

Coggin Begins Campaign For Solicitor

Will Oppose Zeb Long In 1934 Contest

Former Chairman of Democratic Executive Committee; Has Held Positions of Solicitor And Judge of County Court

C. L. Coggin, local attorney, this week began an active and vigorous campaign for solicitor of the 15th judicial district in the June 1934 Democratic primaries.

Mr. Coggin has held the offices of solicitor and judge of the Rowan county court.

Zeb Long of Statesville is the present solicitor of the district, composed of Rowan, Iredell, Cabarrus, Montgomery and Randolph counties.

Coggin, 43 years old, is a former chairman of the Rowan county Democratic executive committee.

He is a member of the Methodist church. He is married and has two children.

U. S. HAS HUGE DEFICIT

Washington.—Looking forward to improved business next year, when the government hopes to balance its budget, the treasury will end its 1933 fiscal year on Friday with a deficit of approximately \$1,750,000,000.

"Ah, a new car. How's the pickup?"

"Haven't had much chance to try it yet. My wife rides with me most of the time."

Our Industrial Boss



General Hugh S. Johnson, administrator of the Federal Industrial Act, at his desk in Commerce headquarters at Washington, where he started the wheels turning in our new industrial era.

Hours of Women Are Regulated

Among the many bills passed by the last session of the legislature, was one regulating the working hours of women.

Section 1. That it shall be unlawful for any person, firm or corporation, proprietor or owner of any retail or wholesale mercantile establishment or other business where any female help is employed for the purpose of serving the public in the capacity of clerks, sales-

ladies, or waitresses, and other employees of public eating places, to employ or permit to work any female longer than ten hours in any one day, or over fifty-five hours in any one week, nor shall any female be employed or permitted to work for more than six hours continuously at any one time without an interval of at least half an hour, except where the terms of employment do not call for more than six and a half hours in any one day or period.

Sec. 2. That nothing in this act shall be construed to apply to females whose full time is employed as bookkeepers, cashiers, or office assistants, or to any establishment that does not have in its employment three or more persons at any one time: PROVIDED, FURTHER, that this act shall not apply to females employed in any establishment located in any town or city of less than five thousand inhabitants as shown in the census taken by the United States government in one thousand nine hundred and thirty.

Sec. 3. Every employer shall post in a conspicuous place in every room of the establishment in which females are employed a printed notice stating the provisions of the act and the hours of labor. The printed form of such notice shall be furnished upon request, by the Commissioner of Labor.

Sec. 4. That if any portion or section of this act shall be declared invalid then the invalid portion or section shall in no way affect the validity of any other portion or section which can be given effect without such invalid part.

Sec. 5. Any employer of labor violating the provisions of this act shall be guilty of a misdemeanor, and upon conviction shall be fined not exceeding one hundred dollars or imprisonment not exceeding sixty days, and each day's work exceeding the said hours shall constitute a separate offense.

Sec. 6. That all laws and clauses of laws in conflict with the provisions of this act are hereby repealed.

Sec. 7. That this act shall be in full force and effect from and after the 1st day of June, 1933.

"I'm Putting Up Jams and Jellies," Says President Roosevelt's Daughter



Here's Anna Roosevelt Dall engaged in one of the oldest of household arts—jelly making. Notice that she has a clock handy to time the boiling of her jelly batch, once the liquid fruit pectin has been added. Notice, too, her neat way of pasting labels.

By Anna Roosevelt Dall

I'm so often asked questions about politics and like subjects, but, at present, my mind is miles away from these important world interests. Right now, a great portion of my interests is directed toward the kitchen-ward. There's a reason, of course. I'm putting up some jams and jellies for winter, and having a grand time doing it. I'm surprised to discover that it isn't a colossal task at all, at least not with all the modern, scientific aids to duty. The food markets are filled to the brim with gorgeous ripe fruits of every description. Yet I can't use more than a few boxes when they're ripest and best. So I'm capturing these beautiful colors and delicious tastes in jellies and jams.

Quite as appealing as the marvelous ripe berries themselves are the attractive price tags on them. The price of food is a matter of concern to everyone these days. During my frequent visits to the White House I hear much talk of food economy and low-cost menus. Certainly one of the best savings to be effected now is in fresh fruits. If you know your science, jelly

and jam making are no trouble. I wouldn't have time to make them if they were. Thanks to the short-bottle method and bottled fruit pectin which insures jellifying, this ancient art has become one of the a.b.c.'s of kitchen accomplishments.

Here are some recipes to follow:

- Muckleberry Jam**
4½ cups (2¼ lbs.) prepared fruit
1 cup (½ lb.) sugar
1 bottle fruit pectin
To prepare fruit, crush about 2 quarts fully ripe berries. Add juice of 1 lemon and grated rind of ½ lemon.
Measure sugar and prepared fruit into large kettle, mix well, and bring to a full rolling boil over hottest fire. Stir constantly before and while boiling. Boil hard 2 minutes. Remove from fire and stir in fruit pectin. Skim; pour quickly. Paraffin hot jam at once. Makes about 12 glasses (6 fluid ounces each).
- Loganberry Jelly—Blackberry Jelly**
4 cups (2 lbs.) juice
7½ cups (3¾ lbs.) sugar
1 bottle fruit pectin
To prepare juice, crush thoroughly or grind about 3 quarts fully ripe berries. Place in jelly cloth or bag and squeeze out juice.
Measure sugar and juice into large saucepan and mix. Bring to a boil over hottest fire and at once add fruit pectin, stirring constantly. Then bring to a full rolling boil and boil hard ½ minute. Remove from fire, skim, pour quickly. Paraffin hot jelly at once. Makes about 12 glasses (6 fluid ounces each).

HOLY SEE DISPLEASED

Vatican City.—Disbandment of Catholic clubs in Germany incurred the displeasure of the Holy See. The action was likened to that of Mussolini in 1930, when he disbanded Catholic clubs on similar grounds, leading to the serious controversy between the Vatican and the Italian state.

FEWER ON RELIEF ROLLS

Clarksburg, W. Va.—The state welfare department announced 40,000 families had been removed from relief rolls since April 1 through increased general employment.

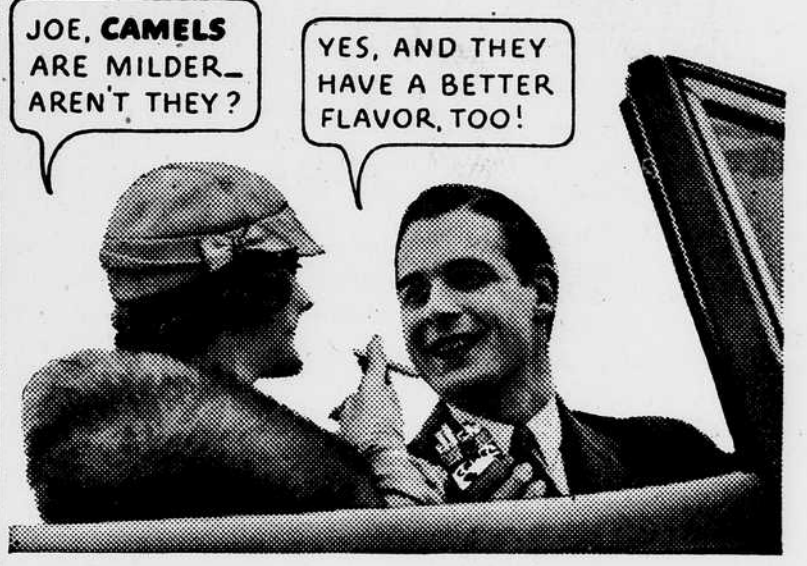
FLAYS 'SPENDING SPREE'

Washington.—A vigorous attack on the Democratic administration and its leadership in the session of congress just closed was initiated by Representative Snell of New York, the Republican leader, with a declaration that the Democrats had gone on a "spending spree."

WIN BRIDGE CONTEST

Hanover, N. H.—The combination of Louis H. Watson and Sam Fry of New York City won the all American championship contract pairs, the final computed result being announced after the completion of the third session of this event.

"I've just been having a tussle with the dentist."
"Which beat?"
"It ended in a draw."



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WOMEN who suffer from weakness often have many aches and pains which a stronger state of health would prevent. Women in this condition should take Cardul, a purely vegetable tonic that has been in use for over 50 years. Take Cardul to improve the general tone of the system in cases of run-down health and "tired nerves." Women have found, in such cases, that Cardul helps them to overcome pains and make the monthly periods easier. CARDUL is safe and wholesome for women of all ages. Try it! Sold at the drug store.

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Now is the Time to Have That Picnic Lunch Some Bright Day Out of Doors



Nothing like a T-bone steak cooked out of doors. Simple design for camp grate to make that coffee.

NO people enjoy getting out-of-doors during the warm, summer months more than do Americans. In most parts of the land it is possible for father, mother and children to get into the car and drive out into the country for a picnic luncheon.

Into the picnic basket usually go a variety of sandwiches, often a potato salad, fruit, cake or pie and fresh lated coffee. Half the fun of eating out-of-doors is in the building of a fire under a metal grate so that there will be steaming fresh coffee for all.

Most hardware stores have for sale a simple wire grate which takes little room in the car and which is ideal for making coffee. Often it is wise to carry along a hatchet so as to have small wood for starting the fire. Many persons find these grates handy in frying a steak out of doors or for boiling frankfurters. For some reason or other a steak cooked on an open fire tastes better than one broiled indoors. Of course, the surroundings and the invigorating air have much to do with it.

Thoughtful picnickers leave no pile of refuse after luncheon and what is more important they never start back home without stamping out the fire.

In the summer time millions of Americans take to the highways and byways. In every state meals will be eaten out-of-doors during the warm months, and the appetizing aroma of fresh dated coffee will play an important part. Families usually return home tired after a picnic but nevertheless satisfied they have had a good time and enjoyed a good meal out of doors.

RAIL TRAFFIC BOOMS
Chicago. — Railroads serving Chicago reported passenger traffic into Chicago was the best in history since opening of the World's fair. The Burlington said its traffic had increased 10 fold. The New York Central announced 4,000 passengers would arrive by special trains tomorrow.

LABORERS GIVEN RAISE
Atlanta.—Day laborers working for the Georgia state highway department were given a raise in pay but otherwise there were no developments in the highway feud which led Gov. Eugene Talmadge to proclaim martial law and take over control of the department.

A PATRIOT is a chap who can't find a loophole in the income tax law.

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