

# Avers Alcohol As Bad As Opium Or Morphine

Columbia, S. C.—Dr. Mary Harris Armour, national director of the W. C. T. U., told the Legislature that the day was near "when the liquor traffic will be no more" because the public was earning the evil effects of alcohol.

Termed alcohol "just as much a narcotic poison as opium or morphine," she said "if you drink enough of it it will give you a green brain, a red nose, a white liver, a black heart and yellow stripes down your back."

She told the lawmakers the "great work" of the W. C. T. U. had been "teaching the truth about alcohol."

"We all want a sober nation. We all want our boys and girls saved from the curse of drink. We

may differ on methods, but I am not here to discuss methods."

Dr. Armour said a generation ago. "We thought alcohol was good for everything" but scientific enlightenment had disproved that belief. She described a number of ill-effects she said alcohol caused.

She termed it a "brain poison," a "protoplasmic poison" and a "racial poison," and asserted that liquor "strikes at the health, it strikes at the salvation of the people."

She concluded that "I am certain that one day the liquor traffic will be no more as I am that God is in heaven."

She was escorted to the rostrum by a committee of legislators and was introduced by Governor Olin Johnson, who said "Since we have legalized the sale of liquor in South Carolina, we certainly need people to tell us how better to do justice to our younger generation."

**URGES LICENSING ACT**  
Washington—To check "the destructive influence" of monopoly, Senator O'Mahoney, Democrat of Wyoming, called for enactment of his bill requiring Federal licensing for corporations doing an interstate business.

**ASKS U. S. TO TAKE CHARGE**  
Washington—A bill to authorize the government to accept title to and maintain the Confederate cemetery adjoining the National cemetery at Little Rock, Ark., was introduced in the House by Representative John J. McSwain, Democrat of South Carolina.

**SOMETHING NEW IN COLOR**  
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# Finest Filter Aids Cancer Fighters

The world's finest filter, which will sift from a liquid particles so small that their diameter is one six-millionth of an inch, has been developed at the John Hopkins School of Hygiene and Public Health, it has been revealed.

The inventor of this filter which consists of pieces of paper treated with different strengths of collodion is Dr. Raymond Roscoe Hyde, head of the filterable virus department of the school, who worked it out with the aid of Dr. Howard C. Allisbaugh.

The filter is doing its bit in the search for the cause and cure of cancer, as viruses from rat and chicken tumors are filtered through it in order to get data on the size and shape of the sub-microscopic germ, invisible to the human eye even under the most powerful microscope.

Dr. Hyde, in describing his apparatus in the American Journal of Hygiene, pointed out microscopes can only make visible particles down to a size that equals the length of one wave-length of a ray of light, which is about 200 microns. All particles in the world below that length are invisible to the eye, even with the use of the microscope.

A millimicron is one-thousandth of a micron, and micron is one thousandth of a millimeter. There are 28 millimeters in an inch. The cancer virus taken from rats and chickens is composed of particles that are 10 to 12 millimicrons in diameter, or about one-twentieth the size of a single wave-length of a ray of light.

After seven years experimenting with these membranes, Dr. Hyde announced that he had worked out a set of them ranging in size from 500 millimicrons down to five millimicrons. It all depends on the strength of the collodion mixture which is used to impregnate the filter paper. Using 1 per cent. solution, the most porous, or the 500 millimicron membrane, is obtained. The highest percentage obtained is from a 10 per cent. solution, which produced five millimicrons, or a filter that will separate particles one six-millionth of an inch in size.

# Says Lespedeza Is Valuable Farm Crop

It will soon be time to sow lespedeza, E. C. Blair, extension agronomist at State College, reminds North Carolina farmers.

Lespedeza is one of the most valuable crops that can be grown on the farm, he stated, and it can be grown under a wide variety of climatic and soil conditions.

Lespedeza makes a good hay that is relished by stock and is high in proteins and carbohydrates. It also makes good grazing in the hot summer and fall months when other pasturage is dominant.

Blair also pointed out its value as a soil builder when plowed under at maturity. Even when the crop is cut for hay, he added, the roots and the lower part of the plant that is left in the field will improve the soil to some extent.

Eight tests with lespedeza showed that on an average, where corn was producing 21.3 bushels to the acre without lespedeza, the same land would produce 44.1 bushels to the acre after a growth of lespedeza had been turned under.

Similar effects have been noted on small grains, cotton, soybeans, and even weeds.

Lespedeza grows best on medium to heavy lands, but on most uplands satisfactory yields can be obtained.

Common, Tennessee 76, and Kobe varieties of lespedeza grow well in most parts of the State, but are hardly worth planting on coarse sandy soil. The Korean variety does not grow well on poor or acid soils.

Lespedeza should be sown in February or March in most sections, as germination should be late enough to avoid freezes and early enough for the plants to become well established before hot, dry weather comes.

Turkeys sold by Chatham County farmers during the holiday season brought in more than \$1,000 in cash to the growers.

# "Boots and Saddle" Girl



SAN FRANCISCO... Miss Anne Anderson (above), aunt of Helen Wills Moody, tennis star, is longing for her boots and saddle. She is here from her cattle ranch at the headwaters of Mad River where she rides the range, with six shepard dogs as companions, 10 months each year. "Few women are fitted to be in the saddle business," she says.

# Route One Items

(Received too late for last week.) J. C. Godbey visited W. B. Myers, also Geo. F. Powlas the past week.

Billie, the little son of Mr. and Mrs. W. B. Myers spent the past week visiting his grandmother, Mrs. J. H. Myers of Salisbury.

Mr. and Mrs. B. J. Thompson visited Mrs. W. W. Freeze of Woodleaf the 26th.

Mr. and Mrs. D. W. Wood and children visited Mr. and Mrs. Powlas the past Sunday.

Leo Myers of Salisbury visited his cousins, F. L. and J. A. Bost also L. F. Powlas the 26th.

Dorothy the little daughter of Mr. and Mrs. Harvey Lowder has been sick.

Mr. and Mrs. Harold Morgan visited Mr. and Mrs. Olen Myers the twenty-sixth.

Rev. O. W. Aderholt and family have returned from Lincolnton where they were called on account of the death of a cousin, D. P. Rhodes.

Mr. and Mrs. R. N. Kincaid, Misses Pauline and Edwin Morgan were dinner guests of Mr. and Mrs. J. D. Cline on Monday, Jan. 27. Mrs. Maude Carlile has come home from Mr. and Mrs. Ford Lyerly's where she has been nursing.

Mrs. Mary S. Adams visited at the home of Mr. and Mrs. N. F. Cline on Wednesday afternoon.

J. N. Morgan has purchased a new car.

Miss Ethel Cline and Mrs. R. N. Kincaid visited Mrs. R. C. Adams Monday afternoon.

Mr. and Mrs. Richard Brady and children, also Mrs. J. R. Gente of Salisbury visited Mr. and Mrs. H. R. Lowder of near Woodleaf on the 26th.

Powlas, Myers and Bost motored to Misenheimer on Monday the 27. A number of local people attended the meeting on Rural Electrification held in Salisbury last week.

"Shooting stars" become redhot from their friction with the earth's atmosphere.

# Would Tax All Who Are Not Married

Prof. Frank G. Dickinson sociologist of the University of Illinois, recommends that levies be imposed on all unmarried persons and childless couples to supply funds required for old-age pensions in the United States.

# SEES NEW PALESTINE

Washington—A nation of beautiful villages, modern schools, and productive farm lands in Palestine was envisioned by Rabbi Stephen Wise as a national conference set plans in motion to finance the exodus of 100,000 young Jews from Germany over four years.

# For Bad Feeling Due to Constipation

Get rid of constipation by taking Black-Draught as soon as you notice that bowel activity has slowed up or you begin to feel sluggish. Thousands prefer Black-Draught for the refreshing relief it has brought them. Mrs. Ray Mullins, of Lape, Ark., writes: "My husband and I both take Theodor's Black-Draught and find it splendid for constipation, biliousness, and the disagreeable, aching, tired feeling that comes from this condition." With reference to Syrup of Black-Draught, which this mother gives her children, she says: "They like the taste and it gave such good results."

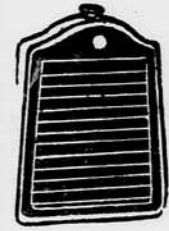
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# Beach Dressing Bag



VENICE, Calif. . . . Large, colorful cloth bags with drawstring at the top, are the newest and most portable beach "dressing rooms," yet introduced. They promise to be popular this season.

# Bringing HOME the FACTS

FRANCE is a portion of Utopia. I am reserving for my declining years. I hope some day to visit that land of bouillabaise and crepe Suzettes. When I do I'll make straight for Mont Saint-Michel. For there lived Madame Poulard. She it was who flipped omelets to a King's taste. If she didn't exactly mother the hen that laid the egg, at least Madame Poulard made culinary history when she flipped her first omelet. For her fame as an omelet maker spread far and wide. An omelet can be tough and dry like Irish moss. Or it can display all the virtues of a new-laid egg, tender within, yet firm and determined without, yielding the promise of good substantial fare. Here's my method. Yours may vary a jot or so but one point we'll agree. The eggs must be fresh. Two to a person and then one more. Drop a lump of butter into an iron skillet that has been polished clean as a teacup. Whisk up the eggs, with salt and pepper, and let them cool slowly and tenderly in the skillet over a middling flame. When the eggs have acquired a firm glaze on top, run the tip of a spatula around the curved edge. Flip one half the omelet over the other and gently lift to a hot platter. That's all there is to a Madame Poulard omelet.

If you must gild the lily, here are a few omelet variations: Before folding the omelet, sprinkle with minced chives, grated cheese or tomato stewed with ground clove and onion. Children like it with shredded orange or pineapple. Served with bread croutons tossed in butter, it has a masculine ring to it.

I watched a portly friend spoon two tablespoons of brown sugar into her cup of coffee. "Someone told me brown sugar isn't as fattening as white. I always use brown," she explained. Don't fool yourself lady, I said in effect. There's approximately only one teaspoonful less of brown sugar than white, in a one hundred calorie portion.

Mrs. Theodore Roosevelt, Jr., believes that more women could find satisfaction in expressing that inner creative urge if they would take up needlepoint. Her own work is

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