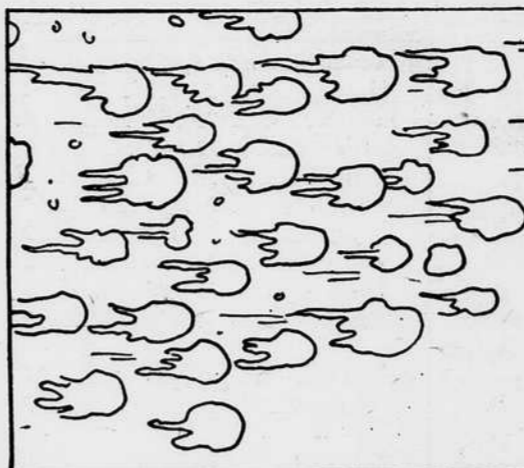


BUD 'n' BUB

BUD'S A HIGH HATTER

By Ed Kressy



THE FAMILY DOCTOR
By JOHN JOSEPH GAINES, M.D.

A REVIEW

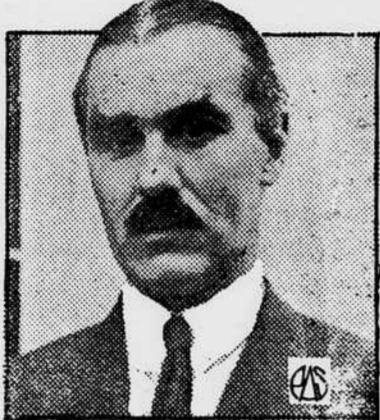
Within the last week I have had quite a patronage in "blood pressure cases." In this particular interval, all the subjects were ladies. I could not help noticing similarity that was almost uniform. All were women past middle age—60 and beyond. All were of stout build—170 pounds or over, in weight. All except one—a Jewess—were farm dwellers. All except the Jewish lady were of fair complexion. Most all were of German extraction, liberal feeders. All except the city woman had reared large families of children. And all of them, without exception, carried their high tension without kidney disease.

It is very common these days to encounter cases of high blood-pressure, the kind that produces hemorrhage in the brain, and, paralysis, if not sudden life ending. Hence the subject is of rather keen importance, both to patient and physician. First of all in the treatment the cause must be sought for.

My habit is, first, to test for kidney disease, that being in many cases coincident with high arterial tension. If not "kidney trouble," what then? Well—are the arteries hardened? Or, is there evidence of a chronic liver derangement? How about the spleen, the largest of the ductless glands? Is there any focus of infection by harmful germs? What of the elimination by bowel and kidneys? Is the colon functioning? The heart? The voluntary and sympathetic nervous systems? Lastly, the blood-condition as to viscosity, and its power to properly feed the muscular system, which includes the heart itself. Diet? Regulate it according to need, not routine.

We are progressing—slowly, it may be—and thoughtful patients certainly aid the physician. That's the "why" of this letter.

New Japanese Envoy



Joseph C. Grew, former Ambassador to Turkey and a member of the American diplomatic corps since 1904, has been named Ambassador to Japan, succeeding W. Cameron Forbes.

- Cured hams, pound 30c
- Side meat, pound 18c
- Sausage, pound 20c
- Shoulder, pound 18c
- Pudding mush, pound 10c
- Pudding meat, pound 15c
- Corn meal, pound 3c
- Dry beans, quart 10 and 15c
- Butter beans, quart 15c
- Cabbage, pound 4c
- Carrots, bunch 10c
- Collards, bunch 7 1-2c
- Mustard greens, pound 7 1-2c
- Dry onions, pound 5c
- Irish potatoes, pound 2 1-2c
- Sweet potatoes, pound 2 1-2c
- Spinach, pound 10c
- Turnips, bunch 10c
- Turnip greens, pound 7 1-2c
- Green onions, bunch 10c
- Peanuts, quart 5c
- Vinegar, gallon 30c
- Field peas, quart 10c
- Horse radish, pint 30c
- Cotton 6 3-4

The way to get things done is to have a good assistant.

If the little jobs are well done, there are no big jobs.

NOTICE TO CREDITORS
Having qualified as Administrators of the estate of Mrs. Laura A. C. Josey, this is to notify all persons having claims against the said decedent to file an itemized, verified statement of same with the undersigned on or before the 30th day of January, 1932, or this notice will be pleaded in bar of their recovery. Persons indebted to said estate are notified to make prompt settlement.
This Jan. 28, 1932.
C. L. RODGERS and G. T. BROWN, Administrators of Mrs. Laura A. C. Josey.
J. M. WAGGONER, Atty. Jn. 29-Mch. 4.

NOTICE OF RE-SALE OF REAL PROPERTY
Pursuant to an order of the Superior Court of Rowan County made in the matter of the sale of the Jas. C. Redwine and wife, Zelma Redwine property by Ira R. Swicegood, trustee, the undersigned trustee will, on **THE 13th DAY OF FEBRUARY, SATURDAY, 1932, at 12:00 NOON,** at the Courthouse Door in the City of Salisbury, N. C., sell at public auction to the highest bidder for cash, the following described real property, to-wit:
Beginning at a stake, Redwine's corner on Hege's line, thence with Redwine's line N. 87 deg. W. 924 feet to a stone, Redwine's corner; thence S. 4 deg. W. 200 feet to a stone in the road, Redwine's corner; thence N. 87 deg. W. 295 feet to a stake, G. D. Redwine's corner; thence S. 16 deg. E. 152 feet to a stone, Redwine's corner; thence S. 4 deg. W. 888 feet to a stone on George Overman's line; thence with Overman's line S. 87 deg. E. 400 feet to a stake on B. F. Whitaker's line; thence with Whitaker's line N. 4 deg. W. 396 feet to a stake, Whitaker's corner; thence N. 17 deg. E. 155 feet to a stake, Whitaker's corner; thence N. 22 1-2 deg. E. 787 feet to a white oak, Whitaker's corner; thence N. 6 deg. E. 1188 feet to the beginning, containing 40 acres, more or less.
This sale is made subject to all outstanding taxes and bidding will commence at \$1155.00.
This the 27th day of Jan., 1932.
IRA R. SWICEGOOD, Trustee. Jn. 29-Fb. 5.

NORTH CAROLINA, IN THE SUPERIOR COURT ROWAN COUNTY.
Willie Hollar, Plaintiff, vs. Earl C. Hollar, Defendant.

NOTICE TO EARL C. HOLLAR, DEFENDANT:
You are hereby notified and you will take notice herefrom that an action entitled as above has been instituted against you in the Superior Court of Rowan county in which your wife, Willie Hollar, seeks an absolute divorce on the ground of adultery.
You will further take notice that unless you appear before the undersigned Clerk of Superior Court of Rowan County at his office in Salisbury, North Carolina, within thirty days after the publication of the last notice hereof as required by law, and answer or demur to the complaint to be filed by the plaintiff the plaintiff will be granted the relief demanded in her complaint.
Witness my hand and the seal of the Superior Court of Rowan County, North Carolina, this the 28 day of January, 1932.
C. S. C. R. R. HAWFIELD, Attorney for Plaintiff. Jn. 29-Mch. 4.

Venus Hasn't Cussed In His Life And He's Now Over 80 Years Old, He Declares In Article To Watchman

Venus is over eighty years old and never said a profane word in all his life if you can beat it, trot out your man.

Here is a letter we just received:
Mr. J. T. Wyatt: Inclosed find 25c for which send me some of your Eczema salve. Yours respectfully yours, W. C. Blalock, Oakboro, N. C., Rt. 1.

When twenty-five thousand families send J. T. Wyatt one dollar each a lot of little children will be cured of Eczema with his salve.

Send 25c to J. T. Wyatt and get some Eczema salve and don't let your baby and little ones cry, scratch and suffer when this will stop it as soon as applied.

J. T. Wyatt will buy all your Confederate money and pay more than anybody.

Everybody here reads The Carolina Watchman.

Venus got 25c today for some Eczema salve.

We are having some fine weather here now.

If you want a printed pamphlet of the life of J. T. Wyatt send a self-addressed, stamped envelope to J. T. Wyatt, Salisbury, N. C., Rt. 3.

If you love your baby and little ones send 25c and get some Eczema salve and it will stop the itching and crying and scratching as soon as it is put on.

Here is a nice letter we received:
Mr. J. T. Wyatt, Dear Sir: Will write to let you know how my son is getting along he had such a bad case of Eczema. He had it for four years. He had scales all over his legs as large as a quarter of a dollar and his head was a solid scab on top, but he is just doing fine. It has all healed up and his head looks nice and clean. He can eat, sleep and work now. Very truly, Nannie Wood, Lexington, N. C.

The reason everybody has got so much money is because the granite industry is bringing it in from big cities who buy their granite street curbing here. Because we have the best granite in the United States.

We will send a fifty dollar bill confederate money to anyone who wants to buy it. J. T. Wyatt, Salisbury, N. C., Rt. 3, Box 10.

BOY, 15, SHOOT'S BEAR
Larkspur, Col. — Fifteen-year-old Bud Tucker was hunting for porcupines when he suddenly was confronted by a large black bear. The young hunter raised his gun, fired one shot, and bruin toppled over dead, twenty feet away.

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South Main Street Phone 6

The Way of Life
By BRUCE BARTON

A. E. F. Sweetheart Weds



Elsie Janis has wed Gilbert Wilson, 16 years younger than herself. She is 42. During the War she was the most popular entertainer with the American doughboys.

WHEN TO BE BLIND
A young mother who is a friend of our family entered her daughter in a girl's school. She said to the head-mistress: "Mary is not much of a student. She likes history and does fairly well in French, but in arithmetic I think she is almost a total loss."

Amazement appeared on the face of the head-mistress. "Do you mean to tell me," she exclaimed, "that you have brought us a child who has faults! After sitting here for years and listening to mothers whose daughters were paragons of virtue and intelligence, this is indeed a novel experience!"

Most of us are constitutionally unable to see any defect in those we love. It might be better sometimes if we could. Perhaps if we could analyze our children cold-bloodedly we might be able to bolster them with added strength.

On the other hand, what a blessing it is that we do not always see too well.

In cleaning out my desk one day I ran across a photograph of our first baby, taken when he was about six weeks old. I remember how proudly we sent it to all our relatives at Christmas time; how positive we were that there had never been in all history so beautiful a child.

Today the picture gives me a fit. It must be my youngster, for my wife is holding it. But instead of the beautiful cherub I remember, what is she holding? Something that looks exactly like a summer squash.

Without the blessed blindness of women it is difficult to see how any marriage could be a sustained success. We men know each other—that no one of us is very good. Yet our wives have the silly notion that we are great stuff. And by their faith they keep us going.

Centuries ago a city was attacked by the armies of Syria. A prophet lived in that city. A messenger rushed to him in great alarm: "Alas, my master! how shall we do?"

To which the prophet replied calmly:

"Fear not; for they that be with us are more than they that be with them" . . . "And the eyes of the young man were opened, and behold the mountain was full of horses and chariots round about Elisha."

There are forces of goodness in people that are visible only to the eyes of love. There are forces of power that can be estimated only by the eyes of faith.

The important thing is to be intelligently blind to the surface defects, and to be able to see and appreciate the things that can not be seen.

Mule, Bee, Electricity Are Badly Scrambled

San Francisco—It was an "unavoidable accident," according to a report of the State Department of Public Relations, and here's how it happened:

A mule on which a man was riding stepped on a nest of yellow jackets. In the commotion that followed the mule became entangled in a guy wire which, in turn, pulled over a pole, causing a power line to fall onto and electrocute the mule.

When the mule toppled over he fell on the man, fracturing several of the man's ribs, and the man also was burned on the leg by the electricity.

GROWS SUNFLOWERS
Portland, Ore.—Iowa's tall corn has nothing on Oregon's sunflowers. A bloom in Mrs. W. H. Morris' flower garden grew to a height of 14 feet. It measured 15 inches in width.

Shoes rebuilt the better way. All kinds of harness, trunk and suitcase repairing.

Fayssoux's Place
Phone 433 113 E. Innes St.

Hints for the Home
by Nancy Hart

FRENCH VANILLA

In France ice creams and ices of all sorts are something of a luxury. In America if not actually a necessity, ice cream is assuredly a most commonplace commodity. It has been brought within easy reach of all.

Perhaps plentiful ice cream has its advantages, but when any article of food becomes commonplace it is somehow robbed of some of its appeal. From the French point of view the American portion of cream or ice is much too large. It should not be regarded as a mere food—mere nourishment. There should be only a morsel of it eaten as a pleasing contrast to more substantial viands. Ices and ices in France are very often served in little plated-silver dishes—that look exactly like very small porringers.

There is one neat scoopful of the ice or cream on the dish. "Glace vanille"—vanilla ice cream—is most usually well made. Strawberry sherbet is usual enough and sometimes a vanilla ice—a very anemic sister to the more tempting "glace vanille."

If you are going to France and want to bring home an unusual little souvenir, get a set of those little metal "glace" dishes—the dishes that look like very little porringers. Then when you have friends for dinner or luncheon and want to offer an unusual touch to the serving of the sweet, you can serve some sort of sherbet or ice cream on these little French dishes.

SIMPLE MINCE MEAT

Mix one cup of chopped cooked meat, two cups of chopped apples, half a cup each of chopped raisins, currants, and molasses, one cup of cider, one cup of grape juice, two teaspoons of salt, one teaspoon each of cinnamon and allspice, and half a teaspoon each of clove and nutmeg. Heat to the boiling point, boil slowly 30 minutes and pack in a stone jar until ready to use.

GRILLED PEARS

(To serve with meat). Peel and halve pears and brush with melted butter. Bake in a moderate oven (375 degrees F.) until tender. Sprinkle with grated cheese and continue cooking under the broiler until cheese is melted and delicately browned.

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