted when the airport was given up.

How They Did It Long Ago

New York.—"The warden of the city prison and Bridewell of the city of New York will receive and faithfully keep for examination the body of Phillip G. Todd, charged before me with intoxication." Thus runs a commitment order dated May 14, 1871, which has been found in the archives of the Jefferson Market Court.

DECREASES SHOWN IN PER CAPITA WEALTH IN U. S.

The comptroller of currency at Washington has revealed some interesting figures in answer to a request from the board of industry of Winston-Salem. The figures are as of August 31, 1931, together with some interesting comparisons.

The records of the U. S. Treasury shows that the per capita money in circulation in the country on August 31, was \$41.31, compared with \$36.71 of same date last year. October 31, 1920, the per capita circulation was \$53.01. This shows a slight improvement over conditions, country-wide, this year over the fall of 1930.

The total kinds of money in the United States August 31, 1931, which includes gold coin and bullion, silver and all forms of certificates and notes \$9,361,212,548.00.

Gold coin and bullion is given as \$4,995,028,128; standard silver dollars, \$539,958,327; subsidiary silver \$308,314,112; minor coin, \$126,681,016; United States notes, \$346,681,016; Federal Reserve notes, \$2,243,318,600; Federal Reserve Bank notes, \$2,921,272; National Bank notes, \$689,260,281.

Money held in the Treasury, \$4,312,415,706.00.

Money outside the Treasury, \$5,052,027,109.00.

This latter sum being the amount of actual money in circulation.

Held by Federal Reserve Banks and agents, \$2,199,836,647.00.

Held in the Treasury for Federal Reserve banks, \$1,855,282,106.00.

Total held by, or in reserve for Federal Reserve banks, \$4,055,118,753.

Gross net debt of the U. S. government, \$16,862,781,233.78.

The total government debt June 30, 1919, when the war was at its peak was, \$26,596,701,648.01.

The annual interest charge on the debt outstanding June 30, 1931, \$588,947,438.15.

The total amount of interest paid on the national debt for the fiscal year, 1930, \$611,559,704.35.

Twenty countries are indebted to the United States in funded or unfunded debt, \$11,466,028,562.42:

Great Britain, \$4,398,000,000.00
France, \$3,863,650,000.00
Italy, \$2,004,900,000.00
The mortgage debt due the United States government by states or other local government units, or by private citizens, \$9,468,526,000.00.

Cow Helps Balk Kidnapping Attempt

Chicago.—Mid-West bank robbery attempts were 100 per cent. failures.

In one instance a cow helped to prevent a robbery, while in another a noon-day factory whistle proved the undoing of two would-be robbers.

At Camp Point, Ill., a gunman called at the home of Newton Pierce, father of Earl C. Pierce, cashier of the Farmers' State Bank, saying he intended to kidnap his son and rob the bank. The elder Pierce told the intruder he had to milk a cow. His visitor let him go.

Outside, Pierce telephoned the Sheriff. Becoming suspicious, the stranger fled.

A factory whistle tooted just as two men ordered the cashier of the Pennville State Bank of Pennville, Ind., to surrender the bank's money. Mistaking it for a burglar alarm, they fled, but were captured by passers-by. They gave their names as Lester Walker and Paul Garwood, both of Hartford City, Ind.

LOSES WIFE IN SPEAKEASY

Newark, N. J.—Edward Mesters, Bellevue, toured Washington street's numerous speakeasies with his wife, Lulu May. The tour ended, he discovered his wife was missing. "Can't remember which place she might have stopped," he reported to police.

Couple Want Buggy Ride

Quincy, Mass.—The Chamber of Commerce prides itself on its efficiency. But recently it was stumped. An elderly couple wrote, asking where a horse and buggy might be hired for a day's ride. The staff hunted in vain.

Town Historian Warren Parker said a horse and buggy once could have been hired at Joe Franch's, or John Hall's stables, but pointed out that both these establishments had long since gone out of business. The elderly couple is still waiting for the buggy ride.

Free Beer 'n' Pretzels, Too

New York.—Free beer! And pretzels to go with it! A Forty-second street clothing dealer finds it a good way to break down sales resistance. It's the one-half of one per cent. kind, of course.

Victim Of Auto 'Ride' Is Brooklyn Mystery

New York.—A "ride" mystery confronted Brooklyn police with the finding of an unidentified man's body wrapped in newspapers, oilcloth and burlap bags.

A policeman stumbled on the corpse in a lonely spot on Sixth street, Brooklyn, a short distance from a clubroom where three men were killed.

Detectives deduced the man had been clubbed, stabbed, shot and thrown from an automobile.

Would Reduce Salaries Of Members Of Congress From \$10,000 To \$7,500

Automobile Knocks Sleeper Out Of Bed

Pittsburg, N. Y.—Even the confines of a person's bedroom are unsafe from the motorist.

One resident here was knocked right out of bed when an automobile collided with another, swerved and crashed through the sleeper's house.

WILL ACCEPT GRAIN AS CASH

Sturgis, Mich.—A Sturgis furniture dealer has advertised that he is in the market for 10,000 bushels of wheat which he will accept from farmers at double its market value as payment for merchandise.

Offers Ice Cream For Eggs; Gets 14,040 Eggs

Fort Morgan, Colo.—Eggs assumed a new value in the eyes of children who live in the Fort Morgan area, recently.

A drug store here offered to trade one ice cream cone for every egg brought into the store, as a means of stimulating business.

At the close of the day's business, J. B. Stapleton, owner of the store also was the owner of 14,040 eggs.

One boy, John Gilbaugh, appeared on the scene with 169 eggs. It was reported that his appetite for ice cream has diminished.

Kittens Discovered Resting On Mail Box

Indianapolis.—Discord issuing from a mail box puzzled Motor Patrolmen Cooney and Welsh.

"Maybe it's an infernal machine," said Cooney.

"Or a ghost," offered Welsh.

They summoned a mailman to open the box. Inside was a litter of kittens.

"That cat was smart. She wanted her kittens to travel," said Cooney.

"Yes," said Welsh. "And she licked them but she forgot the stamps."

Woman, 105, Joins Bobbed-Hair Ranks

New Lexington, Ohio.—Mrs. Susan Palmer Kennedy strode into a barber shop here, removed a neat hat and climbed into a chair.

"Just bob it," she said, waving her hand in a sweeping gesture around her wealth of white hair. "It just is a nuisance in this hot weather."

The barber gave Mrs. Kennedy the latest style bob, cutting her hair with a special care in deference to the age of his customer. Mrs. Kennedy is 105 years old.

Subscribe to The Watchman.

Washington.—Rep. Allen Towner Treadway of the first Massachusetts district would reduce the salaries of members of Congress from \$10,000 to \$7,500. That would be putting the pay back to where it was when it jumped to the present size. He has started a movement to that end. He points out that with \$10,000 straight salary, \$5,000 for clerk hire, and mileage, stationery, and other incidentals, not counting offices and mailing franks, a congressman receives about \$17,000.

Mr. Treadway, a leading dry, and prominent Republican, is actively engaged at the task of persuading fellow members of the House that they should set the example of trimming to meet changed conditions. His efforts thus far have not met with a cordial reception.

"Although I have received practically no encouragement of support, I still believe that this question of reducing congressional salaries should be taken seriously," said he.

Mr. Treadway opposed the increase when it was voted. He is a man of means, and is not altogether dependent upon his compensation from the government.

There are two theories about the increased pay of congressmen and its effect on the personnel of the two houses. One is that since the salary raise a great many small calibre men seek the job, knowing that they could not make that much back home. The other and opposite is that it has induced men of higher type and more ability to aspire to Congress. The trained onlooker here is inclined to agree with the first group, that it has lowered instead of raised the standard. Men take the office for the pay rather than the honor.

A report from the Department of Labor says that the cost of various articles of food combined shows a decrease of 16.7 per cent August 15, 1931, as compared with August 15, 1930, and an increase of 0.6 per cent August 15, 1931, as compared with July 31, 1931.

From August 15, last year, to August 15, this year, prices of important food products fell as follows: sirloin steak, 11 per cent; round steak, 12; rib roast, 12; chuck roast, 16; plate beef, 21; sliced ham, 14; leg of lamb, 12; fresh milk, 14; butter, 27; butter substitutes, 29; cheese, 22; fresh eggs, 18; bread, 15; flour, 24; corn meal, 15; beans, 32; potatoes, 29; onions, 17; peas, 14; sugar, 7; coffee, 19; oranges, 41, and so on.

Mr. Treadway contends that with the drop in the cost of commodities congressmen should return to the former scale of pay. He said that he would keep up the fight.

North Carolina members of the House get a total of \$170,000, according to Mr. Treadway's figures.

We are slow to believe what if we believed it, would hurt our feelings.