

Proper Cultivation Trebles Cotton Crop

A concrete example of what a good farming practice will do for worn out soil has been found on the farm of C. J. Hunt, in Guilford County, says E. C. Blair, extension agronomist at State College.

In the fall of 1926, Hunt enlarged his farm by purchasing a five-acre tract of land from one of his neighbors. The land had been planted to corn, with the rows running up and down hill, and had washed badly.

Hunt planted corn on the lot in 1927, but made such a poor crop that he decided something must be done to improve the soil's fertility. He planted wheat that fall; then sowed lespedeza on the wheat the following spring.

The lespedeza was allowed to grow on the land until the spring of 1931, when it was turned under for corn. The corn gave a better yield than before, but still fell short of a good crop.

Barley was sown that fall, and lespedeza again in the spring of 1932. Last spring the lespedeza was ploughed under. Hunt planted a cotton crop, fertilized with 400 pounds of 4-12-4 to the acre. The yield was five 500-pound bales on the five acres.

Meanwhile, the neighbor continued to farm his land in the old way. Directly across the road from Hunt's rolling land, the neighbor has a five-acre tract of level land which has been in row crops, mostly tobacco, for 15 years.

Last year the neighbor planted cotton on this tract, farming in the old way, and got a yield of only one and a half bales from the entire five acres.

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Noted Publisher Provides School For Under-Privileged Children



Bernarr Macfadden with the children at the foundation school.

Lowell Thomas, world famous correspondent, traveller and lecturer, had to go only nine miles from New York City for one of the greatest thrills of his life.

It was to see an adventure in "human salvage" at the Macfadden Foundation School in Hackensack where Bernarr Macfadden, publisher and philanthropist is re-making the minds and bodies of under-privileged little children.

Writing in Liberty Magazine, Lowell Thomas declared "The Hackensack institution was even more fascinating than Mr. Macfadden's experiments with the Italian athletes and the fifty Portuguese orphans."

Premier Mussolini, in common with the publisher, believed in the necessity of proper physical training and although he was proud of his own schools, turned over forty of the finest specimens for a six months course under Mr. Macfadden's supervision at the Physical Culture Hotel in Dansville, N. Y. and the Castle Heights Military Academy, Lebanon, Tenn. So great were the results that Il Duce ordered an Italian decoration for the publisher.

Likewise, in Portugal, the physical culturist took fifty undernourished orphans under his wing and in six months returned them well and strong. For this he received the Order of Bene Merencia from the Portuguese government.

Young People Boost Family Cow Program

A. C. Kimrey, extension dairyman at State College, is enlisting the help of school children to interest their parents in the family cow program for eastern North Carolina.

"This new way of reaching parents is the most successful we have found thus far," Kimrey stated, "and we hope to expand it to the other counties in the future."

The movement was launched in Wilson, Currituck, and Greene counties, with Edgecombe next on the schedule.

Kimrey reported that he has been addressing between 2,000 and 3,000 school children, 4-H club members, and other young people each week, endeavoring to show them the need for more milk in the diet.

At the close of the address, those children who do not have cows at home are asked to remain for a discussion of the possibilities of their raising calves. Those interested are listed, together with the names of their parents.

The extension specialist and the local farm and home agents then carry the matter to the parents. If

But in Hackensack Mr. Macfadden's accomplishments have been almost miraculous.

Lowell Thomas writes, "There is not a trace of institutionalism. The happiness of these children, the bright spontaneity with which they respond to rational, affectionate care is beyond description. They obey without question, although some were 'problem children' before their admittance."

"Ten-year-old Muriel, for instance, changed her remarks from 'I want to go home' when she was admitted to 'Do I have to go home?' Marie, seven, had been badly burned and was in a hysterical condition when she entered. Yet one of the happiest voices in the whole place is hers."

"Upon entering the school, Jimmy, eleven, a victim of infantile paralysis had to be carried up and down stairs. Now he can play baseball and is not far from becoming as active as any boy in the land."

So successful has been the Hackensack experiment, that Mr. Macfadden has already taken action to establish another such school in which he hopes to extend the good work. Parents who may be interested are invited to communicate direct with Mr. Macfadden.



LOS ANGELES . . . Georgio Woolf (above), went for an important ride astride the back of the race horse Azucar, who romped home the winner in the rich Santa Anita Handicap. Woolf was rewarded with \$10,000 for his winning ride.

the parents are willing to buy a heifer calf for the children to raise, the agents and the specialist offer their help in securing calves at a moderate price.

"Right now," Kimrey explained, "we are not insisting that they buy expensive calves of the best breeding. The main thing is to place at least one calf with each family so that it may have an adequate supply of milk and butter in the near future."

"We find that those children who come from homes which do not have a family cow are, as a rule, undernourished and inferior physically to those children that have milk in their diet. In Wilson County, about 80 percent of the children to whom I talked came from homes where there were no cows."

"Now I'm the Picture of Health," Says Lady After Taking CARDUI

Here is how Cardui helped an Alabama lady. . . "I suffered from pains in my back and sides," writes Mrs. A. G. Gray, of Cusseta, Ala. "I was so thin and weak, I read of Cardui and decided to take it. I noticed at once it was helping me. I kept taking Cardui until I had finished five bottles. I gained. My health was much better. Now I am the picture of health. My color is good and my weight increased." . . . Thousands of women testify Cardui benefited them. If it does not benefit YOU, consult a physician.

LEGAL NOTICES

SALE OF LAND

Under and by virtue of a Judgment of the Superior Court of Davidson County, North Carolina, made at the February Term, 1935, in the matter entitled "J. M. Peeler vs. W. R. Dorsett, Admr., of S. T. Dorsett, Mrs. Mable Dorsett, et als.," the undersigned Commissioner will sell at public auction, with bid secured at time of sale by an approved surety or by cash deposit of 10% of the bid and cash upon confirmation by the Court, at the Courthouse Door of Rowan County, in the City of Salisbury, North Carolina, AT 12 O'CLOCK NOON, MONDAY, APRIL 8, 1935, the following described land situate in Rowan County, State of North Carolina, to-wit:

Beginning at a stake Northeast corner intersection of Fourth Street and Oakwood Ave., corner of lot No. 8, and running thence S. 70 deg. E. 150 ft. to a stake; thence N. 28 deg. E. 150 ft. to a stake on an alley; thence along the line of the alley N. 70 deg. W. 150 ft. to a stake on the edge of 4th St.; thence along the line or edge of 4th St. S. 20° 33' W. 150 ft. to corner of lot No. 8, being lots numbered 6, 7, and 8, and a part of lot No. 5, facing Oakwood Avenue.

Beginning at the intersection of 4th and Grant Sts., corner of lot No. 11 and running thence 2. 20 deg. 33' W. 150 ft. to a stake on an alley; thence along the line of this alley 70 deg. E. 150 ft. to a stake, corner to another alley; thence with the line of this alley N. 20 deg. 33' E. 146 ft. to a stake in the edge of Grant St.; thence with the line of Grant Street N. 70 deg. W. 150 ft. to the beginning corner on 4th St., being lots numbered 9, 10, 11, as shown on Map of North Addition to Spencer, Block 8, same being registered in Book of Maps in the office of the Register of Deeds for Rowan County.

Beginning at a stake on McCubbins Ave. and 100 ft. from 4th St., and running thence with McCubbins Ave., and in an Easterly direction 50 ft. to a stake at corner of lot No. 5; thence with an Northerly direction 150 ft. to a 10 ft. alley; thence along said alley in a Westerly direction 50 ft. to a stake at corner of lot No. 3; thence with line of lot No. 3 in a Southerly direction 150 feet to a stake, the beginning, being lot No. 4, in Block 2, B. F. Lively & Company. Addition to Spencer.

Beginning at a stake on McCubbins Avenue and 50 ft. from 4th St., at corner of lot No. 2, and running thence with McCubbins Avenue in an Easterly direction 50 ft. to a stake at the corner of lot No. 4; running thence with line of lot No. 4 in a Northerly direction 150 ft. to a stake on a 10 ft. alley; thence with line of alley in a Westerly direction 50 ft. to a stake at corner of lot No. 2; thence with line of lot No. 2 in a Southerly direction 150 ft. to a stake on McCubbins Ave. at the beginning, being lot No. 3, in Block No. 2, B. F. Lively & Company. Addition to Town of Spencer.

Beginning at a stake on McCubbins Ave. and 4th St., and running thence with McCubbins Ave. in an Easterly direction 50 ft. to a stake on the corner of lot No. 3 on said Ave.; thence in a Northerly direction with line of lot No. 3, 150 ft. to a stake on a 10 ft. alley; thence with said alley in a Westerly direction 50 ft. to a stake on 4th St.; thence with 4th St. in a Southerly direction 150 ft. to a stake on McCubbins Avenue and 4th St. at the beginning, same being lot No. 2, in Block No. 2, in B. F. Lively Addition to Spencer.

All that certain lot known and described as lot No. 10 in Block No. 27, as the same is shown upon the map of said Townsite filed by Alexander B. Andrews, Jr., in the office of the Register of Deeds for Rowan County, N. C., on the 29th day of May, 1897, to which reference is hereby made. Said lot is on Carolina Avenue between 4th and 3rd Sts. Spencer, N. C., and is 50 feet by 145 feet, and on the lot is a one story dwelling.

This the 4th day of March, 1935.
J. M. Daniel, Jr., Commissioner.
March 8—29.

SALE OF VALUABLE FARM PROPERTY IN ROWAN COUNTY

Under and by virtue of an order of B. D. McCubbins, Clerk of the Superior Court, in the special proceeding entitled H. H. Rink and wife, Carrie Ethel Rink, vs. James Rink, et al, upon the Special Property Docket of said Court, the undersigned Commissioner, will, on the 30th day of March, 1935, at 12 o'clock Noon, at the Courthouse door in Salisbury, N. C., offer for sale to the highest bidder, for cash, that certain tract of land lying and being in Locke Township, Rowan

County, N. C., adjoining the lands of Rowan Mills Co., Mrs. Florence Swink and others and being more particularly described as follows, to-wit:

Beginning at a point in the middle of Grant Creek, Mrs. Florence Swink's corner and runs thence with Mrs. Swink 9 lines as follows: (1) S. 10 E. 498 ft. to an iron stake (2) S. 44 3-4 E. 193 ft. to an iron stake (3) S. 36 E. 417 ft. to an iron stake (4) S. 55 E. 395 ft. to a stone (5) N. 87 E. 527 ft. to an iron stake (6) S. 29 E. 191 ft. to an iron stake in a Spanish Oak stump (7) S. 19 1-2 E. 174 ft. to an iron stake (8) S. 25 W. 118 ft. to an iron stake (9) S. 19 1-2 E. 163 ft. to a stone E. A. Goodman's corner; thence 4 lines with E. A. Goodman's (1) S. 1 W. 327 ft. to a large Red Oak (2) S. 26 1-2 E. 440 ft. to an iron stake (3) S. 3 E. 404 ft. to an iron stake (4) S. 70 E. 347 ft. to a stone, corner to the lands of E. A. Goodman, W. A. Brown and Sunset Park Development; thence with line of said development N. 89 W. 448 ft. to a stake, corner of lot No. 11 Block "I"; thence with line of same S. 56 E. 17 ft. to a stake, corner of lot No. 4 in line of lot 11; thence with line of lot No. 4 S. 34 W. 150 ft. to an iron stake in the North edge of Kendale Avenue; thence with line of same N. 56 W. 262 ft. to an iron stake in the old line; thence N. 89 W. 659 ft. to a stone, corner to lands of Rowan Mills Company; thence with line of same N. 31 W. 2100 ft. to an iron pipe; thence S. 36 W. 247 ft. to an iron stake; thence N. 67 1-2 W. 445 ft. to a point in the corner line of Grant Creek, said point marked by a stone on the East bank; thence with center line of Grant Creek N. 43 E. (crossing center line of county road at 59 ft.) a total of 1926 ft. to the beginning, containing 108—7/10 acres. Excepting, however, 5—6/10 acres devised by the will of Mrs. Phoebe Rink to J. W. Rink and described as follows:

Beginning at a stake in E. A. Goodman's line, said stake being N. 1 E. 88 ft. from the Red Oak corner mentioned in above described tract and runs thence with E. A. Goodman's line N. 1 E. 239 ft. to a stone, Mrs. Swink's corner; thence with her line N. 19 1-2 W. 70 ft. to a stake, a new corner in Mrs. Swink's line; thence S. 69 W. 850 ft. to a stake in farm road; thence with said road S. 24 E. 313 ft. to a stake; thence N. 70 E. 735 ft. to the beginning, leaving a total of 103—1/10 acres to be transferred by this conveyance.

For back title see deeds recorded in Deed Book 169, page 11, Book 177, page 75 and Book 180, page 111 in office of Register of Deeds for Rowan County.

Also Lots 7 and 8 in Block "H" and Lots 4, 5 and 6 in Block "B", as shown by the map of the property of the Salisbury Realty & Insurance Company, known as "Sunset Park" Southern addition to Salisbury, N. C.

The purchaser at the sale will be required to make a deposit of 10% of the purchase price.

This 22nd day of February, 1935.
J. W. Surratt, Commissioner.
T. K. Carlton, Attorney.
March 1—22.

NORTH CAROLINA, ROWAN COUNTY.

IN THE SUPERIOR COURT
Gurney P. Hood, Commissioner of Banks, in the matter of North Carolina Bank & Trust Company
vs
Walter Murphy

NOTICE OF EXECUTION SALE

By virtue of an execution directed to the undersigned from the Superior Court of Guilford County, in the above entitled action, the judgment being docketed in the office of the Clerk of the Superior Court of Rowan County, in book of judgments No. 26, page 122, I will, on Monday the 1st day of April, 1935, at 12 M., at the court house door in Salisbury, N. C., sell to the highest bidder for cash to satisfy said execution, all the right, title and interest which the said Walter Murphy, the defendant, has in the following described real estate:

Situate in the Great West Ward of the City of Salisbury; Beginning at a stake on South Jackson street, 20 feet from the Southeast corner of the intersection of West Bank and South Jackson streets, and running thence in a Southeasterly direction 110 feet to a stake on C. S. Morris' line; thence in a Southwesterly direction with Morris' line 186 feet and 7 inches to a stake, Mrs. Maude Murphy's corner; thence in a North Westerly direction, with Mrs. Maude Murphy's line and parallel with Bank street 110 feet to a stake in the margin of Jackson street; thence in a Northeasterly direction with the margin of Jack-

son street 186 feet and 7 inches to the beginning corner, and being lot No. 1 referred to in the last will and testament of Andrew Murphy recorded in the Clerk's office in book of wills No. 4, page 224, save and except a homestead set apart to Walter Murphy in connection with the judgment No. 206, docketed in the Clerk's office in book of judgments No. 26, page 122. The lot to be sold hereunder is subject to the life estate of Carrie Murphy as provided for in the said will of Andrew Murphy.

This February 25th, 1935.
J. H. Krider, Sheriff of Rowan County.
Mar. 1—29

NORTH CAROLINA ROWAN COUNTY.

NOTICE OF SALE UNDER MORTGAGE FORECLOSURE OF VALUABLE REAL ESTATE

Pursuant to the terms and conditions of that certain mortgage, from A. J. Gillespie and wife Willie J. Gillespie to W. H. Shannon, Trustee dated the 8th day of August, 1925, and registered in Book of Mortgages No. 95 Page 176, of Registry's Office, Rowan County, N. C., default having been made in the indebtedness for which said mortgage was given to secure, and for the protection of the holder of said indebtedness, the undersigned, will sell at Public Auction, for cash, (or for terms duly announced at said sale), at the Courthouse Door in Salisbury, N. C., on Saturday, the 6th day of April, 1935, at 12 o'clock, after due advertisement as provided by said instrument or by law, the following property, to-wit:

Beginning one hundred feet from Miller Street; running with Jackson Street forty feet to a stake; running easterly direction 150 feet to a stake; running thence Northwesterly direction with Jackson Street forty feet; running thence in Westerly direction 150 feet to the beginning of the corner to Jackson Street.

The foregoing house and lot is a portion of the lands mentioned and described therein, the balance having heretofore been sold.

This sale will be left open for advanced bid required by law.

Dated this the 6th day of March, 1935.
W. H. Shannon, Trustee.
Rendleman & Rendleman, Attys.
March 8—29.

SALE OF VALUABLE FARM LANDS

Pursuant to the provisions of two certain mortgage deeds of trust executed by G. Love Miller and wife, Sarah A. Miller to Columbus File, Trustee and Mortgagee, one dated January 28th, 1928 and recorded in book of mortgages No. 103, page 20, in Register's office and the other dated February 28th, 1929, and recorded in book of mortgages No. 112, page 132, in Register's office, default having been made in the payment of the indebtedness therein secured, the undersigned Trustee and Mortgagee will expose for sale, at public auction, for cash, at the court house door in Salisbury, N. C., on Saturday April 13th 1935, at the hour of 12 M., the following described real estate:

Lying in Cleveland Township about two miles North from Cleveland and bounded as follows: Beginning at a stone on the South side of public road; thence South 18 deg. East 36/100 chains to a stake on Luckey's line; thence South 62 deg. West 25.00 chains to a stake, Mrs. Flemings corner; thence with her line North 3 deg. West 44.30 chains to a white oak, Mrs. Flemings corner; thence North 87 1-2 deg. West 4.70 chains to a Spanish oak stump; thence North 3 1-2 deg. West 21.25 chains to a Spanish oak; thence Northeast 9.25 chains to a hickory; thence East 17.00 chains to a stone; thence South 3 1-2 deg. West 31.50 chains to a stake on Southside of public road; thence North 87 1-2 deg. West 2.71 chains to the beginning, containing 140 acres, more or less.

This March 13th, 1935.
Columbus File, Trustee and Mortgagee.
Rendleman & Rendleman, Attys.
March 22—April 12.

"I HAVEN'T HAD A GOLD IN FIVE YEARS"

"In the old days I used to dread the coming of Winter. I was always fighting colds—feeling about half alive—trying to work with my body aching and every nerve on edge."
"Then a friend told me about McCoy's Cod Liver Oil Tablets with their marvelous vitamins A and D. I started to take them five years ago and I haven't had a cold since that time."
"McCoy's tablets put new life in folks; build up resistance so anyone can laugh at cold germs. They make weak, skinny people strong, steady-nerved and vigorous. They're wonderful!"
Get the genuine McCoy's Cod Liver Oil Tablets from your druggist today. Don't waste money on imitations. Ask for McCoy's.

Situate in the Great West Ward of the City of Salisbury; Beginning at a stake on South Jackson street, 20 feet from the Southeast corner of the intersection of West Bank and South Jackson streets, and running thence in a Southeasterly direction 110 feet to a stake on C. S. Morris' line; thence in a Southwesterly direction with Morris' line 186 feet and 7 inches to a stake, Mrs. Maude Murphy's corner; thence in a North Westerly direction, with Mrs. Maude Murphy's line and parallel with Bank street 110 feet to a stake in the margin of Jackson street; thence in a Northeasterly direction with the margin of Jack-

This the 25th day of March, 1935.
W. C. Coughenour, Trustee.
March 29—April 25

NOTICE

Notice is hereby given that application for executive clemency on behalf of G. E. Teaster, white, will be made to Commissioner of Paroles, Honorable Edwin M. Gill, Raleigh, N. C., at the expiration of this two weeks notice.
Dated this March 23rd, 1935.
W. C. Maupin, Jr., Attorney.
March 29—April 5.

Rasputin's Daughter



NEW YORK . . . Marie Rasputin (above), daughter of Russia's famous "Mad Monk" who is said to have wielded powerful influence over the Czar before the two of them met death, is now in the U. S., having arrived last week.

NOTICE OF SALE

Default having been made in the payment of the indebtedness secured by a certain mortgage deed of trust executed by W. M. McCombs and wife Dovie McCombs to C. P. Barringer, Trustee, dated November 1st, 1932, and recorded in book No. 122 of mortgages, page No. 273, Register of Deeds Office Rowan County, North Carolina, the undersigned Trustee, by authority conferred in him by the said Mortgage deed of trust, will offer for sale, and sell at public auction for cash, at the Court House Door, in the City of Salisbury, Rowan County, North Carolina, at 12 o'clock Noon on the 27th day of April, 1935, the following described property; to-wit:

Beginning at a stake in the branch, thence S. 1 1-2 W. 540 feet, more or less, to a stake in main road, thence S. 86 1-2 E. with road 183 feet more or less to a stone, corner of J. T. Fisher lot; thence N. 1 1-2 E. 540 feet, more or less, with Fisher line to a stake in branch, thence with branch as it meanders to the beginning point.

The 63x600 foot lot which was devised to W. M. McCombs by his father J. D. McCombs is included in the above boundary, and the said W. M. McCombs accepts this deed as containing and including the said 63x600 foot lot which was devised to him by his father.

For back title see book of deeds No. 135, page 249, in the office of Register of Deeds for Rowan County.

This the 27th day of March, 1935.

C. P. Barringer, Trustee.
March 29—April 19.

NOTICE OF SALE OF REAL PROPERTY

Pursuant to the provisions contained in a certain deed of trust, dated Jan. 1st, 1932, executed by Margaret Ballard (Unmarried), to W. C. Coughenour, Trustee, and registered in Book of Mortgages No. 120 at page 55, in the office of the Register of Deeds for Rowan County, North Carolina, default having been made in the payment of the indebtedness thereby secured and demand having been made upon the undersigned Trustee by the holder of said indebtedness, I, the undersigned Trustee, will expose to public auction at the Court House door in Salisbury, Rowan County, North Carolina, on Monday, the 29th day of April, 1935, at 12:00 noon, the following described real estate, to-wit: Lying and being in Salisbury township, in the City of Salisbury, Rowan County, N. C., and more fully described as follows:

A cottage and lot in the present corporate limits of Salisbury, N. C., and fronting on the South Main Street extension Road; beginning at the North corner at the intersection of the South Main Street Extension Road and "B" Avenue and runs thence in a Northeasterly direction with the margin of the South Main Street Extension Road fifty feet to the corner of Lot No. 2; thence with the line of lot No. 2 in a Northwesterly direction parallel with "B" Avenue one hundred and fifty feet to an alley; thence with the margin of this alley in a Southwesterly direction fifty feet to "B" Avenue; thence with the margin of "B" Avenue in a South-easterly direction one hundred and fifty feet to the beginning corner—being Lot No. 1 in Block 4 on the map of the property called "Wheeler's Addition to South Salisbury."

This the 25th day of March, 1935.
W. C. Coughenour, Trustee.
March 29—April 25

NOTICE

Notice is hereby given that application for executive clemency on behalf of G. E. Teaster, white, will be made to Commissioner of Paroles, Honorable Edwin M. Gill, Raleigh, N. C., at the expiration of this two weeks notice.
Dated this March 23rd, 1935.
W. C. Maupin, Jr., Attorney.
March 29—April 5.