

New Way To Relieve Asthma Is Described

Medical Group Told Upside Down Position In Coughing Stops Strangling Paroxysms Of Malady

St. Louis—A new medical treatment for bronchial asthma, which stops the strangling paroxysms of this common malady, by an upside down position in coughing, was reported to the American Association for the Advancement of Science here.

The coughing is preceded by remedies to loosen the lung and bronchial passages. The treatment was described by Noel F. Shambaugh, M. D., assistant clinical professor of medicine, University of Southern California.

The position which roughly imitates a monkey hanging by its tail was suggested by laboratory studies of the nature of this disease. It was found that an internal sweeping out, like dusting a room, was likely to relieve most of the trouble.

The internal "dust" is made up of products of chronic inflammation involving lungs, air passages and lymph glands.

"Products of this infectious process," Dr. Shambaugh said, "are the causative factors in provocation of the asthmatic attack. When these products are not permitted to accumulate in the lungs and the air passages thereto, the asthmatic attack never occurs."

Coughing upside down furnishes the "broom" effect on these internal dusts.

Before the coughing begins, Dr. Shambaugh said, the internal particles are loosened up by taking either terpetent hydrate, iodides, guaiacol, ammonium chloride or compound tincture of benzoin by steam inhalation. These may be taken singly, or in combination.

"Then the patient kneels on a chair or stool and places both hands on the floor—or leans out of bed, bringing the thorax to as near an inverted vertical position as is possible.

"In this position he coughs as nearly continuously as possible and the inflammatory products are displaced and expectorated. The position is maintained for a minimum of three minutes.

"This is done at least twice daily, preferably on arising and on retiring."

If this does not stop attacks during the day, the upside down coughing is done more frequently.

A new chemical from Japan two thousand times sweeter than cane sugar was described by Dr. Albert F. Blakeslee of the Carnegie Institution of Washington.

It is the sweetest thing in the world, eight times more sugary than the previous record holder, saccharine. The new stuff is a rare chemical named only alpha-antipirilla-aloxime. Dr. Blakeslee said he was informed it was made from vegetable substances.

He measured its super-sweetness while making studies of human heredity of taste.

A method of sinking fine wires deep inside the human brain disclosed the first positively identified "brain center," a spot which works the jaws.

This method of tapping the brain with fine electric wires to learn action is new science. It was developed by Dr. Edmund Jacobson, of the University of Chicago.

He tried it on a man part of whose skull was missing due to an operation on the bone. Fine wires were able to penetrate almost three inches deep without causing pain or harm.

Several explorations were tried. Only one brought results. The fine wire, at a distance of nearly two inches down in the brain, on the left side, not far from the top of the skull, touched a spot that sent out strong electric signals every time the man closed his jaws tightly.

The increase in electric potential was five to six times as great as the normal pulsating electric currents which flowed from the brain uniformly at whatever place or depth the wire touched.

Dr. Jacobson said that numerous experiments showed quite distinctly that this spot on the left side controlled movements of jaws and nothing else. He said further that this control was probably in the cortex, or higher brain area.

Rudyard Kipling Reaches Seventy

Burwash, Sussex, Eng.—Rudyard Kipling, now a man of fire and brimstone only when he fires to speak his mind before the Burwash parish council, is 70 years old Monday.

His birthday will find him within the moat, the walls, the eight foot hedge of his weatherworn old world home on the Sussex downs. There he has sought peace from the world for more than 25 years, forsaking even the telephone.

Stern and beetle-browed, the little creator of "Gunga Din," "Kim," the roaring Sergeant Mulvaney of "Soldiers Three" and "Captains Courageous," shuns, hermit-like, the life of his own legendary man of action.

About the only time the public sees him is in the parish council. But there the "Sage of Burwash" barks out with almost forgotten fire to defend the old toryism, the much-maligned land tithes and the other hereditary feudal rights of the downs country.

Horny-handed Sussex farmers shift uneasily as he speaks. They know him well, but not as a writer.

Villagers' descriptions belie the recurring stories that Kipling is failing in health. They say his step is brisk and his eye bright.

Admits Murder Of Fifteen Boys

Lahore, India—The Lahore High Court has dismissed an insanity plea entered by a man who confessed murdering 15 shepherd boys during the last nine years.

The accused, named Wall, a native of Pawalpindi, admitted disposing of their bodies in the jungle.

Trench silos recently opened in Transylvania County show that the silage is in perfect condition as a feed for cows.

SHOULD CRIMINALS BE CODDLED?

Read what a distinguished educator says about the dangers of pampering criminals and preserving the feeble-minded and weaponless. One of many interesting illustrated stories in the January 5 issue of the American Weekly, the big magazine which comes regularly with the BALTIMORE SUNDAY AMERICAN.

The HEADLINES Say:



SWEAR TO UPHOLD CONSTITUTION — 125 future teachers at the University of California took the oath to support the constitution of the State of California and the United States. Photo shows ceremony on the college campus.



METAL TUBES INTERESTING — Exploding the myth that women aren't interested in technical things, the majority of them asking to see the new all-metal tubes in the new radio sets. A new metal alloy and electrical welding made metal tubes possible.



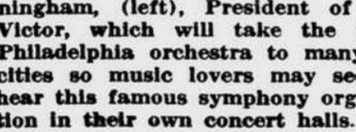
"WAH! IT'S ALL FOR ME!" — MIAMI, FLA. — The little girl on the bucket seems unduly agitated by the fact that her little friends are "muscling in."



HINDU DANCING GIRL — Juliet Porges, garbed as a Hindu dancing girl for annual Beaux Arts Ball in New York.



STOKOWSKI SIGNS FOR TOUR — The noted conductor Leopold Stokowski signs agreement with E. T. Cunningham, (left), President of RCA Victor, which will take the famed Philadelphia orchestra to many new cities so music lovers may see and hear this famous symphony organization in their own concert halls.



HINDU DANCING GIRL — Juliet Porges, garbed as a Hindu dancing girl for annual Beaux Arts Ball in New York.

Says Red Squill Is Best Rodent Poison

Red Squill is rough on rats. But it does not kill domestic animals or poultry.

George B. Lay, rodent control leader of the U. S. biological survey with headquarters at State College, said Red Squill is the most nearly fool-proof rat poison known to man.

It usually drives the rodents underground to die, thereby preventing unpleasant odors. It acts slowly, Lay added, and does not scare off late coming rats with the bodies of dead or dying rats near the bait.

The best time to put out Red Squill bait, Lay said, is during the winter when rats and mice leave the fields and gather in houses, out-buildings, and barns.

Flue-cured Red Squill powder is better than the sun-cured type, he pointed out. He recommended that the poison be mixed with three different ingredients to provide a variety of bait.

A pound of poison to 15 pounds of hamburger meat makes a good bait, he said. Or a pound of the powder may be mixed with 15 pounds of cheap canned salmon or mackerel and a pound of oat meal. Or mix the poison with 16 pounds of corn meal and enough water to make it crumbly.

Usually, he said, it helps to put out some non-poisoned bait for a few days to get the rodents used to eating it. Then when the poisoned bait is distributed, they will eat it liberally.

Place the bait where other animals cannot get at it, and where the rats or mice are likely to run. Although Red Squill will not kill animals, it may cause them to vomit, Lay stated, and then there is no need to waste the bait by allowing the other animals to eat it.

SEES-NO EXCUSE FOR DELAY

Washington — Speaker Byrns, outlining a program for Congress asserted there would be "no excuse for such delay" as would unduly prolong the session.

CUBA TO ISSUE NEW STAMP

Havana—The government authorized the issuance of 4,000,000 one-cent postage stamps to mark the 400th anniversary of the establishment of the first sugar mill in Cuba in 1535.

NUDISTS HAPPY THANK YOU, IN SPITE OF COLD

New York—Now that it's 10 above or thereabouts, how about the nudists?

"They're fine, thank you," says Dr. Isley Boone, Baptist minister and president of the International Nudist conference.

"We've got more camps in the country than ever before—eighty-three. 'What's a bit of snow and ice to a good nudist?'"

Out came a group of pictures of winter nudist activities—men and women skiing, skating; Dr. Boone sitting on ice; nudists trudging through snow.

"Of course, this is a bit of an off-season," Dr. Boone commented, "but we're growing."

"We'll all be nudists in less than 10 years," he predicted. "It will be brought about by unorganized nudism, now prevalent throughout the country."

NAZIS ORDER SERVANT FIRED

Berlin—An American, a long-time resident of Germany whose name was withheld, was ordered to dismiss his Aryan servant girl in compliance with recent Nazi laws, it was learned. The regulations, called the Nurnberg laws, forbid Aryan girls under 35 from being employed in Jewish homes after January 1.

Many a Friend Recommends BLACK-DRAUGHT

People who have taken Black-Draught naturally are enthusiastic about it because of the refreshing relief it has brought them. No wonder they urge others to try it! . . . Mrs. Joe G. Roberts, of Portersville, Ala., writes: "A friend recommended Black-Draught to me a long time ago, and it has proved its worth to me. Black-Draught is good for constipation. I find that taking Black-Draught prevents the bilious headaches which I used to have. . . . A purely vegetable medicine for the relief of CONSTITUTION, BILIOUSNESS

Seek Million Americans To Fight Reds

Loyalty League Maps Out Drive On Radical Pacifist Groups

Baltimore.—Plans for a nationwide campaign to enroll a million Americans in active opposition to Communism, Socialism and radical pacifism were announced here at a meeting of the executive committee of the American Loyalty League, held in the Emerson Hotel.

In announcing the drive, the Rev. Raymond W. Cooke, chairman of the committee and Maryland state chaplain of the American Legion, widely known opponent of clerical pacifism, said:

"There are many citizens in the United States who have derived protection and many benefits from our government but who have asserted they are unwilling to defend America against her enemies.

"These visionaries profess to believe war can be stopped by refusing to support the military forces of the nation in peace time and by going to prison rather than fight to defend their property, their aged dependents and their children in time of war.

"The American Loyalty League appeals to true Americans of whatever race, national background, political or religious faith, to unite in renewed consecration to the principles of Americanism as set forth in our Constitution and in opposition to the malicious, subversive propaganda of those groups and individuals who seek to destroy the liberties and privileges guaranteed by our tested form of government.

"It is the plan to organize chapters throughout the nation, with the aim of turning the tide in churches, schools, and other youth groups away from the propaganda of the reds, pinks and yellows who, directly or indirectly, are working under the direction of the Third International."

CUBAN MAYORS OUSTED

Havana—Mayors of three of Cuba's municipalities were removed from office by decree of the cabinet, and army officers replaced them. An official statement said they were ousted for "demonstrated partisan political actions."

Drummer Strains His Neck By Strut

Cincinnati—The only casualty at the annual Holy Name rally was Patrolman Robert Miller, bass drummer in the police band. He threw his head back in military style and fellow officers took him to a hospital with a strained neck.

The average woman is constantly figuring on how to retain a youthful figure.

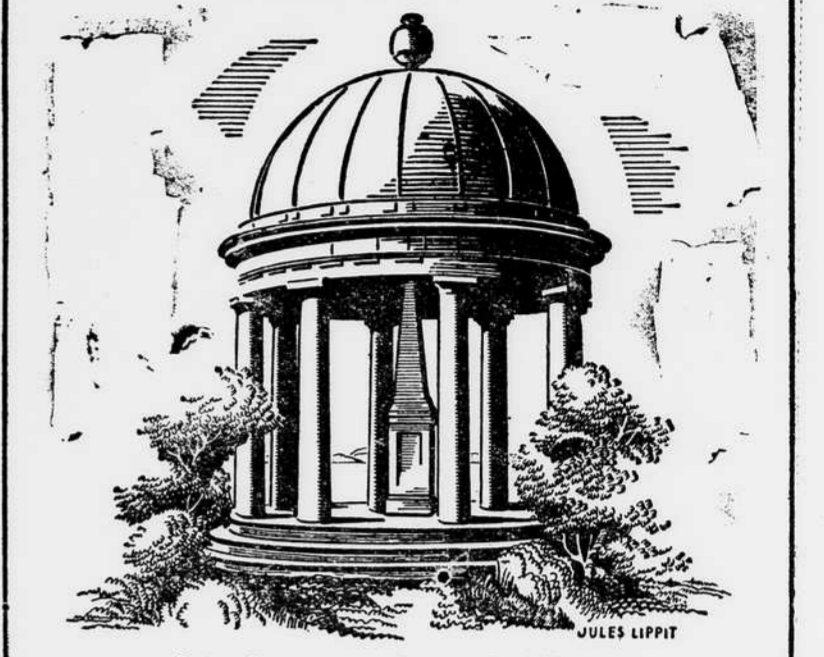
Cleveland County reports an increase of cotton ginned this year over 1934 and farmers say the better harvest is due to acre yields being increased 1-3 to 1-2 from the use of lespedeza.

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Milestones of American Genius



Jackson Memorial at the Hermitage, Nashville, Tenn.

ANDREW JACKSON

WHEN the rough-hewn, outspoken Andrew Jackson became the seventh President of our country, he represented a new phase in American life. It marked the coming of age of American democracy.

His six predecessors in the nation's highest office had come from homes of culture and comfort. Jackson's life, on the contrary, had been one of poverty, hardships and self-education.

Jackson's rise to the supreme executive post also marked recognition for the frontier West. Although born in the Carolinas, in 1767, Jackson spent all his adult life in Tennessee, which was then an outpost of the new West.

Andrew's father had died shortly before the future President was born, and his mother died when he was fourteen. Thus orphaned, he proceeded to make his own way in life.

Denied of the opportunity for formal education, Jackson nevertheless prepared himself painstakingly for the law and at the same time he was public prosecutor of the Western District of North Carolina, which is now Tennessee. His fearless championship of the common folk and his natural talents as an orator and leader enabled him to rise politically.

His rise in the War of 1812, when he became the Hero of New Orleans, gave an additional impetus to his meteoric career. The whole West feted and honored him and Tennessee loaded him with the political preferment that ultimately made him President, in 1828. He remained at the post for two terms.

President Jackson spent his last years at The Hermitage, the beautiful home he built in Nashville. The mausoleum in the sketch above is one that he erected himself for his wife. He joined her there after his death on June 8, 1845.

The impressive memorial stands in the garden of The Hermitage, which has been turned over by his heirs to the State of Tennessee as a national shrine. In the story of American democracy it represents a most significant milestone.

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Getting a Job and Getting Ahead

By Floyd B. Foster,

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Ideas Are Life Blood of Business

EMPLOYERS want real men—men with sound ideas who have enough confidence in their worth to present them, and who are able to defend them if the occasion arises. Neither the "smart guy" nor the "shrinking violet" can look forward to much in the present-day business world.

Bluff has proved so costly that employers have been forced to learn to detect it no matter how well it is camouflaged. The shy and shrinking employee may have an idea worth a fortune to his employer, but it is absolutely valueless if he keeps it so well hidden that no one ever knows about it.

Ideas are the life blood of business and if you can provide them your future is assured. They must, however, not only be born in your own mind. They must be carefully worked out, firmly grounded in every detail, and presented so clearly and convincingly that their value will be apparent.

It is in this last respect that many men fall down. An idea good in itself may die still-born because its presentation leaves an impression of flashiness and insincerity. Similarly the too-modest man may ruin the chances for a good idea by failing to bring out its true value, by deprecating it even while he presents it to his employer.

The solution is by self-analysis to acquire that thorough knowledge of your strong and weak points which in itself gives confidence without over-confidence, and to conduct yourself as a man who knows his real worth without either over-estimating or under-estimating it.

Cheer Up, Mister !!

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